

**Jennifer W. Degen**

238 Deer Run Lane  
Moretown, Vermont  
802-522-6067

**PSYCHOLOGY  
EXPERIENCE**

**Addison Central Supervisory Union  
Consulting School Psychologist -**

Middlebury, Vermont  
08/11-Present

- Perform Psycho-educational and Psychological Evaluations throughout Vermont.
- Provide in-service trainings to schools, behavioral intervention planning, and consultations.

**Bridge Street Counseling Associates**

Moretown, Vermont

**Contracted School Psychologist/Psychotherapist** 09/02-Present

- Perform Psycho-educational and Psychological Evaluations throughout Vermont.
- Provide in-service trainings to schools, behavioral intervention planning, and consultations.
- Provided therapy to individuals, couples and families until 2005.

**Green Mountain Valley School**

Waitsfield, Vermont

**School Psychologist, Grade 9-12**

09/05-6/08

- Provide psychotherapy 6 hours a week or boarding students.
- Specialize in evaluation of and treatment for anxiety, adjustment and attention issues.
- Provide consultation to staff on students' emotional issues.
- Perform psychological evaluations.

**Fayston Elementary School**

Fayston, Vermont

**Home School Coordinator/School Counselor, Grades K-6**

9/02-06/06

- Interviewed and assessed individual children for home-based services.
- Provided consultation and case management to parents and school officials to enhance social emotional supports.
- Collaborated with Washington County Mental Health to refer children to intensive family-based services.
- Taught Vermont Standards-Based personal development units weekly in seven classrooms. Topics included conflict resolution, empathy, difference, self-esteem, peer pressure, prejudice, social skills, friendship, and drug and tobacco awareness.
- Provided regular individual and group counseling to children.

**U32 Elementary Schools**

Berlin, Vermont

**Part Time Counselor, Grades K-6**

9/00-6/03.

- Interviewed and assessed individual children for home-based services.
- Provided consultation and case management to parents and school officials to enhance social emotional supports.
- Collaborated with Washington County Mental Health to refer children to intensive family-based services.
- Taught Vermont Standards-Based personal development units weekly in seven classrooms. Topics included conflict resolution, empathy, difference, self-esteem, peer pressure, prejudice, social skills, friendship, and drug and tobacco awareness.
- Provided regular individual and group counseling to children.

Trained thirteen 5<sup>th</sup> and 6<sup>th</sup> grade peer mentors to service the school student support program.

**Acton Public Schools**

Acton, Massachusetts

**Counselor/Evaluator,**

Grades-K-6

9/96-11/98

- Provided weekly individual and group counseling as part of students' Individualized Educational Plans.
- Conducted K-6 developmental counseling activities in a large classroom setting.
- Administered and Interpreted the Wechsler Intelligence Scale for Children III.
- Chaired and participated in special education team evaluation meetings.
- Interviewed parents to compile children's developmental histories.

**Triton Regional Junior/Senior High School**

Byfield, Massachusetts

**Counselor, Grades 7-9**

9/93- 8/96

- Counseled individuals, small groups, and parents on academic performance, adolescent issues, and peer-related conflicts.
- Initiated and developed 7th and 8th grade guidance curriculum to coincide with health curriculum. Topics included: problem solving, decision making, conflict resolution, and substance abuse prevention and treatment.
- Developed and wrote Peer Mediation Program Plan.
- Initiated and taught Staff Development workshops on conflict resolution.
- Participated in all pre-referral, CORE and Reevaluation teams.

**Massachusetts Youth Conservation Corps**

Bourne, Massachusetts

**Adjustment Counselor, High School**

Summer 1995

- Counseled at-risk teenagers who participated in a GED program.
- Taught "Discover," a multi-step career education computer program.
- Taught multi-media "Successmaker" program - a CD-ROM computer program focused on solving problems on issues such as drugs, suicide, family, and death.

**Thompson Elementary School**

Arlington, Massachusetts

**Counseling Intern, Elementary**

9/92-9/93

- Counseled individuals, classroom and parent groups on problems related to emotional development and school.
- Coordinated efforts with teachers, parents, administrators, and specialists to create effective referrals and counseling strategies.
- Evaluated and interpreted students' cumulative records.
- Visited model guidance and counseling departments to complete comparative research study.
- Initiated and implemented developmental guidance needs assessment, and made recommendations for alternative program design.

**Saint Elizabeth's Hospital**

Boston, Massachusetts

**Therapeutic Recreation Specialist, Adult Psychiatry**

7/90-9/93

- Initiated, designed, and implemented group programs to meet the needs of a changing client population, including: stress management, self-esteem building, social skills training, and leisure education.
- Led and co-led 15 therapy groups with process-oriented activities for three 20-bed adult units.
- Implemented and communicated patient treatment plans in conjunction with multi-disciplinary treatment team.
- Designed and implemented patient assessment instrument.
- Conducted department in-service training programs.

**Portsmouth Hospital**

Portsmouth, New Hampshire

**Psychiatric Counselor, Adolescent Psychiatry**

10/89-7/90

- Developed a broad-based understanding of substance abuse, manic-depressive illness, schizophrenia, and depression.
- Conducted daily individual and group counseling sessions on a 20-bed adolescent unit.
- Provided case management in conjunction with a multi-disciplinary treatment team.

**TEACHING  
EXPERIENCE**

**Readak Educational Services**

Acton, Massachusetts

**Teacher**

9/87-9/89

- Taught developmental reading and study skills to grades 6-12 in eight private inner city and suburban schools in the U.S. and Europe.
- Incorporated new course material and adopted presentation to various ability levels, including foreign students.
- Provided evaluation of children's reading skills to teachers and parents.
- Provided in-service education to faculty and staff on effective teaching methods.

- UP WITH PEOPLE International** Tucson, Arizona  
**Performer and Public Relations Representative** 1/86- 12/86
- Performed in over 80 cities in eight countries in musical dance productions to promote world peace.
  - Acted as liaison officer between UP WITH PEOPLE and sponsoring agencies.
  - Prepared and distributed news releases and tapes to publicize musical performances in the U.S. and Italy.
  - Recruited, interviewed, and evaluated over 85 international students in six countries.
  - Conducted phone campaigns to obtain housing for 120 international students.

<b>RELEVANT DOCTORAL COURSEWORK</b>	<b>Psychological Assessment for School Psychologists II</b>	Fall 2005
	<b>Psychological Assessment for School Psychologist I</b>	Summer 2005
	<b>Principles of School Psychology</b>	Fall 2004
	<b>Tests and Measurements</b>	Winter 2004
	<b>Cognitive/Affective Psychology</b>	Fall 2003

<b>PROFESSIONAL DEVELOPMENT</b>	<b>Therapeutic Yoga Teacher Training Basics: Dual Process (PRYT)</b>	59 hours	2015
	<b>Therapeutic Yoga Teacher Training Advanced: Themes &amp; Sequencing</b>	59 hours	2015
	<b>Phoenix Rising Yoga Therapy Teacher Training (PRYT) – Level 1</b>	32 hours	2014
	<b>Yoga for Emotional Balance: Healing Anxiety and Depression</b>	24 hours	2014
	<b>Child Psychiatry In Primary Care, University of Vermont</b>	7 hours	2014
	<b>Autism Diagnostic Observations Schedule Training</b>	14 hours	2013
	<b>Theory of Mind Assessment and Intervention for Children with ASD</b>	7 hours	2013
	<b>Spark Your School the Mind Body Classroom Connection, Castleton</b>	45 hours	2012
	<b>Integrating RTI with Cognitive Neuropsychology</b>	7 hours	2012
	<b>Planning and Evaluation Tool for Effective Schoolwide Reading</b>	9 hours	2012
	<b>Using RtI to Advance Learning In Mathematics</b>	6 hours	2011
	<b>Legal Issues relating to Behavior in Schools, Art Sernosa</b>	6 hour	2011
	<b>Assessment of Autism Spectrum Disorders in Schools</b>	7 hours	2010
	<b>Training of Psychologists to work with the Visually Impaired</b>	7 hours	2009
	<b>National Association of School Psychologists Conference</b>	25 hours	2009
	<b>The Neuropsychology of Reading Assessment</b>	20 hours	2007
	<b>Clinical Assessment of Children, PLC</b>	20 hours	2003
	<b>Psychopathology, Capella University</b>	60 hours	2003
<b>Counseling the Grieving Child, University of Vermont</b>	12 hours	2000	
<b>Marriage and Family Therapy, Salem State Graduate School</b>	48 hours	1994	
<b>Peer Mediation Training, School Mediation Associates,</b>	30 hours	1993	

<b>EDUCATION</b>	<b>Vermont State Board of Education</b>	Montpelier Vermont
	Level II: Licensed Guidance Counselor -2001-2021	
	Level II: Licensed School Psychologist - 2006-2021	
	<b>Capella University</b>	Minneapolis, Minnesota
	Doctoral work in Family Psychology, 2003-2005	
	<b>Lesley College Graduate School</b>	Cambridge, Massachusetts
MA, Counseling Psychology, August, 1993		
<b>University of New Hampshire</b>	Durham, New Hampshire	
BS, Health Studies, 1985		