# 2021 - 2024 Situated a Vall





PHOTO: Huyen Nguyen SKIER: Matthew Nguyen LOCATION: Laurentian Ski Hill

Freestyle Ontario (legal name "Freestyle Skiing Ontario Inc.") is recognized by the Government of Ontario and Freestyle Canada as the official Provincial Sport Organization for the sport of freestyle skiing within Ontario. Freestyle Canada is the sport's official National Sport Organization. Freestyle Ontario and Freestyle Canada are separate entities, but work together in an aligned national sport system.

Freestyle skiing in Canada consists of the following disciplines:

- Mogul
- Slopestyle
- Big Air
- Halfpipe
- Aerials

Freestyle skiing is an exciting and fun 'action' sport. Freestyle Ontario runs a sport development system that focus on building freestyle communities that reflect the organization's values. This system has resulted in a development pathway that consistently produces athletes who earn podiums at national and international level competitions, and spots on the national team. The national team is run by Freestyle Canada, and has a long history of earning medals at major international events such as the Olympics, FIS World Championships, FIS World Cups, and the X-Games.

During its 2016-2020 strategic plan, Freestyle Ontario experienced many successes. During this period:

- •8 Freestyle Ontario athletes advanced to the national team.
- •8 FIS NorAm medals won by Freestyle Ontario athletes.
- •24 Canada Cup medals won by Freestyle Ontario athletes.
- •2 FIS NorAm competitions were hosted by Freestyle Ontario.
- •8 Freestyle Canada sanctioned national competitions were hosted by Freestyle Ontario.
- •17 Timber Tour provincial train-to-train level competition weekends were hosted by Freestyle Ontario.
- •1 water ramp & trampoline training centre was opened by Freestyle Ontario within Ontario.
- •25 Freestyle Ontario member clubs operated in 4 regions, spanning from London to Kenora to Ottawa, and throughout the Niagara Escarpment and Barrie areas.



PHOTO: William Bacon SKIER: Unknown LOCATION: Mount St. Louis Moonstone



PHOTO: William Bacon SKIER: Unknown LOCATION: Mount St. Louis Moonstone

Freestyle Ontario is funded through a combination of provincial government support, event & program user fees, membership fees, and sponsorship. It is largely reliant upon the volunteer support of its membership and surrounding community. Freestyle Ontario is grateful for all who have supported the organization during its 2016-2020 strategic plan. The above successes would not be achieved without this support.

Successful implementation of this plan will require a significant source of financial resources, a driven team of staff, a supportive group of community leaders and volunteers, a committed board of directors, healthy relationships with stakeholders, and an engaged membership who has a deep love for freestyle skiing.

## ATHLETE PATHWAY

DRIVING FORCE	PRIMARY LTAD* STAGE	FACILITY LOCATIONS	PROGRAMS	COACH	EVENTS
NSO NSO	Learn/Train to Win	Provincial National International	World Cup	National Team	World Cup/Olympics
	Train to Compete	Provincial National International	NextGen/Provincial Team	National Team/Comp- Dev	NorAm
	Learn to Compete	Provincial National	Provincial Team	Comp-Dev	Canada Cup
	Train to Train	Club Provincial	Team	Comp-Intro Air, & MO, &/or P&P	Timber Tour
	Learn to Train	Club Regional	Freestylerz	Comp-Intro Air, &/or MO, &/or P&P	Jr. Jams (coming soon)
	FUNdamentals	Club Regional	FUNdamentalz	FUNdamentalz	Sapling Sessions

\*LTAD: Long Term Athlete Development framework

## **ASSUMPTIONS**

Successful execution of the initiatives outlined in this strategic plan are dependent on the following assumptions:

- The Government of Ontario continues to support Freestyle Ontario at its current or higher funding level.
- The non-government revenue needed to execute this plan is available.
- The COVID-19 pandemic does not disrupt future freestyle skiing operations in a manner that prevents the initiatives of this strategic plan.
- No other unforeseen major disruptions to the Ontario snow-sport industry occur.

In the event the above assumptions do not occur, Freestyle Ontario will work to honour the intentions of this strategic plan as closely as possible, and in a way that circumstances allow.

## COVID-19

The COVID-19 global pandemic continues to be a fluid and dynamic situation. The pandemic has the potential to delay or limit the delivery of certain goals within this plan.

Freestyle Ontario will remain dynamic in its response to the pandemic. In its pursuit of executing this plan, Freestyle Ontario will operate with a level of care that is appropriate to minimizing the risk of COVID-19 transmission.

## ACCOUNTABILITIES

#### Freestyle Ontario is responsible for:

- Governing the sport within Ontario.
- Developing Ontario's freestyle athletes, coaches, judges, event officials, and volunteers.
- Developing member clubs and their programs.
- Organizing and hosting freestyle competitions.
- Running a high performance athlete development system, and selecting athletes for the provincial teams.
- Growing the sport of freestyle skiing.
- Responsibly managing the operations and finances of the organization.
- Meeting the Government of Ontario's PSO sport recognition requirements.

## **VALUES**

Leadership Excellence Integrity Community Innovation Fun

LEADERSHIP is holding ourselves and others accountable to deliver high quality and relevant programming, services, and expertise.

excellence is delivering the highest quality outcomes in every aspect of the organization.

INTEGRITY is doing what we say we are going to do. It is the quality of being honest, open, fair, understanding and inclusive while delivering on our commitments. Integrity also includes upholding the other values of the organization.

**COMMUNITY** is nurturing the fellowship of skiers and stakeholders in sport. It is built through shared interests, values, and goals. Community is about inclusion and fairness. Freestyle Ontario seeks to create a space where everyone is able to contribute in a meaningful way to athletic and organizational

excellence.

INNOVATION is delivering effective and creative solutions to challenges; through driving positive change; and is routed in understanding our community's needs.

**FUN** is experiencing learning, personal growth, inspiration, friendships, achievement, creativity, and a sense of play.



#### TO EXPAND PARTICIPATION AND RELEVANCE OF FREESTYLE SKIING IN ONTARIO

This means running a province wide system that effectively and responsibly increases participation in Ontario's freestyle community. It means that this system delivers a consistent stream of Ontario athletes to Freestyle Canada's national team. It means earning an external perception of Freestyle Ontario as being a community leader with 'best in class' practices and cultural influence.

To achieve this vision, Freestyle Ontario will work in collaboration with Freestyle Canada, Freestyle Ontario's member clubs, Ontario's ski resorts, industry partners, and Freestyle Ontario's individual members.

Fulfilling this vision will support the healthy active lifestyles of people within the province, drive community engagement, and result in achievements by Ontarians that are celebrated by the sport community.

FREESTYLE ONTARIO WILL FULFILL THIS VISION THROUGH PURSUING ITS MISSION, AND STAYING TRUE TO ITS VALUES.



#### TO DEVELOP QUALITY FREESTYLE PROGRAMMING AND EXCELLENCE WITHIN ONTARIO

This programming and excellence shall align with Canadian Sport for Life's Long Term Athlete Development framework. It shall emphasize safety in a participant centred and ethically based system that encourages lifelong participation in the sport by Ontarians.

#### Fulfilling this mission will:

- Increase the number of freestyle skiers in Ontario.
- Provide the appropriate governance structure consistent with standards of a Provincial Sport Organization.
- Provide meaningful competition experiences for participants.
- Develop national team calibre athletes.
- Develop adequate succession plans for impactful roles within the Ontario system.
- Build engaged communities of volunteers and businesses.
- Strengthen the cultural relevance of freestyle skiing within the provincial and national sport community.

#### FREESTYLE ONTARIO WILL ACHIEVE THIS MISSION THROUGH ADVANCING ITS STRATEGIC PRIORITIES.

## STRATEGIC PRIORITIES

#### OPERATIONAL EXCELLENCE

**Business Capacity** 

Community Leadership

Community Impact

#### **FACILITIES**

Air Facilities (Water Ramp, Airbag, & Trampoline)

Discipline Specific Facilities (Moguls, Slopestyle, Big Air, & Halfpipe)

High Performance Training Hubs

#### CLUBS & PROGRAMS

Club Development

Grow Membership

#### **COACH**

Create System Alignment

Training & Certification

Coach Succession
Strategies

#### **EVENTS**

Seek Improvement
Opportunities

Develop People (Judge, Official, & Volunteers)

Connected Event
System
(FUNdamentals to
Learn/Train to
Compete)

Launch Recreational Stream

#### HIGH PERFORMANCE

High Performance Programming & Program Leadership

High Performance Terrain & Facilities

High Performance Operational Excellence

## STRATEGIC PRIORITIES

#### **HIGH PERFORMANCE**

**FACILITIES** 

CLUBS & PROGRAMS

COACH

**EVENTS** 

#### **OPERATIONAL EXCELLENCE**

Operational Excellence enables the advancement of Ontario's Facilities, Programs, Coaches, and Events, opening the door for High Performance achievements.

## **PROCESS**

This Strategic Plan was created through collecting feedback from Freestyle Ontario's stakeholders. The organization invited specific groups of stakeholders for feedback on each of its strategic priorities. Stakeholders were targeted based on their experience and connection with each priority.

Stakeholders were asked to provide a SWOT (Strengths, Weaknesses, Opportunities, Threats) analysis of Freestyle Ontario's operations. This analysis identified a number of positive practices that currently operate within Freestyle Ontario's sport system, as well as some challenging factors that need to be addressed.

Freestyle Ontario then created a series of goals that address the major needs identified through the SWOT analysis. Each goal needed to contribute to the pursuit of Freestyle Ontario's vision and mission in order for it to be included in this plan.

# OPERATIONAL EXCELLENCE

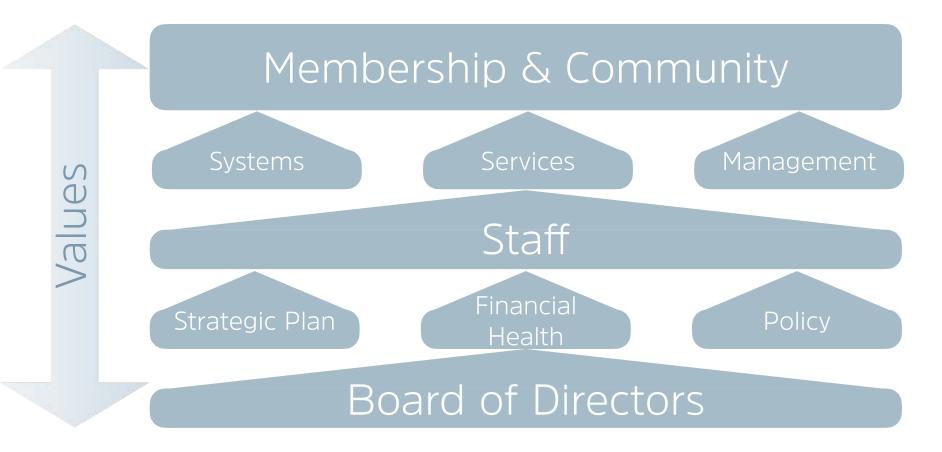




PHOTO: William Bacon SKIER: Bella Bacon LOCATION; Mount St. Louis Moonstone

Freestyle Ontario's capacity for operational excellence is foundational to it achieving success in its five other strategic priorities. In order to effectively support the needs of its facilities, programs, coaches, events, and high performance initiatives, Freestyle Ontario must embody a high standard of business practices and structures.

### **OPERATIONAL EXCELLENCE**



#### **HOW DOES OPERATIONAL EXCELLENCE WORK?**

Freestyle Ontario's Board of Directors governance leads to effective strategic planning, sustainable financial health, and a protective suite of policies.

This creates a framework that allows Freestyle Ontario's staff to provide operational systems, services, and leadership to its membership and community.

Freestyle Ontario's values are to be embodied by the Board of Directors, staff, membership, and community throughout this system.

## STRATEGIC SUMMARY

The outcomes of the SWOT identified that if Freestyle Ontario is to achieve its vision and mission, the organization must focus on the following three system drivers in regard to operational excellence:

#### **BUSINESS CAPACITY**

- <u>Need:</u> Freestyle Ontario must have the capacity and expertise needed to lead, support, and develop its community.
- <u>Strategy:</u> Ensure that Freestyle Ontario has the governance, staff, and financial resources required to fulfill this need.

#### **COMMUNITY LEADERSHIP**

- Need: Freestyle Ontario has a responsibility to be a leader of the freestyle community.
- <u>Strategy:</u> Freestyle Ontario will strive toward having effective policies, an informed community, a value driven culture, a positive public image, and that its business practices are at the forefront of industry standards.

#### **COMMUNITY IMPACT**

- <u>Need:</u> Freestyle Ontario's value is largely connected to its ability to have a meaningful effect within its community.
- <u>Strategy:</u> Freestyle Ontario will work toward growing freestyle skiing participation, having a broad geographical reach, and supporting the needs of the FUNdamentalz to Train to Compete Long Term Athlete Development framework stages.

To see the detailed strategy and its connecting Operational Plan, please see Appendix A

# OPERATIONAL EXCELLENCE OVERARCHING GOAL:

OUR BUSINESS STRUCTURE & PRACTICES SUPPORT THE PURSUIT OF OUR 5 OTHER STRATEGIC PRIORITIES.

## STRATEGIC MODEL

**BUSINESS CAPACITY** 

**Board of Directors** 

Staff

Financial Resources

**COMMUNITY LEADERSHIP** 

Culture

Policy

Industry Alignment

Communication

Marketing

COMMUNITY IMPACT

Membership

Scope of Service

2024

DEEP PROVINCIAL
CAPACITY IN 5
STRATEGIC PRIORITIES

Facilities

Clubs & Programs

Coaching

Events

High Performance

## FACILITIES





## STRATEGIC SUMMARY

The outcomes of the SWOT identified that if Freestyle Ontario is to achieve its vision and mission, the organization must focus on the following system drivers in regard to facilities:

#### **AIR FACILITIES**

- Need: Ontario's athletes need access to off-snow acrobatic training facilities to safely train their air skills.
- <u>Strategy:</u> Freestyle Ontario will focus on running its water ramp and trampoline facility, and explore opportunities to access airbag training centres to fulfill this need.

#### **DISCIPLINE SPECIFIC FACILITIES**

- <u>Need:</u> Ontario's athletes need access to discipline specific on-snow terrain that aligns with Freestyle Canada's terrain recommendations for the various stages of the LTAD.
- <u>Strategy:</u> Freestyle Ontario will work toward ensuring its athletes have access to stage appropriate mogul courses, wave tanks, terrain parks, and halfpipes.

#### **HIGH PERFORMANCE TRAINING HUBS**

- <u>Need:</u> Freestyle Ontario's High Performance Program (HPP) needs centralized training facilities and services within the the Southern Ontario and National Capital regions in order to support its growing high performance athlete base. This centralization would improve HPP athlete access to their daily training environment, which will support their athletic development while reducing travel costs.
- <u>Strategy:</u> Develop high performance hubs within these two regions that provide on-snow and off-snow training facilities, and local sport science/sport medicine support.

To see the detailed strategy and its connecting Operational Plan, please see Appendix B

## FACILITIES OVERARCHING GOAL:



PHOTO: Jack Rissaner SKIER: Scott Breedor OCATION: Mount St. Louis Moonstone

## STRATEGIC MODEL

2024

#### A DEEPER CAPACITY FOR ATHLETE DEVELOPMENT

ONTARIO'S ATHLETES HAVE ACCESS TO TERRAIN & FACILITIES THAT MEET THEIR DEVELOPMENTAL NEEDS

#### **AIR**

Water Ramp

Trampoline

Airbag

#### **MOGULS**

Mogul Course

Wave Tank

#### **PARK & PIPE**

Terrain Parks

Halfpipes

### HIGH PERFORMANCE TRAINING HUBS

Air/MO/P&P Facilities

Sport Science/Sport Medicine Providers

Gyms

# CLUBS & PROGRAMS



Programs are the drivers of athlete development & membership growth. Clubs are typically the organizations that provide these programs. Freestyle Ontario's club network is central to the delivery of its 5 other strategic priorities. Clubs and programs are where athletes train, where coaches coach, where facilities are used, and where event teams are built. Responsible governance is foundational to the sustained success of a club.

Freestyle Ontario seeks to strengthen its club network so they may grow the sport and develop athletes.

## STRATEGIC SUMMARY

The outcomes of the SWOT identified that if Freestyle Ontario is to achieve its vision and mission, the organization must focus on the following system drivers in regard to clubs and programs:

#### **CLUB DEVELOPMENT**

- <u>Need:</u> Clubs need leadership, guidance, and resources to help improve the quality of their programming, and to improve the sophistication of their businesses. Freestyle Ontario needs more clubs who align with the strategic direction it has set for its sport system.
- <u>Strategy:</u> Freestyle Ontario will provide structured communication and leadership to its member clubs, with the intention of developing their programs and governance systems.

#### **GROW MEMBERSHIP**

- <u>Need:</u> Freestyle Ontario needs to grow its membership. This membership growth supports the successful delivery in all 6 of the strategic priorities included in this Strategic Plan.
- Strategy: Freestyle Ontario will:
  - Women & Girls: Create and implement a new women and girls participation plan.
  - Marketing: Leverage the club and resort system to market the sport.
  - Recreation Stream: Expand the potential market through launching a recreational stream.
  - <u>Club Development</u>: Target certain club development initiatives at geographical areas who demonstrate a high growth potential.

To see the detailed strategy and its connecting Operational Plan, please see Appendix C

## OVERARCHING GOAL:

GROW MEMBERSHIP
& DEVELOP ATHLETES
THROUGH QUALITY
CLUB PROGRAMS

## STRATEGIC MODEL



## COACH



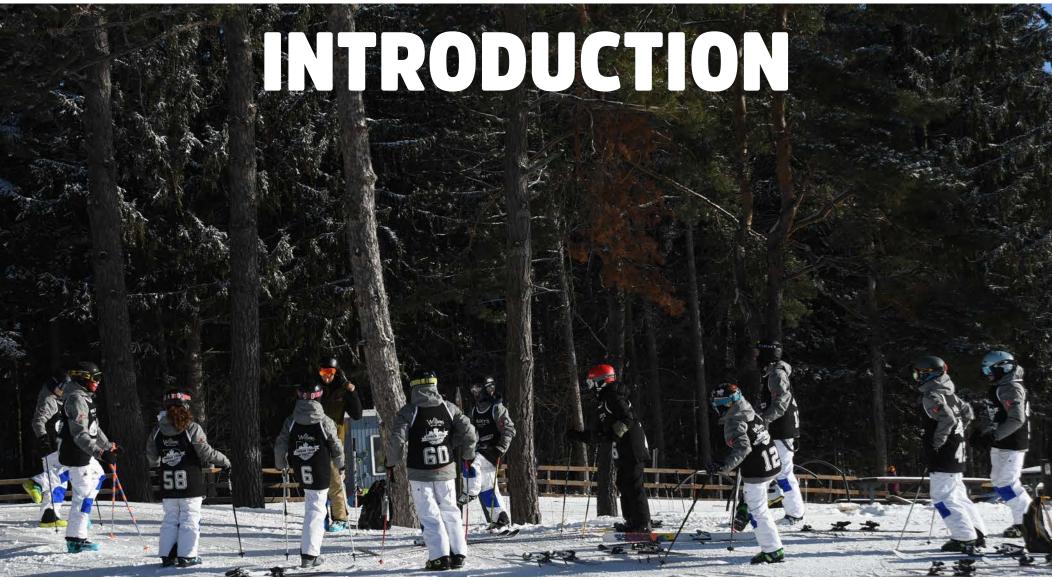


PHOTO: Huyen Nguyen TEAM: Calabogie Peaks Freestyle LOCATION: Laurentian Ski Hill

Coaches are the 'on the ground' leaders of athlete development. They work with athletes on improving their freestyle skiing through both technical teachings and general leadership. A coach's influence upon their athletes has the potential to be long lasting and deeply meaningful. Coaches are an essential component of the sport system.

Coaching can also provide a career path for those looking to work in freestyle skiing.

It is important that Freestyle Ontario's coaches are properly trained, and that their practices align with the organization's strategic pathway.

## STRATEGIC SUMMARY

The outcomes of the SWOT identified that if Freestyle Ontario is to achieve its vision and mission, the organization must focus on the following system drivers in regard to coaching:

#### **SYSTEM ALIGNMENT**

- <u>Need:</u> Coaches are the 'on the ground' contact point between athletes and the overall freestyle system. In order for Freestyle Ontario's system to run effectively, there needs to be alignment between the coach's and Freestyle Ontario's strategic direction.
- <u>Strategy:</u> Structured and regular communication between the coaches and Freestyle Ontario, with an emphasis on Freestyle Ontario's core values.

#### **TRAINING & CERTIFICATION**

- <u>Need:</u> Coaching athletes comes with a great deal of responsibility. Coaches need to be equipped with the job skills that their position requires. The Freestyle Canada coach training and certification pathway has a robust and proven curriculum. If coaches are to meet their training and certification requirements, Freestyle Ontario needs to be the driving force behind their progression through the pathway.
- <u>Strategy:</u> Set clear annual metrics for the coach training/certification requirements that our system requires. Enforce these requirements when necessary. Give special focus to coach development areas that have proven to be deficient in previous years.

#### **SUCCESSION STRATEGY**

- <u>Need:</u> Freestyle Ontario needs more qualified coaches to meet its capacity needs. Freestyle Ontario must also implement succession plans in order to prepare for any future changes that may occur at within its clubs' coaching rosters.
- Strategy: Actively scout and recruit new coaching prospects. Implement a mentorship program for its competitive coaches.

To see the detailed strategy and its connecting Operational Plan, please see Appendix D

## **OVERARCHING GOAL:**

HAVE THE COACHING CAPACITY TO PROVIDE QUALITY PROGRAMS TO FREESTYLE ONTARIO'S ATHLETE MEMBERSHIP

## STRATEGIC MODEL

**SYSTEM ALIGNMENT** 

**TRAINING & CERTIFICATION** 

**SUCCESSION STRATEGY** 

ONTARIO HAS THE COACHING CAPACITY TO PROVIDE QUALITY PROGRAMS TO FO'S MEMBERSHIP

# EVENTS



#### INTRODUCTION



PHOTO: Cody Fry EVENT: 2019 Caledon Timber Tour LOCATION: Caledon Ski Club

Events provide structure to the sport system. They motivate athletes to train, develop clubs and facilities, support athlete ranking systems, and create a positive public profile for the athletes, host resorts, and organizing committees. The impacts events have on the sport system reach well beyond the podium. They create legacies that continually drive the advancement of the sport system.

#### STRATEGIC SUMMARY

The outcomes of the SWOT identified that if Freestyle Ontario is to achieve its vision and mission, the organization must focus on the following system drivers in regard to events:

#### **OPERATIONAL OPPORTUNITIES:**

- Need: Freestyle Ontario must continue to find ways to further advance its event hosting and sport system.
- Strategy: Leverage successes of Freestyle Ontario events to embrace event hosting and sport system improvements as they arise.

#### PEOPLE:

- Need: Successful event hosting depends largely upon the people involved. This means having judges, officials, and volunteers who are well trained and available to work.
- Strategy: Ensure that Ontario's judges, officials, and volunteers are properly trained and feel appreciated.

#### **LTAD - COMPETITIVE STREAM:**

- Need: The athletic needs and hosting expectations of each stage of the Long Term Athlete Development (LTAD) competitive stream framework are unique. In order to support athletes through a connected sport system, there must be Freestyle Ontario events available to each stage of this framework.
- Strategy: Provide Freestyle Ontario sanctioned events at the following LTAD stages:
  - FUNdamentals
  - Learn to Train
  - Train to Train
  - Learn/Train to Compete

#### LTAD - RECREATIONAL STREAM:

- <u>Need:</u> Athletes may graduate out of the high performance athlete pathway, but still wish to keep training and competing. Meanwhile, Freestyle Ontario is looking for ways to expand participation in the sport.
- <u>Strategy:</u> Introduce event frameworks that support the recreational competitive-for-life stream, providing event engagement opportunities who have graduated out of the high performance athlete pathway.

To see the detailed strategy and its connecting Operational Plan, please see Appendix E

#### **OVERARCHING GOAL:**

## EVENTS ARE ATHLETE-CENTRED & COMMUNITY SUPPORTED EXPERIENCES THAT:

PROVIDE MEANINGFUL
COMPETITIVE
EXPERIENCES TO EACH
PARTICIPANT

MOTIVATE ATHLETE DEVELOPMENT

DRIVE ATHLETE PARTICIPATION

STRENGTHENS EACH
SECTOR OF THE
FREESTYLE ECOSYSTEM

INCREASE THE VISIBILITY OF FREESTYLE SKIING

#### STRATEGIC MODEL

OPERATIONAL OPPORTUNITIES

**PEOPLE** 

EVENTS ARE ATHLETE-CENTRED & COMMUNITY SUPPORTED EXPERIENCES THAT:

Provide meaningful competitive experiences to each participant

Motivate athlete development

Drive athlete participation

Strengthens each sector of the freestyle ecosystem

Increase the visibility of freestyle skiing

2024

**EVENT HOSTING CAPACITY DEPTH** 

ATHLETES ADVANCING THROUGH A CONNECTED SYSTEM

FREESTYLE SKIING & FREESTYLE
ONTARIO ARE WELL RECOGNIZED IN
ONTARIO'S SNOW SPORTS COMMUNITY

LTAD - COMPETITIVE STREAM

LTAD - RECREATIONAL STREAM

# HIGH PERFORMANCE



### INTRODUCTION

Freestyle Canada's national team has consistently been an international leader in earning medals at the Olympics, FIS World Championships, FIS World Cups, and the X-Games. When an Ontario athlete earns a spot on Freestyle Canada's national team, they are earning a position on a team that has proven to achieve success at major international competitions. For this reason, Freestyle Ontario runs a high performance athlete development system that is designed to develop national team calibre freestyle skiers.



### INTRODUCTION

High performance athlete development is the pinnacle of Freestyle Ontario's sport system. Success in this strategic pillar indicates health in the organization's other strategic priorities. Freestyle Ontario's overarching High Performance goal is to advance Ontario athletes to Freestyle Canada's national team. All other High Performance goals are to contribute to achieving this goal.



#### STRATEGIC SUMMARY

The SWOT analysis identified a number of positive practices that currently operate within Freestyle Ontario's high performance system, as well as some challenging factors that need to be addressed. The outcomes of the SWOT identified that if Freestyle Ontario is to continue to contribute to international athletic excellence, the organization needed to focus on the following three system drivers:

#### **PROGRAMMING**

- <u>Need:</u> In order for athletes to advance up the development pathway, the system requires high quality coaches, qualified sport science/sport medicine service providers, effective athlete selection practices, and ethical athlete support systems.
- <u>Strategy:</u> Develop and engage quality coaches and sport science/sport medicine service providers who can lead athletes through proven athlete development activities. Implement effective athlete selection practices, and run an ethical system that supports the well being of the athletes.

#### **TERRAIN & FACILITIES**

- <u>Need:</u> For programming to be effective, the athletes need access to terrain and facilities that support their stage of development.
- <u>Strategy</u> Work toward ensuring that suitable mogul, slopestyle, and halfpipe terrain is available within Ontario, and engage in terrain development when appropriate. Continue to align the water ramp with the needs of the High Performance Program athletes. Develop regional High Performance Training Hubs in the Southern Ontario and National Capital regions.

#### **OPERATIONAL EXCELLENCE**

- <u>Need:</u> If programming, terrain, and facilities are going to be effective drivers of high performance athletic development, a healthy business structure needs to be in place to support the initiatives associated with these drivers.
- <u>Strategy:</u> Provide effective program leadership and management, run a fiscally sustainable system, ensure alignment with the NSO's system, monitor program effectiveness, and maintain a sightline on the broader high performance landscape.

To see the detailed strategy and its connecting Operational Plan, please see Appendix F

#### **OVERARCHING GOAL**

### ADVANCE ONTARIO ATHLETES TO NATIONAL TEAM

#### **OVERARCHING GOAL #1:**

Average of 1 Ontario athlete advances to National Team annually.

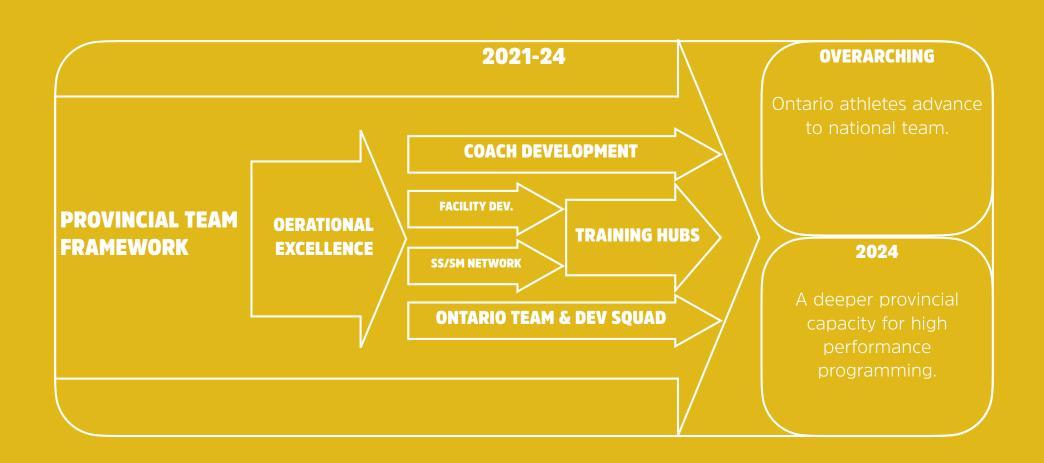
#### **OVERARCHING GOAL #2:**

Average of 1 or more Ontario athlete(s) meet National Team selection eligibility requirements annually.

#### STRATEGIC MODEL



# STRATEGIC MODEL CONTINUED



**OVERARCHING SUPPORTING** GOAL **GOALS** Develop High Performance Regional Training Hubs Provincial Team Program Increase Ontario's Provincial Team Development Program L/T2C Mogul Terrain Implement Effective Increase Ontario's L/T2C Park & Pipe Terrain Athlete Wellness Athlete Selection Implement Effective Lead Effective Ensure Availability of Analyze & Address Athlete Skill Gaps T2T Park & Pipe Terrain **ADVANCE PROGRAMMING ONTARIO** TERRAIN & **ATHLETES TO FACILITIES** Train & Certify Coaches **NATIONAL** Support High Perf. Athlete Mentor Coaches **TEAM** FO's Water Ramp & Trampoline Facility Recruit Coaches Provide Sport Science/ Employ a Maintain Sport Medicine Program Manager NSO Alignment Sport Science/ Sport Medicine Facilities Monitor Program Monitor **OPERATIONAL EXCELLENCE** 

### APPENDIX A

# OPERATIONAL EXCELLENCE STRATEGY & OPERATIONAL PLAN



# OPERATIONAL EXCELLENCE BUSINESS CAPACITY

STRATEGY	OPERATIONAL PLAN			
	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)
FO has the governance needed to achieve the goals of its six strategic priorities.	a. Approving to b. Ensuring FC c. Approving FC d. Managing FC 2. EXPERIENCE & SKILL	O's Executive Director	nbers who have a diverse set of s	skills and experiences that
		3. ON-BOARDING: Creat formalized on-boardi process for new boar members.	ng	
FO has the staff capacity to achieve the goals of its six strategic priorities.	needs of the organiz  2. PROFESSIONAL DEVE performance gaps.  3. EMPLOYEE WELLNES	ation.  ELOPMENT: Create annual individ  SS: Explore and embrace opportu	erse set of skills and experiences  ual staff professional developmen  nities that support employee we  th staff member mentors 1 or mo	llness.
<b>FINANCIAL</b> Run a financially sustainable organization.	2. CASHFLOW: Net oper		% increase from previous year in	non-government sourced revenue. nses.*

\*If there is a reason to do so, and Freestyle Ontario has the resources available to support this decision, the Freestyle Ontario Board of Directors may choose to waive this goal. For example, a major opportunity or crisis arises that requires a significant financial investment by Freestyle Ontario.

# OPERATIONAL EXCELLENCE COMMUNITY LEADERSHIP

STRATEGY	OPERATIONAL PLAN				
	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)	
CULTURE  Our community embodies the values of leadership, excellence, integrity, community, innovation, and fun.		1. CULTURE: Our core val and meetings.	lues are communicated and co	nsidered in all operational decisions	
Policy  Protect both the membership  A the organization through  effective policies.	1. MAINTENANCE: Polic	y Committee meets quarterly to re	eview, update, and create new	policies.	
			Il policies have been reviewed o		
INDUSTRY ALIGNMENT  Run an organization that meets or exceeds industry standards.	executive manageme practices.  2. PROVINCIAL ALIGNM direction, and best p	ENT: Staff meet quarterly with sta	aff of other Ontario PSOs to disc	al developments, direction, and bes	

# OPERATIONAL EXCELLENCE COMMUNITY LEADERSHIP

STRATEGY	OPERATIONAL PLAN						
	2021 (Fiscal Year) 2022 (Fiscal Year) 2023 (Fiscal Year) 2024 (Fiscal Year)						
COMMUNICATIONS  Membership & stakeholders  are well informed on Freestyle Ontario's operations.	newsletter.  2. COMMUNICATIONS STRU		eestyle Ontario's operational init	iatives through its website and to the control of t			
MARKETING & SPONSORSHIP	1. SOCIAL MEDIA: Maintain	a strong and positive presen	ce on all major social media out	lets.			
We have a positive public image, and this image supports our capacity for community impact.	3. ON-SITE: Always have a voccurring.  4. CELEBRATE SUCCESS: Ma	ap success stories of Freestyle a marketing & sponsorship p 6. b. NEW PARTNERSHIF partnership opportun	esence at locations where Frees e Ontario members and alumni. ackage that is ready to share wi PS: Marketing & Sponsorship Wo	th prospective partners.			
		7. MARKETING REACH: For one major marketing initiative that leverage the Olympics to mark the organization beyon its existing membersh	es et ond				

# OPERATIONAL EXCELLENCE COMMUNITY IMPACT

STRATEGY	OPERATIONAL PLAN			
	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)
MEMBERSHIP		1. GROWTH: 20% increas	se in membership from previous	s year.
Grow Freestyle Ontario's membership.				
SCORE OF SERVICE	1 LTAD ALICNMENT, T	hava ava Evanskula Osstavia alikaandu		FUNI de constale de Treis de Constal
Scope of Service  Be an industry leader in the level of service provided to the organization's membership.	stages of the Long 1	riere are Freestyle Ontario alighed p Ferm Athlete Development framewo : Freestyle Ontario member clubs o	ork.	FUNdamentals to Train-to-Compete

## APPENDIX B

# FACILITIES STRATEGY & OPERATIONAL PLAN



# FACILITIES AIR

STRATEGY	OPERATIONAL PLAN					
	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)		
WATER RAMP & TRAMPOLINE FACILITY		NT: Freestyle Ontario's water ram				
Run a water ramp & trampoline facility that supports the development of Ontario's athletes.	2. USAGE: Maintain 400 a	athlete usage days per year. (1 a	thlete ramp day, regardless of le	ength, = 1 athlete usage day)		
			er ramp moves to new location vorganization or membership.	with		
Improve access to downslope airbags for Ontario's park & pipe athletes.		1. AIRBAG: Explore oppo & pipe athletes.	rtunities to improve access to d	ownslope airbags for Ontario's park		

# FACILITIES DISCIPLINE SPECIFIC

STRATEGY	OPERATIONAL PLAN			
	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)
<b>GENERAL</b> Explore, foster, & embrace opportunities to provide quality terrain to Ontario's athletes.	demonstrate potential	portunities to improve Ontario's fac to benefit Freestyle Ontario and it e Ontario and its clubs maintain a	s initiatives.	
MOGULS  Mogul terrain meets the athlete development needs of Ontario's athletes.	1. TRAIN TO TRAIN: 5 or	more Ontario clubs have a Train to	Train stage mogul course.	
		3. FUNDAMENTALS: 5 or m		st resort. amentalz stage mogul terrain. n to Train stage mogul terrain.
		5. LEARN/TRAIN TO COMI mogul course operating	PETE: 1 Learn/Train to Cor in Ontario.	mpete 6. LEARN/TRAIN TO COMPETE: 2 Learn/Train Compete mogul courses operate in Ontario.
	7. CHEIF OF COURSE: more Ontario clubs an FO trained mo Chief of Course.	have	more Ontario clubs have an F	i TO trained moguls Chief of Course.

# FACILITIES DISCIPLINE SPECIFIC

STRATEGY	OPERATIONAL PLAN				
	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fis	
SLOPESTYLE/BIG AIR			amentalz stage slopestyle/big air		
Slopestyle & big air terrain meets the development	2. LEARN TO TRAIN: 5 c	r more Ontario clubs have Lear	n to Train stage slopestyle/big air	terrain.	
needs Ontario's athletes.	3. TRAIN TO TRAIN: 5 O	ntario clubs have a Train to Traiı	n stage slopestyle/big air terrain.		
	4. LEARN/TRAIN TO COI	MPETE: 1 Learn/Train to Compet	e on-snow SS/BA training facility	5. LEAR	N/TRAIN TO
	operates in Ontario.			COMF Comp	PETE: 2 Learn/Train to bete on-snow SS/BA ng facilities operate
HALFPIPE	1. TRAIN TO TRAIN: 1 or	more Ontario clubs have a Trai	n to Train stage halfpipe.		
Halfpipe terrain provides an opportunity to grow the discipline.	2. LEARN TO COMPETE:	1 or more Ontario clubs have a	Learn to Compete stage halfpipe		

## FACILITIES HIGH PERFORMANCE HUBS

#### HIGH PERFORMANCE TRAINING

**STRATEGY** 

HUBS

Develop centralized high performance training hubs for Ontario Team and Development Squad athletes.

#### **OPERATIONAL PLAN**

2021 (Fiscal Year) 2022 (Fiscal Year) 2023 (Fiscal Year) 2024 (Fiscal Year)				4
	Fiscal Year) 2024 (Fiscal Y	2023 (Fiscal Yea	2022 (Fiscal Year)	2021 (Fiscal Year)
	•		•	

1. HIGH PERFORMANCE TRAINING HUB: 1 high performance training hub operates in the Southern Ontario Region that

- includes:i. Sport Science/Sport Medicine service providers.
  - ii. On-snow training facility
  - iii. Trampoline facility
  - iv. Water ramp or air bag
  - v. Strength & Conditioning facility

- HIGH PERFORMANCE TRAINING HUB: 1 high performance training hub operates in the National Capital Region that includes:
  - i. Sport Science/Sport Medicine service providers.
  - ii. On-snow training facility
  - iii. Trampoline facility
  - iv. Strength & Conditioning facility

## APPENDIX C

# CLUBS & PROGRAMS STRATEGY & OPERATIONAL PLAN



# CLUBS & PROGRAMS DEVELOP CLUBS

STRATEGY	OPERATIONAL PLAN				
	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)	
CLUB DEVELOPMENT  Develop, expand, and connect Freestyle Ontario's club network.	clubs.  2. PARTNERSHIPS: Work with	arterly with club leaders to discu FO member clubs to establish p geted club each year on improvi	ositive & productive relationship		
	4. NORTHWESTERN: Develop 3 clubs in northwestern Ontario.	<ul> <li>5. NORTHWESTERN:     Establish sustainability     within northwestern clubs.</li> <li>6. PARK &amp; PIPE: Develop 1     public club FUNdamentalz     &amp; L2T program in     southern Ontario.</li> </ul>	7. MOGULS: Develop 1 public club moguls program in southern Ontario.		
	<ol> <li>GUIDANCE, CONSISTENCY, &amp; GOVERNANCE: Launch a club guidebook outlining how to launch and run a high quality club.</li> <li>a. LEADERSHIP: Design a support system that helps clubs in their governance structure, program planning, terrain design, &amp; understanding of the coach/LTAD/event systems.</li> </ol>	9. b. LEADERSHIP: Implement 10. ESCARPMENT: Each year de Timber Tour.		ub that has not yet hosted a	

# CLUBS & PROGRAMS DEVELOP CLUBS

STRATEGY	OPERATIONAL PLAN				
	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)	
CLUB DEVELOPMENT  Develop, expand, and connect Freestyle Ontario's club network.		11. a. CLUB RECOGNITION: Create and launch a club recognition strategy.	11. b. CLUB RECOGNITIOI strategy.	N: Implement club recognition	
CULTURE Freestyle Ontario's clubs embody its core values.		1. CULTURE: Our core values leaders.	are communicated and cor	nsidered in all interactions with club	

# CLUBS & PROGRAMS GROW MEMBERSHIP

STRATEGY	OPERATIONAL PLAN				
	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year) 2024 (Fiscal Year)		
WOMEN & GIRLS Improve female participation.		1. STRATEGY: Create and launch a new women & girls participation strategic plan.	2. GROWTH: Implement women & girls participation stra		
MARKETING  Improve on-snow visual presence of the organization.		1. STRATEGY: Create and launch a strategy to improve the visual presence of Freestyle Ontario at established member clubs.  2. ACTIVE START: Run a marketing campaign to connect the learning to ski stage (i.e. Active Start) to the FUNdamentalz program.	3. ACTIVATION: Implement strategy to improve the visual presence of Freestyle Ontario at established member clubs.		
RECREATION STREAM  Develop, expand, and connect club network.		1. ADULT PROGRAM: Pilot a program framework for freestyle skiers age 18 and over at 1 club.	ADULT PROGRAM: If pilot program demonstrates potential, develop an adult freestyle program at a club.      ADULT PROGRAM: If program demonstrate program demonstrate potential, develop an freestyle program at a club.      Club.		

## APPENDIX D

# COACH STRATEGY & OPERATIONAL PLAN



# COACH SYSTEM ALIGNMENT

STRATEGY	OPERATIONAL PLAN				
	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)	
EVITURE  Freestyle Ontario's coaches embody its core values.		1. CULTURE: Our core v coaches.	alues are communicated and co	nsidered in all interactions with	
COMMUNICATION  Freestyle Ontario's coaches are connected, informed, and unified in pursuit of the organization's mission.			eet quarterly with coach group t ices between coaches.	o discuss updates, collect feedback,	

# COACH TRAINING & CERTIFICATION

STRATEGY	OPERATIONAL PLAN				
	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)	
TRAINING & CERTIFICATION - COACH DEVELOPERS & COACH EVALUATORS (CE)  Freestyle Ontario can meet the coach training and evaluation needs of its programs.		<ol> <li>a. FUNDAMENTALS:         <ol> <li>Train 2 FUNdamentalz LFs in SOR/NOR</li> <li>Train 1 FUNdamentalz LFs in NCR</li> <li>Update 1                 FUNdamentalz LFs in LSR</li> </ol> </li> <li>COMP-INTRO:         <ol> <li>Train 1 Skiing Skillz LF in SOR/NOR</li> <li>Train 1 Skiing Skillz LF in NCR in NCCP requirements</li> </ol> </li> <li>COMP-INTRO:         <ol> <li>Train 1 Moguls LF in SOR/NOR</li> <li>Train 1 Moguls LF in NCR in NCCP requirements</li> </ol> </li> <li>COMP-INTRO:             <ol> <li>Train 1 P&amp;P LF in SOR/NOR</li> <li>Train 1 P&amp;P LF in NCR</li> </ol> </li> </ol> <li>COMP-INTRO - AIR: Train 1 Air 3 LFs in Ontario.</li> <li>COMP-INTRO - AIR: Train 1 Air 4 LFs in Ontario.</li>	<ol> <li>FUNDAMENTALS:         <ol> <li>3 active</li> <li>FUNdamentalz LFs in SOR/NOR</li> <li>2 active</li> <li>FUNdamentalz LFs in NCR</li> <li>1 active</li> <li>FUNdamentalz LFs in LSR</li> </ol> </li> <li>COMP-INTRO:         <ol> <li>1 active Skiing Skillz LF in SOR/NOR</li> <li>1 active Skiing Skillz LF in NCR</li> </ol> </li> <li>COMP-INTRO:         <ol> <li>1 active Moguls LF in SOR/NOR</li> <li>1 active Moguls LF in NCR</li> </ol> </li> <li>COMP-INTRO:         <ol> <li>1 active P&amp;P LF in SOR/NOR</li> <li>1 active P&amp;P LF in NCR</li> </ol> </li> <li>COMP-INTRO - AIR: 1 active Air 3 LFs in Ontario.</li> <li>COMP-INTRO - AIR: 1 active 1 Air 4 LFs in Ontario.</li> <li>COMP-DEV: 1 new Comp-Dev Learning Facilitator.</li> </ol>		

# COACH TRAINING & CERTIFICATION

#### OPERATIONAL PLAN

#### TRAINING & CERTIFICATION -COACH DEVELOPERS & COACH EVALUATORS (CE)

Freestyle Ontario can meet the coach training and evaluation needs of its programs.

	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)
 		1. COMP-INTRO: i. Train 1 Skiing Skillz CE in SOR/NOR ii. Train 1 Skiing Skillz CE in NCR in NCCP requirements	1. COMP-INTRO: i. Train 1 new Skiing Skillz CE in SOR/NOR ii. Train 1 new Skiing Skillz CE in NCR in NCCP requirements	1. COMP-INTRO: i. Train 1 new Skiing Skillz CE in SOR/NOR ii. Train 1 new Skiing Skillz CE in NCR in NCCP requirements
		2. COMP-INTRO: i. Train 1 Moguls CE in SOR/NOR ii. Train 1 Moguls CE in NCR in NCCP requirements	2. COMP-INTRO: i. Train 1 new Moguls CE in SOR/NOR ii. Train 1 new Moguls CE in NCR in NCCP requirements	in SOR/NOR
		3. COMP-INTRO: i. Train 1 P&P CE in SOR/NOR ii. Train 1 P&P CE in NCR 4. COMP-INTRO - AIR: Train 1	i. Train 1 new P&P CE in SOR/NOR	SOR/NOR
		Air 3 CE in Ontario.  5. COMP-INTRO - AIR: Train 1	4. COMP-INTRO - AIR: Train 1 new Air 3 CE in Ontario.	4. COMP-INTRO - AIR: Train 1 new Air 3 CE in Ontario.
		Air 4 CE in Ontario.	5. COMP-INTRO - AIR: Train 1 new Air 4 CE in Ontario.	5. COMP-INTRO - AIR: Train 1 new Air 4 CE in Ontario.

1. MONITOR CAPACITY: Monitor Ontario's LF & CE capacity.

# COACH TRAINING & CERTIFICATION

STRATEGY	OPERATIONAL PLAN			
	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)
TRAINING & CERTIFICATION - COACHES	CONSISTENCY: All Freesty     i. Making Headway in			
Coaches are properly trained and qualified to meet the needs of their role.		more coaches trained each year in nline guide that clearly outlines the		
	4. a. COMP-DEV: 4 new Comp-Dev Trained coaches.	<ul> <li>4. b. COMP-DEV: 2 new Comp-Dev Certified coaches.</li> <li>5. a. COMP-INTRO &amp; AIR: Implement a plan to have all head coaches of each Timber Tour team to have completed training in all Comp-Intro courses by FY2023.</li> </ul>	4. c. COMP-DEV: At least 1 Comp-Dev Certified coach within Ontario in the following disciplines: v. Slopestyle or Halfpipe vi. Moguls  5. b. COMP-INTRO & AIR: The head coach of each Timber Tour team has completed training in all Comp-Intro courses.	5. c. COMP-INTRO & AIR: The head coach of each Timber Tour team is Comp-Intro Certified.
		1. JUDGING SYSTEM: All Timb 2. CONSISTENCY: All Freestyle i. Safe Sport Trained ii. Making Ethical Decision		e taken a judging course.
TRAINING & CERTIFICATION - PLANNING  Ontario has coaches who are trained in program planning.	PLANNING: 8 coaches traine in Design a Basic Sport Program.	ed PLANNING: 4 or more coaches trained in Performance Planning and Advanced Practice Planning.		

# COACH SUCCESSION STRATEGY

1.	WOMEN & GIRLS: Recruit ne		2024 (Fiscal Year)  ks the status of desirable coach
	WOMEN & GIRLS: Recruit ne	ew female coaches.	
2.		oach scouting system that track	s the status of desirable coach
1.	LONG TERM COACH DEVELOPMENT: Host a career planing session or a series of sessions for coaches, with the intention of developing long term coaching careers.		
2.	MENTORSHIP: Each Ontario-	based Provincial Team coach is	mentoring 2 Ontario coaches.
	1. 2.	career planing session or a series of sessions for coaches, with the intention of developing long term coaching careers.  1. MENTORSHIP: Each Ontario- 2. MENTORSHIP: Each Ontario- 3. COMPETITION: Train new Tin	DEVELOPMENT: Host a career planing session or a series of sessions for coaches, with the intention of developing long term coaching careers.  1. MENTORSHIP: Each Ontario-based Provincial Team coach is 2. MENTORSHIP: Each Ontario-based Provincial Team coach is 3. COMPETITION: Train new Timber Tour coaches in coaching each of the career o

## APPENDIX E

# EVENTS STRATEGY & OPERATIONAL PLAN



#### **OPERATIONAL OPPORTUNITIES**

STRATEGY	OPERATIONAL PLAN				
	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)	
eek out new opportunities to nprove Freestyle Ontario's vents.	benefit Freestyle Ont	es to improve Ontario's events, and embrace such opportunities if they demonstrate potential to ntario's event hosting system.			
Attract new partnerships, and maintain existing partnerships.	1. Leverage events to o	develop partnerships that improve	e participant's experience and/c	or have financial benefits.	

# **EVENTS PEOPLE**

STRATEGY	OPERATIONAL PLAN					
	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)		
<b>VOLUNTEERS</b> Create meaningful volunteer experiences.	1. APPRECIATION: Ensure that volunteering at FO events is a rewarding community experience, and that volunteers have a sense of appreciation for their engagement.					
JUDGING  Have a judging base that meets Ontario's event needs and contributes to athlete development.	local to Timber Tour v	Create opportunities for judges  3. P&P NATIONAL: 4 or competitions.	imber Tour judges, with special for to engage in Ontario's athlete dev more Ontario judges are qualified more new national level park & pi	l to judge national level		
		5. MOGUL NATIONAL: 4 more Ontario judges qualified to judge nat level competitions. 6. PATHWAY: Update pa pipe judging pathway	ional rk &	7. MOGUL NATIONAL: 4 or more Ontario judges qualified to judge national level competitions.		

# **EVENTS PEOPLE**

STRATEGY	OPERATIONAL PLAN					
	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)		
OFFICIALS	1. FIS: 1 Ontario officials attends FIS update each year.					
Have an officials base that is	2. TRAINING: Run 1 offic	cials update for all Ontario Timbe	r Tour major officials annually.			
current and meets Ontario's event hosting needs.	3. TIMING: 1 Chief of Tir	ming clinic hosted annually.				
	4. CHIEF OF COURSE - N	MOGULS: 1 mogul Chief of Course	e professional development plan ci	reated annually.		
			5. RECRUITMENT: Run 1 ne major officials training	ew		
			curriculum in 2023.			
				6. CHEIF OF COURSE - MOGULS: 1 mogul course		
				building workshop run by the end of FY2024.		
				the end of 1 12024.		

#### **LTAD - COMPETITIVE STREAM**

STRATEGY	OPERATIONAL PLAN				
	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)	
FUNDAMENTALZ		8 Sapling Sessions hoster framework.	ed annually that follow Freest	yle Ontario's Sapling Session	
gnite a lifelong love for freestyle skiing in new young athletes.		2. 3 or more Sapling Session	ons have mogul terrain.		
LEARN TO TRAIN	Develop a Learn to Trair     competition framework.		3. 3 regions annually ho	ost Learn to Train competitions using	
Provide meaningful event experiences for Learn to Train athletes.	competition namework.	using FO framework.	TO Hamework.		

#### **LTAD - COMPETITIVE STREAM**

STRATEGY	OPERATIONAL PLAN				
	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)	
TRAIN TO TRAIN	1. LEADERSHIP: FO leads th	ne Timber Tour hosting proces	s through engaging its commur	nity, from organization to execution.	
Provide meaningful event experiences for Train to Train athletes.	2. VENUES: Maintain produc	ctive relationships with all exis	iting Timber Tour venues.		
	3. VENUES: Create documer outlining return on investment benefits to Timber Tour host clubs & resorts.				
		4. HALFPIPE: 1 provincial	level halfpipe event hosted anr	nually.	
			5. NORTHWESTERN: 1 Tr Northwestern Ontario	ain to Train level event hosted in annually.	
			6. VENUES: 1 new escarpment Timber To venue hosts a Train to Train competition.		

#### **LTAD - COMPETITIVE STREAM**

STRATEGY	OPERATIONAL PLAN				
	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)	
Provide meaningful Ontario event experiences for Learn/Train to Compete athletes.		1. PARK & PIPE: Host 1	national level park & pipe comp	etition annually.	
		2. MOGULS: Host a national level competition.	onal	3. MOGULS: Host a national level competition.	
				4. NATIONAL CHAMPIONSHIPS: Host 1 more national championships by the er of FY 2024.	

#### LTAD - RECREATIONAL STREAM

STRATEGY	OPERATIONAL PLAN				
	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)	
ACTIVE FOR LIFE (RECREATION STREAM)  Introduce recreational stream events.		FUNDAMENTALS: Pilot a try freestyle event for teenagers and adults, based on the Sapling Session model.	2. FUNDAMENTALS: If pilot and Adult program (see Clubs & Programs) demonstrate potential, host 2 try freestyle events.	3. FUNDAMENTALS: If Sessions events demonstrates potential, host 3 try freestyle events.	
COMPETITIVE FOR LIFE (RECREATION STREAM)  Introduce recreational stream.				1. LEARN TO TRAIN: If Adult programs achieve critical mass (see Clubs & Programs), pilot a Learn to Train event for teenagers and adults, based on the existing Learn to Train event framework.	

## APPENDIX F

# HIGH PERFORMANCE STRATEGY & OPERATIONAL PLAN



# HIGH-PERF. STRATEGIC PLAN: OPERATIONAL EXCELLENCE

	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)
OVERARCHING GOALS	Average of 1 Ontario athlete	i a advances to the National Team	annually.	
Develop future national team athletes.	2. Average of 1 or more Ontario athlete(s) meet National Team selection eligibility requirements annually.			
MANAGEMENT  Effectively manage the High Performance Program.	1. Employ a staff member res	ponsible for managing the high	performance program.	
FINANCIAL  Have sufficient financial resources.	1. Secure the financial resourc	es needed to deliver this High P	erformance Strategic Plan.	
<b>NSO ALIGNMENT</b> Run an aligned system.		quarterly to discuss athlete  2. Freestyle Ontario's provincia	tyle Canada's high performance and program development. al team coaches and Freestyle Ca thlete and program developmer	anada's national team coaches
PROGRAM MONITORING  Monitor program effectiveness and outcomes.	1. Track the High Performance	e Program's effectiveness throug	h objective data collection syste	ms.
		2. Map the pathways of Ontar	io's national team athletes.	
Stay competitive with other programs.	1. BENCHMARKING: Annually	identify major initiatives & achie	vements performed by other fre	estyle PSOs.
<b>CULTURE</b> Embody Freestyle Ontario's		CULTURE: Our core values a performance initiatives.	re communicated and considere	ed in all interactions high

core values.

	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)
COACH  Have the coaching capacity to develop future national team athletes.	1. a. COMP-DEV: 4 new Comp-Dev Trained coaches.	b. COMP-DEV: 2 new     Comp-Dev Certified     coaches.	1. c. COMP-DEV: 1 new Comp-Dev Learning Facilitator.  1. d. COMP-DEV: At least 1 Comp-Dev Certified coach within Ontario in the following disciplines: ii. Slopestyle <i>or</i> Halfpipe iii. Moguls	
		3. MENTORSHIP: Each Onto	ario-based Provincial Team coach is ario-based Provincial Team coach is ent coach scouting system that trac	mentoring 2 Ontario coaches.
SPORT SCIENCE/SPORT MEDICINE  Have healthy athletes.		thlete pathway. Areas of focus r ditioning ance	cess to sport science & sport medic	cine services that are aligned

	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)	
ATHLETE SELECTION & RANKINGS	SELECTION CRITERIA: Annu- opportunity.	ally review and update Freestyle	Ontario's selection policies for e	each athlete selection	
Implement effective and fair selection processes, and identify emerging talent.	, and 1. Female Moguls				
	3. SELECTION CRITERIA: Revamp the OMT/OPPA Development Program Selection Criteria.	3. SELECTION CRITERIA: Annual Selection Criteria.  4. TRANSFER ATHLETES: Devel program.		· · · · · ·	
PROGRAMMING	1. PROVINCIAL TEAM: Annuall	y Select Provincial Team Athletes	j.		
Provide a provincial team program that is designed to develop future national team athletes.	<ol> <li>PROVINCIAL TEAM: Provide a Provincial Team program, as defined in the Freestyle Ontario Provincial Team Structure Policy (<a href="https://freestyleontario.ski/policy">https://freestyleontario.ski/policy</a>), for both the mogul and park &amp; pipe disciplines.</li> <li>PLANNING: Stage appropriate Provincial Team athlete Yearly Planning Instruments created &amp; reviewed annually.</li> </ol>				
	4. TEAM BUILDING: Annually run a Provincial Team Building initiative intended to strengthen team culture and build a sense of belonging and team identity.				
	5. DEVELOPMENT PROGRAM: Operate an OMT/OPPA Development Program for provincial team athlete prospects.				
	6. TEAM BUILDING: Design provincial team branding strategy.	6. TEAM BUILDING: Implemen	t provincial team branding strat	egy.	

	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)
TECHNICAL SKILLS  Develop athlete technical skills in a way that aligns with the national skill matrix pathway.		1. DATA: Create athlete skil tracking tool for coaches		ite athlete skill tracking tool.
		<ul><li>3. DATA: Assess a snapshot</li><li>4. DEVELOPMENT: Annually gaps.</li></ul>	Team athletes' skills 3 times per year.  ot of Ontario's Train to Train athlete skills 2 times per year.  lly run 2 mogul skills camps that address identified athlete skill  lly run 2 park & pipe skills camps that address identified athlete skill	
		<ul> <li>6. a. AIR: Design a foundational air skills athlete training curriculu for clubs. Curriculum mu have a focus on both on axis and off-axis acrobat ski training.</li> <li>6. b. AIR: Educate clubs in the value of the curriculum.</li> </ul>	6. c. AIR: Monitor curricu effectiveness. m st	ulum's implementation and

	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)
ATHLETE RESOURCES  Have athletes who are informed and are mentally well.	1. PLANNING: Create athlete pathway framework document. Document to guide athletes through the pathway from Train to Train stage up to earning a spot on Freestyle Canada's NextGen Team.			
			erately support holistic athlete de balanced success in sport, scho	

#### **HIGH-PERF. STRATEGIC PLAN: TERRAIN & FACILITIES**

	2021 (Fiscal Year)	2022 (Fiscal Year)	2023 (Fiscal Year)	2024 (Fiscal Year)	
TERRAIN & FACILITIES  High Performance Program athletes have access to stage appropriate terrain and facilities.	<ol> <li>GENERAL: Explore opportunities to improve Ontario's facilities &amp; terrain, and embrace such opportunities if they demonstrate potential to benefit Freestyle Ontario and its initiatives.</li> <li>HIGH PERFORMANCE TRAINING HUB: 1 high performance training hub operates in the Southern Ontario Region that includes:         <ol> <li>Sport Science/Sport Medicine service providers.</li> <li>On-snow training facility</li> <li>Trampoline facility</li> <li>Water ramp or air bag</li> <li>Strength &amp; Conditioning facility</li> </ol> </li> <li>MOGULS: 5 Ontario clubs have a Train to Train stage mogul course.</li> <li>SLOPESTYLE: 5 Ontario clubs have a Train to Train stage slopestyle/big air terrain.</li> <li>SLOPESTYLE: 1 Learn/Train to Compete on-snow training facility operates in Ontario.</li> <li>WATER RAMP &amp; TRAMPOLINE: Freestyle Ontario's water ramp &amp; trampoline facility is able to support the high performatible to pathway.</li> </ol>				
		7. MOGULS: 1 Learn/Train to 0	HIGH PERFORMANCE TRAII     training hub operates in th     includes:	NING HUB: 1 high performance e National Capital Region that ort Medicine service providers. facility	

11. SLOPESTYLE: 2 Learn/ Train to Compete on-snow training facilities operate

in Ontario.