The Active-Empathic Listening Scale (AELS)
Version: General, Other-Report

We would like to continue to think of [Insert Person of Interest Here]. Think of their general habits and mannerisms.

Please read each statement and indicate how frequently you perceive it is true about this individual.

... 

1 = Never or Almost Never True
2 = Usually Not True
3 = Sometimes but Infrequently True
4 = Occasionally True
5 = Often True
6 = Usually True
7 = Always or Almost Always True

X is sensitive to what others are not saying.
X is aware of what others imply but do not say.
X understands how others feel.
X listens for more than just the spoken words.
X assures others that s/he will remember what they say.
X summarizes points of agreement and disagreement when appropriate.
X keeps track of points others make.
X assures others that s/he is listening by using verbal acknowledgements.
X asks questions that show an understanding of others’ positions.
X shows others that s/he is listening by body language (e.g., head nods).

If used for research purposes, please cite as follows: