

Results: 2010 - Cycling

Women's Hill Climb 30-34

Gold Jamie Wood (Saint George) , 0:09:05.

Women's Hill Climb 35-39

Gold Natalie Slemboski (St George) , 0:08:26.

Women's Hill Climb 45-49

Gold Yvonne Rickett (Panguitch) , 0:13:18.

Women's Hill Climb Open A

Gold Julie Cutts (las vegas) , 0:29:12.

Women's Hill Climb Open B

Gold Kristi Mcilmoil (Provo) , 0:31:13.

Boy's Hill Climb 13-14

Gold Ryan Kingsolver (Orem) , 0:08:09.

Silver Isaac Hoffman (Las Vegas) , 0:09:59.

Men's Open B Hill Climb

Gold John Mcilmoil (Provo) , 0:27:05.

Men's Open C Hill Climb

Gold Parker Conroy (SLC) , 0:25:26.

Silver Paul Holdsworth (Sandy) , 0:33:49.

Bronze Marcus Bruce (logan) , 0:35:56.

Men's Hill Climb 30-34

Gold Courtney Wood (Washington) , 0:25:37.

Silver Cristiano Pereira (West Jordan) , 0:25:41.

Bronze Nathan Steele (salt lake city) , 0:32:22.

Men's Hill Climb 35-39

Gold Travis Engar (Price) , 0:30:11.

Silver Jeff Meads (Pahrump) , 0:31:32.

Bronze Eric Dansie (St. George) , 0:32:05.

Men's Hill Climb 40-44

Gold Brian Jeppson (Cedar City) , 0:21:53.

Silver Mark Larsen (St. George) , 0:25:06.

Bronze Tim Bonzo (Cedar City) , 0:29:42.

Men's Hill Climb 45-49

Gold Gary Lial (las vegas) , 0:24:22.

Silver Brett Ball (Las Vegas) , 0:29:29.

Bronze Tim Prindle (Cedar City) , 0:31:40.

Men's Hill Climb 50-54

Gold Alan Martin (Washington) , 0:07:37.

Silver Kevin Bauer (park city) , 0:07:56.

Bronze Keith Knowles (St George) , 0:08:06.

Men's Hill Climb 55-59

Gold Lasse Bjerga (Cedar) , 0:07:29.

Silver Steve Moss (St. George) , 0:08:03.

Bronze Bruce Beattie (Kanarrville) , 0:08:11.

Men's Hill Climb 60-64

Gold Charles Engar (Marion) , 0:09:56.

Silver Loy Brown (CEDAR CITY) , 0:10:34.

Bronze Henry Ebell (FAIRVIEW) , 0:10:58.

Men's Hill Climb 65-69

Gold John Haney (Park City) , 0:07:58.

Silver David Hatt (South Jordan) , 0:09:11.

Bronze Steve Marshall (Panguitch) , 0:13:19.

Men's Hill Climb 70-74

Gold Frans Berghoff (Orem) , 0:09:24.

Silver Stan Swallow (American Fork) , 0:09:27.

Bronze Alan Stockland (ogden) , 0:09:34.

Men's Hill Climb 75-79

Gold Jim Demet (Salt Lake City) , 0:17:12.

Boy's Time Trial 13-14

Gold Ryan Kingsolver (Orem) , 0:31:26.

Silver Cameron Durman (South Jordan) , 0:32:23.

Bronze Hunter Ericsson (St. George) , 0:48:19.

Boy's Time Trial 15-16

Gold Sam Watson (SLC) , 0:28:28.

Men's Time Trial 30-34

Gold Courtney Wood (Washington) , 0:24:58.
Silver Cristiano Pereira (West Jordan) , 0:25:00.
Bronze Brandon Neil (St george) , 0:25:55.

Men's Time Trial 35-39

Gold Robbie Staheli (Washington) , 0:26:28.
Silver Travis Engar (Price) , 0:27:13.
Bronze Jeff Meads (Pahrump) , 0:27:20.

Men's Time Trial 40-44

Gold Brian Jeppson (Cedar City) , 0:25:21.
Silver Mark Larsen (St. George) , 0:26:08.
Bronze Douglas Rock (New Harmony) , 0:27:19.

Men's Time Trial 45-49

Gold Gary Lial (las vegas) , 0:24:08.
Silver Tim Prindle (Cedar City) , 0:26:36.
Bronze Brett Ball (Las Vegas) , 0:26:39.

Men's Time Trial 50-54

Gold Alan Martin (Washington) , 0:26:18.
Silver Mike Meldrum (SLC) , 0:26:33.
Bronze Randy Naron (st. george) , 0:27:41.

Men's Time Trial 55-59

Gold Vic Miera (las Vegas) , 0:23:04.
Silver Steve Moss (St. George) , 0:25:33.
Bronze Lasse Bjerga (Cedar) , 0:25:53.

Men's Time Trial 60-64

Gold Henry Ebell (FAIRVIEW) , 0:29:10.
Silver Charles Engar (Marion) , 0:31:18.
Bronze Loy Brown (CEDAR CITY) , 0:31:59.

Men's Time Trial 65-69

Gold John Haney (Park City) , 0:27:11.
Silver David Hatt (South Jordan) , 0:27:45.

Men's Time Trial 70-74

Gold Frans Berghoff (Orem) , 0:27:06.
Silver Stan Swallow (American Fork) , 0:27:52.
Bronze Alan Stockland (ogden) , 0:31:27.

Men's Time Trial 75-79

Gold Jim Demet (Salt Lake City) , 0:39:02.

Men's Time Trial Open B

Gold John Mcilmoil (Provo) , 0:27:02.

Men's Time Trial Open C

Gold Parker Conroy (SLC) , 0:24:35.
Silver Brandon Mcbride (Santa Clara) , 0:26:13.
Bronze Paul Holdsworth (Sandy) , 0:27:57.

Women's Time Trial 30-34

Gold Jamie Wood (Saint George) , 0:29:48.

Women's Time Trial 35-39

Gold Natalie Slemboski (St George) , 0:28:24.

Women's Time Trial Open A

Gold Julie Cutts (las vegas) , 0:26:09.

Women's Time Trial Open B

Gold Kristi Mcilmoil (Provo) , 0:30:52.

Women's Time Trial Open C

Gold Gwyn Gable (st george) , 0:36:47.

Women's Criterium 30-34

Gold Jamie Wood (Saint George) , .

Women's Criterium 35-39

Gold Natalie Slemboski (St George) , .

Women's Criterium Open A

Gold Julie Cutts (las vegas) , .

Women's Criterium Open B

Gold Kristi Mcilmoil (Provo) , .

Boy's Criterium 13-14

Gold Cameron Durman (South Jordan) , .
Silver Ryan Kingsolver (Orem) , .
Bronze Brinton Neff (salt lake city) , .

Boy's Criterium 15-16

Gold Sam Watson (SLC) , .

Men's Criterium Open B

Gold John Mcilmoil (Provo) , .

Men's Criterium Open C

Gold Parker Conroy (SLC) , .

Silver Travis Tung (Las Vegas) , .

Bronze Marcus Bruce (logan) , .

Men's Criterium 30-34

Gold Cristiano Pereira (West Jordan) , .

Silver Courtney Wood (Washington) , .

Bronze Nathan Steele (salt lake city) , .

Men's Criterium 35-39

Gold Travis Engar (Price) , .

Men's Criterium 40-44

Gold Douglas Rock (New Harmony) , .

Silver Brian Jeppson (Cedar City) , .

Bronze Allen Parcell (Orem) , .

Men's Criterium 45-49

Gold Brett Ball (Las Vegas) , .

Silver Gary Lial (las vegas) , .

Bronze Tim Prindle (Cedar City) , .

Men's Criterium 50-54

Gold Mike Meldrum (SLC) , .

Silver Alan Martin (Washington) , .

Bronze Kevin Bauer (park city) , .

Men's Criterium 55-59

Gold Bruce Beattie (Kanarraville) , .

Silver Steve Moss (St. George) , .

Bronze Lynn Thackeray (Payson) , .

Men's Criterium 60-64

Gold Henry Ebell (FAIRVIEW) , .

Silver Charles Engar (Marion) , .

Bronze Loy Brown (CEDAR CITY) , .

Men's Criterium 65-69

Gold David Hatt (South Jordan) , .

Men's Criterium 70-74

Gold Stan Swallow (American Fork) , .

Silver Frans Berghoff (Orem) , .

Bronze Douglas Wells (Santa Clara) , .

Men's Criterium 75-79

Gold Jim Demet (Salt Lake City) , .

Boy's Road Race 13-14

Gold Ryan Kingsolver (Orem) , 0:53:19.

Silver Cameron Durman (South Jordan) , 0:53:24.

Bronze Brinton Neff (salt lake city) , 0:57:27.

Boy's Road Race 15-16

Gold Sam Watson (SLC) , 1:48:37.

Men's Open C Road Race

Gold Parker Conroy (SLC) , 2:26:28.

Silver Brandon McBride (Santa Clara) , 2:31:28.

Bronze Kyle Wood (Cedar Hills) , 2:39:51.

Men's Road Race 30-34

Gold Courtney Wood (Washington) , 2:26:27.

Silver Cristiano Pereira (West Jordan) , 2:29:42.

Bronze Nathan Steele (salt lake city) , 2:33:58.

Men's Road Race 35-39

Gold Jared Royer (Saint George) , 2:31:43.

Silver Eric Dansie (St. George) , 2:42:09.

Bronze Brad Webb (Cedar City) , 2:47:56.

Men's Road Race 40-44

Gold Mark Larsen (St. George) , 1:42:38.

Silver Allen Parcell (Orem) , 1:44:14.

Bronze Tim Bonzo (Cedar City) , 1:44:15.

Men's Road Race 45-49

Gold Gary Lial (las vegas) , 1:42:40.

Silver Brett Ball (Las Vegas) , 1:45:53.

Bronze Tim Prindle (Cedar City) , 1:52:32.

Men's Road Race 50-54

Gold Bill Pinckard (Henderson) , 1:42:39.

Silver Mike Meldrum (SLC) , 1:44:18.

Bronze Alan Martin (Washington) , 1:44:21.

Men's Road Race 55-59

Gold Bruce Beattie (Kanarraville) , 1:44:36.

Silver Lynn Thackeray (Payson) , 1:51:55.

Men's Road Race 60-64

Gold Henry Ebell (FAIRVIEW) , 0:53:28.

Silver Loy Brown (CEDAR CITY) , 0:57:26.

Bronze Dennis Williams (St. George) , 1:04:01.

Men's Road Race 65-69

Gold John Haney (Park City) , 0:51:06.

Silver David Hatt (South Jordan) , 0:53:25.

Men's Road Race 70-74

Gold Stan Swallow (American Fork) , 0:53:28.

Silver Frans Berghoff (Orem) , 0:53:29.

Bronze Alan Stockland (ogden) , 0:53:30.

Men's Road Race 75-79

Gold Jim Demet (Salt Lake City) , 1:11:49.

Womens Open A Road Race

Gold Julie Cutts (las vegas) , 2:26:35.

Womens Open B Road Race

Gold Kristi Mcilmoil (Provo) , 1:48:54.

Womens Open C Road Race

Gold Rachel Torres (Cedar City) , 2:15:14.

Silver Brittany Hunter (Cedar City) , 2:18:19.

Bronze Gwyn Gable (st george) , 2:30:52.

Women's Road Race 30-34

Gold Jamie Wood (Saint George) , 1:53:53.

Women's Road Race 35-39

Gold Natalie Slemboski (St George) , 1:45:57.

Women's Omnium Open A

Gold Julie Cutts (las vegas) , .

Women's Omnium Open B

Gold Kristi Mcilmoil (Provo) , .

Women's Omnium Open C

Gold Gwyn Gable (st george) , .

Women's Omnium 30-34

Gold Jamie Wood (Saint George) , .

Women's Omnium 35-39

Gold Natalie Slemboski (St George) , .

Boy's Omnium 13-14

Gold Ryan Kingsolver (Orem) , .

Silver Cameron Durman (South Jordan) , .

Bronze Brinton Neff (salt lake city) , .

Boy's Omnium 15-16

Gold Sam Watson (SLC) , .

Men's Omnium Open B

Gold John Mcilmoil (Provo) , .

Men's Omnium Open C

Gold Parker Conroy (SLC) , .

Silver Marcus Bruce (logan) , .

Bronze Brandon Mcbride (Santa Clara) , .

Men's Omnium 30-34

Gold Courtney Wood (Washington) , .

Silver Cristiano Pereira (West Jordan) , .

Bronze Nathan Steele (salt lake city) , .

Men's Omnium 35-39

Gold Travis Engar (Price) , .

Silver Jeff Meads (Pahrump) , .

Bronze Eric Dansie (St. George) , .

Men's Omnium 40-44

Gold Mark Larsen (St. George) , .

Silver Douglas Rock (New Harmony) , .

Bronze Brian Jeppson (Cedar City) , .

Men's Omnium 45-49**Gold** Gary Lial (las vegas) , .**Silver** Brett Ball (Las Vegas) , .**Bronze** Tim Prindle (Cedar City) , .**Men's Omnium 50-54****Gold** Mike Meldrum (SLC) , .**Silver** Alan Martin (Washington) , .**Bronze** Kevin Bauer (park city) , .**Men's Omnium 55-59****Gold** Bruce Beattie (Kanarraville) , .**Silver** Steve Moss (St. George) , .**Bronze** Lynn Thackeray (Payson) , .**Men's Omnium 60-64****Gold** Henry Ebell (FAIRVIEW) , .**Silver** Loy Brown (CEDAR CITY) , .**Bronze** Charles Engar (Marion) , .**Men's Omnium 65-69****Gold** John Haney (Park City) , .**Silver** David Hatt (South Jordan) , .**Men's Omnium 70-74****Gold** Stan Swallow (American Fork) , .**Silver** Frans Berghoff (Orem) , .**Bronze** Alan Stockland (ogden) , .**Men's Omnium 75-79****Gold** Jim Demet (Salt Lake City) , .