



TPR COURSE

What

TEERA members are invited to attend a TPR (temperature, pulse and respiration) course on **Sunday 18th February 2018 at 10:00am**. Endurance vet, Debbie Grull, will present the course, which will take around 2 hours. Morning tea provided.

Why

We can't run great endurance rides without sufficient TPR stewards.

The rules of endurance riding place emphasis on recovery heart rates of horses. If a horse fails to meet the official cut-off recovery heart rate limit it is eliminated from the competition. Endurance horse owners and riders should therefore be well educated in using recovery heart rate to monitor the fitness and well-being of their horse. In addition respiratory rates and temperature are also recorded preride as an additional parameter to monitor the health of horses entering rides.

It's always worth getting a bird's eye view of the vet ring, where you might just learn a few things about presenting your own horse better.

Where

The course will be held at Highland View Arabians, 1040 Staverton Road Staverton 7306, which is Dennis Foley's property, about 15 km from Sheffield.

The practical component of the course will be assessed, at an actual endurance ride for those who have completed the course, and scheduling this will be discussed at the course.

How much?

Free! A small TPR booklet will be provided

Sign up

The minimum age for a TPR steward is 18 years. Juniors may attend if they wish to gain benefit from learning to monitor their horses. If you are interested in attending, please message Debbie Grull with your name phone number and email or phone Debbie Grull on 0417130774.