

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Guided Meditation 7:00pm-8:00pm Park Ave	2	3	4	5
6 Salty Yoga 7:00pm-8:00pm Park Avenue Saltsational Meditation 7:00pm-7:45pm Katonah	7 Salty Yoga 11:30am- 12:30pm Katonah	8	9 Salty Gong Meditation 7:00pm-8:00pm Park Avenue	10	11	12
13 Salty Reiki Circle 7:00pm-8:00pm Park Avenue	14	15	16	17	18	19
20 Saltsational Meditation 7:00pm-7:45pm Katonah	21	22	23 Salt & Sound Bath 7:00pm – 8:00pm Park Avenue Dobbs Ferry Salty Yoga 5:00pm -6:00pm Katonah	24 Group Healing 6:30pm-8:00pm Katonah	25	26
27	28 Awaken + Activate New Moon 7:00pm-8:00pm Park Ave Salty Yoga 6:30pm-7:30pm Dobbs Ferry					