Dear Beloved Community,

As you read this, the Thich Nhat Hanh Foundation will embark on its seventh year of continuation since our manifestation during Thay’s Fall 2011 U.S. tour. I remember the early days when I was manually entering in your donations for processing. As I picked up each slip of paper and read your name silently, I was filled with tremendous awe and gratitude for the opening of your hearts to help continue Thay’s teachings. Even during our infancy, the floodgates of generosity were burst open by the number of people wanting to donate. With each passing year, what started as a strong current has become a steady sea of your great-heartedness. You have made a tremendous impact on our global community by sustaining the monasteries, Dharma outreach program, health of the monastics, and humanitarian relief efforts started by Thay. A deep bow of gratitude and love.

In 2017, as I traveled with the monastics for both the “Awakening Together” U.S. teaching tour and the premieres of the Walk With Me documentary, live streams of the monastics leading public sitting and walking meditation were recorded and posted on various media sites. The Huffington Post’s live stream on Facebook had over 143,000 views of the monastics walking through the streets of New York City. The South by Southwest Film Festival live stream ranked 16th out of 100 posted sites. Mindfulness had a transformative story. Each one of us has a connection to our most authentic selves. Through your donations to the Thich Nhat Hanh Foundation, you are truly keeping the Dharma doors open and unlocking new ones for people to encounter Thay’s teachings. I feel passionate about the work we’re doing because Thay’s teachings focus on the real root cause of the issues we’re seeing in the world. Time and time again, we see people acting out their own deep suffering — via anger, fear, greed, insecurity, anxiety, etc. — onto their families, co-workers, neighbors, strangers, and our planet. Thay’s teachings get to the heart of the matter of helping solve our societal ailments. This gives me great hope when I open my eyes in the morning, knowing 24 hours are ahead of us to affect such positive and needed change.

Thank you for sharing this path of practice and liberation with us for the past seven years. Together, we have touched and transformed so many lives. Along with Thay and the monastics, I know we will continue to do so. Together we are one.

With trust and gratitude,

Denise Nguyen
True Moon Lamp

Thich Nhat Hanh Foundation

During one of our Days of Mindfulness here at Deer Park Monastery, many hundreds of friends from all walks of life gathered below ancient oaks to renew their individual and collective aspiration.

As I looked around at the faces of those gathered, I was aware that the teachings of mindful awareness had touched each of their lives in some way, and I was moved by gratitude. Amongst those gathered was an eighteen-year-old man, Jacob. A few years ago, I met Jacob’s mother at JFK airport. She came up to me after our cross-country flight from San Diego and asked me whether I was from Deer Park Monastery. When I replied yes, she began telling me about her son, Jacob.

One summer, after a spider bite resulted in a blood infection, he was rushed to a hospital, where a tumor was found growing behind his spine. After surgery, he was paralyzed and in fear. However, during this period of time, he began to listen to podcasts of the teachings from Deer Park Monastery and practiced basic mindfulness meditation exercises. As his mind calmed down, rather than lamenting about how his body had been in the past, he began to notice how things were in the present moment. He found that his whole attitude transformed. He told me, “Brother Phap Hai, mindfulness helped me heal inside. Now I want to bring healing to others.”

During the spring of 2017, for Jacob’s senior year externship, rather than working in a law firm or other business, he requested to come to Deer Park Monastery to deepen his practice of mindfulness, believing that this was the most important skill he must develop to be of service to this world.

Each person in the oak grove on the Day of Mindfulness had a transformative story. Each one of you reading these few lines has also experienced the transformative power of the practice, and you are dedicated to making it available to others through the work of the Thich Nhat Hanh Foundation. It is thanks to your kind gifts that the teachings are widely available and accessible in person: in monasteries and local sanghas, and also online, through the Plum Village Online YouTube channel, our various monasteries’ podcasts, and the Plum Village Records mindfulness song downloads on the Foundation website. Thanks to you, the practice centers are here as places of refuge for so many, allowing friends such as Jacob to come and deepen their practice. I truly believe that this makes a difference in our world.

I am so grateful for each one of you and grateful to have the opportunity to participate in the work of the Thich Nhat Hanh Foundation along with you.

With deepest gratitude,

Brother Phap Hai
Our Foundation Family

Since 2011, the Thich Nhat Hanh Foundation has been nurtured by a devoted volunteer board. Our “Foundation family” has steadily grown into a true fourfold Sangha of monks, nuns, laymen, and laywomen. In 2016, we were grateful to be joined by more monastic sisters and brothers, and the board now includes two monastics representing each US practice center. By the end of 2017, our operations were stewarded by a full-time director, full-time annual fund manager, and two part-time contract positions. We are deeply grateful to the dozens of volunteers who contribute their boundless creative energy and joy to serving the Foundation.

True to our practice, the board, staff, and volunteers bring mindfulness and equanimity to our work together. In the spirit of applying Thich Nhat Hanh’s teachings, we know that the core purpose of the Foundation’s activities is to embody and create peace, and to help transform suffering in the world. As Thay teaches us, “peace in oneself, peace in the world.”

To learn more about our board and staff, please visit www.thichnhathanhfoundation.org/board-and-staff.

A Mindful Glance

FUNDRAISING

$1,834,743 Total donations 2016  |  $2,081,071 Total donations 2017

3,525 Number of donors  |  1,389 Number of monthly donors

SANGHA BUILDING

1,271 Sanghas worldwide
510 Sanghas in the U.S.
40 Sanghas in Canada
7 Sanghas in Mexico
55 Foundation Sangha starter kits provided

WORLDWIDE PRACTICE CENTERS

9 Monasteries worldwide
589 Monastics worldwide
506 Annual mindfulness events at monasteries
47,141 Annual visitors to the monasteries

FOUNDATION GRANTS PROGRAM

33 Grants awarded
$79,776 Amount funded

GOING AS A RIVER

The Many Facets of Our Global Community

Did you know your giving has a global reach in our Sangha? The Thich Nhat Hanh Foundation is the fundraising arm of the Plum Village Community of Engaged Buddhism, Inc. (formally known as the Unified Buddhist Church). PVCEB represents Thich Nhat Hanh and his mindfulness community, and many of our mindfulness practice centers, initiatives, and publishers are governed by this body. We encourage you to visit their websites to learn more about the nourishing work our global Sangha body is doing to continue Thay’s teachings.
YOUR 2016–2017 GIFTS AT WORK

Look at What We Cultivated Together

We as a community together raised $1.83 million in 2016 and $2.08 million in 2017 to support the mindful teachings and practice of Thay. Your gifts help keep the mindfulness practice centers open, take care of the health of our monastic brothers and sisters, bring Thay’s teachings and practices to cities all over the world by supporting Dharma sharing and outreach programs, and provide needed humanitarian assistance in Vietnam and other countries through the Love and Understanding program. Gifts given for general or unrestricted support provide needed funding for the priorities of the community.

MINDFULNESS PRACTICE CENTERS:
PLACES OF PEACE AND REFUGE

Your donations to the Thich Nhat Hanh Foundation ensure the monasteries continue to be stable and open to people seeking refuge, peace, and training in the art of mindful living. From 2016 through 2017 over 86,000 people visited Blue Cliff Monastery in New York, Deer Park Monastery in California, Magnolia Grove Monastery in Mississippi, Plum Village Monastery in France, the European Institute of Applied Buddhism (EIAB) in Germany, Thai Plum Village in Thailand, Stream Entering Meditation Center in Australia, and the Asian Institute of Applied Buddhism (AIAB) in Hong Kong.

Highlights include:
- Completion of the monk’s residence hall at Magnolia Grove Monastery
- Funds to begin renovations of the monk’s dormitory at Deer Park Monastery
- Funds to begin repair of the big meditation hall at Blue Cliff Monastery

UNRESTRICTED DISBURSEMENT MODEL

- Blue Cliff Monastery 17.5%
- Deer Park Monastery 17.5%
- Magnolia Grove Monastery 17.5%
- Global Monastic Support 17.5%
- Love & Understanding Program 10%
- Monastic Health Care Fund 10%
- Dharma Sharing Program 10%

LOVE & UNDERSTANDING PROGRAM:
HUMANITARIAN RELIEF FOR THOSE IN NEED

In 2016, you answered an urgent call for action after a steel factory spilled toxic chemicals into the ocean, killed marine life, and poisoned people along 120 miles of coastline in Central Vietnam. It was one of Vietnam’s largest environmental disasters and destroyed the livelihoods of many fishermen and women. With your donations of $171,689, the Love and Understanding group distributed over 7,000 gifts of money, rice, and daily living essentials to people who suffered from the chemical spill.

In 2017, your donations of $340,124 fed hungry children who could not afford to pay for their lunch, provided scholarships for toddlers to attend school, and paid salaries to school teachers in the remote areas of Vietnam. Many of these children survived on the meals provided at school, and this was possible through your generosity.

Dharma Sharing Program:
OPENING MANY DOORS OF MINDFULNESS TEACHINGS FOR OUR SOCIETY

It is said there are 84,000 Dharma doors of teaching to enter the realm of mindfulness, peace, and joy. As our society, economics, and politics change, Thay encourages us to open even more doors for future generations so the Dharma continues to be living and not stale. In 2016–2017, you gave $165,199 to support programs that shared mindfulness with others, including monastic teaching tours in Latin American and African countries, mindfulness retreats for underrepresented populations (young adults, POC, people in recovery, and people in prison), mindfulness in schools initiatives, online Dharma resources, and film projects. When we practice not just as individuals but also share the practice with others, the energy of mindfulness, transformation, and peace are more powerful in benefiting our society.

MONASTIC HEALTH CARE:
TAKING CARE OF THE MONASTICS’ WELLBEING GIVES US A CHANCE FOR OUR OWN WELLBEING

In 2016, the Monastic Health Care Fund was created to specifically support the health care costs for nearly 100 monastics in the United States. Unfortunately, many monastics do not qualify for health insurance coverage. In 2016–2017, you generously gave $43,905 which has resulted in brothers and sisters being able to seek overdue preventative care and needed treatment. Before the fund was created, many monastics felt guilty for spending money to care for their physical health. Knowing a specific fund has been created with the support and enthusiasm of the community, our monks and nuns feel extremely grateful and encouraged to take better care of themselves. Thank you for taking care of them.

2016–2017 DONATIONS TO EACH MONASTERY

<table>
<thead>
<tr>
<th>Monastery</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blue Cliff Monastery</td>
<td>$449,726</td>
</tr>
<tr>
<td>Deer Park Monastery</td>
<td>$570,369</td>
</tr>
<tr>
<td>Magnolia Grove Monastery</td>
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<tr>
<td>Plum Village</td>
<td>$253,169</td>
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<tr>
<td>European Institute of Applied Buddhism</td>
<td>$10,039</td>
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<td>Thai Plum Village</td>
<td>$188,500</td>
</tr>
<tr>
<td>Australia Stream Entering Meditation Center</td>
<td>$730</td>
</tr>
</tbody>
</table>

2016–2017 ANNUAL HIGHLIGHTS
THICH NHAT HANH FOUNDATION
2016–2017 ANNUAL HIGHLIGHTS

Grant Funding Map

Thanks to your incredible donations the Foundation was able to share Thay’s teachings by offering grant funding for days of mindfulness, workshops, retreats, and teaching tours. Through our Dharma Sharing Program, a diverse group of people were nourished including people of color, young adults, Spanish speakers, people in recovery, educators, and professionals. Event topics included protecting Mother Earth, social justice, and Sangha building.

**PROTECTING AND TRANSFORMING: A 12-STEP RETREAT FOR PEOPLE IN RECOVERY**

“Your donations helped provide scholarships for people in recovery to attend the 12-Step retreat at Magnolia Grove Monastery and inspired an auspicious number of 12 people to receive the Five Mindfulness Trainings. “I loved this retreat. After many years of recovery, this was the first time that I had publicly integrated my spiritual life and my AA practice. It felt liberating, expansive, and like another homecoming. I particularly loved holding the space for those who received the Five Mindfulness Trainings. Sister D’s talk on addiction to suffering was poignant for me: it is important to not be stuck in the suffering but live in the solution, not the problem.” —Retreat participant in recovery

**HAPPY TEACHERS WILL CHANGE THE WORLD: SCHOLARSHIPS FOR BLUE CLIFF MONASTERY EDUCATOR’S 2017 RETREAT**

“Spending four days with the monastics of Blue Cliff and 90 passionate educators refreshed my spirit and reinforced my love for this profound profession. I was reminded that we teach who we are and who we are begins with our personal practices. I left with an understanding of the importance of Sangha and a deep desire to find or start one at home.” —Terri, retreat participant

**WAKE UP SOUTHWEST MINDFULNESS TOUR: UTAH STATE PRISON DHARMA PROGRAM**

In the summer of 2016, three Wake Up lay members organized a Wake Up Southwest mindfulness tour with two lay Dharma teachers, offering mindfulness teachings to young adult and all-age Sanghas in Texas, Colorado, and Utah. While in Salt Lake City, the tour team visited the Utah State Prison Dharma Program where inmates had been practicing mindfulness for over a year. A Five Mindfulness Trainings Transmission ceremony was conducted, and four inmates committed to receive the trainings. The following week, one of the inmates was released, and he decided to go to school for social work and dedicate his life to ease the suffering in the world. “The mindfulness practice transformed this cage into a place of peace and healing.” —Inmate who received the 5MTs

**MINDFULNESS TOUR IN BOTSWANA**

Your donations helped sponsor a 2017 mindfulness tour in Africa, where a delegation of nuns and lay Dharma teachers brought Thay’s teachings to almost 1,400 people from South Africa, Zimbabwe, Botswana, Ghana, and Ethiopia. Mindfulness activities included leading retreats, days of mindfulness, offering workshops at a local elementary school, participating in a Buddhist film festival, and presenting at the Mind and Life Institute Conference. Gaborone, Botswana

Wake Up / Young Adults
Sangha Building
Hispanic Outreach
People of Color
People in Recovery
Social Justice

Mindfulness Teaching & Training
Sangha Building
Educators
People of Color
Social Justice

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Thank you for your incredible donations!
Hope and Healing for High School Students

Your gifts to the Foundation provided $2,500 for a group of African American high school students from Warren Easton High School (New Orleans, Louisiana) to rent a charter bus and visit Magnolia Grove Monastery (Batesville, Mississippi). The following is a reflection written by their teacher, Jennifer, who was inspired to bring the students to Magnolia due to her own personal transformation through the practice (names have been changed):

“The first two days of the retreat were challenging for a number of students. Some students had left the city of New Orleans for the first time and found the quiet, peaceful atmosphere difficult to deal with, simply because of its newness. Many of the girls cried over the first two days without being able to explain why.

In the Dharma groups one young woman, Gabi, who had been quiet since our arrival, bowed in, and said that the kindness and openness surrounding her over the last several days made her think about how she wished goodness to all of those around her. This led her to share her experience of sexual molestation during her middle school years. Gabi explained that her greatest hope was that no one else would have to experience what she went through. She aspired to stop ‘being angry about everything’.

Gabi began crying as did all the girls in the circle. As she bowed out, another student, Alesia bowed in. Alesia shared a similar story and discussed how ugly it made her feel. Sadly, two more girls disclosed similar damaging events that happened with their relatives. By the time the evening was over, the four girls had found a support system in each other and vowed to transform these experiences. Shandricka declared that she would no longer let the terrible actions of one person ‘mess up the rainbows’ in her heart.”

The students at Warren Easton High School face challenges associated with growing up in low resource communities including personal loss, difficult family transitions, and other stressful life events. The five days these students spent at Magnolia Grove Monastery provided an opportunity for them to touch joy, receive kindness from the Sangha, and learn a new way of being. By giving to the Foundation, your funds helped young students begin the process of healing and created hope for their future.

ARISE: Healing the Wounds of Discrimination

ARISE (Awakening through Race, Intersectionality, and Social Equity) is a group of mindfulness practitioners and monastics in the Plum Village tradition who have come together with the aspiration to use the energy of mindfulness, compassion, and understanding to heal the wounds of discrimination and social inequity within ourselves and our society.

In October 2017, your gifts to the Foundation provided scholarships that allowed LGBTQ+, people of color, and allied young adult communities to come together and celebrate diversity at the ‘Many Streams, One Source’ retreat, co-organized by ARISE at Harmony Pines retreat center in Wrightwood, CA. The following is a reflection from Jason, a Queer, Asian-American retreat participant:

‘I felt a sense of vulnerability and openness at ‘Many Streams, One Source’ that was unusual even for a retreat in the Plum Village tradition. Many who had felt invisible and unheard, including myself, had a chance to speak and be heard. We spoke from places we did not know existed, possibly because we had spent years hiding from these lonely corners. I heard so many voices (queer people of color, transgender individuals) that are usually drowned out by chatter from everyday life. This would not have been possible without the warm and accepting atmosphere cultivated at the retreat…We need these spaces to enrich society and heal frayed hearts.’

In addition, your gifts helped ARISE and the Foundation raise over $21,000 during Giving Tuesday 2017, the global day of giving. These funds will help provide retreat scholarships for people of color and help bring mindfulness teachers directly to marginalized communities. Thank you for your vision to use mindfulness as the vehicle to alleviate suffering wherever it exists, knowing that the liberation of one person is the liberation of us all.
Walk With Me: Turning Cinemas into Meditation Halls

In a world filled with uncertainty, fear, and divisiveness, “Walk With Me,” a documentary filmed over three years with unprecedented access to our monastic community, offers the hope that peace is possible. Narrated by Oscar-nominated actor Benedict Cumberbatch and directed by Max Pugh and Marc J. Francis of Speakit Films, the film is a cinematic journey into the world of our beloved teacher and monastics.

On 2016 Giving Tuesday—a global day of giving—you generously contributed a total of $27,777 in funds, with 345 gifts from 29 countries, to support the promotion and distribution of the film. With a total of $48,095 in donations in 2016 and $123,888 in 2017, you actively participated in a global awareness campaign on the power of mindfulness.

Your contributions enabled the filmmakers to raise awareness of the film, and this led to securing one of the world’s leading film sales agents, West End Films, and a successful world premiere at the 2017 South By Southwest (SXSW) Film Festival. Since then, “Walk With Me” has been sold in over twenty countries and has screened in theaters reaching over a quarter million people worldwide. More than 70,000 people in the USA, 40,000 in the Netherlands, 35,000 in Spain, 20,000 in Hong Kong, 17,000 in Germany; 15,000 in the UK, 15,000 in Australia; 11,000 in Taiwan; 10,000 in Belgium; 8,000 in Switzerland; 6,000 in Thailand; 5,000 people in Austria; and 3,000 in Portugal have seen the film. The film will be released in France, Japan, Canada, and Vietnam in 2018.

In September 2017, Thich Nhat Hanh himself saw “Walk With Me” at a large movie theater in Bangkok. Before attending the screening, his attendants were concerned about whether Thay could watch the entire film due to his health. They thought that perhaps he would only be able to watch 10 minutes before asking to leave. However, when Thay arrived at the theater, everyone was surprised when he gestured to order popcorn. And throughout the film, to everyone’s delight, he watched attentively during the entire 93 minute duration.

The next morning, Thay invited one of the film’s directors to breakfast. During this time, the director asked him, “Did you enjoy the movie?” Thay nodded vigorously.

“Your support directly helped realize Thay’s dream of “turning cinemas into meditation halls.” In a world where mass media increasingly waters seeds of turmoil, intolerance, and uncertainty, this film is mindful media that can water positive messages of compassion and understanding in our society. Thank you for sending a message to the world that inner peace, interconnectedness, and healing are possible.

“In terms of audience numbers, Walk With Me was one of the most standout documentaries of 2017, and the story continues in 2018. It is notoriously hard and very expensive to get documentaries distributed on the scale of Walk With Me, and we want to thank you for your invaluable support along our journey from production to release.”

—Max Pugh, Co-Director of Walk With Me

Cedar Society: Cultivating Our Continuation

The Cedar Society is a path for practitioners to offer stable, long-term funding support for the Plum Village community through planned legacy gifts. When Thay was a young monk in Vietnam, he trained thirteen young people to help support and root the Buddha’s teachings during the war. He called them the “cedars,” choosing the tree’s strength and solidity for inspiration.

The Foundation’s bequest giving program is a legacy of the original thirteen cedars, whose deeply engaged practice continues to inspire our community.

Jeffrey Johnson, Fearless Surrender of the Heart, is a Cedar Society member who practices with the True Names Sangha in Baltimore, Maryland and the Mindfulness Practice Center of Fairfax in Virginia. He offers these reflections on his legacy gift:

Shortly after my wife Maryanne, Amazing Grace of the Source, died in 2014, I was able to attend Thich Nhat Hanh’s retreat at Plum Village, where he addressed the question that was uppermost in my grief-stricken mind: “What happens when you die?” Thay explored the many ways that in death, all that we are and have been continues to manifest in other forms, which he described as our “continuation bodies.” This was a very beautiful teaching; it helped many of us at the retreat recognize and hold with greater awareness and reverence the continuation bodies of our beloved ones who had died and now existed within us. Yet Thay also urged us to consider our own death and suggested that it is a beautiful practice to consciously cultivate our own continuation bodies over the course of our lives. Indeed, according to him, we shouldn’t wait until the end of life, when death is knocking at the door—it will be too late.

On returning from Plum Village, I took to heart Thay’s insistence that we consider what kind of continuation we might want for ourselves. I made a decision to leave a significant part of my estate to the Thich Nhat Hanh Foundation on my death. What could better represent my continuation into the future than supporting the Thich Nhat Hanh Foundation, which is dedicated to watering the seeds of mindfulness, compassion, peace, and social justice—the values that are most precious to me in this life?

I believe that our financial assets are only one way we can ensure that we might attain, in Thay’s words, “a beautiful continuation.” Cultivating and nourishing the continuation bodies we have been given by those who have passed on is another important way, as is holding our own body and mind—as well as the collective bodies of our society and the earth—in a spirit of reverence and loving kindness. Indeed, many aspects of our practice are beautiful ways to cultivate our continuation bodies, as well as to live fully in the present moment, thus assuring, according to Thay, that “we will never die.”
YOUR HOME AWAY FROM HOME
Making Space for Our Growing Community

MAGNOLIA GROVE MONASTERY  Thanks to your generosity, $585,000 was raised to fund the construction of the monk’s dormitory at Magnolia Grove Monastery. The project is now complete! Before the dormitory, there were times when they had to fit 25 brothers into four rooms. Now the brothers can comfortably live and practice in a residence with the capacity to house between 40-50 monastics. This leaves room for our monastic community to grow and share the practice with many more people.

DEER PARK MONASTERY  There is still more work to be done to support our practice centers and growing monastic community. Our monastics at Deer Park Monastery devote their lives to the practice and trust the community to support their basic needs. However, the brothers of Solidity Hamlet currently live in cramped, dilapidated dorms that were built in the 1950s and are long overdue for repairs. Their hamlet is overcrowded, with no room for new monastics to come to Deer Park for aspirancy training. To meet the needs for the construction of a new monastic dormitory and the renovation of the existing dorms, you raised $54,000 in 2017. The brothers still need your help to raise funds to meet their goal of $1.3 million so that construction can begin.

The monastics at Deer Park are also committed to creating a more centralized community space for lay practitioners to gather on Days of Mindfulness. This can best be achieved by creating a bookshop/community tea room that is located between the two hamlets for easy access. This bookshop/community tea room will cost $400,000 to construct. This community space will provide the atmosphere for many great conversations between monastics and the lay community and practitioners from all walks of life.

BLUE CLIFF MONASTERY  Blue Cliff Monastery recently celebrated 50 years of service to the community, and the monastics hope to make Blue Cliff available to as many people as possible. In 2017, you helped raise $74,000 to help repair the Big Togetherness Meditation Hall and increase the capacity of Harmony Hall, the building that serves as the main kitchen, dining room, and gathering area at Blue Cliff. With your help, we can raise the remaining funds needed to meet our goal of $2.1 million so that Blue Cliff can complete expansion and no longer need to turn people away due to lack of space.

At the Thich Nhat Hanh Foundation, we value the trust and commitment you have given us to be the financial caretakers of your donations. Please know we are mindful of every expense to ensure your funds go toward the greatest benefit and continue Thay’s teachings through the monasteries, Dharma outreach programs, and other mindfulness initiatives.
SUSTAINING MEMBER CIRCLE

Thank You for Being There

Thich Nhat Hanh teaches us, “If you are a poet, you will see clearly that there is a cloud floating in this sheet of paper. Without a cloud, there will be no rain; without rain, the trees cannot grow; and without trees, we cannot make paper. The cloud is essential for the paper to exist. If the cloud is not here, the sheet of paper cannot be here either. So we can say that the cloud and the paper inter-are.”

In the same way, we can say that you and Thich Nhat Hanh’s teachings inter-are. If you are not here, Thich Nhat Hanh’s teachings cannot be here either. You are essential for the teachings to exist, to continue into the future, and to create the kind of peaceful and compassionate world we all want to live in.

Without you, Thich Nhat Hanh’s teachings could not reach, nourish, and transform thousands of people every year. When the Foundation first started, we had 100 committed members. By our five-year anniversary in 2016, our community of support had grown to over 1,100 members. As an integral part of the Thich Nhat Hanh Foundation Sustaining Member Circle, your monthly pledge gift provides the consistent, year-round support the monastic community needs to keep Thay’s practice centers open, and to sustain and expand mindfulness-based initiatives around the world. With your support, hungry children and families in Vietnam—and now countries in Africa—go to bed knowing others care for their well-being.

Your generosity literally transforms the world.

Thank you for your deep commitment to transforming suffering, awakening compassion, and nurturing peace. You are continuing Thay’s lifelong work.

Please accept our heartfelt thanks for making the world a better place for all of us—one person, one family, one community at a time.

May you be well. May you be happy. May you be free from suffering.