

Psychometric properties of measures of guest outcomes and program experience

This table contains information on the instruments recommended in the *Guidebook for Peer Respite Self-Evaluation: Practical Steps and Tools* from PeerRespite.net. You may want to use this information when making decisions about measures or proposing them to funders (such as in a grant application).

Instrument	Description	Translations	Number of questions	Summary of Psychometric Information	More information
Short Form Health Survey	A set of widely used health status measures for routine assessment of care outcomes.	Available in over 170 languages	36	Considerable evidence for reliability (Cronbach's $\alpha > .85$, reliability coefficient $> .75$ for all dimensions except social functioning) and for construct validity in terms of distinguishing between groups with expected health differences.	http://www.rand.org/health/surveys_tools/mos/36-item-short-form.html
Empowerment Scale	A scale measuring perceptions of choice related to events, assurance of living conditions, and likelihood of good or bad things happening.	Available in English, Swedish, Japanese, Dutch, Portuguese	20	High degree of internal consistency (Cronbach's $\alpha = .86$). Moderately correlated with hope ($r = .67$), a sense of recovery ($r = .67$), and quality of life (average of subjective items, $r = .44$).	http://www.naric.com/?q=en/content/making-decisions-%E2%80%93-empowerment-scale
Sense of Community Index (SCI)	Sense of community with four elements: membership, influence, meeting needs, and shared emotional connection.	Available in English, French, Spanish, and Portuguese	12	Analysis indicated a very reliable measure (coefficient alpha = .94). The subscales also proved to be valid with coefficient alpha scores of .79 to .86.	http://www.seofcommunity.com/show-files.php?category=11
Sense of Community Index-Disability	A version of the SCI specifically adapted for people labeled with mental disorders	English only	11	The Disability version of this measure has adequate psychometric properties, is relatively brief, and was accessible to the participants in the study.	http://www.seofcommunity.com/files/Townley%20Kloos%20(2009)%20BSCI-D.pdf
World Health Organization Quality of Life	A widely used cross-cultural quality of life measure that addresses physical and psychological health, social relationships, and environment	Available in over 20 languages	26	Analyses of internal consistency, item-total correlations, discriminant validity and construct validity through confirmatory factor analysis, indicate that the WHOQOL-BREF has good to excellent psychometric properties of reliability and performs well in preliminary tests of validity. These results indicate that overall, the WHOQOL-BREF is a sound, cross-culturally valid assessment of	http://www.who.int/substance_abuse/research_tools/whoqolbref/en/

***(WHOQOL)-
BREF***

QOL, as reflected by its four domains: physical, psychological,
social and environment.
