

WINTER CSA 2016-17 WEEK 5

Don't forget to pickup your CSA order this week~

Mark your calendars, Mountain Bounty is closed from December 19 - January 1.

**NEXT WEEK is the final delivery in December.
Your next pickup after December 14 is January 4, 2017.**

EXCLUSIVE: MEDIUM ROASTED CHILI SALSA SALE

To order or ask questions contact Kali at kali.feiereisel@gmail.com.

We have another opportunity for CSA members to buy cases of Angie's famous Medium Roasted Chili Salsa! This delicious salsa has been revered by generations of Mountain Bounty farmers, friends and family and now we're making it available to our CSA members. All organic ingredients straight from the farm plus classy, non-BPA Weck jars which are reusable and make wonderful, stackable cups.

We're excited to offer this one more time before the holidays. Stock up on this one-of-a-kind gift and you'll have jars to bring to holiday parties, use for stocking stuffers, and so much more. Gift giving made easy!

Hurry!

Orders must be prepaid before next Monday, December 12th.

Each case of 12 (9.8 oz) jars is \$120, and will be delivered to your normal CSA drop site on our last December delivery, next Wednesday, 12/14/16. The salsa is shelf stable (before opening) and will store for over a year in a pantry or cupboard.

To order or ask questions contact Kali at kali.feiereisel@gmail.com.

IN YOUR VEGGIE BOXES THIS WEEK

*Disclaimer: this list is always what you will *likely* receive in your boxes this week. The contents can always change according to the actual harvest.*

Regular box:

- Spaghetti Squash- [Mountain Bounty Farm](#), Nevada City, CA
- Braising Mix- [Mountain Bounty Farm](#), Nevada City, CA

- Rainbow Chard- [Mountain Bounty Farm](#), Nevada City, CA
- Lettuce- [Mountain Bounty Farm](#), Nevada City, CA
- Cauliflower- [Coke Farm](#), San Juan Bautista, CA
- Dill- [Coke Farm](#), San Juan Bautista, CA
- Shallots- [Coke Farm](#), San Juan Bautista, CA
- Celery- [Pinnacle Organics](#), San Juan Bautista CA
- Golden Beets- [Terra Firma Farm](#), Winters, CA
- Spinach- [Full Belly Farm](#), Guinda, CA

Small Box:

- Spaghetti Squash- [Mountain Bounty Farm](#), Nevada City, CA
- Rainbow Chard- [Mountain Bounty Farm](#), Nevada City, CA
- Lettuce- [Mountain Bounty Farm](#), Nevada City, CA
- Cauliflower- [Coke Farm](#), San Juan Bautista, CA
- Dill- [Coke Farm](#), San Juan Bautista, CA
- Shallots- [Coke Farm](#), San Juan Bautista, CA
- Spinach- [Full Belly Farm](#), Guinda, CA

FRUIT SHARE NEWS

This week we have local kiwis again from Triple B Ranch in Gridley, Fuyu persimmons from Lee Family Farms, and our Satsuma mandarins from Sunset Ridge. We're hoping to see some nice apples soon to include in your fruit shares!

The next Orchard Days will be on December 17 & 18 at our farm. We'll be selling our pulled pork ranch beans for lunch with Mandarin Wheat beer tasting from Loomis Basin Brewing. We will also have live music and of

course U-pick is available if you want to harvest fruit in the orchard.

We hope to see you soon!

Enjoy,

Greg and Sherry Lewis, Sunset Ridge Fine Fruits

sunsetridge@gotmandarins.com . (916) 663-9158

Organic mandarins, oranges, lemons, grapefruits, apricots, apples, plums, Asian pears, pomegranates, and more.

RECIPES

Recipes may sometimes call for more or less of a certain item in your boxes, or a fresh herb or other ingredient you might not have on hand. The key to enjoy eating locally and seasonally is in learning to adapt recipes and make delicious food with what you have on hand... if you get stuck, give me a call and I'll help you figure it out! ~Mielle [\(530\) 292-3776](tel:5302923776)

BEETS, CAULIFLOWER, DILL

Beets and dill, a match made in heaven. This soup is going to look so beautiful with golden beets!

- [Beet & Cauliflower Soup with Dill](#)
- [Golden Beet Salad with Dill](#)

SPAGHETTI SQUASH, GREENS AND GREENS

So many greens this week! Use them to make pesto (below), and then saute some more to serve with these delicious roasted squash recipes:

- [Garlicky Brown Butter Roasted Spaghetti Squash with Greens & Hazelnuts](#)

(Feel free to sub shallots for the garlic!)

- [Spinach, Kale and Spaghetti Squash Fritters](#) (use chard or braising mix for kale)

Pesto is not just for basil! Adapt the recipe below with spinach or any mixed greens — broccoli even! — and hearty greens like kale, chard, collards and rapini. Even the tops of roots like carrots, beets, and radishes can be pureed with nuts and cheese into a delicious winter sauce for your spaghetti squash or pasta:

- [Winter Greens Pesto](#)

HELPFUL MEMBER LINKS

[Current Members](#)

(link to our website page for all your membership needs)

[Pickup Sites Information](#)

(addresses & details)

[Winter 2016 Welcome Letter](#)

(policies & instructions)

[Partner Calendar](#)

(to help coordinate pickups between shared accounts)

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Mountain Bounty Farm

[\(530\)292-3776](tel:5302923776)

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