

## @PEARLANDGROOVE

GLUTEN FREE BAKERY

### ALL DAY BREAKFAST

#### CACAO PORRIDGE 5.5

Raw cacao, maple syrup, almond milk (v, rsf, gf)

#### GINGER GRANOLA 3.5

Spicy, nutty, stem ginger clusters with creamy yoghurt (gf)

#### ACAI BOWL 6.5

Acai, raspberries, blueberries, bee pollen, chia seed (gf, df, sf)

#### STICKY FRUIT POT 6.0

Flapjack, roasted seasonal fruits, w/coconut yoghurt (gf, df, rfs)

#### BANANA BREAD 3.5

Toasted banana and coconut bread w/ espresso butter (gf, df, rfs)

#### TOASTED SANDWICH 5.5

Raspberry & dark chocolate (gf)

Or

Banana & peanut butter (gf, df, sf)

#### CHOCOLATE BREAD 3.5

Banana and homemade nutella (gf,v)

#### FRUIT SCONE 3.0

Soft scone w/ butter and jam (gf)

## #GLUTENFREE

### SAVOURY STUFF

#### CHILLI AVOCADO 5.5

smashed avocado with lime, chilli and superseeds

#### SMOKEY BAKED BEANS 6.0

Super healthy, homemade smokey butter beans

#### GARLICKY MUSHROOMS 5.5

Chestnut, portobello & shiitake mushrooms, wilted rocket and lemon

#### CHIA SOURDOUGH BAGEL 6.0

Ask for flavour of the day

#### +DOUBLE IT UP 3.0

Get the larger size to fill you up

#### TUMERIC CHILLI SCONE 3.0

### CAKES FROM THE FRONT

#### BOX OF 6 CAKES 23.0

#### BOX OF 12 CAKES 45.0

#### MINI LOAF 3.95

#### LUX MINI LOAF 4.20

Please ask us, we'll tell you all the flavours

### COFFEE, COLD PRESSED JUICES & FIZZY THINGS

Espresso	1.3	Matcha latte	3.5
Americano	2.1	Beetroot, charcoal, Turmeric latte	3.0
Latte, Cappuccino, Flat white	2.8	English breakfast	1.8
Mocha, Hot chocolate	2.8	Sencha, camomile, Earl Grey	1.8
+ Almond, cashew, soy or hazelnut milk	30P	*Check fridge for cold drinks*	

\*\*PLEASE NOTE EVERYTHING CONTAINS NUTS\*\*