

## Week 21 Winter CSA

Salsa is still available~

12-jar case for \$120, or new 6-jar case for \$65.

To order salsa or ask questions contact Kali at [kali.feiereisel@gmail.com](mailto:kali.feiereisel@gmail.com)

### This week's CSA contents:

**Disclaimer:** This list is what you will \*likely\* receive in your boxes. The contents can always change according to the actual harvest.

#### **Regular Box:**

- Arugula- [Mountain Bounty Farm](#), Nevada City
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- Red Leaf Lettuce- [Pinnacle Organics](#), San Juan Bautista
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- Dino Kale- [Pinnacle Organics](#), San Juan Bautista
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- Stir Fry Mix- [Mountain Bounty Farm](#), Nevada City
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- Yellow onions- [Pinnacle Organics](#), San Juan Bautista
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- Red Spring Onions- [Full Belly Farm](#), Guinda
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- Asparagus- [Riverdog Farm](#), Guinda
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- Cilantro- [Coke Farm](#), San Juan Bautista
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- Purple Carrots- [Coke Farm](#), San Juan Bautista
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- Snow Peas- [Coke Farm](#), San Juan Bautista
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#### **Small Box**

- Arugula- [Mountain Bounty Farm](#), Nevada City
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- Red Leaf Lettuce- [Pinnacle Organics](#), San Juan Bautista
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- Dino Kale- [Pinnacle Organics](#), San Juan Bautista
- 
- Red Spring Onions- [Full Belly Farm](#), Guinda
- 
- Asparagus- [Riverdog Farm](#), Guinda
- Cilantro- [Coke Farm](#), San Juan Bautista
- 
- Purple Carrots- [Coke Farm](#), San Juan Bautista
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#### **Flower Share:**

- Tulips- Primavera, Double Maureen and/or Black Hero

- Ranunculus- Super Greens and La Belle mix
- Ends May 3~ join anytime!
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## FLOWER SHARE NEWS

The rain is not letting up and I am resigned to the fact that my perhaps some of my first spring plantings will not happen. The earliest spring flowers are very sensitive to heat and thus require a nice long cool spell of growth before they set flower. Usually I would have been able to plant them by now but considering the soggy state of my fields and the forecast for more rain, I doubt I'll be able to get them in. Last week we used up the last bits of hoop house space that I have available and planted out a big patch of fragrant stock, one of my favorites. As the tulips come out, we will keep planting little bits of this and that in the hoop houses until we can get our field plantings in.

In the meantime the fall planted flowers are continuing to produce though they are slowing down. The next four weeks of your share may be a little lighter than the first but hopefully you won't notice much of a difference. A reminder that the bunches of blooms are not necessarily arranged as a bouquet but are meant to be separated and spread around the house, though of course, that is merely a suggestion. Enjoy your flowers as you will.

Be well,  
Angie

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## RECIPES

*Recipes may sometimes call for more or less of a certain item in your boxes, or a fresh herb or other ingredient you might not have on hand. The key to enjoy eating locally and seasonally is in learning to adapt recipes and make delicious food with what you have on hand... if you get stuck, give me a call and I'll help you figure it out!*  
~Mielle (530) 292-3776

### ASPARAGUS, SPRING ONIONS

Spring veggies beg to be paired with fresh eggs... these frittatas are pretty and stand up well for leftovers, served warm or room temperature:

- [Asparagus Frittata with Spring Onions](#)
- [Roasted Asparagus and Spring Onion Frittata with Blue Cheese](#)

Here's a nice one for a special holiday brunch this weekend. Use your spring onions for the shallots, and mince the milder green tops for the chives:

- [Poached Egg and Asparagus Toasts with Lemon-Chive Beurre Blanc](#)
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### PEAS, CARROTS, CILANTRO, SPRING ONIONS

This simple recipe is basically a technique that you can use for any veggie combination. It would also be great with pieces of chicken added:

- [Honey Glazed Snow Peas and Carrots](#)