

WINTER CSA 2016-17 WEEK 14

Early-bird discount renewals for Summer Shares begin today!

Renew for your summer shares by March 1 and we'll give you a week of your summer veggies free!



Sum

mer 2016, week 19 box contents

MOUNTAIN BOUNTY FARM NEWS

Dear Farm Friends,

This week we are joining with CSA farmers across the country to celebrate National CSA Day with early-bird discount signups all week long. As CSA farmers, this is an important time of year because we're already investing in seeds, equipment, and the labor it takes to grow for our summer season. Renew and help us grow!

NEW~ starting May 23, summer deliveries will be on Tuesdays to allow for earlier summer pickup times!

Thank you for your support at this time and throughout the year. It is so important for us and we are thankful to you! To sign up or renew for your summer shares, visit us online or give us a call.

Sincerely,
John Tecklin
[\(530\)292-3776](tel:(530)292-3776)
www.mountainbountyfarm.com

[Here's a link to the Facebook event reminder](#)

Please share and help spread the word about #CSADay on February 24!

THIS WEEK'S CONTENTS

***Disclaimer:** This list is what you will *likely* receive in your boxes. The contents can always change according to the actual harvest.*

Regular Box:

- Carrots- [Mountain Bounty Farm](#), Nevada City
- Hannah Yellow Sweet Potatoes- Silveira Farms, Merced (c/o Coke Farm)
- Spinach- [Heirloom Organic Gardens](#), Hollister (c/o Coke Farm)
- Red Chard- [Riverdog Farm](#), Guinda
- Red Cabbage- [Riverdog Farm](#), Guinda
- Daikon- [Riverdog Farm](#), Guinda

- Red Onion- [Pinnacle Organics](#), San Juan Bautista
- Broccoli- [Terra Firma Farm](#), Winters
- Red Russian Kale- [Terra Firma Farm](#), Winters
- Cilantro- [Terra Firma Farm](#), Winters

Small Box:

- Carrots- [Mountain Bounty Farm](#), Nevada City
- Hannah Yellow Sweet Potatoes- Silveira Farms, Merced (c/o Coke Farm)
- Spinach- [Heirloom Organic Gardens](#), Hollister (c/o Coke Farm)
- Red Chard- [Riverdog Farm](#), Guinda
- Red Cabbage- [Riverdog Farm](#), Guinda
- Red Onion- [Pinnacle Organics](#), San Juan Bautista
- Broccoli- [Terra Firma Farm](#), Winters

Fruit Share:

- Bruno Kiwis- Triple B Ranch
- Navel Oranges- Button and Turkovich Farms, Winters
- Minneola Tangelos- Sunset Ridge Fine Fruits, Auburn

Flower Share:

Little Boy Flowers' special Early Spring Bulb Share begins next month... featuring 8 weeks of Angie's favorites, these flowers are the earliest and best blooms of the season. If your order is a gift, we can send you a beautiful gift card to present. Deliveries begin when the flowers are ready, around March 15.

RECIPES

Recipes may sometimes call for more or less of a certain item in your boxes, or a fresh herb or other ingredient you might not have on hand. The key to enjoy eating locally and seasonally is in learning to adapt recipes and make delicious food with what you have on hand... if you get stuck, give me a call and I'll help you figure it out! ~Mielle [\(530\) 292-3776](tel:5302923776)

ONION, CARROT, BROCCOLI, SWEET POTATO

- [Vegetable Tempura Recipe](#)

RED CABBAGE, ONION, CARROT

- [German-Style Sweet and Sour Red Cabbage Soup](#)

MINNEOLA TANGELO

- [Quick Tangelo Marmalade](#)
- [Minneola Tangelo-Buttermilk Scones](#)

HELPFUL MEMBER LINKS

[Current Members](#)

(link to our website page for all your membership needs)

[Pickup Sites Information](#)

(addresses & details)

[Winter 2016 Welcome Letter](#)

(policies & instructions)

[Partner Calendar](#)

(to help coordinate pickups between shared accounts)

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Mountain Bounty Farm

[\(530\)292-3776](tel:5302923776)

www.mountainbountyfarm.com

[Facebook](#)

[Instagram](#)