



Salty Workshops

August 2017

Park Ave Workshops

- Thursday, Aug 3rd [Salty Pranayama](#) 7:00pm-8:00pm
- Tuesday, Aug 8th [Salty Yoga & Meditation](#) 7:00pm-8:00pm
- Monday, Aug 14th [Salty Yoga](#) 7:00pm-8:00pm
- Wednesday, Aug 23rd [Salty Yoga](#) 7:00pm-8:00pm

Katonah Workshops

- Monday, Aug 7th [Saltsational Meditation](#) 7:00pm-7:30pm
- Monday, Aug 14th [Saltsational Meditation](#) 7:00pm-7:30pm
- Monday, Aug 21st [Saltsational Meditation](#) 7:00pm-7:30pm
- Wednesday, Aug 23rd [Salty Healing Circle](#) 7:00pm-9:00pm
- Thursday, Aug 24th [Group Energy Healing](#) 6:30pm-8:00pm
- Monday, Aug 28th [Saltsational Meditation](#) 7:00pm-7:30pm

Dobbs Ferry Workshops

- Friday, Aug 18th [Salty Yoga](#) 5:00pm-6:00pm

Hover over the class, click on the link and reserve your spot

AUGUST 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		