

# WINTER CSA 2016-17 WEEK 15

**Early-bird discount renewals for summer shares end Wednesday!**

*Our winter season ends in May. Renew for your summer shares by March 1 and we'll give you a week of your summer veggies free!*



*Sum*

*mer 2016, week 19 box contents*

**MOUNTAIN BOUNTY FARM NEWS**

Dear Farm Friends,

Last Friday was National CSA Day, and we've joined with CSA farmers across the country to ask for your early support when we all need it most. If you renew by March 1, we're offering a week of summer veggies free as our thanks for your investment in our 20th growing season. This is an important time of year for membership renewals because we're already investing in seeds, equipment, and the labor it takes to grow for our summer season.

Renew and help us grow!

***NEW~ starting May 23, summer deliveries will be on Tuesdays to allow for earlier summer pickup times!***

If you've already renewed, please share with your neighbors and friends to help spread the word about our early discount promotion! [Here's a link to the Facebook event reminder](#)

Thank you for your support at this time and throughout the year. It is so important for us and we are thankful to you! To sign up or renew for your summer shares, visit us online or give us a call.

Sincerely,

Mountain Bounty Farm  
[\(530\)292-3776](tel:(530)292-3776)  
[www.mountainbountyfarm.com](http://www.mountainbountyfarm.com)

## **THIS WEEK'S CONTENTS**

***Disclaimer:*** This list is what you will *\*likely\** receive in your boxes. The contents can always change according to the actual harvest.

### **Regular Box:**

- Cauliflower- [Pinnacle Organics](#), San Juan Bautista

- Potatoes- [Mountain Bounty Farm](#), Nevada City
- Curly Green Kale- [Terra Firma Farm](#), Winters
- Leeks- [Terra Firma Farm](#), Winters
- Braising mix- [Riverdog Farm](#), Guinda
- Fennel- [Riverdog Farm](#), Guinda
- Chioggia or Red Beets- [Full Belly Farm](#), Guinda
- Butter Lettuce- [Pinnacle Organics](#), San Juan Bautista
- Parsley- [Pinnacle Organics](#), San Juan Bautista
- Easter Egg Radishes- [Coke Farm](#), San Juan Bautista

**Small box:**

- Cauliflower- [Pinnacle Organics](#), San Juan Bautista
- Curly Green Kale- [Terra Firma Farm](#), Winters
- Leeks- [Terra Firma Farm](#), Winters
- Fennel- [Riverdog Farm](#), Guinda
- Chioggia or Red Beets- [Full Belly Farm](#), Guinda
- Butter Lettuce- [Pinnacle Organics](#), San Juan Bautista
- Parsley- [Pinnacle Organics](#), San Juan Bautista

**Fruit Share:**

- Red Flame Grapefruit - Sunset Ridge, Auburn
- Kiwi- Triple B Ranch, Gridley
- Cara Cara Pink Navel Oranges- Lee Family Farms, Garden Valley
- Gold Nugget Mandarin Oranges- Lee Family Farms, Garden Valley

**Flower Share:**

- Begins March 15!!
- Join anytime, just give us a call or reply to this email.

## **RECIPES**

*Recipes may sometimes call for more or less of a certain item in your boxes, or a fresh herb or other ingredient you might not have on hand. The key to enjoy eating locally and seasonally is in learning to adapt recipes and make delicious food with what you have on hand... if you get stuck, give me a call and I'll help you figure it out! ~Mielle [\(530\) 292-3776](tel:5302923776)*

### **CHIOGGOA BEETS, BUTTER LETTUCE, FENNEL, PARSLEY, ORANGES**

- [Beets Salad with Winter Greens, Fennel and Walnuts](#)
- [Orange, Walnut and Parsley Salad](#) (great with fish, chicken or pork)
- [Simple Butter Lettuce Salad with Shaved Radish and Chiogga](#)

**Beet** (use your parsley in place of dill)

### **CAULIFLOWER, LEEKS**

- [Chicken with Cauliflower and Leeks in Red Wine Sauce](#) (parsley does just fine in place of thyme for this, and fennel for the celery!)

## **HELPFUL MEMBER LINKS**

### [Current Members](#)

*(link to our website page for all your membership needs)*

### [Pickup Sites Information](#)

*(addresses & details)*

### [Winter 2016 Welcome Letter](#)

*(policies & instructions)*

### [Partner Calendar](#)

*(to help coordinate pickups between shared accounts)*

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**Mountain Bounty Farm**

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[www.mountainbountyfarm.com](http://www.mountainbountyfarm.com)

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