Afiya Peer Respite Impact Survey

Periodically, we want to check in and see if Afiya is having positive impact for the people who are staying there. Filling out this survey is entirely voluntary, but your time and willingness is much appreciated. Your feedback will not only help us make improvements at Afiya, but may also help to keep our funding and support the development of new peer respites. You can also complete this survey anonymously on-line by going to: www.surveymonkey.com/s/KFRMFFF. (For stays that occurred BEFORE July 1st, 2013, please use this link: www.surveymonkey.com/s/SVNVCFT)

Please complete this survey with your last stay at Afiya in mind. If you have stayed at Afiya multiple times since you last completed a survey, feel free to note that in the comments!

Please note: It is very important that we NOT receive duplicate surveys from people. (Surveys may be completed on paper, on-line or in person or by phone if requested.) Please write, “This is not a duplicate survey” on the line below to confirm you have read and understand this!

__________________________________________________________________________________________________________________

1. When did your most recent stay take place? (Circle one):


2. About how long has it been since your stay took place? (This will help us to interpret some of the longer-term impact questions):

   Less than one month       1-2 months       3-6 months       7-9 months       10-12 months

3. Which of the following traditional services have you used in the past two years? (Circle all that apply)

   Psychiatric Hospital     Crisis Respite    Other Traditional Mental Health Services
   (Therapy, group home, clubhouse, etc.) None

4. If Afiya had not been available, what would you have done instead? (Circle one)

   Go to hospital       Go to traditional respite       Go to family/friend’s house       Stay home
   Other: ___________________________________________
5. Help us understand your experience when staying in traditional settings verses Afiya. Read each statement and circle all settings for which the statement is true.

- I felt welcomed when I entered this setting

<table>
<thead>
<tr>
<th>Hospital</th>
<th>Crisis Respite</th>
<th>Afiya</th>
<th>None</th>
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- I was given clear explanations and information about the space and supports available

<table>
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- People working there consistently used respectful, recovery-oriented language

<table>
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- People working there treated me non-judgmentally

<table>
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- People working there were genuinely interested in learning more about me and my perspectives, fears, challenges, hopes, wants and dreams

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- There was opportunity for me to connect with and engage in mutual support with others who were staying in the space, not just those working there.

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- My stay there had long lasting, positive impact on my life

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6. Please rate each of the following on a scale of 1 to 5 based on how true the statement is (1 = not at all true and 5 = completely true. Mark N/A if you've never used that service.):

   A. Overall, I was treated with great dignity and respect while in this space.  
      (1=Not at all; 5=Completely True)
      ______ Hospital ______ Traditional Respite ______ Afiya Peer Respite

   B. Overall, I had a lot of freedom to make choices and really be myself.  
      (1=Not at all; 5=Completely True)
      ______ Hospital ______ Traditional Respite ______ Afiya Peer Respite

   C. Overall, my stay here was helpful, and I left feeling better than I arrived.  
      (1=Not at all; 5=Completely True)
      ______ Hospital ______ Traditional Respite ______ Afiya Peer Respite

7. Since your stay at Afiya, has your life improved in any of the following areas? (Check all that apply)

   □ Housing                     □ Mental/emotional/spiritual health
   □ Eating habits               □ Recovery from substance use
   □ Physical health             □ Relationships
   □ Sleeping habits             □ Setting personal goals
   □ Coping skills/tools         □ Self-advocacy
   □ Less contact with police   □ Fewer hospital or crisis visits
   □ Employment                 □ Greater connection to community supports

8. Did this area improve, in part, because of your connection to Afiya?

   ______ Yes          ______ No          ______ Not Sure
9. If yes, describe how Afiya impacted you in that area (attach additional paper as needed)

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

10. Overall, what was most helpful during your stay at Afiya? (Check all that apply)

☐ Just being around others    ☐ My connection with someone else staying at Afiya
☐ Had privacy                 ☐ My connection with someone working at Afiya
☐ Felt understood            ☐ Learned new tools / coping strategies
☐ Felt heard                 ☐ Able to accomplish specific goals
☐ Didn’t feel judged          ☐ Able to catch up on sleep/eating/taking care of self
☐ Freedom to stay connected to work/school/friends/etc. while getting extra support

Other: ________________________________

11. What could have been improved during your stay at Afiya? (attach additional paper as needed)

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________


12. If you want support in the future, would you choose Afiya over a traditional respite or hospital?

YES                    NO                    NOT SURE

Please tell us why:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

13. Additional comments (If you would like to, please feel free to include a story of how Afiya has impacted you here. Although we try to keep this survey brief, longer stories are much appreciated!):

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