

TRANSCRIPT OF RECORDS

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COACH

NON-NCCP PROFESSIONAL DEVELOPMENT

TRAINING

Optimiser l'allure (pacing) a l'entrainement et en competition	- QC	3-Dec-2013
Retour sur les jeux de Sochi	- QC	3-Apr-2014
Optimisation de l'echauffement: effets de la potentialisation post activation	- QC	15-Apr-2014
L'entrainement polarisé pour les épreuves aérobies et l'intégration de la préparation physique pour	- QC	23-Sep-2014
Intégrer le développement de la concentration à l'entraînement	- QC	28-Oct-2014
Les techniques de récupération par le froid	Montreal QC	24-Mar-2015
La préparation mentale de l'entraîneur	Montreal QC	26-Aug-2015

EVALUATION

- None -



COACH

CROSS COUNTRY SKIING COMMUNITY COACHING (CC)

SINCE

EXPIRES

P.D. POINTS

★ ★

Trained

16-Apr-2010

0/0

TRAINING

Make Ethical Decisions Community Coaching Workshop	- AB	16-Apr-2010
Planning a Practice Introduction to Community Coaching Workshop	Quebec QC	16-Apr-2010

EVALUATION

- None -



COACH

NON-NCCP PROFESSIONAL DEVELOPMENT

TRAINING

Cycling Canada Coach Webinar- Yearly Training Plans	Online ON	25-Feb-2014
Cycling Canada Coach Development Webinar- MTB LTAD	Online ON	11-Nov-2014
Webinar- Développement à long terme de l'athlète Vélo de montagne	Online ON	9-Dec-2014
Webinar du développement- Les tendances alimentaires chez les sportifs	Online ON	7-Apr-2015
Cycling Canada Coach Development Webinar- Coaching novices - of any age	Online ON	6-Oct-2015
Cycling Canada Coach Development Webinar- Building Mountain Bike Athletes	Online ON	1-Dec-2015

EVALUATION

- None -

COACH

PERFORMANCE CYCLING - COMPETITION DEVELOPMENT

SINCE

EXPIRES

P.D. POINTS

★ ★ ★

Certified

31-Jul-2014

Jan 2020

3/30

TRAINING

- None -

EVALUATION

Portfolio	- ON	1-Jan-2012
Training Camp Evaluation	Mont-Tremblant QC	10-May-2014
In-Competition Evaluation		

COACH

READY TO RACE! INTRODUCTION TO COMPETITION	SINCE	EXPIRES	P.D. POINTS
★ ★ ★ Certified	11-Jan-2014	Jan 2020	3/20

TRAINING

- None -

EVALUATION

Ready to Race! Portfolio	- QC	8-Jan-2014
Ready to Race! Evaluation (MTB & Road)	- ON	11-Jan-2014



COACH

LEVELS NCCP

Not yet certified

TRAINING

- None -

EVALUATION

Technical 1	- QC	9-Feb-2003
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COACH

TRIATHLON ADULT COMMUNITY COACH	SINCE	EXPIRES	P.D. POINTS
★ ★ Trained	6-Feb-2011	---	0/0

TRAINING

Triathlon Community Adult Planning Module	La Salle QC	6-Feb-2011
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EVALUATION

- None -

COACH

TRIATHLON COMPETITION INTRODUCTION	SINCE	EXPIRES	P.D. POINTS
★ ★ ★ Certified	21-May-2011	Jan 2019	20/20

TRAINING

Teaching and Learning Planning a Practice Design a Basic Sport Program Triathlon Comp Intro Part 2: Performance Analysis Triathlon Comp Intro Part 2: Applied Planning and Training Triathlon Comp Intro Part 2: Communication in Coaching	Lasalle QC	19-Mar-2011
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EVALUATION

Triathlon Comp Comp Intro Part 3 Evaluation	Montreal QC	21-May-2011
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COACH

TRIATHLON YOUTH COMMUNITY COACH	SINCE	EXPIRES	P.D. POINTS
★ ★ Trained (Transferred)	9-Feb-2003	---	0/0

TRAINING

- None -

EVALUATION

- None -



COACH

COMMUNITY SPORT - INITIATION

TRAINING

- None -

EVALUATION

Make Ethical Decisions Online Evaluation (Community Sport)		13-Sep-2013
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COACH

COMPETITION - DEVELOPMENT

TRAINING

- None -

EVALUATION

Make Ethical Decisions Online Evaluation (Competition – Development)		13-Sep-2013
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COACH

COMPETITION - INTRODUCTION

TRAINING

- None -

EVALUATION

Make Ethical Decisions Online Evaluation (Competition – Introduction)	Ottawa ON	3-May-2011
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COACH

GLOBAL

TRAINING

Air Aware		5-Dec-2013
Developing Athletic Abilities pre-workshop session		10-Mar-2014
Coaching and Leading Effectively Developing Athletic Abilities Prevention and Recovery Psychology of Performance	Montréal QC	23-Mar-2014
Empower +	Montréal QC	16-Apr-2014
Leading Drug-free Sport	Montreal QC	11-May-2014
Managing Conflict	Montréal QC	25-May-2014
Making Head Way in Sport		31-Jul-2014

EVALUATION

Leading Drug-free Sport Online Evaluation		31-Jul-2014
Managing Conflict Online Evaluation		31-Jul-2014

COACH

INSTRUCTION - BEGINNERS

TRAINING

- None -

EVALUATION

Make Ethical Decisions Online Evaluation (Instruction Stream)		5-Dec-2013
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COACH

LEVELS NCCP

TRAINING

- None -

EVALUATION

Theory 3	Montréal QC	25-May-2014
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