

ham & cheese croissant	7.5
homemade granola with vanilla yogurt	7.5
egg muffin w sausage/ham/ bacon & tomato or hp sauce	8.5
bacon & egg sarnie	9.5
smoked salmon & cream cheese bagel	9.5
breakfast wrap - eggs, roast tomatoes, shrooms	9.5
cocowhip breakfast bowl - fruit, vegan nut granola, original cocowhip	10
steak wrap with scrambled eggs & mushrooms	12.5
smoked salmon wrap with scrambled eggs & avocado	12.5
breakfast of champions - steak or salmon, scrambled eggs, mixed greens, guacamole, tomatoes	16.8

PIMP YOUR BREAKFAST

white toast	2.3
sourdough toast	3.5
sauteed spinach	3
roasted tomatoes	2
english muffin	3.4
homemade bagel	3.5
mixed greens	3
sauteed mushrooms	4
avocado	3.8
guacamole	3.8
two eggs - scrambled/fried	4
home-cured bacon	4
pork sausage	5
grilled kurobuta ham	6
smoked salmon	6.8
grass fed steak	8

SARNIES

weekday breakfast
7:30am to 11am

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hey@sarniescafe.com