



## 2017 Veggie CSA

**How It Works:** Our 2017 Veggie CSA will run for 22 weeks, beginning around Memorial Day and running through the end of October. We will offer two separate share sizes for our 2017 season.

1 Full Share \$725 = ½ bushel + weekly “U-Pick”

1 Half Share \$425 = 1 peck + weekly “U-Pick”

We give you a basket according to your share size at the beginning of the season. Simply come to the farm during our open CSA hours and load up your basket with the veggies you’d like to take home for the week. We encourage you to completely fill your basket for maximum value! We utilize a “Mix & Match” system of distribution to allow you the most flexibility when choosing your food, and will only occasionally have limits on certain crops.

**What to Expect:** CSA stands for *Community Supported Agriculture*, and by joining, you become a vital member of our farm! Farmer Taylor will send you weekly emails throughout the season to keep you updated on the week’s harvest, events, and other news. The amount of food you receive each week varies naturally with the seasons. In general, a full CSA share provides enough produce for a family of 2-4, although it really depends on your eating, cooking, and ‘stocking-up’ habits. Your share each week will include a wholesome variety of the seasonal produce from our fields. Each week we’ll give you an update on which fruits and vegetables you’ll receive, and recipes to help you get the most out of your bounty. So what will be available for the weekly CSA distributions? We grow over 45 main crops, with over 250 different seed varieties. Here’s just a few examples of what you might find in a given week:

### **Spring**

Lettuce, spinach, bok choy, radishes, carrots, kohlrabi, arugula, beets, zucchini, scallions, snow peas, dill, celery

### **Summer**

Plum and field tomatoes, spaghetti squash, green bell peppers, Swiss chard, tomatillos, hot peppers, onions, okra, eggplant, cantaloupe

### **Fall**

Potatoes, broccoli, kale, arugula, sweet potatoes, broccoli, rutabaga, butternut squash, sweet potatoes, sweet Italia peppers, cabbage

**How We Farm:** We grow our food using best practices to protect people and the environment. We will NEVER use chemical or synthetic fertilizers, pesticides, or herbicides. We eat this food too!! Although we are not USDA certified (yet!), we grow using organic seeds, materials and practices. We farm using rich, homemade composts, soil building cover crops, multi-year crop rotations and fallowing our fields - practices which often go beyond what the USDA organic label calls for. We believe that you grow healthy food by growing healthy, biologically active soil.

**Who is Flipside Farm?** Taylor James is the Farm Manager at Flipside Farm CSA. Prior to opening Flipside Farm CSA for 2016, Taylor worked on a small livestock farm in CT and was most recently the assistant manager for Fernbrook Farm CSA in Chesterfield, NJ. Taylor partners with landowners Brian & Meredith to grow organic veggies, fruits, flowers, and meats.

**Pick Up Times:** Pick up your veggies once per week, during ANY time our CSA stand is open, no need to let us know in advance. Our open hours are listed below. Your veggies will be available for pickup at our farm at:

1500 Larger Cross Rd N., Far Hills, NJ 07931

**Tuesday** 3:00-7:00 p.m.

**Friday** 3:00-7:00 p.m.

**Saturday** 8:00-12:00 noon

**U-Pick:** In addition to the weekly CSA harvest, there will be additional “U-Pick” crops available for you to pick in our fields at no extra cost to you. Some of the crops you’ll find throughout the season may include snap peas, beans, FLOWERS, herbs, cherry tomatoes, tomatillos, “S-berries,” and more...We will have some “U-Pick” crops already harvested for those who are physically unable.

## Sign Up Today!!

Simply fill out the information below to sign up! We have limited space available for 2017, so we encourage you to reserve your spot today. We are very excited to grow food for you and your family!

YES I would like to enroll in the  
2017 CSA at Flipside Farm!

Name(s): \_\_\_\_\_

Email: \_\_\_\_\_

Please check one below:

Address: \_\_\_\_\_

\_\_\_\_ 1 **Full** Share \$725

\_\_\_\_\_

\_\_\_\_ 1 **Half** Share \$425

Phone #: \_\_\_\_\_

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## How Do I Pay?

Please detach the above form and send with a deposit check of \$75 to our mailing address below. Your deposit helps to ensure we grow enough food for everybody. Alternately you can sign up on our website at [www.FlipsideFarm.com](http://www.FlipsideFarm.com) and we'll send you an email with enrollment details. As always, we also accept payment via Venmo @FlipsideFarm

**Flipside Farm LLC**  
**PO Box 413**  
**Bedminster, NJ 07921**

Below are the details for our 2017 CSA payment plan. Please feel free to contact me if you'd like to arrange a different plan. *Your deposit may be refundable (e.g. if you move out-of-town) until April 1<sup>st</sup>, 2017.* Payments in full are gladly accepted at any time.

Half Share \$425:

\$75 deposit due upon sign-up

\$175 payment due May 31<sup>st</sup>, 2017

\$175 final payment due July 15<sup>th</sup>, 2017

Full Share \$725:

\$75 deposit due upon sign-up

\$325 payment due May 31<sup>st</sup>, 2017

\$325 final payment due July 15<sup>th</sup>, 2017

That's all for now. Stay tuned later this year for our Winter Newsletter. Kale yeah!

Your Farmer,

Taylor James  
Farm Manager  
Flipside Farm CSA

