

WINTER CSA 2016-17 WEEK 2

MOUNTAIN BOUNTY FARM VEGGIE BOX NEWS

Dear Farm Members,

Don't forget to pickup your CSA order this week~ and check out the salsa offer below! *As a reminder, we DO DELIVER as usual next week for Thanksgiving.*

For your holiday menu planning, we wanted to offer a hint about what you might expect from your CSA veggie boxes next week. Most of the produce will come from our farm here in Nevada City, and will probably include butternut squash, potatoes, leeks, carrots, rosemary, and greens of some sort. There may also be onion, garlic, arugula, escarole, kale, and/or salad mix though nothing is certain yet. The fruit share will be all mandarins. We'll send next week's newsletter as early as possible so you can get a head start on your preparations.

EXCLUSIVE: ROASTED CHILI SALSA SALE

To order or ask questions contact Kali at kali.feiereisel@gmail.com.

Exciting News, we're selling our famous Roasted Chili Salsa!! Angie's salsa has been revered by generations of Mountain Bounty farmers, friends and family and finally we're making it available by the case to our local CSA members! All organic ingredients straight from the farm plus classy, non-BPA Weck jars which are reusable and make wonderful, stackable cups.

We're excited to offer this to you just before the holidays. Stock up on this one-of-a-kind gift and you'll have jars to bring to holiday parties, use for stocking stuffers, and so much more. Gift-giving made easy.

Hurry!

Orders must be prepaid before next Monday, November 21. Each case of 12 jars is \$120, and will be delivered to your normal CSA drop site *next* Wednesday, November 23rd. To order or ask questions contact Kali at kali.feiereisel@gmail.com.

IN YOUR VEGGIE BOXES THIS WEEK

*Disclaimer: this list is always what you will *likely* receive in your boxes this week. The contents can always change according to the actual harvest.*

REGULAR BOX:

- Radish-MBF
- Sweet Potatoes-MBF
- Lettuce-MBF
- Napa cabbage-MBF
- Red Onion-MBF
- Red Beets-Riverdog
- Collards-Riverdog
- Parsnips-Pinnacle
- Garlic-Pinnacle
- Celery-Pinnacle
- Italian Parsley- Pinnacle

SMALL BOX:

- Radish-MBF
- Sweet Potatoes-MBF
- Lettuce-MBF
- Napa cabbage-MBF
- Red Onion-MBF

- Red Beets-Riverdog
- Parsnips-Pinnacle
- Italian Parsley- Pinnacle

FRUIT SHARE NEWS

This week we'll bring you our Satsuma mandarins again, Fuyu persimmons, and juicy red pomegranates. For your menu planning, next week's fruit CSA will be a full bag of mandarins, perfect for the holiday table!

If you would like extra mandarins for the holiday season you can contact us for special orders. We ship our fruit all over the country.

The annual Mountain Mandarin Festival is this weekend, Nov. 18th - 20th at the Gold Country Fairgrounds in Auburn, CA. Our booth is near the main stage this year. We are also excited to host Orchard Days on December 3/4 and December 17/18 at our farm. On these weekends we'll be selling our pulled pork ranch beans for lunch with Mandarin Wheat beer tasting from Loomis Basin Brewing. We will also have live music and of course U-pick is available if you want to harvest your own fruit in the orchard.

We hope to see you soon!
Enjoy,

Greg and Sherry Lewis
Sunset Ridge Fine Fruits
sunsetridge@gotmandarins.com
(916) 663-9158

Organic mandarins, oranges, lemons, grapefruits, apricots, apples, plums, Asian pears, pomegranates, and more.

RECIPES

Recipes may sometimes call for more or less of a certain item in your boxes, or a fresh herb or other ingredient you might not have on hand. The key to enjoy eating locally and seasonally is in learning to adapt recipes and make delicious food with what you have on hand... if you get stuck, give me a call and I'll help you figure it out! ~Mielle [\(530\) 292-3776](tel:5302923776)

BEETS , PARSNIPS, SWEET POTATOES

These roots make for a fantastic plate of healthier, prettier "french fries"! Try one of the recipes below, with ketchup or one of the dips

- [Baked Root Veggie Fries](#)
- [Oven-Baked Veggie Fries, 5 Ways](#)
- [Addictive Parsnip Fries with Truffle Oil](#)

And here's a delicious dipping sauce if you want something more grown-up than ketchup; try it with your radishes too!

- [Caper-Parsley Aioli](#)

RADISHES, NAPA CABBAGE, ONION

This salad can be modified if you're out of carrots, just omit or use your beets for a bright red slaw!

- [Radish & Napa Cabbage Slaw](#)
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HELPFUL MEMBER LINKS

[Current Members](#)

(link to our website page for all your membership needs)

[Pickup Sites Information](#)

(addresses & details)

[Winter 2016 Welcome Letter](#)

(policies & instructions)

[Partner Calendar](#)

(to help coordinate pickups between shared accounts)

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Mountain Bounty Farm

[\(530\)292-3776](tel:5302923776)

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