

WINTER CSA 2016-17 WEEK 7

Happy new year!!

Hope you all had a great holiday season-- don't forget CSA deliveries

resume this week!

IN YOUR VEGGIE BOXES THIS WEEK

*Disclaimer: this list is always what you will *likely* receive in your boxes this week. The contents can always change according to the actual harvest.*

Regular box:

- Carrots- [Mountain Bounty Farm](#), Nevada City, CA
- Festival Squash- [Mountain Bounty Farm](#), Nevada City, CA
- Potatoes- [Mountain Bounty Farm](#), Nevada City, CA
- Beets- [Coke Farm](#), San Juan Bautista, CA
- Fennel- [Coke Farm](#), San Juan Bautista, CA
- Garlic- [Pinnacle Organics](#), San Juan Bautista CA
- Onions- [Pinnacle Organics](#), San Juan Bautista CA
- Swiss Chard- [Pinnacle Organics](#), San Juan Bautista CA
- Baby Bok Choi- [Coke Farm](#), San Juan Bautista, CA
- Brussels sprouts- [Pinnacle Organics](#), San Juan Bautista CA

Small Box

- Carrots- [Mountain Bounty Farm](#), Nevada City, CA

- Festival Squash- [Mountain Bounty Farm](#), Nevada City, CA
- Potatoes- [Mountain Bounty Farm](#), Nevada City, CA
- Beets- [Coke Farm](#), San Juan Bautista, CA
- Fennel- [Coke Farm](#), San Juan Bautista, CA
- Garlic- [Pinnacle Organics](#), San Juan Bautista CA
- Onions- [Pinnacle Organics](#), San Juan Bautista CA
- Swiss Chard- [Pinnacle Organics](#), San Juan Bautista CA

FRUIT SHARE NEWS

This week we have local kiwis again from Triple B Ranch in Gridley, Pink Lady apples from Smith Orchards and Cara Cara pink navel oranges (delicious!) from Lee Family Farms. Check out the recipe section below for a fantastic apple pie recipe!

Enjoy,

Greg and Sherry Lewis, Sunset Ridge Fine Fruits

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Organic mandarins, oranges, lemons, grapefruits, apricots, apples, plums, Asian pears, pomegranates, and more.

RECIPES

Recipes may sometimes call for more or less of a certain item in your boxes, or a fresh herb or other ingredient you might not have on hand. The key to enjoy eating locally and seasonally is in learning to adapt recipes and make delicious food with what you have on hand... if you get stuck, give me a call and I'll help you figure it out! ~Mielle [\(530\) 292-3776](tel:(530)292-3776)

FESTIVAL SQUASH

With festive green, orange, and yellow stripes and specks, the Festival Squash, also known as Carnival Squash, is a fall celebration! Roast it with butter and spices such as ginger, garlic, cinnamon, or pepper to bring out the rich, nutty, sweet flavors. Also makes good soup!

- [Baked Festival Squash](#)

FENNEL & CARROTS

You'll have to find some chestnuts and creme fraiche for the great soup... use a different roasted nut and sour cream if those are hard to find!

- [Fennel Carrot Soup](#)

APPLES

This recipe applies a very scientific method to figure out how to make the "very best apple pie"-- let us know if you try it out, and what you think!

- [Best Apple Pie Recipe](#)

CARA CARA ORANGES

This curd is so delicious on a piece of toast, in a tart or muffins, or just by the spoonful for a tasty treat!

- [Cara Cara Orange Curd](#)

Get this recipe started now and you'll have a very fancy cocktail ready for Valentine's Day!

- [Cara Cara Citrus Liqueur](#)

HELPFUL MEMBER LINKS

[Current Members](#)

(link to our website page for all your membership needs)

[Pickup Sites Information](#)

(addresses & details)

[Winter 2016 Welcome Letter](#)

(policies & instructions)

[Partner Calendar](#)

(to help coordinate pickups between shared accounts)

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Mountain Bounty Farm

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