



Salty Workshops September 2017

Park Ave Workshops

Wednesday, Sept 13th [Salty Yoga](#) 7:00pm-8:00pm
 Friday, Sept 15th [Salt & Sound](#) 7:00pm-8:00pm
 Tuesday, Sept 19th [Salty Pranayama](#) 7:00pm-8:00pm
 Monday, Sept 25th [Salty Yoga](#) 7:00pm-8:00pm

Katonah Workshops

3 Day Workshop [Healing From The Heart](#) 7:00pm-9:00pm
 Wed 9/27,10/4,10/11 [with Gene Krackehl](#)
 Monday, Sept 11th [Saltsational Meditation](#) 7:00pm-7:30pm
 Monday, Sept 25th [Saltsational Meditation](#) 7:00pm-7:30pm
 Thursday, Sept 28th [Salty Yoga](#) 7:00pm-9:00pm

Dobbs Ferry Workshops

Thursday, Sept 14th [Salty Yoga](#) 7:00pm-8:00pm

September 2017						
MON	TUE	WED	THU	FRI	SAT	SUN
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Hover over the class, click on the link and reserve your spot