

# WINTER CSA 2016-17 WEEK 3

Don't forget to pickup your CSA order this week~ and order salsa today if you want it this week!

## MOUNTAIN BOUNTY FARM VEGGIE BOX NEWS

Dear Farm Members,

Our intention for this week was to have as much produce from our Mountain Bounty fields as possible. As such we have been planning the last few weeks with this in mind. With the exception of garlic, everything this week was grown by us. The garlic is from Pinnacle Farms in San Juan Bautista. We are happy to provide a large offering of potatoes and winter salad materials for both boxes, and carrots in the regular box, with Thanksgiving feasts in mind.

Have a great holiday,

Farmer Jake  
Mountain Bounty Farm  
[\(530\)292-3776](tel:5302923776)  
[mountainbountyfarm.com](http://mountainbountyfarm.com)

## **EXCLUSIVE: ROASTED CHILI SALSA SALE**

Hurry!

**Orders for this week must be prepaid before the end of today.**

Each case of 12 jars is \$120, and will be delivered to your normal CSA drop site this week. To order or ask questions contact Kali at [kali.feiereisel@gmail.com](mailto:kali.feiereisel@gmail.com).

Angie's famous Roasted Chili Salsa has been revered by generations of Mountain Bounty farmers, friends and family and now it's available by the case for our local CSA members. All organic ingredients straight from the farm, canned in classy, non-BPA Weck jars which are reusable and make wonderful, stackable cups. The salsa is shelf stable for up to a year so stock up on this one-of-a-kind gift. Handy for hostess gifts, stocking stuffers, and so much more. Gift-giving made easy.

## **IN YOUR VEGGIE BOXES THIS WEEK**

***Disclaimer:** these lists are what you will \*likely\* receive in your boxes this week. The contents can always change according to the actual harvest.*

### **REGULAR BOX:**

- Butternut or Kabocha- MBF
- Potatoes- MBF
- Leeks- MBF
- Onions- MBF
- Escarole- MBF
- Rosemary- MBF
- Carrots- MBF
- Arugula- MBF

- Braising mix- MBF-- very tender mix of mustards, mizuna and baby kale, this will be great for salad or cook very lightly.
- Garlic- [Pinnacle Organics](#), San Juan Bautista CA

**SMALL BOX:**

- Butternut or Kabocha- MBF
- Potatoes- MBF
- Leeks- MBF
- Onions- MBF
- Escarole- MBF
- Rosemary- MBF
- Braising mix- MBF-- very tender mix of mustards, mizuna and baby kale, this will be great for salad or cook very lightly.

**FRUIT SHARE NEWS**

This week's fruit share is a full ten pound bag of our delicious Satsuma mandarins. Great for gifts, juice, snacks, and beautiful on the holiday table this week. If you would like extra mandarins for the holiday season you can contact us for special orders. We ship our fruit all over the country.

We hope you'll join us for Orchard Days on December 3 & 4 and December 17 & 18 at our farm. On these weekends we'll be selling our pulled pork ranch beans for lunch with Mandarin Wheat beer tasting from Loomis Basin Brewing. We will also have live music and of course U-pick is available if you want to harvest your own fruit in the orchard.

We hope to see you soon!  
Enjoy,

Greg and Sherry Lewis  
Sunset Ridge Fine Fruits

[sunsetridge@gotmandarins.com](mailto:sunsetridge@gotmandarins.com)

(916) 663-9158 *Organic mandarins, oranges, lemons, grapefruits, apricots, apples, plums, Asian pears, pomegranates, and more.*

## RECIPES

*Recipes may sometimes call for more or less of a certain item in your boxes, or a fresh herb or other ingredient you might not have on hand. The key to enjoy eating locally and seasonally is in learning to adapt recipes and make delicious food with what you have on hand... if you get stuck, give me a call and I'll help you figure it out! ~Mielle [\(530\) 292-3776](tel:5302923776)*

### BUTTERNUT OR KABOCHA

Such flexible, sweet and delicious winter squash! If you haven't decided on your orange-colored side dish yet, consider one of these:

- [Butternut "Pumpkin" Pie](#)
- [Maple-Roasted Butternut Squash with Pancetta and Sage](#)
- [Hasselback Butternut Squash with Bay Leaves](#)

### LEEKs, GARLIC, POTATOES

- [Golden Mashed Potatoes with Leeks and Sour Cream](#)
- [Best Damn Vegan Mashed Potatoes](#)
- 

Hasselback is so trendy this holiday season! Here's one for the potatoes:

- [Cheesy Hasselback Potato Gratin](#)

### ESCAROLE, MANDARINS, ROSEMARY

This salad looks delish!

- [Burnt Orange Escarole Salad](#)

And of course you'll add mandarin juice to your cranberry sauce, but here's a unique one if you want something a little different:

- [Fresh Orange-Cranberry Sauce with Walnuts](#)

## HELPFUL MEMBER LINKS

### [Current Members](#)

*(link to our website page for all your membership needs)*

### [Pickup Sites Information](#)

*(addresses & details)*

### [Winter 2016 Welcome Letter](#)

*(policies & instructions)*

### [Partner Calendar](#)

*(to help coordinate pickups between shared accounts)*

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**Mountain Bounty Farm**

[\(530\)292-3776](tel:(530)292-3776)

[www.mountainbountyfarm.com](http://www.mountainbountyfarm.com)

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