

Salty Workshops April

2017

Hover over the class, click on the link and reserve your spot.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3 Saltsational Meditation 7:00pm-7:45pm Katonah	4 Salty Yoga 7:00pm-8:00pm Park Avenue	5	6	7	8	9
10 Salty Yoga 7:00pm-8:00pm Park Avenue	11 Salty Yoga 6:30pm-7:30pm Dobbs Ferry	12	13 Salty Gong Meditation 7:00pm-8:00pm Park Avenue	14	15	16
17 Saltsational Meditation 7:00pm-7:45pm Katonah	18 Salty Yoga 6:30pm-7:30pm Dobbs Ferry	19	20 Salt & Sound Bath 7:00pm – 8:00pm Park Avenue Salty Yoga 5:00pm -6:00pm Katonah Sound Meditation 7:00pm – 8:00pm Dobbs Ferry	21	22	23
24	25	26	27 Salty Yoga 6:00pm – 7:00pm Dobbs Ferry	28 Group Healing 6:30pm-8:00pm Katonah	29	30