

WINTER CSA 2016-17 WEEK 12

Don't forget to pickup your CSA tomorrow~

MOUNTAIN BOUNTY FARM NEWS

I can't believe we are already into week 12 of our winter share! Although we are going to get some heavy winter rains this week, we have recently gotten a few hints of spring. The birds and frogs have been chirping, the sun is inching its way higher into the sky, and Angie's anemones are starting to bloom.

We have been working to get ready for the spring and summer farming season. Our propagation house is quickly filling up with baby plants and the hoop houses are being prepped for onions and spring greens. This is also a great time of year for us to organize the farm and to finish projects that get left unattended during the summer rush.

The recent heavy rain and cold weather has made it difficult for many of our farming partners to keep their greens in good shape, particularly lettuce. This has also meant that they have had a hard time getting into their fields to plant for the spring. Fortunately, we are able to work with farms like Full Belly in the Capay valley, who are able to provide us with broccoli this week. That is no easy feat in February! Potatoes and our super sweet carrots continue to be a staple from us at Mountain Bounty during these hard growing months.

Thanks for eating seasonally, and supporting your local and regional food producers!

Jake Benedict

Mark your calendar:

Early-bird discount renewals for Summer Shares begin February 20!

More info to come...

Valentine's Day is next week!



Little Boy Flowers' special Early Spring Bulb Share is an incredible gift for someone special. Featuring 8 weeks of Angie's favorites, these flowers are the earliest and best blooms of the season. Bouquets are straight bunch style, easy to separate and share with others or spread around your home or business. Anemones, ranunculus, tulips, hyacinths and Icelandic poppies, to name a few.

To place a gift order, give us a call at (530) 292-3776 or reply to this email. We can send you a beautiful gift card to present on the special day. Deliveries begin when the flowers are ready, around March 1.

Valentine's Day flower popup flowershop

Wrapped bouquets, loose blooms, and custom pieces.

Tuesday, Feb. 14

11:00am - 5:30pm at Kitkitdizzi, 219 Broad Street, Nevada City

IN YOUR VEGGIE BOXES THIS WEEK

*Disclaimer: this list is always what you will *likely* receive in your boxes this week. The contents can always change according to the actual harvest.*

Regular box:

- Potatoes- [Mountain Bounty Farm](#), Nevada City, CA
- Carrots- [Mountain Bounty Farm](#), Nevada City, CA
- Rosemary- [Mountain Bounty Farm](#), Nevada City, CA
- Watermelon Radish- [Full Belly Farm](#), Guinda, CA
- Broccoli- [Full Belly Farm](#), Guinda, CA
- Spinach- [Coke Farm](#), San Juan Bautista, CA
- Green Kale- [Coke Farm](#), San Juan Bautista, CA
- Brussels Sprouts- [Coke Farm](#), San Juan Bautista, CA
- Yellow Onions- [Pinnacle Organics](#), San Juan Bautista, CA
- Celeriac- [Pinnacle Organics](#), San Juan Bautista, CA

Small Box

- Potatoes- [Mountain Bounty Farm](#), Nevada City, CA
- Watermelon Radish- [Full Belly Farm](#), Guinda, CA
- Broccoli- [Full Belly Farm](#), Guinda, CA
- Green Kale- [Coke Farm](#), San Juan Bautista, CA
- Brussels Sprouts- [Coke Farm](#), San Juan Bautista, CA
- Yellow Onions- [Pinnacle Organics](#), San Juan Bautista, CA
- Celeriac- [Pinnacle Organics](#), San Juan Bautista, CA

FRUIT SHARE NEWS

This week we're bringing more kiwis from Triple B Ranch, Navel oranges from our trees, and Fuji apples from Smit Orchards. Hope everyone's enjoying the wonderful sunny taste of these winter fruits!

Enjoy,

Greg and Sherry Lewis, Sunset Ridge Fine Fruits
sunsetridge@gotmandarins.com . [\(916\) 663-9158](tel:(916)663-9158)

Organic mandarins, oranges, lemons, grapefruits, apricots, apples, plums, Asian pears, pomegranates, and more.

RECIPES

Recipes may sometimes call for more or less of a certain item in your boxes, or a fresh herb or other ingredient you might not have on hand. The key to enjoy eating locally and seasonally is in learning to adapt recipes and make delicious food with what you have on hand... if you get stuck, give me a call and I'll help you figure it out! ~Mielle [\(530\) 292-3776](tel:(530)292-3776)

CELERIAC

Also called celery root, this knobby, bulbous root vegetable will not win any awards for beauty, but its distinctive flavor—like a cross between celery and parsley—is too good to ignore, and we hope this collection of recipes of soups, main dishes and sides will inspire you to eat it up:

- [Celeriac Recipes & Tips](#)

BROCCOLI

- [Extra Flaky Broccoli Cheddar Soup Mini Pies](#)
- [Roasted Broccoli with Garlic and Anchovy](#)
- [Harissa, Broccoli, Spinach, Wild Rice Casserole with Crispy](#)

Prosciutto

BRUSSELS SPROUTS

- [Honey Balsamic Roasted Brussels Sprouts](#)

HELPFUL MEMBER LINKS

Current Members

(link to our website page for all your membership needs)

Pickup Sites Information

(addresses & details)

Winter 2016 Welcome Letter

(policies & instructions)

Partner Calendar

(to help coordinate pickups between shared accounts)

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Mountain Bounty Farm

[\(530\)292-3776](tel:(530)292-3776)

www.mountainbountyfarm.com

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