Variation in transcription regulator expression underlies differences in white–opaque switching between the SC5314 reference strain and the majority of Candida albicans clinical isolates

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Introduction

The fungal species Candida albicans is a common commensal member of the healthy human microbiome; C. albicans is also an opportunistic pathogen that can cause diseases ranging from yeast infections and thrush to systemic bloodstream infections in individuals with compromised immune systems (Kennedy and Volz 1985; Wey et al. 1988; Wenzel 1995). C. albicans alternates between 2 stable cell types with distinct cellular and colony morphologies, metabolic preferences, mating abilities, and interactions with the innate immune system. White-to-opaque switching is regulated by mating type; it is repressed by the a1/α2 heterodimer repressor, but this repression is lifted in a/a and a/a mating type cells (each of which are missing half of the repressor). The widely used C. albicans reference strain, SC5314, is unusual in that white–opaque switching is completely blocked when the cells are a/a; in contrast, most other C. albicans a/a strains can undergo white–opaque switching at an observable level. In this paper, we uncover the reason for this difference. We show that, in addition to repression by the a1/α2 heterodimer, SC5314 contains a second block to white–opaque switching: 4 transcription regulators of filamentous growth are upregulated in this strain and collectively suppress white–opaque switching. This second block is missing in the majority of clinical strains, and, although they still contain the a1/α2 heterodimer repressor, they exhibit a/a white–opaque switching at an observable level. When both blocks are absent, white–opaque switching occurs at very high levels. This work shows that white–opaque switching remains intact across a broad group of clinical strains, but the precise way it is regulated and therefore the frequency at which it occurs varies from strain to strain.

Keywords: Candida albicans; BRG1; SFL2; UME6; RFX2; white–opaque switching; mating type

Received on 27 July 2023; accepted on 26 August 2023

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Kumamoto 2007; Zordan et al. 2007; Wang et al. 2011; Hernday et al. 2013; Lohse et al. 2013; Hernday et al. 2016; Lohse and Johnson 2016; Rodríguez et al. 2020). Given the responsiveness of white-opaque switching to environmental signals, it is not surprising that the Cek1 MAP kinase (Ramírez-Zavala et al. 2013; Deng and Lin 2018), cAMP/protein kinase A (Ramírez-Zavala et al. 2013; Ene et al. 2016; Cao et al. 2017; Ding et al. 2017), and Hog1 (Liang et al. 2014; Deng and Lin 2018; Correia et al. 2020) signaling pathways, as well as roughly 20% of gene deletions tested in 2 systematic screens (Lohse et al. 2016; Brenes et al. 2020), affect switching between the 2 cell types in 1 or both directions. Thus, the regulation of white-opaque switching appears to be a hub responsive to many different signals.

Following the discovery of C. albicans mating and the identification of 4 transcriptional regulators controlling the mating type programs (MTLa1, MTLa2, MTLα1, and MTLα2) (Hull and Johnson 1999; Hull et al. 2000; Magee and Magee 2000; Tsong et al. 2003), work with several strains, including the commonly used SC5314 reference strain (that is, the strain most commonly used in laboratory settings and the source of the initial C. albicans genome sequence), showed that a/a or or a/a/strains, but not a/a/strains, could form opaque cells (Lockhart et al. 2002; Miller and Johnson 2002). A mechanism underlying this cell type dependence became apparent once WOR1 was identified as the key regulator of the opaque cell type: the MTLα1/MTLα2 transcriptional regulator heterodimer binds to the WOR1 promoter in a/a cells, repressing it and preventing switching. Because a/a and a/a cells each produce only half of the repressor, WOR1 is expressed, and switching can occur (Lan et al. 2002; Huang et al. 2006; Srikantha et al. 2006; Zordan et al. 2006). More than 90% of C. albicans isolates tested are a/a, as opposed to a/a or a/a (Odds et al. 2007), and this observation raised questions about the relevance of white-opaque switching because most strains were, like SC5314, assumed to be incapable of forming opaque cells without first undergoing a change in mating type. It was subsequently discovered, using a different set of in vitro conditions (GlcNAc and CO2), that up to two-thirds of clinical C. albicans a/a isolates were, in fact, capable of forming opaque cells (Xie et al. 2013; Hu et al. 2016; Li et al. 2016; Park et al. 2020). Despite the identification of these opaque-promoting conditions, SC5314 a/a cells still appear unable to form opaque cells. In this paper, we address the cause of this difference between SC5314 and other switching competent a/a strains.

Materials and methods

Growth conditions

Unless otherwise noted, strains were grown, and assays were performed on synthetic complete (SC) defined media plates containing yeast nitrogen base with 0.5% ammonium sulfate (6.7 g/L, BD #291940), amino acids (2 g/L), uridine (100 µg/mL), 2% glucose, and 2% agar (SCD + aa + Uri); 2% GlcNAc (Sigma #A3286) was added instead of glucose when relevant (SCGlcNAc + aa + Uri) and liquid media omitted agar. Growth in ambient air was conducted in 25°C or in an anaerobic chamber (COY Lab Products) set to 21% O2 and 5% CO2 at room temperature (~22°C).

Plasmid construction

Lists of plasmids and oligonucleotides used in this study can be found in Supplementary File 1.

The pCAG1-mCherry (mCherry-SAT1-RPS1) reporter plasmid was constructed in the previously reported pNZ116 backbone (Lohse et al. 2020). The promoter for CAG1 (499 bp) was amplified from C. albicans SC5314 genomic DNA and added to HindIII digested pNZ116 backbone using In-Fusion Cloning (Takara #638911) to generate plasmid pNZ141. The resulting plasmid was then linearized by Agel digestion prior to transformation into C. albicans. The promoter region used in this construct extends from just upstream of the ATG at the start of CAG1 to 305 bp inside the 3′ end of the upstream gene (C5_05210W orf19/4041). We used a promoter extending into the upstream gene due to the small size of the C5_05210W-CAG1 intergenic region (194 bp) and the close proximity of the a/a binding motif to the 3′ end of the upstream gene (roughly 25 bp).

The MTL deletion plasmid, a SAT1-based equivalent to the previously published Arg4-based pJD1 (Lin et al. 2013), was constructed as follows. The 500-bp 5′ and 3′ of the MTL locus were PCR-amplified, fused together with Xhol and NotI restriction sites positioned between them, and integrated between the Sphl and AattI sites of pUC19 to form pMBL743. During this process, a pair of XmaI sites was added just inside the Sphl and AattI sites to allow for easier linearization of the final construct. The nonrecombinant version of the SAT1 marker from pMBL180 (Lohse and Johnson 2016) was then PCR-amplified and integrated into pMBL743 between the Xhol and NotI sites to form pMBL744. The resulting plasmid was then linearized by XmaI digestion prior to transformation into C. albicans.

The pEN01-Cas9-TYCV1 plasmid for CRISPR-based gene deletions independent of the requirement for heterozygous leu2 deletion was constructed by modifying pADH140 (Nguyen et al. 2017) in order to introduce Stul sites on both flanks of the pEN01-CAS9-TYC1 region. Briefly, a partial pEN01-CAS9 fragment was PCR-amplified from pADH140 by AccuPrime pfX (Invitrogen). To add Stul sites, the replication origin, ampicillin marker, tyC1, and partial pEN01 fragments were independently PCR-amplified from pADH140. These 3 PCR products were then fused, amplified by PCR, and the resulting product linked with the initial pEN01-CAS9 fragment by In-Fusion seamless cloning (Takara) to form pp2280. This plasmid was linearized by Stul digestion prior to transformation into C. albicans.

Strain construction

Lists of strains, plasmids, and oligonucleotides used in this study can be found in Supplementary File 1.

C. albicans a/a SC5314 was isolated from a patient with a Candida infection prior to 1968 (Aszalos et al. 1968; Maestre and Semar 1968; Meyers et al. 1968), and its derivatives served as a basis for comparison to other isolates as well as the template for constructing several deletion strains. Unmodified SC5314 served as the template for constructing the new brg1, rfx2, sfl2, and mom6 single and combination deletion strains as well as the control a/A and a/Δ strains used for comparisons to other derived a/a and a/Δ strains. The SC5314-derived C. albicans wild-type a/a SN250 and OHY13 (HIS1-LEU2) and SN425 (HIS1-LEU2-ARG4) addbacks to the SN152 a/a his1 leu2 arg4 strain have been previously reported (Noble and Johnson 2005; Homann et al. 2009). The single brg1, rfx2, sfl2, and mom6 deletion a/a strains used for NanoString transcriptional profiling have been previously reported (Banerjee et al. 2008; Homann et al. 2009; Fox et al. 2014), and the aforementioned OHY13 addback strain served as a control for experiments using those strains.

Several of the a/Δ strains used, as well as some of the a/a and a/a strains used as controls for the flow cytometry experiments, were taken from a set of 20 strains that have previously been sequenced (Hirakawa et al. 2015) and used for MTL heterozygosity
studies in animal models (Wu et al. 2007). Many of these strains were initially identified and characterized during studies of clinical isolates (Lockhart et al. 1996, 2002; Blignaut et al. 2002; Pujol et al. 2002). The remainder of the a/α strains used in this study are from the set of clinical isolates profiled in the initial a/α opaque cell formation report (Xie et al. 2013); we selected a mixture of strains reported to be capable and incapable of a/α opaque cell formation from the larger set. Two of the strains we profiled from this set (JX1348/ci28 and JX1352/ci32) were reported to be MTL a/α and a/α, respectively, however, our characterization of these strains by colony PCR (and NanoString, for JX1353/ci32) indicates that they are both MTLa/α. Regardless of the cause of this discrepancy, both these strains were capable of a/α opaque cell formation in our hands. A guide to the mcherry reporter-tagged strains, a/Δ or a/Δ derivatives of a/α strains, and opaque cell derivative strains (a/α, a/Δ, and a/Δ) can be found in Supplementary File 1.

The mcherry reporter strains were constructed using Agel-HF (NEB R3552L) linearized pN2141 transformed into the relevant parent strains. Plasmid integration at the RPS1 (RP10) locus was verified by colony PCR across the 5′ and 3′ flanks of the integrated plasmid. Conversion of a/α strains to the a/Δ or a/Δ mating type utilized Xmal-digested pMBL744, loss of 1 MTL copy was verified by colony PCR. Whenever possible, the a/Δ strain background was used instead of the a/α strain background. Opaque cells were isolated for the resulting a/α and a/Δ strains during the course of white-to-opaque switching assays as described below. The new single and combination brg1, rfx2, sfl2, and uma6 deletion strains used for switching assays were constructed sequentially in the previously unmodified a/α SC5314 background using a modification of the protocol described by Huang et al. (2021). For these deletions, the donor DNA (idDNA) contains homology to the regions immediately upstream and downstream of the gene being deleted and was PCR-amplified from pADH34 (Hernday et al. 2010) in order to contain the maltose- recyclable SAT1 marker. The gRNA site was selected from options suggested by Benchling and compared to the list of unique guide sequences developed by Vyas et al. (2015) in order to specify efficacy to the desired location; once a gRNA sequence was chosen, the F_{SNDS2-gRNA-scaffoldTerminator} construct was created through PCR amplification of 2 fragments from pADH143 (Nguyen et al. 2017) followed by a subsequent round of PCR to fuse the 2 fragments. The F_{END1-Cas9-T_{CYCI}} construct was prepared by Stul-digesting the pp2280 plasmid. The 3 constructs were transformed into a/α SC5314 and plated on YPD plus 400 µg/mL nourseothricin. Gene deletions were verified by colony PCR reactions verifying loss of the targeted gene and proper integration of the SAT1 knockout cassette. The SAT1 knockout cassette was recycled by overnight growth in YEP media supplemented with 2% maltose, after which cells were plated on YPD plus 25 µg/mL nourseothricin for 24 h to identify small colonies which had lost the SAT1 marker and replated on YPD plus 400 µg/mL nourseothricin to verify loss of the SAT1 marker. Marker excision and absence of targeted genes were then verified by an additional round of colony PCR. In the case of combination deletions, the absence of all expected genes was verified at each step in the process. For these strains, the order of genes in the description represents the order in which genes were deleted, as such strains with the same genes in a different order (e.g. brg1-sfl2 and sfl2-brg1) are independently constructed versions of a deletion strain for those genes.

Flow cytometry

Overnight cultures of pCAG1-mCherry reporter strains were started from 2-day-old YPD + Ade plates, all cultures were 2 mL of SCGlcNac + aa + Uri in a well of a 24-deep well plate that was sealed with Breathe-Easy sealing membranes (Diversified Biotech, BEM-1) and agitated at 200 rpm at 25°C in an Excella E25 Incubator (New Brunswick Scientific). Overnight, cultures were then diluted back 1:10 in fresh media and agitated for ∼5 h. Fluorescence was measured using a BD FACS Celesta with a 488-nm laser with a 530/30 bandpass filter and a 561-nm laser with a 610/20 bandpass filter. Samples were loaded from 5-µL tubes (Falcon 352052), and normal acquisition was 10,000 events for each strain on the high setting. Data for each sample were exported as an FCS file, and all subsequent analyses were done with R (version 4.0.2) (R Core Team 2019) using the flowCore (version 2.2.0) (Ellis et al. 2019), ggcyto (version 1.18.0) (Van et al. 2018), and tidyverse (version 1.3.0) (Wickham 2017) packages.

**NanoString**

Transcriptional analysis was conducted using NanoString probes against a set of 68 C. albicans genes and both strands of the short and long WOR1 5’ UTRs (1 probe per gene or UTR, 72 probes total). Probes were designed and synthesized by NanoString Technologies. A list of target genes and probe sequences can be found in Supplementary File 2.

Cultures of strains being profiled were most commonly grown in SCGlcNac + aa + Uri with 5% CO₂; when needed, cultures were grown in SCD + aa + Uri and/or ambient air. Cultures were 2 mL in 24-deep well format plates sealed with Breathe-Easy sealing membranes (Diversified Biotech, BEM-1). Ambient air cultures were agitated at 200 rpm at 25°C in an Excella E25 Incubator (New Brunswick Scientific), and CO₂ cultures were agitated at 600 rpm at 25°C in an Incu-Mixer MP shaker (Benchmark) placed in an anaerobic chamber (COY Lab Products) set to 21% O₂ and 5% CO₂ at room temperature (∼22°C). Overnight cultures were diluted back between 10-fold and 50-fold into fresh media and allowed to grow for ∼5 h. At this point, 1.5 mL of each strain was centrifuged, decanted, and flash frozen before storing at −80°C. During the harvesting process, a small aliquot of each sample was plated to determine the white-opaque composition of each culture. Total RNA was extracted using a MasterPure Yeast RNA Purification Kit (Lucigen MPY03100), RNA concentration was then determined using a Qubit RNA BR Kit and Qubit Fluorometer (Molecular Probes/Life Technologies), and RNA quantity was normalized to a concentration of 20 ng/µL in a volume of at least 20 µL. Samples were processed on a nCounter Sprint Profiler (NanoString Technologies) at the LCA-Genome Core Facility at the University of California, San Francisco. Read count data were processed using the nSolver analysis software (NanoString Technologies). Two independent replicates were analyzed for each sample except for a/α SC5314 on GlcNac with 5% CO₂; in this case, 4 replicates were analyzed.

Raw counts were exported from nSolver (version 4.0.70) and then normalized with R (version 4.0.2) (R Core Team 2019) using the tidyverse package (version 1.3.0) (Wickham 2017). All data were normalized based on 5 housekeeping genes [PGA59, TPBI, HTA1, PAT1 (C4_04870C), and DYNI]. The geometric mean of these 5 housekeeping genes for each sample was calculated, and the difference between the geometric mean of these housekeeping genes across all samples and the geometric mean of these 5 housekeeping genes in each individual sample was determined. This difference was then subtracted from all reads in that individual sample to normalize the data, and these normalized read counts were used for all further comparisons and analyses. Student’s t-tests (2-tailed, assuming unequal variance) were performed on the normalized average read counts for each gene to compare
between the switching-capable and switching-incapable strains. Significance was evaluated using a 5% false discovery rate (with Bonferroni correction for multiple testing). Raw and normalized NanoString data can be found in Supplementary File 2 and are also available as accession number GSE241766 at the NCBI GEO.

**Switching assays**

White-to-opaque and opaque-to-white switching assays followed previously reported protocols with modifications where needed (e.g. incubation with 5% CO₂) (Miller and Johnson 2002; Zordan et al. 2007; Lohse et al. 2016). In brief, strains were allowed to recover from glycerol stocks on SCD + aa + Uri (white cells and some opaque cells) or SCGlcNAc + aa + uri (most opaque stability assays) plates at 25°C. After 6 or 7 days, 5 colonies per strain that lacked visible sectors of the other cell type were resuspended in water and plated at a concentration of ~100 colonies/plate. Unless otherwise noted, plates were incubated for 5–7 days at 25°C in ambient air before scoring.

The most common assay setups were as follows. For a/α white-to-opaque switching assays, we tested SCGlcNAc + aa + Uri (CO₂ and air) and SCD + aa + Uri (air), usually with 5 plates per condition–strain pairing. For aΔ and aΔ white-to-opaque switching assays, we tested SCGlcNAc + aa + Uri (air) and SCD + aa + Uri (air), usually with 5 plates per condition–strain pairing. The aΔ and aΔ strains that did not give rise to opaque cells in this initial assay were then tested again with 10 SCGlcNAc + aa + Uri plates (air and CO₂). For transcriptional regulator deletion strain white-to-opaque switching assays, we normally tested 5 SCGlcNAc + aa + Uri plates (air and CO₂). For opaque stability assays (a/α, aΔ, and aΔ), we used 2 plates each of SCGlcNAc + aa + Uri (air) and SCD + aa + Uri (air).

Three phenotypes were noted during the scoring process: (1) the number of sectored colonies, (2) the number of fully switched colonies, and (3) the total number of colonies. The total number of colonies was determined using an aCOLyte colony counter (Synbiosis), and colony morphology and sectoring were determined by manual observation. For white-to-opaque switching assays, the switching frequency was calculated as 100 * (number of sectored colonies + number of fully switched colonies)/total number of colonies; this metric considers all possible switching events. For opaque stability assays (opaque-to-white switching), the stability rate was calculated as 100 * (number of fully unswitched (opaque) colonies + number of sectored colonies)/total number of colonies; this metric considers all colonies with at least some visible opaque cells as having at least some opaque stability. If no switching events (white-to-opaque assay) or opaque-containing colonies (opaque stability) were observed, the rate is reported as less than 100/total number of colonies.

**Results**

**General defects in MTLa1/MTLa2 repression do not explain a/α opaque formation**

A plausible hypothesis to explain the ability of many C. albicans a/α strains to switch to the opaque cell type is that these strains have a defect in the expression or function of the transcriptional regulators MTLa1 and/or MTLa2 resulting in increased expression of MTLa1/MTLa2-repressed genes (including WOR1) in a/α cells. To test this hypothesis across a diverse set of a/α strains, we constructed a reporter where the CAG1 upstream regulatory region controls mCherry expression, integrated this reporter into S3 a/α strains selected to include both switching-capable and switching-incapable ones (including SC5314), and measured mCherry expression by flow cytometry. The CAG1 regulatory region was chosen because it (1) is bound by MTLa1 and MTLa2, (2) is repressed 10-fold in a/α cells relative to a and a cells, and (3) its expression is not white or opaque cell-type dependent. We found that mCherry levels did not consistently differ between the switching-capable and switching-incapable a/α strains (including SC5314), thereby ruling out this hypothesis (Fig. 1a).

**Targeted transcriptional profiling for hypothesis evaluation**

Having ruled out the MTLa1/MTLa2-repression defect hypothesis, we next turned to targeted transcriptional profiling to search for gene expression changes that could explain the differences in the regulation of switching. We designed a 72-probe NanoString library targeting 68 different genes implicated in white-opaque switching. We used this probe set to track gene expression in SC5314 and 16 other a/α strains, 9 of which could undergo white-opaque switching in our hands, in liquid SCGlcNAc + aa + Uri media with 5% CO₂. It is readily apparent that expression of the profied genes does not significantly differ (P > 0.05 post-Bonferroni correction) between the 9 a/α strains that formed opaques and the 7 a/α strains that did not form opaques (Fig. 1b; Supplementary File 2). Consistent with our earlier results, we note that expression of MTLa1 and MTLa2 does not significantly differ between the switching-capable and switching-incapable a/α strains (Supplementary Fig. 1 and File S2). However, there was a large difference between SC5314 and the remaining 16 strains, regardless of the latter’s ability to form a/α opaques (Fig. 1c; Supplementary File 2). This result suggests that, in the presence of GlcNAc and CO₂, SC5314 is an outlier relative to all other strains tested. The largest expression difference between SC5314 and the other strains was observed for 4 of the genes tested: mRNA levels of BRG1 were 13-fold higher, UME6 were 8-fold higher, RFX2 were 5-fold higher, and SFL2 were 3-fold higher in SC5314 relative to the other 16 a/α strains (Fig. 1d; Supplementary File 2). Expression of these 4 genes did not differ among the 16 non-SC5314 strains (Fig. 1d; Supplementary File 2). We also note that the high expression of these genes in SC5314, relative to the other strains, persists when the strains are switched to the a or a mating types (Supplementary Fig. 2 and File S2).

**SC5314 has an abnormally high filamentation response to GlcNAc and CO₂**

The 4 genes expressed at higher levels in SC5314 relative to the other a/α strains encode transcriptional regulators. Three (BRG1, SFL2, and UME6) are known to promote filamentous growth and 1 (RFX2) to repress it (Banerjee et al. 2008; Carlisle et al. 2009; Hao et al. 2009; Homann et al. 2009; Zeidler et al. 2009; Spiering et al. 2010; Song et al. 2011; Cleary et al. 2012). More specifically, Brg1 and Ume6 have been linked to the induction of filamentation in response to the 2 environmental signals, GlcNAc and CO₂, which are those commonly used to induce a/α white-opaque switching (Naseem et al. 2011; Cleary et al. 2012; Lu et al. 2013, 2019; Mendelsohn et al. 2017; Su et al. 2018). Based on these observations, we determined whether the transcriptional differences between SC5314 and the other strains were dependent on GlcNAc and CO₂. To address this question, we transcriptionally profiled (1) SC5314 grown with pairwise combinations of glucose or GlcNAc and air or CO₂ and (2) 6 other a/α strains grown on glucose and ambient air. These experiments established that, in the absence of GlcNAc and CO₂, SC5314 exhibited a transcriptional profile similar to those of the other strains (Fig. 2a; Supplementary File 2). However, the results were different in GlcNAc and CO₂: in SC5314, BRG1 is induced in response to either GlcNAc or CO₂, and
SFL2, UME6, and RFX2 were induced in response to GlcNAc but not CO₂ (Fig. 2b; Supplementary File 2). This induction was either not observed or observed to a lesser extent in the other strains (Supplementary Fig. 3 and File S2). In other words, SC5314 is similar to the other 6 strains on standard lab medium (glucose and ambient air) but is unique in strongly upregulating the 4 filamentation controlling genes in response to GlcNAc and CO₂, the conditions commonly used to promote α/α white-to-opaque switching.

**No single regulator explains the difference between SC5314 and other strains**

Several of the filamentation regulators identified by our transcriptional profiling have been reported to directly or indirectly affect each other’s expression (e.g. Sf12 induces UME6 directly and BRG1 indirectly through repression of SFL1; Znaidi et al. 2013). To determine if reduced expression of 1 of these regulators could explain the expression differences between SC5314 and the other strains, we transcriptionally profiled α/α SC5314 brg1, sfl2, uma6, and rfx2 single deletion strains and found that Brg1 is needed for the high expression of UME6 and RFX2, while Rfx2 represses BRG1 and UME6 expression (the latter either directly or indirectly through repression of BRG1) (Fig. 2c; Supplementary File 2). Conversely, deletion of UME6 or SFL2 did not affect expression of any of these 4 regulators, and none of the other deletions affected SFL2 expression (Fig. 2c; Supplementary File 2). None of the single regulator deletions produced an expression profile comparable to the other α/α strains, suggesting that decreased expression of any one of these regulators cannot explain the transcriptional differences between SC5314 and the other strains.
Multiple regulators contribute to SC5314 a/α opaque repression

Single deletions of BRG1 and SFL2 have been reported to allow for a/α SC5314 opaque cell formation (Xie et al. 2013; Park et al. 2019), and the remaining 2 (RFX2, UME6) have not, to the best of our knowledge, been tested for this phenotype. To verify and compare the reported brg1 and sfl2 results and to test the 2 uncharacterized regulator deletions, we constructed new, genetically matched deletions of these 4 genes in a/α SC5314. Consistent with previous reports, deletion of either BRG1 or SFL2 allowed for a/α opaque cell formation at a low rate (Table 1; Supplementary File 3). Conversely, we did not detect a/α opaque switching by either the um6 or rfx2 deletions. We constructed all possible double, triple, and quadruple deletion combinations for these 4 genes. Certain combinations of double (e.g. brg1-sfl2 and brg1-rfx2), triple (e.g. brg1-sfl2-um6, brg1-um6-rfx2, and sfl2-um6-rfx2), and the quadruple deletion resulted in a/α opaque switching at rates that were higher than the single deletion strains, indicating that multiple regulators contribute to repression of a/α opaque switching in SC5314 (Table 1; Supplementary File 3). We note that the switching rates for these deletion strains tended to be higher in GlcNAC and 5% CO₂ (compared to GlcNAC and ambient air), indicating that both of these signals are needed for maximum switching.
Table 1. White-to-opaque switching rates for selected a/α SC5314 deletion strains on GlcNAc in ambient air or 5% CO₂.

<table>
<thead>
<tr>
<th>Strain</th>
<th>GlcNAc, ambient air</th>
<th>GlcNAc, 5% CO₂</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>white-to-opaque switching rate (%)</td>
<td>n</td>
</tr>
<tr>
<td>a/α wild type α</td>
<td></td>
<td>996</td>
</tr>
<tr>
<td>a/α brg1 deletion A isolate α</td>
<td>0.10</td>
<td>973</td>
</tr>
<tr>
<td>a/α sfl2 deletion A isolate α</td>
<td>0.10</td>
<td>1050</td>
</tr>
<tr>
<td>a/α ume6 deletion A isolate α</td>
<td>&lt;0.09</td>
<td>1098</td>
</tr>
<tr>
<td>a/α rfx2 deletion A isolate α</td>
<td>&lt;0.28</td>
<td>361</td>
</tr>
<tr>
<td>a/α brg1 sfl2 double deletion</td>
<td>0.45</td>
<td>443</td>
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<tr>
<td>a/α brg1 rfx2 double deletion</td>
<td>&lt;0.17</td>
<td>575</td>
</tr>
<tr>
<td>a/α brg1 sfl2 ume6 triple deletion</td>
<td>&lt;0.15</td>
<td>679</td>
</tr>
<tr>
<td>a/α ume6 rfx2 brg1 triple deletion</td>
<td>&lt;0.18</td>
<td>551</td>
</tr>
<tr>
<td>a/α rfx2 ume6 sfl2 triple deletion</td>
<td>&lt;0.19</td>
<td>527</td>
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<tr>
<td>a/α brg1 sfl2 ume6 rfx2 quad deletion</td>
<td>0.21</td>
<td>487</td>
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<tr>
<td>a/α sfl2 brg1 rfx2 ume6 quad deletion</td>
<td>&lt;0.13</td>
<td>800</td>
</tr>
<tr>
<td>a/α ume6 rfx2 brg1 sfl2 quad deletion</td>
<td>0.14</td>
<td>738</td>
</tr>
<tr>
<td>a/α rfx2 ume6 sfl2 brg1 quad deletion</td>
<td>0.14</td>
<td>702</td>
</tr>
</tbody>
</table>

Data for additional deletion strains are presented in Supplementary File 3.

- Combined results for 2 independent assays with this strain.

Table 2. White-to-opaque switching rates for selected a/Δ SC5314 deletion strains on glucose in ambient air or GlcNAc in 5% CO₂.

<table>
<thead>
<tr>
<th>Strain</th>
<th>Glucose, ambient air</th>
<th>GlucNAc, 5% CO₂</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>white-to-opaque switching rate (%)</td>
<td>n</td>
</tr>
<tr>
<td>Wild-type a/Δ</td>
<td>0.55</td>
<td>549</td>
</tr>
<tr>
<td>a/Δ brg1 deletion</td>
<td>0.55</td>
<td>549</td>
</tr>
<tr>
<td>a/Δ sfl2 deletion</td>
<td>0.35</td>
<td>566</td>
</tr>
<tr>
<td>a/Δ ume6 deletion</td>
<td>&lt;0.15</td>
<td>661</td>
</tr>
<tr>
<td>a/Δ brg1 sfl2 double deletion</td>
<td>&lt;0.20</td>
<td>505</td>
</tr>
<tr>
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<td>539</td>
</tr>
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<tr>
<td>a/Δ brg1 sfl2 ume6 triple deletion</td>
<td>0.72</td>
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<tr>
<td>a/Δ brg1 sfl2 ume6 rfx2 quad deletion</td>
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<tr>
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<td>760</td>
</tr>
<tr>
<td>a/Δ ume6 rfx2 brg1 sfl2 quad deletion</td>
<td>0.36</td>
<td>842</td>
</tr>
<tr>
<td>a/Δ rfx2 ume6 sfl2 brg1 quad deletion</td>
<td>&lt;0.09</td>
<td>1060</td>
</tr>
</tbody>
</table>

Data for additional deletion strains and conditions are presented in Supplementary File 4.

- Due to extreme filamentation, hard to score cell type.

Broadly speaking, the results so far indicate that, in SC5314 cells, the conditions that induce white-to-opaque switching are also those reported to strongly induce filamentation in wild-type SC5314. Several previous studies have posited some form of antagonism between the induction of white-to-opaque switching and filamentation; for example, acidic pH results in increased white-to-opaque switching and decreased filamentation, while neutral or alkaline pH results in decreased white-to-opaque switching and increased filamentation (Sun et al. 2015). We previously reported that 2 deletion strains reported to exhibit increased filamentation (hsl1 and ssn3) do not appear to form opaque cells (Brener et al. 2020). It has also been observed that signals which normally favor 1 of these programs can favor the second in cases where the first program is not accessible for some reason. Specifically, it has been reported that ectopic overexpression of the transcriptional regulator Ofi1, which normally results in increased white-to-opaque switching, can lead to filamentation when the opaque cell type is not accessible due to deletion of WOR1 (Yu et al. 2015). These results from the literature, in combination with our new results, led to the hypothesis that an abnormally high filamentation response to GlcNAc and CO₂ in SC5314 blocks white-to-opaque switching in a/α cells; however, these same signals give rise to opaque cells in other a/α strains or in SC5314 if the filamentation response is blocked by mutation. A prediction of this hypothesis is that these same mutations would also boost white–opaque switching in SC5314 a and a cells, as this same antagonism between switching and filamentation is also predicted to exist in this context. To test this hypothesis, we converted a subset of the single and combination transcription regulator deletion strains in SC5314 a/α to the a cell type and measured white-to-opaque switching rates on combinations of glucose, GlcNAc, ambient air, and CO₂. Consistent with our previous report (Lohse et al. 2016), none of the single deletions tested had large effects on switching on glucose in ambient air (Table 2; Supplementary File 4). However, the brg1 and ume6 single deletions (as well as the combination deletions) had significantly increased switching rates on GlcNAc and CO₂, ranging from 80% (single deletions) to 100% of colonies scored (double, triple, and quadruple deletions) (Table 2; Supplementary File 4).

As with the a/Δ deletion strains, the results with a cells demonstrate that both GlcNAc and CO₂ are needed for maximal switching rates. These results show, consistent with the hypothesis, that the predisposition to filamentation prevents (in the case of a/α cells) or significantly reduces (in the case of a cells) the frequency of white-to-opaque switching in the SC5314 background.
Why do other a/α strains form or not form opaque cells?

Our transcriptional profiling indicates that, in the presence of GlcNAc and CO₂, SC5314 is an outlier relative to the other a/α strains examined in this study. The unique response of SC5314 to these 2 signals explains why SC5314 a/α cells do not undergo white–opaque switching. This explanation does not, however, explain why some of the other a/α strains examined here do not readily undergo white–opaque switching. Although not an initial goal of this study, our results do provide additional information regarding this question. We profiled white–opaque switching rates in 26 a/α strains (16 switching-capable and 10 apparently switching-incapable) to better understand the behavior of these strains and search for differences among them that might help to explain their different abilities to undergo white–opaque switching.

Based on the results of these analyses, we reached 5 main conclusions. First, when switched to a or α mating types, all 26 strains could form opaque cells (Fig. 3a; Supplementary File 5). In other words, the white–opaque switching apparatus is intact in all strains examined. Second, the switching rates in a or α cells relative to their a/α cell parents was routinely higher, indicating that a/α2 repression of switching still functions in both switching and nonswitching strains, although it is not sufficient to completely block switching (Fig. 3b; Supplementary File 5). Third, the increase in switching rates in the presence of GlcNAc (relative to glucose) and CO₂ (relative to air) indicates that both these signals broadly stimulate white-to-opaque switching in the isolates examined (Fig. 3c and d; Supplementary File 5). Fourth, the magnitudes of a/α2 repression, GlcNAc stimulation, and CO₂ stimulation effects on switching vary across isolates. Finally, (Fig. 4c and d; Supplementary File 5). Thus, the apparent inability to form opaque cells observed for 10 a/α strains reflects strain-dependent differences in the regulation of switching; the switching apparatus itself is intact in all strains examined.

We also examined opaque cell stability for these strains (that is, opaque-to-white switching), and the results can be summarized by 4 main observations. First, a/α, a, and α opaque cells are more stable on GlcNAc than glucose, and this effect is most apparent in a/α cells (Fig. 4a and b; Supplementary File 5). Second, a/α opaque cells are less stable than a or α opaque cells derived from the same strain suggesting that a/α2 repression reduces opaque cell stability in a/α strains (Fig. 4c and d; Supplementary File 5). Third, many a/α strains form opaque cells that are stable in the absence of CO₂, suggesting that CO₂ is more important for the establishment than the maintenance of the opaque cell type. Finally, a or α opaque cells derived from a/α switching-incapable strains tend to be less stable than those derived from a/α switching-capable strains (Fig. 4e and f; Supplementary File 5).

As described above, the non-SC5314 a/α strains we have examined display a range of switching frequencies including some that have not been observed to switch. One hypothesis to explain these differences is that they differ in expression of Wor1, the “master” transcriptional regulator of the opaque state. To test this idea, we monitored Wor1 mRNA levels across 16 of the clinical strains and found a trend: switching-capable strains had higher levels of Wor1 mRNA than the nonswitching strains. Relative to the level of Wor1 in SC5314 a/α cells, Wor1 mRNA levels were ~15% higher in the switching-capable strains and 25% lower in switching-incapable strains (Fig. 3f; Supplementary File 2).

There are 3 outliers that do not fit this trend (1 switching, 2 non-switching), and the results, taken as a single data set, are not statistically significant (P = 0.0043 for the Wor1 ORF, P = 0.05 threshold with correction for multiple testing is P = 0.0007). However, it is possible that the 3 outliers have a different underlying mechanism for regulating white–opaque switching and that subtle differences in Wor1 expression can at least partially explain the differing abilities of a/α strains to undergo white–opaque switching. Consistent with this hypothesis, experiments in the literature have shown that subtle changes in Wor1 expression and/or function (e.g., deletion of 1 of the 2 endogenous copies, fusing GFP to the Wor1 protein) affect both white-to-opaque and opaque-to-white switching rates (Lohse and Johnson 2010; Ziv et al. 2022).

Discussion

In this paper, we uncover the basis for an important difference between the standard reference strain of C. albicans (SC5314) and a range of other clinical isolates. Based on work in SC5314, white–opaque switching—the formation of 2 heritable cell types from the same genome—was observed in a or α strains but not in a/α strains. This difference was due to a block imposed by the MTLa1/MTLa2 heterodimer repressor, which only forms in a/α cells. However, subsequent work showed that, in many other clinical isolates of C. albicans, a/α cells could undergo white–opaque switching. In this paper, we resolve this apparent paradox; our principle conclusions are as follows:

1. The SC5314 a/α reference strain differs from the other C. albicans a/α strains examined here by highly inducing 4 filamentation-associated transcriptional regulators (BRG1, SFL2, UME6, and RFX2) in response to GlcNAc and CO2. This induction, which was not observed or was observed to a lesser extent in the other clinical strains, blocks white–opaque switching in SC5314 a/α cells. When all 4 genes are deleted, SC5314 can now readily undergo white–opaque switching as an a/α strain; in other words, there are 2 regulatory blocks to white-to-opaque switching in SC5314 a/α cells that operate independently: (1) MTLa1/MTLa2 repression of Wor1 expression and (2) upregulation of BRG1, SFL2, UME6, and RFX2 in response to GlcNAc and CO2 (Fig. 5). When a single block is removed, either by converting SC5314 a/α to a or α cells or by deleting BRG1 and SFL2, white-to-opaque switching can readily occur. When both blocks are removed simultaneously, switching rates become even higher, approaching 100%.

2. We further show that, in the 26 non-SC5314 clinical strains examined here, the MTLa1/MTLa2 regulatory block is intact, but the second block is missing. This allows many of these strains to undergo white–opaque switching as a/α strains. When the first block (repression by the MTLa1/MTLa2 heterodimer) is also removed, these strains undergo switching at even higher rates and even the “nonswitching” strains become switching competent.

3. Maximum switching rates for SC5314 a/α strains are observed when combinations of brg1, sfl2, ume6, and rfx2 knockouts are tested, indicating that multiple genomic loci underlie the difference in the regulation of white–opaque switching between SC5314 and the other clinical isolates.

4. Our results, in combination with published results, suggest that an antagonism exists between filamentous growth and white-to-opaque switching and the “set point” of this
antagonism differs between SC5314 and the other clinical strains. As discussed above, changes in the environment and many genetic manipulations can affect white–opaque switching (Du et al. 2015; Sun et al. 2015; Ene et al. 2016; Lohse et al. 2016; Brenes et al. 2020). The work described in this paper strongly suggests that the balance between filamentous growth and white–opaque switching is also shifted by naturally occurring strain variation.

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**Fig. 3.** White-to-opaque switching frequencies of 26 non-SC5314 clinical strains in response to mating type, carbon source, and atmospheric differences. 

- **a)** Summary of the switching phenotypes observed for 26 a/α clinical strains and the a or α strains derived from them. 
- **b)** White-to-opaque switching frequencies of 25 a/α strains (x-axis) and the a or α strains derived from them (y-axis) on GlcNAc in ambient air. 
- **c)** White-to-opaque switching frequencies of 16 switching-capable a/α strains on GlcNAc when exposed to ambient air (x-axis) or CO₂ (y-axis). 
- **d)** White-to-opaque switching frequencies of 26 a or α strains, derived from a/α strains, growing on glucose (x-axis) or GlcNAc (y-axis) in ambient air. 
- **e)** White-to-opaque switching frequencies of 26 a or α strains derived from 16 switching-capable (left) or 10 switching-incapable (right) a/α strains when grown on GlcNAc in ambient air. 
- **f)** Normalized read counts for WOR1 in 9 switching-capable and 8 switching-incapable (including SC5314) a/α strains. Non-SC5314 strains are indicated with black circles; SC5314 is indicated with a red triangle. Each point represents the average of all replicates for a given strain (4 for SC5314, 2 for all other strains). In b–e, axes are plotted on a log10 scale, and when no switching events were detected for a strain in an assay, the switching rate is reported as 100 divided by the total number of colonies counted for that strain in the assay. In b–d, the line of identity (y = x) is indicated.
Although not a primary goal of this work, we did notice a trend in the non-SC5314 clinical strains between expression of WOR1 mRNA and the ability to undergo white–opaque switching as an a/α strain. This trend was not observed for all strains (there were 3 outliers), but it suggests that subtle differences in WOR1 expression could explain some of the differences among the non-SC5314 clinical strains.

For the 26 non-SC5314 strains, we showed that all of them (both switching competent and nonswitchers) have the ability to undergo white-to-opaque switching when converted to a or α cells. Thus, the switching apparatus is intact in all of these strains, and the difference in switching rates in a/α cells reflects regulation of white–opaque switching rather than its inactivation. It is possible that the "nonswitching" a/α strains are capable of switching under environmental conditions that have not yet been investigated.

In conclusion, we show that there are 2 potential blocks to white–opaque switching: (1) the well-studied block of the MTLa1/MTLa2 repressor present only in a/α cells and (2) the induction of a series of transcriptional regulators (BRG1, SFL2, UME6, and RFX2) that is independent of MTLa1/MTLa2 repression. The reference strain (SC5314) contains both blocks, thereby preventing white–opaque switching unless at least 1 of the blocks is removed, either through genetic manipulation or through naturally occurring strain variation. In the 16 additional clinical strains investigated here, the first block was present, but the second block was absent. This absence allowed many of these strains to undergo white–opaque switching even when they are a/α cells and therefore contain the first block. We also show that, for those non-SC5314 strains that have not been observed to undergo white–opaque switching, if the a/α block is removed (by converting them to a or α cells), they now become switching competent. These results show that the white–opaque switching apparatus is intact across a wide variety of strains and that it is the regulation of switching (rather than its presence or absence) that differs among clinical isolates. Many different environmental signals converge to regulate the rate of white–opaque switching, and not surprisingly many different genes also affect the rate (Ene et al. 2016; Lohse et al. 2016; Brenes et al. 2020). White–opaque switching is widely conserved among clinical strains and extends to Candida dubliniensis and Candida tropicalis (Pujol et al. 2004; Porman et al. 2011), indicating that it is under strong selection and must be of key importance for those species that maintain...
it. The work in this paper, combined with previous work, shows that, although the regulation of white–opaque switching differs across C. albicans clinical strains, the underlying process itself remains intact.

Data availability
Strains and plasmids are available upon request. The authors affirm that all data necessary for confirming the conclusions of the article are present within the article, figures, tables, supplemental figures, and supplemental files. Supplementary File 1 contains lists of the oligonucleotides, plasmids, and strains used in this study. Supplementary File 2 contains the compiled data and information for the NanoString experiments from this study. The raw and normalized NanoString data are also available as accession number GSE241766 at the GEO database (GEO). Supplementary Files 3–5 contain the data for the switching assays related to this study.

Supplemental material available at GENETICS online.

Acknowledgments
We thank members of the Johnson Lab, especially Lucas Brenes, Carrie Graham, Chien-Der Lee, and Harold Marin, for helpful discussions and suggestions. We thank Ananda Mendoza for technical support. We thank the Laboratory for Cell Analysis—Genome Core Facility at UCSF and especially Emanuela Zacco, for help with the NanoString experiments. We thank Iuliana Ene for Bioinformatics support.

Funding
This work was supported by National Institutes of Health (NIH) grants R01AI049187 and R01GM037049 to A.D.J.). This study was also supported in part by the Helen Diller Family Comprehensive Cancer Center Laboratory for Cell Analysis Shared Resource Facility through a grant from the NIH (P30CA082103). The content is the sole responsibility of the authors and does not represent the views of the NIH or other funding agencies. Neither the NIH nor other funding agencies had any role in the design of the study, in the collection, analyses, or interpretation of data, in the writing of the manuscript, or in the decision to publish the results.

Conflicts of interest
ADJ is a cofounder of BioSynesis, Inc., a company developing diagnostics and therapeutics for biofilm infections. MBL is a consultant for BioSynesis, Inc. No funding for this research was provided by BioSynesis, Inc. and/or by any grants to BioSynesis, Inc. Neither BioSynesis, Inc., nor agencies funding BioSynesis, Inc., played any role in the study design, data collection and analysis, decision to publish, or preparation of the manuscript.

Literature cited


