

2016	Diller, M., Argus, C.	Floating Restricted Environmental Simulation Therapy and its Effect on Mood and Stress in Elite Athletes: Novel Recovery Strategy?	Performance Enhancement Health, Vol. 5, Iss. 2, pp. 60-65	Research Article	Australia	Floort REST
2016	Jansson, K., and Kjellgren, A.	Resting Effect of a 10-minute Floating REST (Restricted Environmental Simulation Technique) as a Randomized Controlled Pilot Trial	BMC Complementary and Alternative Medicine, Vol. 16, pp. 108	Research Article	Sweden	Floort REST
2015	Barabasz, M., Barabasz, A. F., Barabasz, J., Jusko, T.	The Effects of Dry Floatation REST on Hypertability, EEG and Heart Rate Variability	American Journal of Clinical Hypnosis, Vol. 27, Iss. 1, pp. 206-214	Research Article	USA	Dry Floort REST
2014	Jansson, K., and Kjellgren, A.	Caring the Sick and Caring Sufferer - How Relaxation in Floating Tanks is Advertised on the Internet	European Journal of Integrative Medicine, Vol. 6, Iss. 5, pp. 601-605	Research Article	Sweden	Floort REST
2014	Kjellgren, A., Ekelin, H., Nordeen, T., Norlander, T.	The Effects of Floating REST on Depression and Anxiety in Patients with Fibromyalgia: A Randomized Controlled Trial	BMC Complementary and Alternative Medicine, Vol. 14, pp. 447	Research Article	Sweden	Floort REST
2013	Kjellgren, A., Ekelin, H., Nordeen, T., Norlander, T.	Quality of Life with Floating Therapy for a Person Diagnosed with Attention Deficit Disorder, Attention Deficit Hyperactivity Disorder and Depression	Open Journal of Medical Psychology, Vol. 2(1), Iss. 3, pp. 134-138	Research Article	Sweden	Floort REST
2013	Morgan, P.H., Sabosni, A., Sults-Karlmann, M.A.	The Acute Effects of Floating Restricted Environmental Simulation Technique on Recovery From Maximal Aerobic Exercise	Journal of Strength and Conditioning Research, Vol. 27, Iss. 12, pp. 3467-3474	Research Article	USA	Floort REST
2012	Besser, F., and Maroufi, I.	Investigation of Aquanauts Sensation Patterns under Sensory Deprivation Using a Geographic Information System	Evidence-Based Complementary and Alternative Medicine, Vol. 2012, pp. 1-6	Research Article	Germany	Floort REST
2011	Jaacobs, T.	The effect of the floatation version of restricted environmental simulation technique (REST) on mood improvement	Applied Psychophysiology and Biofeedback, Vol. 36, Iss. 4, pp. 228-228	Research Article	Canada	Floort REST
2011	Kjellgren, A., Bukhal, H. and Norlander, T.	Preventing Sick-leave for Sufferers of High Stress-load and Depression: A Pilot Study on Combined Psychotherapy and the Floatation tank	International Journal of Psychology and Psychological Therapy, Vol. 11, Iss. 2, pp. 297-306	Research Article	USA	Floort REST
2010	Kjellgren, A., Bukhal, H. and Norlander, T.	The Qualitative Treatment in Combination with Relaxation in Floating Tank: Effects on "Burn-Out Syndrome"	The Qualitative Report, Vol. 15, Iss. 5, pp. 1243-1269	Research Article	Sweden	Floort REST
2010	Lann, M.A. and Martin, A.	An Unusual Deep Involving a Sensory Deprivation Tank	Journal of Creative Sciences, Vol. 59, Iss. 6, pp. 1038-1042	Case Study	USA	Floort REST
2009	Edeboh, H., Kjellgren, A., Boed, A., and Norlander, T.	Enhanced Involvement and Quality of Life Through Treatment with Restricted Environmental Simulation Technique in a Patient with Attention Deficit Hyperactivity Disorder and Depression: A Case Report	Cases Journal, Vol. 2, Iss. 2, pp. 69-75	Case Study	Sweden	Floort REST
2009	Edeboh, H., Boed, A., Boed, S., and Norlander, T.	Chronic Whiplash-Associated Disorders and Their Treatment with Restricted Environmental Simulation Technique	Qualitative Health Research, Vol. 18, Iss. 4, pp. 480-488	Research Article	Sweden	Floort REST
2008	Kjellgren, A., Lydon, F., Norlander, T.	The Influence of Floating Tanks Altered States of Consciousness and Effects on Well-being	The Qualitative Report, Vol. 13, Iss. 4, pp. 636-656	Research Article	Sweden	Floort REST
2007	Aaserik, K., Olsson, S., Boed, A., & Norlander, T.	Case Studies on Fluorimetry and Biom-on Depression Using Psychotherapy in Combination with Floating REST: Personality Development and Involvement Well-being	Imagination, Cognition and Personality, Vol. 26, Iss. 3, pp. 255-271	Research Article	Sweden	Floort REST
2007	Boed, S. A.	Benefits and Drawbacks of Restricted Environmental Simulation Technique for Patients with Stress Related Allergies	Personality and Behaviour, Vol. 35, pp. 483-188	Research Article	Sweden	Floort REST
2007	Boed, S. A., Sundequist, L.L., Kjellgren, A., Norlander, G., & Norlander, T.	Relaxation in a Floating Tank Brings Peace and Quiet, Increases Energy and Focus	Swedish Research Council, Nov. 6, 2007	Research Article	Sweden	Floort REST
2007	Boed, S. A.	Relaxation in a Floating Tank Brings Peace and Quiet, Increases Energy and Focus	Swedish Research Council, Nov. 6, 2007	Research Article	Sweden	Floort REST
2007	Landstrom, A., Boed, S.A., Kjellgren, A., and Norlander, T.	Testing stress related pain in a clinical sample with floatation REST: a further report on pre-occupation pain assessed by the Pain Area Inventory (PAI)	Social Behaviour and Personality, Vol. 35, Iss. 9, pp. 1279-1280	Research Article	Sweden	Floort REST
2006	Boed, S. A., Sundequist, L., Norlander, T., Norlander, G., Norlander, K., Nordstrom, K., Kjellgren, A., et al.	Relaxing the Relaxation Restored with Help of Floating REST: Restricted Environmental Simulation Technique as a Stress Management Tool: A Meta-analysis	International Journal of Health Services Management, Vol. 7, Iss. 1, pp. 15-17	Research Article	Sweden	Floort REST
2006	Boed, S. A., Sundequist, L.L., Kjellgren, A., Nordstrom, G., & Norlander, T.	Efficacy of Non-REST Restricted Environmental Simulation Technique on Stress Related Muscle Pain: What Makes the Difference? A Pilot Study on Restricted Environmental Simulation Technique	Pain Research and Management, Vol. 10, Iss. 4, pp. 201-209	Research Article	Sweden	Floort REST
2006	Deerendonck, D. A., Niehuus, J. A., et al.	Effects of Floating Therapy on Relaxation and Mental State	Psychology and Health, June, 2006, 20, pp. 405-412	Research Article	The Netherlands	Floort REST
2004	P. S. U. Y.	Effects of Floating Therapy on Relaxation and Mental State	Chinese Medical Journal, Vol. 117, Iss. 9, pp. 1078-1081	Research Article	China	Floort REST
2003	Eschhorn, D.	Auditory Signal Detection in Various Levels of Restricted Environmental Simulation Technique (REST)	University of British Columbia, Vancouver, British Columbia	Dissertation	Canada	Chamber REST
2003	Kjellgren, A.	Relaxation in a Floating Tank Brings Peace and Quiet, Increases Energy and Focus	Göteborgs Universitet, Göteborg, Sweden	Dissertation	Sweden	Floort REST
2003	Kjellgren, A.	Relaxation in a Floating Tank Brings Peace and Quiet, Increases Energy and Focus	The Swedish Research Council, 06/11/2003	Research Article	Sweden	Floort REST
2003	Norlander, T., Gärd, L., Nikkari, L., & Åcher, T.	New Age Exploration of Out-of-Body Life Frameworks From a Psychological Perspective	Mental Health, Religion, & Culture, Iss. 6, pp. 1-11	Research Article	Japan	Alternative Wellness
2003	Kwaka, K., Yamamoto, M., Nakao, K., and Kimura, M.	Quantitative Characteristics of Alpha and Theta EEG Activities During Sensory Deprivation	Psychiatry and Clinical Neurosciences, Vol. 57, Iss. 3, pp. 191-192	Research Article	Japan	Floort REST
2001	Kjellgren, A., Sundequist, L.L., Norlander, T., Åcher, T.	Effects of Floating REST on Muscle Tension Pain	Physiology and Health, Vol. 6, Iss. 4, pp. 181-189	Research Article	Sweden	Floort REST
2001	Norlander, T., Kjellgren, A., & Åcher, T.	The Experience of Restricted Environmental Simulation Technique (REST) as a Function of Setting and Previous Experience of Altered States of Consciousness	Personality, Cognition, and Personality, Iss. 25, pp. 161-178	Research Article	Sweden	Floort REST
2001	Rogan, A., Morris, T., Gibbons, R.	Pain Management in Osteopathic Medicine: The Efficacy of Floating REST as an Adjunct to Spinal Manipulation for Acute Non-specific Low Back Pain: A Case Report	Journal of Osteopathic Medicine, Vol. 4, Iss. 2, pp. 37-40	Research Article	USA	Floort REST
2000	Hu, P., Wang, R.H., Shang, Z.H., et al.	Effect of Floating REST on Patients with Primary Hypertension	Clinical Psychology Journal (China), Vol. 20(10), Iss. 14, pp. 414-416	Research Article	China	Floort REST
1999	Hu, S., Elliott, M.H., Peterson, C., Hankness, E.F.	A Pilot Study to Evaluate the Effects of Floating Spa Treatment on Patients with Obsessive Compulsive Disorder	Journal of Clinical Psychology, Vol. 55, Iss. 4, pp. 235-238	Research Article	USA	Floort REST
1999	P. S. U. Y.	The Origin and Status Quo of Floating Therapy	Clinical Psychology Journal (China), Vol. 19(9), Iss. 1, pp. 248-252	Research Article	China	Floort REST
1999	Kwaka, K., Yamamoto, M., Nakao, K., and Kimura, M.	A Study on Polysomnographic Observations and Subjective Experience of Sensory Deprivation	Psychiatry and Clinical Neurosciences, Vol. 53, Iss. 2, pp. 128-133	Research Article	Japan	Floort REST
1999	Norlander, T. and Bergman, H.	Primary Process in Competitive Archery Performance: Effects of Floating REST	Journal of Applied Sports Psychology, Vol. 11, Iss. 2, pp. 184-201	Research Article	Sweden	Floort REST
1999	Suedfeld, P., Borre, R.A.	Health and Therapeutic Applications of Chamber and Floating Restricted Environmental Simulation Therapy (REST)	Psychology and Health, Vol. 14, pp. 545-566	Research Article	Canada	Floort REST
1998	Richardson, S.	Imagery, Progressive Muscle Relaxation and Restricted Environmental Simulation: Enhancing Rowing Ergometer Performance Through Floating REST	University of British Columbia, Department of Psychology	Dissertation	Canada	Floort REST
1997	Fine, T.H., McCormick, B.A., Sheffieldsky, D., and Turner, J.W.	Effects of Restricted Environmental Simulation Therapy on Heart Rate, and Indices of Inflammation in Rheumatoid Arthritis	Medical College of Ohio, Department of Psychiatry and Department of Psychology	Dissertation	USA	Chamber REST
1995	Sakata, S., Shinohara, J., Hori, T.	Enhancement of Randomness by Floating REST in Restricted Environmental Simulation Technique	Perceptual and Motor Skills, Vol. 80, Iss. 3 (2), pp. 999-1010	Research Article	Japan	Floort REST
1995	Suedfeld, P. & Ech, E.	Autobiographical Memory and Affect Under Conditions of Floating REST	Journal of Environmental Psychology, Vol. 15, Iss. 4, pp. 303-308	Research Article	Canada	Floort REST
1994	Forgary, D.G. and Forgary, D.K.	The Use of Floating Isolation to Modify Important Type A Behavioral Characteristics	Journal of Environmental Psychology, Vol. 14, Iss. 1, pp. 47-55	Research Article	USA	Floort REST
1994	Raab, J. & Gruetler, J.	A Controlled Investigation of Right Hemispheric Processing with Floating REST	Psychological Medicine, Vol. 24, Iss. 10, pp. 497-492	Research Article	UK	Floort REST
1994	Schuz, P. and Kaspar, C.	Neuroendocrine and Psychological Effects of Restricted Environmental Simulation in a Floating Tank	Biological Psychology, Vol. 37, Iss. 2, pp. 161-173	Research Article	Canada	Floort REST
1994	Suedfeld, P., Steg, G., Walbaum, A., Bluck, S., Lixsney, N., Capos, L.	Psychology Explaining the Effects of Stimulus Restriction: Testing the Dynamic Hemispheric Asymmetry Hypothesis	Journal of Environmental Psychology, Vol. 19(4), Iss. 4, pp. 87-100	Research Article	USA	Chamber REST
1994	Walker, W. R., Freeman, R. F., Anderson, D. K.	Restricted Environmental Simulation (REST) to Enhance Cognitive Behavioral Treatment for Obsessive Compulsive Disorder with Schizophrenia Personality Disorder	Behavior Therapy, Vol. 25, Iss. 4, pp. 258-219	Research Article	USA	Chamber REST
1993	Atkinson, D.	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 93-100	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 93-100	Research Article	USA	Floort REST
1993	Balanz, E.	REST in the Treatment of Persistent Psychophysiological Arousal	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 187-203	Research Article	USA	Floort REST
1993	Barabasz, M., Barabasz, A. F. & Dyer, R.	Chamber REST Reduces Alcohol Consumption: 3, 6, 12 and 24 Hour Sessions	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 163-173	Research Article	USA	Chamber REST
1993	Barabasz, A. F., Barabasz, M., Bauman, J.	Restricted Environmental Simulation Technique Improves Human Performance: Rifle Marksmanship	Perceptual and Motor Skills, Vol. 76, pp. 887-873	Research Article	USA	Dry Floort REST
1993	Barabasz, A., Barabasz, M., Dyer, R. & Rather, N.	Effects of Chamber REST, Floating REST and Relaxation on Tension Head State	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 113-120	Research Article	USA	Chamber REST
1993	Barabasz, A.F. & Barabasz, M.	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives	Springer-Verlag, New York, New York	Book	USA	Floort REST, Chamber REST
1993	Barabasz, A.F. & Barabasz, M.	REST: A Key Facilitator in the Treatment of Eating Disorders	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 121-123	Research Article	USA	Chamber REST
1993	Barabasz, A.F. & Barabasz, M.	Treatment of Trichotillomania and Smoking with Hypnosis and Restricted Environmental Simulation	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 145-155	Research Article	USA	Chamber REST
1993	Borre, R., Dana, J., Perry, S., & Crozman, K.	Effects of Floating REST on Physical and Psychological Intervention in Patients with Physical Disabilities	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 289-296	Research Article	USA	Floort REST
1993	Brownfield, C.	Slow REST or Fast Drugs: Meditation or Medication	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 101-111	Research Article	USA	Floort REST, Chamber REST
1993	Crawford, H.	Psychological Comparisons of REST and Hypnosis: Implications for Future Research	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 175-186	Research Article	USA	Floort REST
1993	D'Rihs, D.	Motivational Factors in Alcohol Consumption: Extending Hulls Model	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 137-162	Research Article	USA	Floort REST, Chamber REST
1993	Dyer, R., Barabasz, A. F. & Barabasz, M.	Twenty-Four Hours of Chamber REST Produces Specific Food Aversions in Obese Females	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 127-144	Research Article	USA	Chamber REST
1993	Fine, T., Mills, D., Turner, J.	Differential Effects of Wet and Dry Floating REST on EEG Frequency and Amplitude	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 205-213	Research Article	USA	Floort REST, Dry Floort REST
1993	Harrison, J. & Barabasz, A.	REST as a Treatment for Children with Autism	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 239-249	Research Article	USA	Chamber REST
1993	Jessen, W.	The Effects of Conscious Floats and Their Timing on Neuroendocrine Responses	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 231-239	Research Article	USA	Floort REST
1993	Jessen, W. E.	The Effects of Conscious Floats and Their Timing on Neuroendocrine Responses	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 221-228	Research Article	USA	Floort REST
1993	Kouls, G., Kemp, J., Keane, K., and Beiden, A.	Replication of a Clinical Outcome Study on a Hospital-Based Stress Management and Behavioral Medicine Program Utilizing Floating REST	Research in Psychology, Vol. 19(2), pp. 92-100	Research Article	USA	Floort REST
1993	McAuley, P. & Barabasz, A.	Effects of Floating REST and Visual Imagery on Athletic Performance: Tennis	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 75-86	Research Article	USA	Floort REST
1993	Mee, S.	A Neo-Dissociation Conceptualization of REST	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 1-16	Research Article	USA	Chamber REST
1993	Ruzyla-Smith, P. & Barabasz, A.	Effects of Floating REST on the Immune Response: T-Cells, B-Cells, Helper and Suppressor Cells	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 223-228	Research Article	USA	Floort REST
1993	Steil, G.	Relaxed and Alert Patients of 1/2-Wave Amplitude and Heart Rate in a REST Environment	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 259-269	Research Article	USA	Floort REST
1993	Suedfeld, P.	Stimulus and Theoretical Reductionism: What Underlies REST Effects?	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 3-9	Research Article	Canada	Floort REST, Chamber REST
1993	Suedfeld, P.	Stimulus and Theoretical Reductionism: What Underlies REST Effects?	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 3-9	Research Article	Canada	Floort REST, Chamber REST
1993	Turner, J., DeLeon, A., Gibson, C., Fine, T.	Effects of Floating REST on Range Motion, Grip Strength and Pain in Rheumatoid Arthritis	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 297-306	Research Article	USA	Floort REST
1993	Turner, J., Fine, T.	The Physiological Effects of Floating REST	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 215-222	Research Article	USA	Floort REST
1993	Turner, J., Gerard, W., Hyland, J., Meland, P., Fine, T.	Effects of Wet and Dry Floating REST on Blood Pressure and Plasma Cortisol	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 239-249	Research Article	USA	Floort REST
1993	Turner, J., Schroeder, H. & Fine, T.H.	A Method for Continuous Blood Sampling During Floating REST	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 281-297	Research Article	USA	Floort REST
1993	Wagman, A. & Barabasz, A.	Floating REST and Imagery in the Improvement of Collegiate Athletic Performance: Basketball	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 87-92	Research Article	USA	Floort REST
1993	Wikmanakera, I.	A Model of the Common "Active Ingredient" in Stress Reduction Techniques	Clinical and Experimental Restricted Environmental Simulation New Developments and Perspectives, pp. 69-73	Research Article	USA	Floort REST, Chamber REST
1993	Forgary, Donald G., Forgary, Deborah, K.	Sensory Enhancement Through Floating Isolation	Journal of Environmental Psychology, Vol. 12, Iss. 4, pp. 329-335	Research Article	USA	Floort REST
1993	Shurley, J. T.	Creative Deprivation and Sensory Isolation Research and Publica Torture: A 35 Year Critical Retrospective	The Masses of Contemporary Psychiatry in Perspective, pp. 210-220	Research Article	USA	Chamber REST
1993	Forgary, D.G., Forgary, D.K., Pufalik, M., and Wright, D.	A Description of the "Wet" and "Dry" Floating Environments	Journal of Environmental Psychology, Vol. 11, Iss. 2, pp. 179-187	Research Article	USA	Floort REST, Dry Floort REST
1993	Roy, C.	The Clinical Application of Restricted Environmental Simulation Therapy (REST) to Obsessive Compulsive Disorder	The British Journal of Psychiatry, Vol. 159, Iss. 4, pp. 582-593	Research Article	UK	Chamber REST
1993	Wagman, J.D., Barabasz, A.F., Barabasz, M.	Floating REST in the Improvement of Collegiate Rifle Marksmanship	Perceptual and Motor Skills, Vol. 72, Iss. 3, pp. 119-122	Research Article	USA	Floort REST
1993	Walbaum, A.B., Rzewnicki, R., Steig, H., Suedfeld, P.	Progressive Muscle Relaxation and Restricted Environmental Simulation Therapy for Chronic Tension Headaches: A Pilot Study	International Journal of Psychosomatics, Vol. 18, Iss. 14, pp. 23-9	Research Article	Canada	Floort REST
1993	Adams, H.B.	The Incredible History of REST Technology	Restricted Environmental Simulation Research and Commentary, pp. 11-28	Research Article	USA	Chamber REST
1993	Baker, D.A.	The Use of REST in the Enhancement of Sports Performance: Tennis	Restricted Environmental Simulation Research and Commentary, pp. 181-187	Research Article	USA	Floort REST
1993	Barabasz, M., Orneil, M. & Sooghy, G.	The Physiological Panic Button: New Data	Restricted Environmental Simulation Research and Commentary, pp. 112-119	Research Article	USA	Chamber REST
1993	Barabasz, A.F., Barabasz, M.	Effects of Chamber REST on Hypnotizability and Chronic Pain	Restricted Environmental Simulation Research and Commentary, pp. 205-209	Research Article	USA	Chamber REST
1993	Borre, R.A.	The Use of Restricted Environmental Simulation Therapy in Treating Addictive Behaviors	International Journal of Addiction, Vol. 25, Iss. 7A-5A, pp. 995-1015	Research Article	USA	Floort REST
1993	Borre, R.A.	Development of the Outted Floort: The Use of Ericksonian Hypnosis in Floating REST	Restricted Environmental Simulation Theoretical and Empirical Developments in Floating REST, pp. 150-173	Research Article	USA	Floort REST
1993	Bross, M.	A Dynamic Model of Restricted Environmental Simulation Effects	Restricted Environmental Simulation Theoretical and Empirical Developments in Floating REST, pp. 31-41	Research Article	USA	Floort REST, Chamber REST
1993	Bross, M., Hanh, M., Reiss, J.	A Comparison of Temporal and Spatial Visual Acuity in Response to Monocular Occlusion	Restricted Environmental Simulation Theoretical and Empirical Developments in Floating REST, pp. 102-101	Research Article	USA	Sensory Isolation
1993	Butzinsky, T.H.	Hemispheric Asymmetry and REST	Restricted Environmental Simulation Theoretical and Empirical Developments in Floating REST, pp. 2-21	Research Article	USA	Chamber REST
1993	Coren, S., Seshadri, P.	Data of Diana: Introductory Psychology Textbook's View of REST	Restricted Environmental Simulation Research and Commentary, pp. 120-133	Research Article	USA	Floort REST, Chamber REST
1993	Eley, G., Seshadri, P., Freundlich, T.	The Presence or Absence of Light in the REST Experience: Effects on Plasma Cortisol, Blood Pressure and Mood	Restricted Environmental Simulation Research and Commentary, pp. 120-133	Research Article	USA	Floort REST
1993	Fine, T. & Turner, J.W.	Restricted Environmental Simulation: Research and Commentary	Springer-Verlag, Medical College of Ohio, Toledo, Ohio	Book	USA	Floort REST, Chamber REST
1993	Gutstein, D.D. & Jessen, W.E.	Potential Effects on Premenstrual Syndrome	Restricted Environmental Simulation Research and Commentary, pp. 200-206	Research Article	USA	Floort REST
1993	Olundberg, N.E.	Practical Applications of Environmental Stimulus Therapy in Behavioral Health	Restricted Environmental Simulation Research and Commentary, pp. 36-50	Research Article	USA	Floort REST, Chamber REST
1993	Helmreich, R.L.	The Critical Role of Personality and Organizational Factors as Determinants of Reactions to Restricted and Stimulated Environments	Restricted Environmental Simulation Research and Commentary, pp. 61-61	Research Article	USA	Long term Isolation
1993	Hunt, T.	Body-Centered Therapy: A Holistic Paradigm for Understanding REST	Restricted Environmental Simulation Theoretical and Empirical Developments in Floating REST, pp. 50-70	Research Article	USA	Chamber REST
1993	Jessen, W. E.	In-Tank Floating Therapy	Restricted Environmental Simulation Theoretical and Empirical Developments in Floating REST, pp. 152-157	Research Article	USA	Floort REST
1993	Jessen, W. E.	Specific Odors and Floating	Restricted Environmental Simulation Theoretical and Empirical Developments in Floating REST, pp. 134-135	Research Article	USA	Floort REST
1993	Kaplan, G. & Barabasz, A.	Enhancing Hypnotizability: Differential Effects of Floating REST on Hypnotizability	Restricted Environmental Simulation Research and Commentary, pp. 220-244	Research Article	USA	Floort REST
1993	Kouls, G., Kemp, J., Keane, K., and Beiden, A.	Replication of a Clinical Outcome Study on a Hospital-Based Stress Management and Behavioral Medicine Program Utilizing Floating REST and Biofeedback	Restricted Environmental Simulation Theoretical and Empirical Developments in Floating REST, pp. 174-190	Research Article	USA	Floort REST
1993	Mahoney, M.J.	Applications of Floating REST in Personal Development	Restricted Environmental Simulation Research and Commentary, pp. 154-159	Research Article	USA	Floort REST
1993	Melowitz, R., Torra, T. & Lehmann, C.A.	Effects of Floating in a Saturated Epsom Salts Solution on Resting Heart Rate and the Autonomic Nervous System of the Skin	Restricted Environmental Simulation Research and Commentary, pp. 139-150	Research Article	USA	Floort REST
1993	McGrady, A.	Psychophysiological Environmental Simulation on Personality and Performance	Perceptual and Motor Skills, Vol. 71, Iss. 3, pp. 1023-1028	Research Article	USA	Floort REST
1993	McGrady, A.	Psychophysiological Environmental Simulation on Personality and Performance	Restricted Environmental Simulation Research and Commentary, pp. 20-35	Research Article	USA	Floort REST
1993	Meredith, L.G. & Barabasz, A.F.	Effects of Floating REST on Simulated Instrument Flight	Restricted Environmental Simulation Research and Commentary, pp. 195-203	Research Article	USA	Floort REST
1993	McGrady, C., Lehman, C. & Borre, R.	Floating REST for the Management of Rheumatoid Arthritis	Restricted Environmental Simulation Research and Commentary, pp. 205-209	Research Article	USA	Floort REST
1993	McCallie, J. & Suedfeld, P.	Enhancing the Creativity of Psychologists Through Floating REST	Restricted Environmental Simulation Research and Commentary, pp. 204-212	Research Article	Canada	Floort REST
1993	Miller, M.F. & Barabasz, M.	Effects of Restricted Environmental Simulation on Invention Originality	Restricted Environmental Simulation Research and Commentary, pp. 88-93	Research Article	USA	Floort REST
1993	Norlander, T., Bergman, H. & Åcher, T.	Effects of Floating REST on Creative Problem Solving and Originality	Journal of Environmental Psychology, Iss. 13, pp. 395-408	Research Article	Sweden	Floort REST

