



HUDSON YOUTH
Substance Abuse Prevention

Hudson Youth Substance Abuse Prevention Coalition

September 7, 2016, 6pm

Hudson Town Hall Conference Room B

Members in attendance:

Erin Holmes

Jessica Healy

Kathy Leonard

Alex DePalo

Steve Zepf

Cindy Murphy

Kristine Hutchinson

Cynthia Janeiro-Ehlke

- I. 5K walk/run event
 - a. Hudson Athletic Director to help promote the event (runners and volunteers)
 - b. Patriot Ambulance will donate a truck for 2 hours and will do Narcan training onsite
 - c. Police will be donated
 - d. Avidia Bank to incentivize employees for signing up
 - e. High school will donate clock
 - f. Will try to put 5K information on the sign outside of town hall
 - g. We need runners/walkers
 - h. Jess to write press release-Kathy to submit to media
 - i. Jess to contact Dakota for HUD TV
 - j. Will attempt to get the race announcement as part of the high school round-robin
 - k. Flyers will be distributed to local gyms
 - l. T-shirts will be white with red logo and sponsors on the back: order deadline for shirts will be September 15th
 - m. Medals will be made for women's 1st 2nd and 3rd ; men's 1st, 2nd and 3rd, and kids' 1st 2nd and 3rd. Participation ribbons to be handed out to youth

- n. Water station in the park in between St. Luke's and the Library
 - o. Volunteers
 - i. Sign up sheet was handed out; anyone willing to volunteer should contact Jess at jhealy@townofhudson.org
 - ii. Reviewed different volunteer needs
 - 1. Specifically need runner encouragement, water station, and the start/finish line
 - iii. Next run committee meeting 9/21 at 5pm at Hudson town hall auditorium
 - iv. Volunteer meeting: 9/27 @6pm in the town hall auditorium
 - p. Food and coffee set ups are responsible for their own permits
 - q. Tables will not be provided
 - r. Donations are still needed
 - i. Will check Market Basket on the status of the donation request
 - s. Alex to email politicians regarding the race
- II. SAPC/MOAPC
- a. Jess gave overview of the Massachusetts Opioid Abuse Prevention Collaborative grant (MOAPC) awarded to Framingham.
 - i. Grant will focus on opioid prevention before it starts and overdose prevention
 - ii. Hudson is part of this regional grant.
 - b. Jess gave an update on the Substance Abuse Prevention Collaborative grant
 - i. Strategies to combat underage drinking
 - 1. Build connections between adults and youth
 - 2. Build upon policies to prevent youth access to alcohol
 - 3. Volunteers requested to work on these committees
- III. Hidden in Plain Sight
- a. Interactive exhibit staged as a teen bedroom to be held at the high school on Back to School night on 9/15 from 5-9
 - b. Will have 5 volunteers walking parents/guardians through the exhibit (Kathy Leonard, Erin Holmes, Cynthia Janiero-Ehlke, Kathy Ekdahl and Cindy Murphy and 2 at the resource table outside of the mini theater (Jessica Healy and Kristine Hutchinson)
 - c. Jess emailed the supply list to the coalition for feedback on other items to include in the exhibit
- IV. Next meeting: October 12, 2016, 6-8pm in the Hudson Town Hall's auditorium