

## Afiya Peer Respite Impact Survey

Periodically, we want to check in and see if Afiya is having positive impact for the people who are staying there. Filling out this survey is entirely voluntary, but your time and willingness is much appreciated. Your feedback will not only help us make improvements at Afiya, but may also help to keep our funding and support the development of new peer respites. You can also complete this survey anonymously on-line by going to: [www.surveymonkey.com/s/KFRMFFF](http://www.surveymonkey.com/s/KFRMFFF). (For stays that occurred **BEFORE** July 1<sup>st</sup>, 2013, please use this link: [www.surveymonkey.com/s/SVNVCFCT](http://www.surveymonkey.com/s/SVNVCFCT))

Please complete this survey with your last stay at Afiya in mind. If you have stayed at Afiya multiple times since you last completed a survey, feel free to note that in the comments!

**Please note:** It is very important that we NOT receive duplicate surveys from people. (Surveys may be completed on paper, on-line or in person or by phone if requested.) **Please write, "This is not a duplicate survey" on the line below to confirm you have read and understand this!**

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1. When did your most recent stay take place? (Circle one):

**Before July 1, 2013      Between July 1, 2013 – Dec 31, 2013      Between Jan 1, 2014 – June 30, 2014**

2. About how long has it been since your stay took place? (This will help us to interpret some of the longer-term impact questions):

**Less than one month      1-2 months      3-6 months      7-9 months      10-12 months**

3. Which of the following traditional services have you used in the past two years? (Circle all that apply)

**Psychiatric Hospital      Crisis Respite      Other Traditional Mental Health Services      None**  
*(Therapy, group home, clubhouse, etc.)*

4. If Afiya had not been available, what would you have done instead? (Circle one)

**Go to hospital      Go to traditional respite      Go to family/friend's house      Stay home**

**Other:** \_\_\_\_\_

5. Help us understand your experience when staying in traditional settings verses Afiya. Read each statement and circle **all** settings for which the statement is true.

- I felt welcomed when I entered this setting

**Hospital                      Crisis Respite                      Afiya                      None**

- I was given clear explanations and information about the space and supports available

**Hospital                      Crisis Respite                      Afiya                      None**

- People working there consistently used respectful, recovery-oriented language

**Hospital                      Crisis Respite                      Afiya                      None**

- People working there treated me non-judgmentally

**Hospital                      Crisis Respite                      Afiya                      None**

- People working there were genuinely interested in learning more about me and my perspectives, fears, challenges, hopes, wants and dreams

**Hospital                      Crisis Respite                      Afiya                      None**

- There was opportunity for me to connect with and engage in mutual support with others who were staying in the space, *not* just those working there.

**Hospital                      Crisis Respite                      Afiya                      None**

- My stay there had long lasting, positive impact on my life

**Hospital                      Crisis Respite                      Afiya                      None**

6. Please rate each of the following on a scale of 1 to 5 based on how true the statement is (1 = not at all true and 5 = completely true. Mark N/A if you've never used that service.):

A. Overall, I was treated with great dignity and respect while in this space.  
(1=Not at all; 5=Completely True)

\_\_\_\_\_ Hospital      \_\_\_\_\_ Traditional Respite      \_\_\_\_\_ Afiya Peer Respite

B. Overall, I had a lot of freedom to make choices and really be myself.  
(1=Not at all; 5=Completely True)

\_\_\_\_\_ Hospital      \_\_\_\_\_ Traditional Respite      \_\_\_\_\_ Afiya Peer Respite

C. Overall, my stay here was helpful, and I left feeling better than I arrived.  
(1=Not at all; 5=Completely True)

\_\_\_\_\_ Hospital      \_\_\_\_\_ Traditional Respite      \_\_\_\_\_ Afiya Peer Respite

7. Since your stay at Afiya, has your life improved in any of the following areas? (Check all that apply)

- |   |   |
|---|---|
| <input type="checkbox"/> Housing                  | <input type="checkbox"/> Mental/emotional/spiritual health        |
| <input type="checkbox"/> Eating habits            | <input type="checkbox"/> Recovery from substance use              |
| <input type="checkbox"/> Physical health          | <input type="checkbox"/> Relationships                            |
| <input type="checkbox"/> Sleeping habits          | <input type="checkbox"/> Setting personal goals                   |
| <input type="checkbox"/> Coping skills/tools      | <input type="checkbox"/> Self-advocacy                            |
| <input type="checkbox"/> Less contact with police | <input type="checkbox"/> Fewer hospital or crisis visits          |
| <input type="checkbox"/> Employment               | <input type="checkbox"/> Greater connection to community supports |

8. Did this area improve, in part, because of your connection to Afiya?

\_\_\_\_\_Yes      \_\_\_\_\_No      \_\_\_\_\_Not Sure

9. If yes, describe how Afiya impacted you in that area (attach additional paper as needed)

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10. Overall, what was most helpful during your stay at Afiya? (Check all that apply)

- |  |  |
|--|--|
| <input type="checkbox"/> Just being around others  | <input type="checkbox"/> My connection with someone else <b>staying</b> at Afiya |
| <input type="checkbox"/> Had privacy   | <input type="checkbox"/> My connection with someone <b>working</b> at Afiya      |
| <input type="checkbox"/> Felt understood   | <input type="checkbox"/> Learned new tools / coping strategies                   |
| <input type="checkbox"/> Felt heard  | <input type="checkbox"/> Able to accomplish specific goals                       |
| <input type="checkbox"/> Didn't feel judged  | <input type="checkbox"/> Able to catch up on sleep/eating/taking care of self    |
| <input type="checkbox"/> Freedom to stay connected to work/school/friends/etc. while getting extra support |  |

Other: \_\_\_\_\_

11. What could have been improved during your stay at Afiya? (attach additional paper as needed)

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12. If you want support in the future, would you choose Afiya over a traditional respite or hospital?  
**YES                      NO                      NOT SURE**

Please tell us why:

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13. Additional comments (If you would like to, please feel free to include a story of how Afiya has impacted you here. Although we try to keep this survey brief, longer stories are much appreciated!):

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