



## HUDSON YOUTH Substance Abuse Prevention

### Hudson Youth Substance Abuse Prevention Coalition

October 12, 2016, 6pm

### Hudson Town Hall Auditorium

### Meeting Notes

#### In Attendance:

Cheryl Juaire  
Kathy Leonard  
Laurie Curley  
Lee Waingortin  
Cindy Murphy

- I. Cheryl Juaire presented on Ballot Question 4.
  - a. Points raised
    - i. Taxation
      1. 6.25% sales tax
      2. 3.75% excise tax
      3. Local tax optional
      4. Taxes no higher than 12% (combined)
    - ii. Towns can opt out of dispensaries, but need a special election to do so.
    - iii. No THC regulation in edibles
    - iv. No way to enforce drugged driving
      1. Nothing available to test drivers
    - v. Governor appointed cannabis board
      1. 15 member; 9 board members must be pro
  - b. Problems in Colorado
    - i. ER visits up 32%
    - ii. Increased crime because of the black market
    - iii. Increased homelessness
    - iv. Decreased productivity
    - v. Increased addiction
  - c. Senator Jason Lewis did a study on Colorado marijuana practice and policies
  - d. Report of the Special Senate Committee on Marijuana
    - i. Easy read

- ii. Gives
      - 1. Summary of the bill
      - 2. Research om Colorado, Washington, Oregon and Alaska
- II. Debriefing of 5K
  - a. \$4800 Grossed; \$4000 netted
  - b. Approximately 150 registered at or before the event
  - c. ? hiring someone to run next year's event
  - d. Cindy Murphy will submit Thank you brief to the Hudson Sun
- III. Hidden in Plain Sight
  - a. Hudson High School
    - i. Approximately 250 parents, teachers and administrators attended
    - ii. It was verbally advertised by parents, teachers and administrators discussing what they learned
  - b. Assabet Valley Technical High School
    - i. Highly successful
    - ii. Both the principal and the superintendent have voiced an enthusiastic willingness to partner with YSAP in the future
  - c. Quinn Middle School
    - i. Scheduled for 11/22/16 evening for parent teacher conference night
    - ii. Coalition feeling that we are missing a lot of parents who attend day conferences
    - iii. Laurie Curley will work with the principal, Jason Webster, to include day conferences and secure the conference room for the exhibit
    - iv. Will attempt to get the word out to Farley and Forest Ave parents.
- IV. Jeff Leven parent event
  - a. Quinn Middle School on 10/20
  - b. Will give out informational packets
  - c. Will advertise for Hidden in Plain Sight
  - d. One Volunteer needed
- V. Jessica Healy presenting: SAPC (Substance Abuse Prevention Collaborative)/ MOAPC (Massachusetts Opioid Abuse Prevention Collaborative) update
  - a. MOAPC is in the initial data collection phase
  - b. SAPC is implementing the strategic plan
    - i. Two workgroups formed
      - 1. Caring Adults Action Team
        - a. Will reach out to adults for trainings in fostering positive youth-adult developmental relationships with the inclusion of the most current knowledge about substance use
      - 2. Access and Policy Action Team
        - a. Will look at state practices and enhance them on the local level throughout the 6 communities served by SAPC
        - b. Will look at how youth are getting alcohol and start intervention
- VI. MetroWest HOPE
  - a. Kathy Leonard presenting

- b. Marlboro/Hudson joint initiative
- c. What it is?
  - i. A drop in center open from 5-9 for resources and support for families and those suffering from addiction (location to be determined)
  - ii. Free Narcan training
  - iii. A clinician would be on sight to diagnose those ready to seek treatment
    - 1. Volunteers will help to find treatment beds
    - 2. Working with Advocates to get one
    - 3. Eventually will be done by jail diversion counselors
  - iv. Only expense is the cost of the clinician
    - 1. Consensus that YSAP will donate \$1000 to the cost
    - 2. Laurie Curley will approach Avidia for donation to support
- V. Money from 5K
  - a. \$1000 to go to MetroWest HOPE clinician
  - b. Remaining money should be used to for prevention work with kids
    - 1. need to get into the schools especially at younger levels i.e. middle school
    - 2. Need to engage youth i.e. having afternoon meeting at the high school (to be discussed at the next meeting)
- VI. Pumpkinfest
  - a. Will not be at
- VII. Tobacco Cessation
  - a. Free counseling by Community Health Worker, Lanie Silva, at the Hudson Health Office
  - b. Brochures handed out

Next Meeting:

Tuesday, November 15, 2016, 6PM

Hudson Town Hall Auditorium