The items of the SDQ-5 comprise the following items of the SDQ-20: 4, 8, 13, 15, and 18.

For the Polish, Portuguese, Spanish and Turkish users of the SDQ, please use the SDQ-20 and calculate the score for the SDQ-20 as well as the score for the SDQ-5.

The range of scores for the SDQ-20 is 20 - 100. The cutoff value in the screening for DSM-5 dissociative disorders is 29 and higher.

The range of scores for the SDQ-5 is 5 - 25. The cutoff value in the screening for DSM-5 dissociative disorders is 8 and higher.