

Week 18 Winter Share

THIS WEEK'S CSA CONTENTS

*Disclaimer: This list is what you will *likely* receive in your boxes. The contents can always change according to the actual harvest.*

Regular Box:

- Carrots- [Mountain Bounty Farm](#), Nevada City
-
- Jacob's Cattle Dry Beans- recipe below! [Mountain Bounty Farm](#), Nevada City
-
- Spinach- [Heirloom Organic Gardens](#), Hollister
-
- Redbor Kale- [Coke Farm](#), San Juan Bautista
-
- Yellow Onions- [Pinnacle Organics](#), San Juan Bautista
-
- Green Garlic- [Full Belly Farm](#), Guinda
-
- Chard- [Full Belly Farm](#), Guinda
-
- Red Beets- [Full Belly Farm](#), Guinda
-
- Bintje Potatoes- [Full Belly Farm](#), Guinda

Small Box:

- Carrots- [Mountain Bounty Farm](#), Nevada City
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- Jacob's Cattle Dry Beans- recipe below! [Mountain Bounty Farm](#), Nevada City
-
- Spinach- [Heirloom Organic Gardens](#), Hollister
-
- Redbor Kale- [Coke Farm](#), San Juan Bautista
-
- Green Garlic- [Full Belly Farm](#), Guinda
-
- Red Beets- [Full Belly Farm](#), Guinda

Flower Share:

- Ranunculus
- Anemones
- Poppies
- Tulips
- Ends May 3~ join anytime!

FLOWER SHARE NEWS

The rain is keeping me inside this morning which comes as a nice break from the harried pace of the past few weeks. This is a very bustling time on the farm for everyone though I'm feeling a little less pressure to get my early plantings in since I pushed the start date for my summer flower csa back by one month. That said, it's still a critical time to get some of the long season crops established and growing. This week we will be planting our first round of early dahlias in the hoop house, going through the rest of the dahlias and trimming the tubers down, taking chrysanthemum cuttings and catching up on our seeding.

My son Jude and I harvested the first tulips of the season the other day. La Belle Epoque is one of my favorite varieties of tulip- it's unique beige peachy color contrasting with it's black anthers make it really special. Additionally you will have more of our fabulous ranunculus and a few anemones and icelandic poppies. I grew a lot of the dark violet and chocolate colors of ranunculus this year which I LOVE! I hope you love them too!

Remember to separate your flowers and enjoy them in multiple places around your home or business. They are not arranged per se- we simply put together handfuls of this and that. Hope you.

Enjoy!!

Angie Tomey
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RECIPES

Recipes may sometimes call for more or less of a certain item in your boxes, or a fresh herb or other ingredient you might not have on hand. The key to enjoy eating locally and seasonally is in learning to adapt recipes and make delicious food with what you have on hand... if you get stuck, give me a call and I'll help you figure it out!
~Mielle (530) 292-3776

Jacob's Cattle Dry Beans, Kale, Onions, Garlic

These are a really special treat! They're a high value item that we've been saving for times like this when regional produce it at its least abundant, in between the deep winter and spring crops... These dry heirloom beans are fresher than any you'll find in the grocery stores so they will cook quicker than typical beans of this size. Check them sooner than you ordinarily would for black or pinto beans. Here's a couple recipes:

- [Jacob's Cattle Bacon Baked Beans](#)
- [Jacob's Cattle Bean Soup with Kale and Chevre](#)
- Angie suggests boiling these beans with a smoked or dried chili till just soft, then drain and saute them with the green garlic and kale in your box this week. Paprika would be a delicious addition, and don't forget the salt!

HELPFUL MEMBER LINKS

[Current Members](#)

(link to our website page for all your membership needs)

[Pickup Sites Information](#)

(addresses & details)

[Winter 2016 Welcome Letter](#)

(policies & instructions)

[Partner Calendar](#)

(to help coordinate pickups between shared accounts)

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Mountain Bounty Farm

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