

# Salty Workshops May

# 2017

Hover over the class, click on the link and reserve your spot.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
Salty Yoga 7:00pm-8:00pm <b>Park Avenue</b>			Salty Gong Meditation 7:00pm-8:00pm <b>Park Avenue</b>			
Saltsational Meditation 7:00pm-7:45pm <b>Katonah</b>						
8	9	10	11	12	13	14
		Day 1 Healing Workshop 7:00pm-9:00pm <b>Katonah</b> <b>*Registration Deadline</b>	Salty Pranayama 7:00pm-8:00pm <b>Park Ave</b>			
15	16	17	18	19	20	21
Saltsational Meditation 7:00pm-7:45pm <b>Katonah</b>		Salty Yoga 7:00pm-8:00pm <b>Park Avenue</b>	Sound Meditation 7:00pm – 8:00pm <b>Dobbs Ferry</b>	Group Healing 6:30pm-8:00pm <b>Katonah</b>		
		Day 2 Healing Workshop 7:00pm-9:00pm <b>Katonah</b>				
22	23	24	25	26	27	28
	Salty Yoga 6:30pm-7:30pm <b>Dobbs Ferry</b>	Day 3 Healing Workshop 7:00pm-9:00pm <b>Katonah</b>	Salty Yoga 5:00pm -6:00pm <b>Katonah</b>			
			Salty Yoga 6:30pm-7:30pm <b>Dobbs Ferry</b>			
			New Moon, New You 7:00pm – 8:00pm <b>Park Ave</b>			
29	30	31				
Saltsational Meditation 7:00pm-7:45pm <b>Katonah</b>	Salt & Sound 7:00pm-8:00pm <b>Park Ave</b>					