

a  
cloud  
never  
dies



THICH NHAT HANH FOUNDATION  
2021 ANNUAL HIGHLIGHTS

## Thich Nhat Hanh, 1926-2022



*No coming, no going,  
no after, no before.  
I hold you close to me  
I release you to be so free,  
Because I am in you and  
you are in me.*

Plum Village song

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## LETTER FROM OUR THICH NHAT HANH FOUNDATION FAMILY

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Dear Beloved Community,

Each spring, we assemble this beautiful publication to shine a light on all of the ways your generous support in the previous year helped Thich Nhat Hanh's dream of a global, mutually flourishing, and mindful community blossom.

This year is no different. And yet we cannot view 2021 except through the lens of one of the most significant events in the history of the International Plum Village Community of Engaged Buddhism: the death of our beloved founder, teacher, mentor, and friend.

In the days and weeks following Thay's passing on January 22, 2022, at the age of 95, we felt your presence alongside us as we witnessed his beautiful and moving funeral at his root temple in Hue, Vietnam. As we shed tears and shared memories during the spreading of his ashes in special ceremonies at the monasteries he founded around the world. And as we read thousands of testimonials from people about Thay's enormous impact on their lives.

So we recall 2021 with Thay centered in our hearts, knowing these words you're reading, our way of being in the world, and our ongoing work are all opportunities to be his continuation.

While the second year of the pandemic brought effective vaccines, our community continued sharing the Dharma predominantly online in 2021, using technology acquired with your generous support. Thanks to these wonderful tools, and the growing capabilities of our monastic and lay media teams, practitioners around the world were able to participate in retreats, meditation, and other nourishing programming from the safety of their homes.

Our community's innovative use of technology in 2021 also brought us closer to realizing Thay's vision for an "online monastery" as a complement to our in-person retreats. The Plum Village App, which delivers mindfulness resources to the palm of your hand, continues evolving, both in the rich variety of content from our community

and its global reach. And last summer, we launched *The Way Out Is In*, which quickly became the second most popular streamed podcast about Buddhism.

As travel restrictions eased, several monastics went to Glasgow, Scotland, for the 2021 United Nations Climate Change Conference (or COP26). They offered world leaders and climate activists teachings, talks, and meditations so they could approach their work from a place of peace and compassion, rather than anger and despair. Other monastics embarked on a road retreat, traveling 4,500 miles across the western United States to visit local Sanghas.

In 2021 we also celebrated the foundation's 10-year anniversary and began preparing for the 40th anniversary of Plum Village Monastery in France, which is being celebrated in-person as this publication goes to press.

Long before Thay's stroke in 2014 he prepared us for this moment. A cloud, he taught, may disappear from sight, but it has not died. It has only transformed into rain, a river, and the water with which we brew our cup of tea. So it is with us.

"Living is a joy," Thay writes in *You Are Here: Discovering the Magic of the Present Moment*. "Dying in order to begin again is also a joy. Starting over is a wonderful thing, and we are starting over constantly."

We, his community, are starting over as well, deeply grateful for all we have learned from this humble Zen monk and cherished teacher. Now Thay invites us to be *his* continuation, to use mindfulness and meditation practices to meet with clear eyes and a steady heart the suffering within us and across a planet facing extraordinary climatological and societal crises.

We are so happy you are with us as we walk this path of peace.

With love and trust in the Sangha,  
Your Foundation Family

# A MINDFUL GLANCE

## FUNDRAISING



Donations through Thich Nhat Hanh Foundation **\$3,619,666**

Donations through Plum Village **\$1,912,191**

**11,003**  
Donors

**3,875**  
Monthly Donors

**131**  
Legacy Donors

**133**  
Countries donating  
(68% of countries worldwide)

## WORLDWIDE PRACTICE CENTERS

<b>11</b> Monasteries Worldwide	<b>310</b> In-person Retreats & Events	<b>728</b> Online Retreats & Events
<b>533</b> Monastics Worldwide	<b>10,352</b> In-person Retreats & Event Attendees	<b>348,289</b> Online Retreat & Event Viewers



## ONLINE REACH



**4 MILLION**  
Social Media Followers

**300,000**  
Plum Village App Users

**NO. 2** ON BUDDHISM  
PODCAST CHARTS  
*The Way Out Is In*

**165,000**  
*The Raft* Newsletter Subscribers

## SANGHA BUILDING by self registration

<b>1,173</b> Sanghas Worldwide	<b>613</b> Sanghas in Europe	<b>437</b> Sanghas in N. America
<b>48</b> Sanghas in Asia	<b>32</b> Sanghas in Oceania	<b>18</b> Sanghas in S. America
<b>9</b> Sanghas in the Middle East	<b>10</b> Sanghas in Central America	<b>2</b> Sanghas in Africa



THE POWER OF SANGHA  
YOUR INCREDIBLE SUPPORT IN 2021



*“To all of our very kind, compassionate and generous donors who supported us in our monasteries during the COVID pandemic, when we were closed and could not receive practitioners, we bow deeply to you with heartfelt gratitude and respect. Your donations made it possible for us to continue to live, practice, and offer online retreats. The truth and beauty of Interbeing has been experienced — knowing that you are there for us, and that we are here for you, our happiness is shared.”*

— SISTER TU NGHIEM (SISTER ELENI)

Two years into the pandemic, the International Plum Village Community continued putting energy into providing online programming for those who couldn't travel: Dharma talks, retreats, days of mindfulness, and special events.

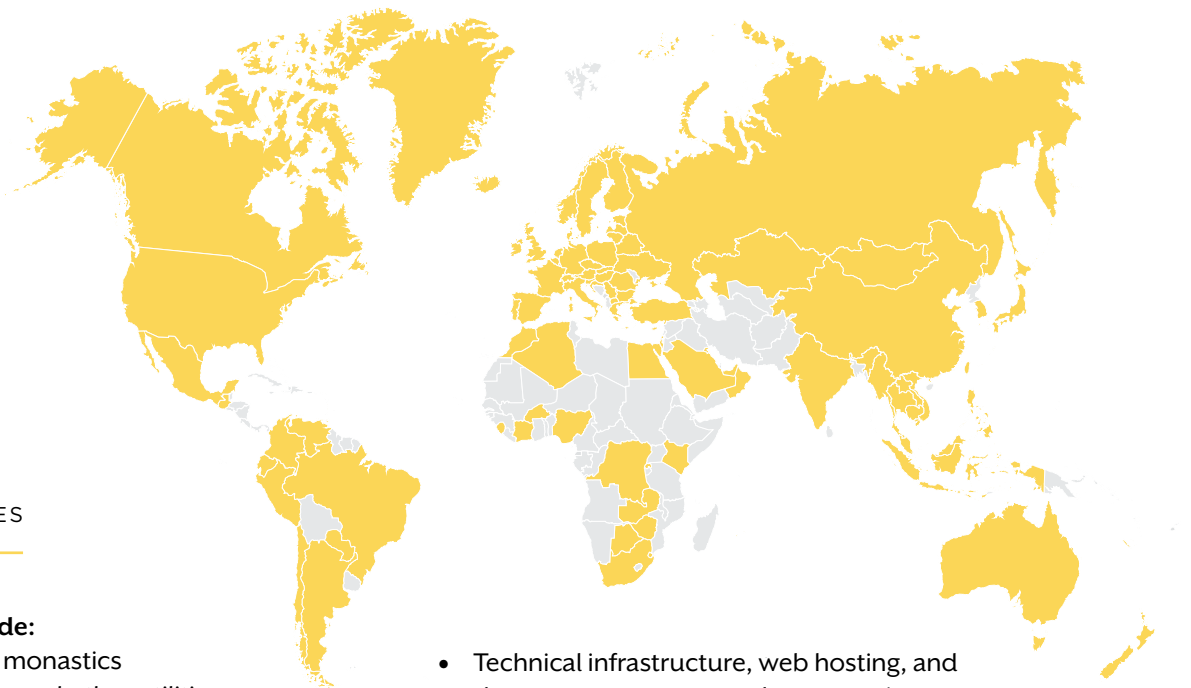
None of this would have been possible without video cameras, editing tools, and technical infrastructure acquired with donor support. This experience also built our collective expertise and helped further advance Thay's aspiration to establish an “online monastery” and offer virtual courses and programs. Donors were there, too, when later in the year monastics began again to take

the Dharma on the road across Europe, South America, and the United States.

Because most monasteries were unable to host in-person retreats (their primary source of funding), we put major construction projects on hold and directed your gifts to supporting the basic needs of our monks and nuns. As monasteries begin to reopen, we'll return our attention to significant infrastructure needs, including renovations to bring facilities up to code, new nuns' quarters, and additional housing for lay friends.

As Thay said, “We know you are there, and we are happy.”

**OUR GLOBAL  
SUPPORT  
NETWORK**  
WHERE OUR  
DONORS LIVE  
IN 133 COUNTRIES



**You helped provide:**

- Daily meals for monastics
- Heat, electricity, and other utilities
- Building maintenance
- Monastic health care
- Maintenance of sustainable vegetable gardens for the community
- Technical infrastructure, web hosting, and data storage to support the promotion, recording, and streaming of Dharma talks, ceremonies, and other events
- And more to keep the practice centers safe, the monastics healthy, and the Dharma alive

THE GIVING TREES  
PLUM BLOSSOM SOCIETY

Plums are a poignant symbol in our community. Thay and his early followers planted plum trees throughout Plum Village Monastery in France. One of our elder monastic sisters tells this story: "Many of the Vietnamese children who came for the summer retreat bought plum trees to donate as a way of showing their gratitude. By 1984, we had planted 1,250 plum trees. They used to say that the 1,250 plum trees are like 1,250

Buddha's disciples!" We, too, are the Buddha's disciples. From Zen Masters Lieu Quan to Thich Nhat Hanh, we are a continuation of a long line of practitioners committed to transforming ourselves, our communities, and the world. Through their monthly donations, our Plum Blossom Society members support that continuation.

96 NEW PLUM  
BLOSSOMS  
IN 2021

3,875 TOTAL  
PLUM  
BLOSSOMS



**Christine Jouandet** (Guérison Complète du Cœur, "Full Healing of the Heart")

Les Marmottes (Sangha Locale des Pyrénées Atlantiques), Pau, France | **Which**

**teaching or practice has been most important to you?** *One day at Plum Village during a question-and-answer session with Thay, his answer was, "We need to collect firewood before the winter". After he said this to me, it became very clear that I needed a Sangha. I looked for one but couldn't find any nearby, and so I created one, and it is still active today.*

**What inspired you to join the Plum Blossom Society?** *In the beginning, when Sister Chan Khong was here in Plum Village, there would be a table set up to offer sponsorships, and so I started sponsoring two people: one person with a disability, and one child in Vietnam. Since COVID, I set up the monthly donation, and I now continue to give in this way because I have the means at the moment to do so.*



**Kathleen Anzicek** (Healing Rain of the Heart) Sandhill Crane Sangha, Grass Lake, Michigan, USA

**Which teaching or practice has been most important to you?** *The practice of mindfulness has allowed me to see no coming and no going with the physical passing of my mother and others in my life, and it's given me a path to walk with cancer over the past three years. The song No Coming, No Going is beautiful and really summarizes all of Thay's teachings in Buddhism. I sang it to my mother at her bedside during her final days, and it helped me when I was going through treatment for my cancer, when I could only lie on my couch.*

**What inspired you to join the Plum Blossom Society?** *The work of the monks and the practice centers is the ultimate of trying to raise the consciousness of humanity. We live in a very troubled world, and to me this is one of the best ways to try to bring change and a more humane way of life, to lift the world up.*



**Monica Max West** (True Aspiration of the Heart) Various Sanghas, including Earthholder Sangha in London, UK

**Which teaching or practice has been most important to you?** *When I discovered the 5 Mindfulness Trainings I realized many of the principles had already found their way into my life through other means, and I was practicing with them as best I could. So it was extraordinary to see them written out in black and white and being practiced by thousands of people around the world. They help me be aware of the many ways in which we can consume, to notice my patterns, and to feel the support of both the Sangha and the trainings.*

**What inspired you to become a Plum Blossom Society and Cedar Society Member?** *It's my hope that by supporting our monastic community I can help ensure many more beings are as touched as I've been. Giving to the Dharma body feels like the right thing to do, and it's a way for me to practice gratitude for all that I've received in my life.*



Dharma Teacher **Dennis Bohn** (True Mountain of Peace) Rock Blossom Sangha, Brooklyn, N.Y., USA

**Which teaching or practice has been most important to you?** *For me, Thay's teaching on deep Buddhism has been decisive and powerful. It's his transmission of the middle way between the opposites of existence and nothingness. Our teacher shows the way of action and continuation in which nothing is created or destroyed, offering a path out of annihilationism without requiring a blind faith in a soul traveling through space or a personal god.*

**What inspired you to become a Plum Blossom Society and Cedar Society Member?** *For many years I had been intending to leave a legacy for the community so that Thay's teachings can flourish in the future. The risks posed by COVID-19 gave even greater urgency to my decision to make that commitment sooner rather than later.*

## THE CEDAR SOCIETY

As a young Dharma teacher in Vietnam, Thay formed a group of thirteen students whom he trained to become “like strong cedars to help support the Buddha’s teachings.” These students helped Thay revitalize Buddhism, to meet the needs of people suffering in difficult times. Thay called this core group the Thirteen Cedars.

These special students were fundamental to keeping Thay’s teachings alive and thriving during and after the war. Many of them are still with us today and continue to play an important role in helping Thay’s teachings take root here in

the West. Without them, we may not have the teachings of Thay today. We are here because they were there.

Through the foundation’s Cedar Society, other practitioners can join the original Thirteen Cedars to offer stable and long-term support through legacy gifts.

Legacy giving is done by leaving a gift to the foundation (Plum Village Community of Engaged Buddhism) in your will or estate plan.

28 NEW  
CEDARS IN  
2021  
131 TOTAL  
CEDARS



**Michael Daiun Melancon** (True Garden of Suchness) and **Glenn Scott Johnson**, Two Palms Up Mindfulness Community & Sangha and Morning Light Sangha, Palm Springs, Calif., USA | **Which teaching or practice has been most important to you?** *During the 21-day Breath of the Buddha Retreat in Plum Village in 2006, Thay spoke about his upcoming 80th birthday. He said he didn’t want any birthday presents except for each of us to give him a gift of our own practice. He gave us three lifelong practices to choose from. I chose to give Thay the gift of always seeing the cloud in my tea. Since that day, I’ve never enjoyed a cup of tea that I didn’t stop to see the cloud in my tea. **What inspired you to become a Cedar Society Member?** *My husband, Glenn, and I were both blessed with long and fulfilling professional careers, and we were compensated well for our many years of work. For the twenty-four years we’ve been together, we’ve been dedicated to leaving the bulk of our estate to organizations that we’ve been involved with throughout our lifetime. The foundation perfectly matches our values, specifically the intention to foster peace and transform suffering in all people, animals, plants, and our planet.**

### CEDAR SOCIETY MEMBERS

We would like to extend our gratitude to all of our 131 Cedar Society members, just a few of whom we list here.

Lori & David Allesio	Barbara Casey & Robert Sorrell	Michael Melancon & Glenn Johnson	Claire Scheele
P. Elizabeth Anderson	Lin Florinda Colavin	Dieu Minh	Jacquelyn Schuett
Marilynn Bagienski	Elaine Fisher	Cheryl Mitchell	Alexa Singer-Telles
Susan Barbarisi	Ron Forster & Laura Hunter	Jill Moonheron	Susan Sluyter
John Bell	Jerome & Mala Freedman	Julia Mullen	Ellie Stanley
Denise Bergez	Julia Graf	Steve Nakasone	Chloe Sundara
Cyndee Bessant	Babu Grounder	Judy Nakatomi	Trish Thompson
Richard Briones-Colman	Ngoc Hoa	Simpson Ngo	Alana & Gerritt VanDerwerker
Marie-Dominique Beaumont	Steven Jay Horowitz	Janet Pearson	Christina Walker
A. Brody	Karin Kelly-Givens	Nancy Roffey	Marilyn & Sam Warlick
Mary-Jane Buschlen	Annie & Paul Mahon	Brandy Sacks	Carolyn White
Bruce Campbell	Mike & Priya McGann	Scott Schang	Emily Whittle & John Bowman
Mary Carnell	Jeff McMahon		Marge Wurgel & Keith Mesecher

For more information or to be included in future listings, please contact our office at 760-291-1003 ext 104 or [cedars@tnhf.org](mailto:cedars@tnhf.org).

## HONORING OUR TEACHER, STEPPING INTO THE FUTURE

On January 22, 2022, Thich Nhat Hanh, one of the world's most beloved spiritual leaders, peace activists, and poets took his final in-breath and out-breath.

The funeral and ashes ceremonies broadcast from Hue, Vietnam, were viewed online by hundreds of thousands of people. Tributes poured in from His Holiness the 14th Dalai Lama, former U.S. Vice President Al Gore, United Nations Secretary General Antonio Guterres, former World Bank President Jim Yong Kim, and others. Thay was lauded as a great Zen master, a pioneer of engaged Buddhism in the West, a brilliant scholar, and author of more than 100 books.

But it was Thay's humble presence, gentle smile, and simple way of showing people how to ease their suffering that were recalled most often by everyday practitioners—those who attended his retreats, and those who only recently learned about him through his books or online videos.

"Thich Nhat Hanh's teachings saved my life and my marriage. I will always be grateful and see him everywhere," Melissa Tonisson, a practitioner from Sunnyvale, California, USA, said in a post to the Plum Village Gratitude Page created after Thay's passing. "I will never be the same, and that is a truly wonderful thing!"





## THAY'S GLOBAL IMPACT

Thay's passing, funeral, and cremation ceremonies captured the attention of millions of people worldwide, including international media, political and spiritual leaders, and practitioners who heralded our teacher as "the father of mindfulness" and "the most influential Buddhist teacher of the past fifty years." It also underscored the great hunger there is for Thay's teachings and example as a humble monk, a legacy being carried forward by his monastic community.

### Media Impact During Funeral Ceremonies

- Thay's passing was covered by more than 800 media outlets, including *The New York Times*, *The Guardian*, *BBC*, *HuffPost*, *Al Jazeera*, and others, potentially reaching 1 billion people
- Plum Village YouTube channel had 4.7 million views
- Official Thich Nhat Hanh Facebook page had one million visits and 75,000 new page likes
- TNH Instagram account had 600,000 visits and 130,000 new followers

### The New York Times

#### **Thich Nhat Hanh, Monk, Zen Master and Activist, Dies at 95**

A monk with global influence and an ally of Martin Luther King, he championed what he called "engaged Buddhism," applying its principles in pressing for peace.

Give this article  
   248



Thich Nhat Hanh in his rooms at his temple in Vietnam in 2010. He was exiled from his country after opposing the war there in the 1960s. [Link Page for The New York Times](#)

By Seth Meyers

Published Jan. 21, 2022 Updated Jan. 20, 2022

Thich Nhat Hanh, a Vietnamese Buddhist monk who was one of the world's most influential Zen masters, spreading messages of mindfulness, compassion and nonviolence, died on Saturday at his home in the Tu Hieu Temple in Hue, Vietnam. He was 95.



Artwork by Shu Hui Wong, Melbourne, Australia

### Haiku for Thich Nhat Hanh

by Ben Wisner

My teacher passes.  
 Sun sets on freezing snowscape.  
 Spring seeds sleep below.



*"I cannot begin to express how deeply this man has moved me and shaken my understanding of the world to its core. ... My life is infinitely clearer, more grounded, joyful, calmer, more spacious, more filled with appreciation and gratitude."*

—Tanya Meyer, educator, Mexico City, Mexico

## LIFE AT OUR MONASTERIES IN 2021

Members of our monastic community continued to spend much of 2021 at their practice centers, supporting one another and offering online and some in-person retreats and teachings. We are so grateful to our donors for helping us care for them during this time, and we are delighted to share some of their photos, reflections, and artwork from last year.

*“We would not have survived from the more than two years of closure without you. Dana is a very deep practice of meditation and a real practice of transformation. It teaches us that material resources can be transformed into the energy of wisdom that can bring us to the other shore. Plum Village is a continuation of everyone who has reached out to preserve and grow the community. It is a refuge for healing suffering and a land to cultivate peace and freedom with the insight of Interbeing.”*

—Brother Bao Tang (Brother Treasure), Plum Village France



### PLUM VILLAGE MONASTERY, FRANCE

*“We enjoyed hosting retreats online, reaching out to practitioners who may not have had a chance to physically come to our center. It allowed us to be very creative in how we share the Dharma through talks, presentations, workshops, music, sharing circles, etc. Living among a big monastic ‘family’, the quiet period gave us a chance to learn more about each other through panel sharings, interviews, classes together, and writings from our monastic siblings. We are fortunate to live in a very beautiful part of the world, and we wholeheartedly enjoyed hiking, cycling, playing volleyball, camping (in our own hamlet), and even canoeing.”* —Sister Linh Di, Plum Village, France

#### Listen and Wait

by Sister Linh Di

If you want compassion,  
Offer compassion, however frail.  
If you want wisdom,  
Offer wisdom, however little.  
There is no need to seek  
for it is already within you.  
Waiting to be seen, to be heard  
to bloom and to radiate.



Sacred and rare is the presence of a friend,  
brought together by a multitude of miraculous conditions.  
But what of a blade of dandelion,  
Is she not also sacred and rare?  
Had she not stayed awake through cold nights,  
listening to the teachings of the moon?  
Had she not bore the pain of insect bites,  
yearning to grow, to flower, to come to fruition?  
Had she not waited patiently for the wind,  
waiting for her moment to fly free?



#### May the Smiles from Our Hearts A poem to all Bodhisattvas

Sister Tu Nghiem (Sister Eleni)

May the smiles from our hearts  
Pierce through the clouds  
Of our confusion.

May the smiles from our hearts  
Reach you  
Continuing your path  
With courage and freedom.  
May the smiles from our hearts  
Melt all your obstacles  
So you can serve all beings  
With peace and wisdom

Let the smiles from our hearts  
Encourage you on and on,  
Like the sun  
Shining everywhere  
With warmth and freedom

DEER PARK MONASTERY, CALIFORNIA, USA



For the first time in 17 years, Deer Park Monastery hosted the worldwide Great Precepts Transmission Ceremony in the Plum Village Tradition last October with the theme “Go To The Other Shore.” During the ceremony, Bhikshu and Bhikshuni precepts are transmitted to eligible novice monastics. Some 125 monastics participated, as did monasteries in France, Thailand, and Vietnam via a live broadcast.



Brother Phap Dung (Brother Dharma Embrace) and other monastics enjoy a game of volleyball during last year's Monastic Retreat.

MAGNOLIA GROVE MONASTERY, MISSISSIPPI, USA



Lay practitioners join monastics to celebrate Vesak, marking the birth, enlightenment, and death of the Buddha.

BLUE CLIFF MONASTERY, NEW YORK, USA



Blue Cliff monastics created a popular online series, the Joyful Tofu Cooking Class, during the pandemic.

EUROPEAN INSTITUTE OF APPLIED BUDDHISM, GERMANY



Monastics prepare to enjoy some cake during EIAB's Be-In With Thay Retreat last year.

PLUM VILLAGE, THAILAND



Monastics enjoy a formal breakfast in Plum Village Thailand's Buddha Garden (left); Sister Quang Son (Sister Radiant Mountain) facilitates Dharma sharing during an online retreat.

## TAKING OUR PRACTICE INTO THE WORLD

Because of our commitment to engaged Buddhism, we continue to look for new and innovative ways to share the Three Jewels—the Buddha, the Dharma, and the Sangha—with the world. While engagement remained largely virtual because of COVID-19 in 2021, several of our monks and nuns had opportunities to take teachings on the road.

### ZEN AND THE ART OF SAVING THE PLANET, TED COUNTDOWN, AND COP26



Published in October, *Zen and the Art of Saving the Planet* represents some of Thay's deepest teachings in fresh ways to help us respond mindfully to the accelerating climate crisis and bring healing and harmony to ourselves, our relationships, and the Earth. It also led to a number of engagement opportunities, including a special event sponsored by Stanford University last fall. Sister Hien Nghiem (Sister True Dedication), Brother Phap Huu (Brother Dharma Friend), abbot of Upper Hamlet at Plum Village Monastery in France and longtime attendant of Thay's, and other monastics shared some of the book's lessons along with guided practices.



Each year, world leaders, non-governmental organizations, and climate activists gather for the United Nations Climate Change Conference to forge a global response to the climate emergency.

In 2015, Christiana Figueres, a longtime friend of Thay's, used his teachings to guide the talks leading up to the Paris agreement. And in 2021, for the first time, our monastics were invited to share Dharma talks and meditations to help COP26 participants approach their work from a place of peace and compassion, rather than anger and despair. Brother Phap Dung (Brother Dharma Embrace) from Deer Park Monastery in California and Brother Spirit from Plum Village Monastery in France led guided meditations and met with participants for Dharma sharing and other activities.

*"Mindfulness must be engaged. Once there is seeing, there must be acting. Otherwise, what's the use of seeing?"* —Thich Nhat Hanh, *Peace Is Every Step: The Path of Mindfulness in Everyday Life*

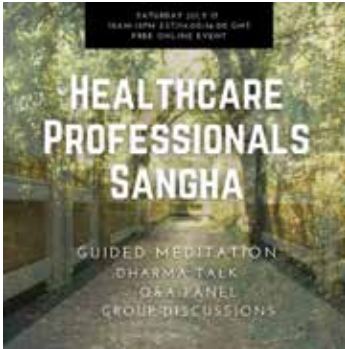


Ahead of the 26th United Nations Climate Change Conference (COP26) in Glasgow, Scotland, last fall, Brother Phap Huu, Brother Spirit, and Sisters True Dedication and Lang Nghiem (Sister Adornment with Heroic March) from Plum Village Monastery in France offered meditations and workshops at the TED Countdown Summit in Edinburgh. Sister True Dedication gave one of the closing TED talks on the main stage, based on *Zen and the Art of Saving the Planet*, that has garnered more than 76,000 views on YouTube.

## DEER PARK ROAD RETREAT

Last summer, when practitioners weren't yet able to visit monasteries, three monks from Deer Park Monastery decided to take the Dharma to them—courtesy of an RV playfully dubbed “Dharma Wheelz.”

With the theme “Happiness is the Way,” Brother Ngo Khong (Brother Freedom), Brother Phap Con (Brother Gem) and Brother Minh Dia (Brother Earth) traveled 4,500 miles over five weeks to visit local Sanghas in ten western states. Participants heard Dharma talks, took part in walking meditation, and enjoyed the company of these three traveling monks.



They and his monastics have long conducted special retreats and outreach activities to support people in particularly stressful and demanding professions, including police officers, teachers (particularly through our Wake Up Schools), business executives, and scientists. Last year, because of the enormous burden put on doctors and nurses across the world by the pandemic, Plum Village Monastery in France hosted a virtual Sangha gathering for healthcare professionals in July, offering a Dharma talk by Sister Tu Nghiem (Sister Adornment with True Loving Kindness), a former nurse, with the aspiration to bring transformation and healing.

## MEDIA ENGAGEMENT

One important and growing way our monastics are sharing the Dharma with the broader world is through the international news media. They are regularly interviewed for newspaper, radio, and television stories; offer our tradition's perspective on popular podcasts; and invite journalists to visit—and sit with—them at our practice centers. While they are often asked to speak about mindfulness, meditation, and similar topics, our monks and nuns are increasingly sought out by the media to offer a Buddhist perspective on climate crisis, wars, acts of violence against members of vulnerable groups, and other news.



Sister Dang Nghiem (better known as Sister D) of Deer Park Monastery joined author Shefali Tsabary and mindfulness teacher Eckhart Tolle in responding to questions posed by people calling in to BBC's World of Wisdom program last August. The panel offered guidance on coping with anxiety, managing the pressures of parenting, and practicing resilience in the face of a protracted pandemic. Sister D and Brother Phap Dung were also guests last year on Dan Harris' popular podcast, *Ten Percent Happier*.

Monasteries are peaceful places. But even the gentle sounds of bells, birds, and rainfall can create challenges for media broadcasting or recording interviews with monastics. Thanks to the support of our donors, Deer Park Monastery was able to build a sound booth last year that allows our monks and nuns to take part in phone and Zoom calls in complete silence.



## CHECKING IN WITH OUR PARTNERS

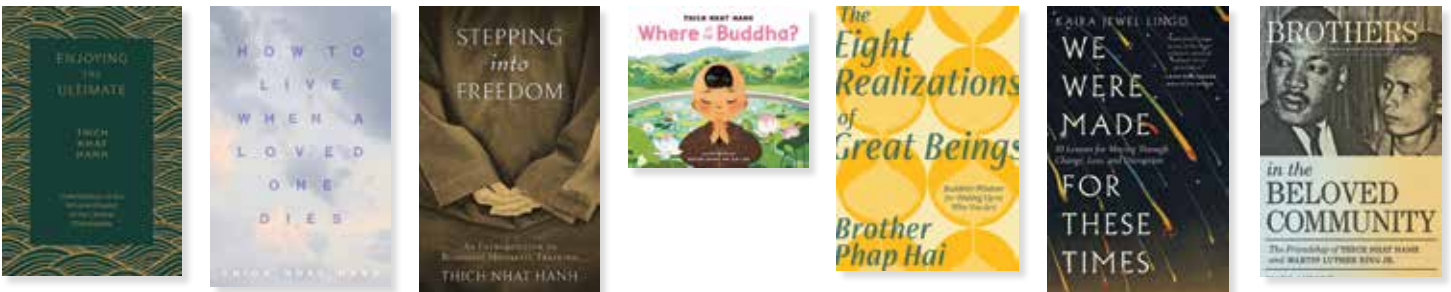


Supporting 36 years of independent publishing on the  
Art of mindful living and engaged buddhism

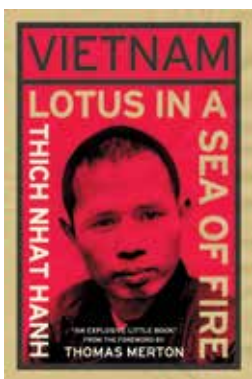
Since Thich Nhat Hanh co-founded Parallax Press in 1986, the press has become a force in Buddhist publishing worldwide. Parallax Press books transmit the teachings of the Plum Village tradition wherever books are sold, from local neighborhood bookstores to online retailers, as well as on its own website, [parallax.org](http://parallax.org), the online Plum Village Shop, and related monastery bookshops. Parallax also donates books to people in prisons in almost every state in the United States. In 2021, Parallax Press continued to work with the Plum Village Editorial Team to bring out new books for our global community of readers interested in mindfulness as a path of peace in ourselves and peace in the world.

- **383,000 BOOKS** sold in 2021 (up from 250,000 in 2020)
- Reaching readers in more than **200 COUNTRIES**
- **336 TITLES** published to date

### 2021 FEATURED TITLES



### LOOK FOR THESE UPCOMING TITLES IN 2022



**The Admonitions and Encouraging Words of Master Guishan** Thich Nhat Hanh

**How to Focus** Thich Nhat Hanh

**Vietnam: Lotus in a Sea of Fire** Thich Nhat Hanh

**Present Moment, Wonderful Moment Revised Edition** Thich Nhat Hanh

**Love in Action (Second Edition)** Thich Nhat Hanh

**Call Me By My True Names (2022 Edition)** Thich Nhat Hanh with a foreword by Ocean Vuong

**How to Live Journal** Thich Nhat Hanh

**The Bodhisattva Path** Thich Nhat Hanh

**Our Earth, Our Home** Kai Sawyer

**Heal Your Living** Youheum Son

**We Are All Flowers** Orlaith O'Sullivan

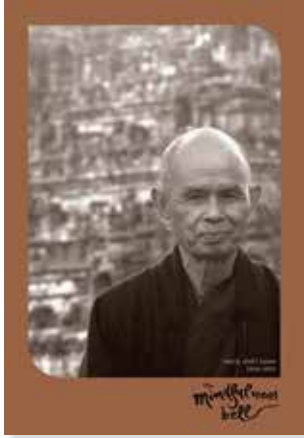
**A Culture of Happiness** Tho Ha Vinh, PhD

**Where Did Poppy Go?** Gail Silver

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- Almost **3,000 subscribers**
- **32 years** of magazine issues since 1990



The *Mindfulness Bell* is the official journal on the art of mindful living in the Plum Village tradition.

Each issue includes:

- Teachings from Thich Nhat Hanh
- Offerings from International Plum Village monastics and lay Dharma teachers
- Practices for children and families
- Methods to build mindfulness and foster peace in daily life

Building on the work to unify *The Mindfulness Bell* with Parallax Press to form a cohesive publishing team for the International Plum Village Community in 2020, the *Mindfulness Bell* team published issues 86, 87, and 88 in 2021. Marketing coordinator Heather Weightman expanded her role to cover managing editor duties and Parallax staff and interns took part in preparing *The Mindfulness Bell's* 2022 issues.



Launched in 2018, the Plum Village App is a free mindfulness tool developed by our community so that friends can practice with Thich Nhat Hanh and International Plum Village monastics. It is another meaningful step toward realizing Thay's vision of an online monastery.

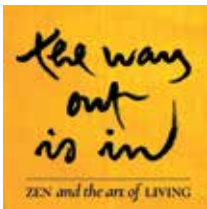
The app features:

- An ever-growing selection of meditations and Dharma talks
- A bell of mindfulness people can set for intervals throughout the day
- Key texts, sutras, and discourses
- Chants and songs
- And more

The app recently added much more content in Vietnamese, French, and Spanish, so look for localized versions of the app soon to deliver content in your preferred language! To download the free app, check your mobile app store or visit [plumvillage.app](http://plumvillage.app).

- More than **500,000 downloads** to date
- More than **500 people** use the app each hour
- More than **300,000 active users** in the past year

*"Meditation and mindfulness should be as accessible, loving and easy as this app. My life has become ever so peaceful and loving from practicing the beautiful meditations, contemplations and all on this app. I'm forever grateful it arrived on my path. Thank you."*  
 – Michelle Wareham, Google Play review



Launched last summer, *The Way Out is In* podcast is aimed at helping listeners transcend their fear and anger so that they can be more engaged in the world in a way that develops love and compassion. The show is hosted by Brother Phap Huu, Thay's personal attendant for 17 years and abbot of Upper Hamlet in Plum Village France, and Thich Nhat Hanh Foundation Board member Jo Confino, who works at the intersection of

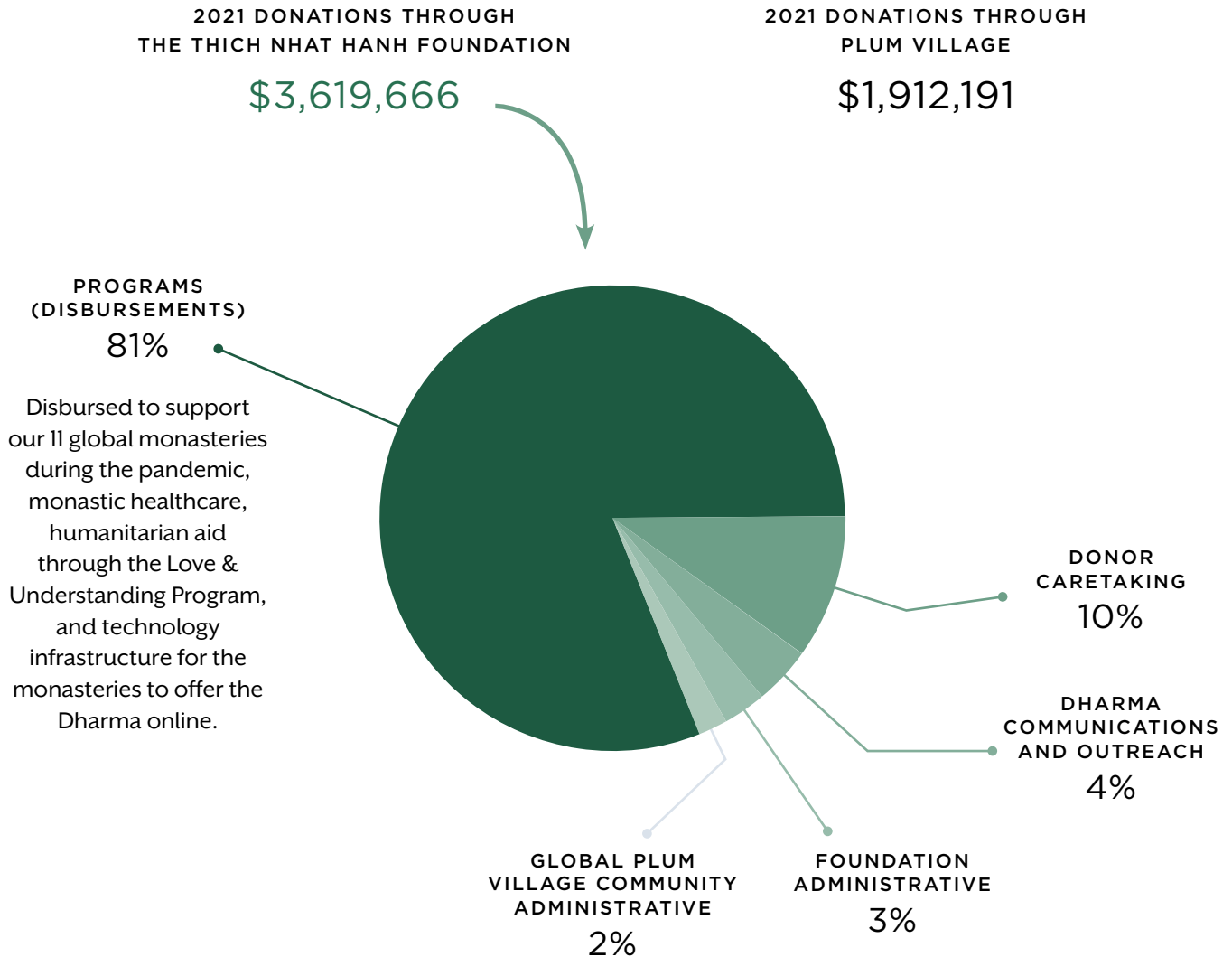
personal transformation and systems change. Guests have included members of the monastic community, author and climate advocate Joanna Macy, author and mindfulness teacher Karia Jewel Lingo, and others.

*The Way Out is In* is co-produced by the Plum Village App and Global Optimism, with support from donors to the Thich Nhat Hanh Foundation.

- **18 episodes** produced in 2021
- One of the **most popular podcasts** worldwide in the Buddhist category on Spotify, Apple Podcasts, and other podcast apps and services
- **Tens of thousands** of listeners tune in to each episode

# FINANCIAL CARETAKING

At the Thich Nhat Hanh Foundation, we value the trust and commitment you have given us to be the financial caretakers of your donations. Please know we are mindful of every expense to ensure your funds go toward the greatest benefit.



During the pandemic the Thich Nhat Hanh Foundation absorbed more of the costs for fundraising, communication and administrative expenses for the International Plum Village Community.

*"Practicing generosity means continually acting in a way that will help equalize the difference between the wealthy and the impoverished. Whatever we do to ease human suffering and create social justice can be considered practicing generosity."*

—THICH NHAT HANH IN *TWO TREASURES: BUDDHIST TEACHINGS ON AWAKENING AND TRUE HAPPINESS*



## GOING AS A RIVER

### THE MANY FACETS OF OUR GLOBAL COMMUNITY

The Thich Nhat Hanh Foundation is the fundraising arm and a communications hub for our International Plum Village Community. The Plum Village tradition also inspires over one thousand separate local Sanghas throughout the world. We encourage you to visit the various websites of the International Plum Village Community to learn more about the nourishing work our community is doing.

#### INTERNATIONAL PLUM VILLAGE COMMUNITY

MINDFULNESS PRACTICE CENTERS			INITIATIVES		PUBLISHING
UNITED STATES	EUROPE	ASIA / AUSTRALIA	Thich Nhat Hanh Foundation <a href="http://tnhf.org">tnhf.org</a>	Love & Understanding Program <a href="http://tnhf.org">tnhf.org</a>	Parallax Press <a href="http://parallax.org">parallax.org</a>
Blue Cliff Monastery, New York <a href="http://bluecliffmonastery.org">bluecliffmonastery.org</a>	Plum Village Monastery, France <a href="http://plumvillage.org">plumvillage.org</a>	Thai Plum Village, Thailand <a href="http://thaiplumvillage.org">thaiplumvillage.org</a>	Wake Up <a href="http://wkup.org">wkup.org</a>	Wake Up Deer Park Schools <a href="http://wakeupschools.org">wakeupschools.org</a>	The Mindfulness Bell <a href="http://mindfulnessbell.org">mindfulnessbell.org</a>
Deer Park Monastery, California <a href="http://deerparkmonastery.org">deerparkmonastery.org</a>	Maison De L'inspir, France <a href="http://maisondelinspir.org">maisondelinspir.org</a>	Asian Institute Of Applied Buddhism, Hong Kong <a href="http://pvfhk.org">pvfhk.org</a>	Earth Holder Community <a href="http://earthholder.training">earthholder.training</a>	Awakening Through Race, Intersectionality, & Social Equity (Arise) <a href="http://arisesangha.org">arisesangha.org</a>	
Magnolia Grove Monastery, Mississippi <a href="http://magnoliagrove monastery.org">magnoliagrove monastery.org</a>	Healing Spring Monastery, France <a href="http://healingspring monastery.org">healingspring monastery.org</a>	Stream Entering Meditation Center, Australia <a href="http://nhapluu.org">nhapluu.org</a>			
	European Institute of Applied Buddhism, Germany <a href="http://eiab.eu">eiab.eu</a>	Mountain Spring Monastery, Australia <a href="http://mountainspring monastery.org">mountainspring monastery.org</a>			

## MARKING 10 YEARS, MEETING NEW CHALLENGES



Thay, Sister Chan Khong, and senior monastics approved the creation of the Thich Nhat Hanh Foundation 10 years ago to carry on their fundraising to support the International Plum Village Community well into the 21st century.

That challenge has grown increasingly complex over the past decade. While our monastics live simply, the cost of building and maintaining facilities at 11 monasteries and supporting Dharma engagement activities is accelerating.

So with the aspiration to “go as a river,” the foundation has worked to coordinate funding priorities; improve administrative efficiencies; develop effective channels of communication; and provide staffing support for monastic outreach activities. Here are some milestones and highlights of the foundation’s work over the past decade.

### Foundation Milestones

- Supported Thay and monastic U.S. teaching tours in 2013, 2015, and 2017
- Hired a full-time executive director (Denise Nguyen) in 2016
- Raised funds to support creation of film *Walk With Me*, one of the most successful feature documentaries released in 2017
- Brought Parallax Press and *The Mindfulness Bell* under the governance of the foundation’s board in 2021
- Provided communication coordination and technical support for global events like the 2020 Lion’s Roar Online Summit, “In the Footsteps of Thich Nhat Hanh,” and secured donor support for the production and release of *A Cloud Never Dies* in 2022
- Led 2021 initiative to develop a roadmap for technology to support and amplify the work of our monastics over the next decade
- Provided Diversity, Equity, and Inclusion training for foundation board and team members in 2021



### BOARD

- Sister Hoa Nghiem (Blue Cliff Monastery, New York, USA)
- Sister Dac Nghiem (Deer Park Monastery, California, USA)
- Brother Phap Khong (Deer Park Monastery, California, USA)
- Sister Hoc Nghiem (Magnolia Grove Monastery, Mississippi, USA)
- Brother Ngo Khong (Deer Park Monastery, California, USA)
- Brother Troi Sang To (Magnolia Grove Monastery, Mississippi, USA)
- Bruce Campbell (Colorado, USA)
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- Ron Forster (California, USA)
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- Judith Kendra (United Kingdom)
- Minh-Châu Lê (New York, USA)
- Loan Nguyen (New York, USA)
- Jim Tillman (Louisiana, USA)

### FOUNDATION TEAM

- Denise Nguyen, Executive Director (California, USA)
- Christina Walker, Global Giving Director (Florida, USA)
- Stephen Pradarelli, Communications Director (Iowa, USA)
- Bobbi Perez, Annual Giving Manager (Idaho, USA)
- Tram Nguyen, Fund Development Associate (California, USA)
- Phi Le, Database Contractor (California, USA)
- Liesbet Vannyvel, European Fundraising Manager (France)
- Eileen Parle, Fundraising and Database Associate (Spain)

## THANK YOU!

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We are so grateful to all of our generous supporters who made it possible for our practice centers to continue bringing peace, joy, and transformation to thousands of people in 2021. You have planted the seeds for greater harmony, healing, and compassionate communication in every realm of our individual and collective lives. With your support, we can continue to care for our societies and our earth, creating the conditions for a future to be possible.

### CONTACT US

For general inquiries, please contact [info@tnhf.org](mailto:info@tnhf.org)  
For inquiries about your donation, please contact [giving@tnhf.org](mailto:giving@tnhf.org)

**Thich Nhat Hanh Foundation**  
2499 Melru Lane, Escondido, CA 92026  
760-291-1003 ext 104

### HOW TO CONNECT



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[youtube.com/PlumVillage](https://youtube.com/PlumVillage)



The Raft newsletter is a partnership with our International Plum Village monasteries, Parallax Press, and the Plum Village App. Emailed every two weeks, each issue brings you rich Dharma talks, guided meditations, poems, artwork, retreat information, and other Sangha news. To subscribe, please visit [tnhf.org/the-raft](https://tnhf.org/the-raft).

### DONATE

To make an online donation or learn about other ways to give, visit [tnhf.org/donate](https://tnhf.org/donate).

### LEAVE A LEGACY — JOIN THE CEDAR SOCIETY

Leaving a legacy gift is easy. To name the Thich Nhat Hanh Foundation in your estate plan or to learn more, please contact Christina Walker, our Global Giving Director, at 760-291-1003 ext 104 or [cedars@tnhf.org](mailto:cedars@tnhf.org).

### OFFER A GIFT OF STOCK

To leave a gift of stock, please contact Bobbi Perez, our Annual Giving Manager, at [bobbi@tnhf.org](mailto:bobbi@tnhf.org) or (415) 322-0101.

The Thich Nhat Hanh Foundation is a division of the Plum Village Community of Engaged Buddhism, a 501(c)(3) organization.

*The Thich Nhat Hanh Foundation offers a deep bow of gratitude to the many people whose beautiful photography was used in this publication, including Jerome Cabeen ([jeromecabeenphotography.com](https://jeromecabeenphotography.com)) and Paul Davis for images of the Magnolia Grove Monastery Ashes Ceremony, as well as many monastic and lay friends around the world.*

I am not in here.

I am not out there, either.

If I am anywhere, it is in your mindful  
breathing and in your peaceful steps.

In his book, *At Home in the World: Stories & Essential Teachings from a Monk's Life* (2015), Thay wrote that after his death he did not want his ashes kept in a stupa. If they were, he said, he insisted that a sign bearing these words be placed upon it.



THICH NHAT HANH FOUNDATION

*planting seeds of Compassion*

PART OF THE INTERNATIONAL PLUM VILLAGE COMMUNITY

2499 MELRU LANE, ESCONDIDO, CA 92026  
TNHF.ORG • INFO@TNHF.ORG