



**District of Columbia Oral Health (Dental Provider) Assessment Form**

**Part 1. Child's Personal Information**

Child's Last Name		Child's First & Middle Name		Date of Birth	Gender: <input type="checkbox"/> M <input type="checkbox"/> F	School or Child Care facility:	
Parent/Guardian Name		Telephone1: <input type="checkbox"/> Home <input type="checkbox"/> Cell <input type="checkbox"/> Work		Home Address:			Ward
Emergency Contact:		Telephone2: <input type="checkbox"/> Home <input type="checkbox"/> Cell <input type="checkbox"/> Work		City/State (if other than D.C.)			Zip code:
Race/Ethnicity: <input type="checkbox"/> White Non Hispanic <input type="checkbox"/> Black Non Hispanic <input type="checkbox"/> Hispanic <input type="checkbox"/> Asian or Pacific Islander <input type="checkbox"/> Other _____							
Primary Care Provider (Medical):			Dentist/Dental Provider:		<input type="checkbox"/> Medicaid <input type="checkbox"/> Private Insurance <input type="checkbox"/> None <input type="checkbox"/> Other _____		

**Part 2. Child's Clinical Examination (to be completed by the Dental Provider)**  
**(Please use key to document all findings on line next to each tooth)**

**Date of Exam** \_\_\_\_\_

<b>Tooth #</b>	<b>Tooth #</b>	<b>Tooth #</b>	<b>Tooth #</b>
1 _____	17 _____	A _____	K _____
2 _____	18 _____	B _____	L _____
3 _____	19 _____	C _____	M _____
4 _____	20 _____	D _____	N _____
5 _____	21 _____	E _____	O _____
6 _____	22 _____	F _____	P _____
7 _____	23 _____	G _____	Q _____
8 _____	24 _____	H _____	R _____
9 _____	25 _____	I _____	S _____
10 _____	26 _____	J _____	T _____
11 _____	27 _____		
12 _____	28 _____		
13 _____	29 _____		
14 _____	30 _____		
15 _____	31 _____		
16 _____	32 _____		

Key (Check Appropriate)

S - Sealants	X - Missing teeth
● Restoration	Non-restorable/ Extraction
1D-One surface decay	UE- Unerupted Tooth
2D-Two surface decay	
3D-Three surface decay	
4D-More than three surface decay	

**Part 3. Clinical Findings and Recommendations (Please indicate in Finding column)**

	Findings	Comments
1. Gingival Inflammation	Y N	
2. Plaque and/or Calculus	Y N	
3. Abnormal Gingival Attachments	Y N	
4. Malocclusion	Y N	
5. Other (e.g. cleft lip/palate)		
Preventive services completed <input type="checkbox"/> Yes <input type="checkbox"/> No		

**Part 4. Final Evaluation/Required Dental Provider Signatures**

This child has been appropriately examined. <b>Treatment</b> <input type="checkbox"/> is complete. <input type="checkbox"/> is incomplete. Referred to _____		
DDS/DMD Signature	Print Name	Date
Address		
Phone	Fax	

**Part 5. Required Parent/Guardian Signatures**

<b>Parent or Guardian Release of Health Information.</b> I give permission to the signing health examiner or facility to share the health information on this form with my child's school, childcare, camp, or Department of Health	
PRINT NAME of parent or guardian	
SIGNATURE of parent or guardian	Date

## **Instructions For Completion of Oral Health Assessment Form: District of Columbia Child Health Certificate**

This Form replaces the Dental Appraisal Form used for entry into DC Schools, all Head Start programs, Childcare providers, camps, after school programs, sports or athletic participation, or any other District of Columbia activity requiring a physical examination. The form was developed by the DC Department of Health and follows the American Academy of Pediatric Dentistry (AAPD) Guidelines on Mandatory School-Entrance Oral Health Examinations. AAPD recommends that a child be given an oral health exam within 6 months of eruption of the child's first tooth and no later than his or her first birthday. The DC Department of Health recommends that all children 3 years of age and older have an oral health examination performed by a licensed dentist and have the DC Oral Health Assessment Form completed. This form is a confidential document. Confidentiality is adherent to the Health Insurance Portability and Accountability Act of 1996 (HIPPA) for the health providers, and the Family Education Rights and Privacy Act (FERPA) for the DC schools and other providers.

**General Instructions:** Please use black ball point pen when completing this form.

### **Part 1: Child's Personal Information**

Please complete all sections including child's race or ethnicity. Please indicate the ward of your home address. List primary care provider, dental provider, and type of dental insurance coverage. If child has no dental provider and is uninsured, then please write "None" in each box. This form will not be complete without **Parent or Guardian** signature in Part 5.

### **Part 2: Child's Clinical Examination: Dental Provider: Form must be fully completed. The Universal Tooth Numbering System is used.**

Please use key to document all findings for each tooth. An 'X' signifies a missing tooth (teeth) with no replacement;

U: non-restorable/extraction; UE: unerupted tooth; S: Sealants; ● Restoration; 1D: one surface decay; 2D: two surface decay; 3D: three surface decay; 4D: more than three surface decay

- The Key should be used to designate status for each tooth at time of examination on the Oral Health Assessment Form.
- If a portion of an existing restoration is defective or has recurrent decay, but part of the restoration is intact, the tooth should be classified as a decayed tooth. If one surface has decay, then mark as **1D**; if two surface has decay then mark as **2D**.
- Key **UE**: unerupted, does not apply to a missing primary tooth when a permanent tooth is in a normal eruption pattern.

### **Part 3: Clinical Findings and Recommendations**

- Circle **Yes** or **No** in Findings Column
- For **Yes**, please explain in the Comments Section.
- 1- Advance periodontal conditions (pockets etc., will be noted under gingival inflammation).
- 1- Gingival inflammation adjacent to an erupting tooth is **NOT** noted.
- 1- Inflammation adjacent to orthodontically banded teeth or a dental appliance – whether fixed or removable is noted.
- 2- Indicate if there is sub and/or supra gingival plaque and or calculus and areas where present.
- 3- All gingival tissues must be free of inflammation e.g. gingiva is pale pink in color and firm in texture for a finding of 'NO' to be recorded.
- 3- Frenum attachments labial, sublingual, etc., will be noted under the Abnormal Gingival Attachment Indicator Code if they are the cause of a specific problem- e.g., spacing of central incisors, speech impediment, etc.
- 4- Status of orthodontic condition should be noted under Malocclusion. Classification of occlusion is: Class I, Class II, Class III, an overbite, over jet, cross-bite or end to end.
- 5- Other is to be used, together with comments, for conditions such as cleft lip/palate.
- Indicate whether oral health preventive services such as prophylaxis, sealant and or fluoride treatment have been administered.

**Part 4. Final Evaluation/Required Dental Provider Signature;** Indicate whether the child has been appropriately examined and if treatment is complete. If treatment is incomplete refer patient for follow up care. Dentist must **sign, date, and provide required information.**

### **Part 5 Required Signatures. This Form Will Not Be Complete Without Parent or Guardian Signature & Date**

The parent or guardian must print, sign, and date this part. By signing this section the parent or guardian gives permission to the dentist or facility to share the oral health information on this form with the child's school, childcare, camp, Department of Health, or the entity requesting this document. All information will be kept confidential.

# Asthma Action Plan


Name	School	DOB / /
Health Care Provider	Provider's Phone	
Parent/Responsible Person	Parent's Phone	
Additional Emergency Contact	Contact Phone	

*DO NOT WRITE IN THIS SPACE*



*Place Patient Label Here*

<b>Asthma Severity</b> (see reverse side) <input type="checkbox"/> Intermittent <i>or</i> Persistent: <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe <b>Asthma Control</b> <input type="checkbox"/> Well-controlled <input type="checkbox"/> Needs better control	<b>Asthma Triggers Identified</b> (Things that make your asthma worse): <input type="checkbox"/> Colds <input type="checkbox"/> Smoke (tobacco, incense) <input type="checkbox"/> Pollen <input type="checkbox"/> Dust <input type="checkbox"/> Animals <input type="checkbox"/> Strong odors <input type="checkbox"/> Mold/moisture <input type="checkbox"/> Pests (rodents, cockroaches) <input type="checkbox"/> Stress/emotions <input type="checkbox"/> Gastroesophageal reflux <input type="checkbox"/> Exercise <input type="checkbox"/> Season: Fall, Winter, Spring, Summer <input type="checkbox"/> Other: _____	<b>Date of Last Flu Shot:</b> ___ / ___ / ___
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## Green Zone: Go!—Take these CONTROL (PREVENTION) Medicines EVERY Day

 You have <b>ALL</b> of these: <ul style="list-style-type: none"> <li>Breathing is easy</li> <li>No cough or wheeze</li> <li>Can work and play</li> <li>Can sleep all night</li> </ul> <b>Peak flow in this area:</b> _____ to _____ (More than 80% of Personal Best) <b>Personal best peak flow:</b> _____	<input type="checkbox"/> No control medicines required. <b>Always rinse mouth after using your daily inhaled medicine.</b> <input type="checkbox"/> _____, _____ puff(s) inhaler with spacer _____ times a day <small>Inhaled corticosteroid or inhaled corticosteroid/long-acting β-agonist</small> <input type="checkbox"/> _____, _____ nebulizer treatment(s) _____ times a day <small>Inhaled corticosteroid</small> <input type="checkbox"/> _____, take _____ by mouth once daily at bedtime <small>Leukotriene antagonist</small> <b>For asthma with exercise, ADD:</b> <input type="checkbox"/> _____, _____ puff(s) inhaler with spacer 15 minutes before exercise <small>Fast-acting inhaled β-agonist</small> <b>For nasal/environmental allergy, ADD:</b> <input type="checkbox"/> _____
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## Yellow Zone: Caution!—Continue CONTROL Medicines and ADD QUICK-RELIEF Medicines

 You have <b>ANY</b> of these: <ul style="list-style-type: none"> <li>First sign of a cold</li> <li>Cough or mild wheeze</li> <li>Tight chest</li> <li>Problems sleeping, working, or playing</li> </ul> <b>Peak flow in this area:</b> _____ to _____ (50%-80% of Personal Best)	<input type="checkbox"/> _____, _____ puff(s) inhaler with spacer every _____ hours as needed <small>Fast-acting inhaled β-agonist</small> <b>OR</b> <input type="checkbox"/> _____, _____ nebulizer treatment(s) every _____ hours as needed <small>Fast-acting inhaled β-agonist</small> <input type="checkbox"/> Other _____	
<b>Call your DOCTOR if you have these signs more than two times a week, or if your quick-relief medicine doesn't work!</b>		

## Red Zone: EMERGENCY!—Continue CONTROL & QUICK-RELIEF Medicines and GET HELP!

 You have <b>ANY</b> of these: <ul style="list-style-type: none"> <li>Can't talk, eat, or walk well</li> <li>Medicine is not helping</li> <li>Breathing hard and fast</li> <li>Blue lips and fingernails</li> <li>Tired or lethargic</li> <li>Ribs show</li> </ul> <b>Peak flow in this area:</b> Less than _____ (Less than 50% of Personal Best)	<input type="checkbox"/> _____, _____ puff(s) inhaler with spacer <b>every 15 minutes</b> , for <b>3</b> treatments <small>Fast-acting inhaled β-agonist</small> <b>OR</b> <input type="checkbox"/> _____, _____ nebulizer treatment <b>every 15 minutes</b> , for <b>3</b> treatments <small>Fast-acting inhaled β-agonist</small> <b>Call your doctor while giving the treatments.</b> <input type="checkbox"/> Other _____
<b>IF YOU CANNOT CONTACT YOUR DOCTOR: Call 911 for an ambulance or go directly to the Emergency Department!</b>	

<b>REQUIRED Healthcare Provider Signature:</b> _____ Date: _____ <b>REQUIRED Responsible Person Signature:</b> _____ Date: _____ Follow up with primary doctor in 1 week or: _____ Phone: _____ <input type="checkbox"/> Patient/parent has doctor/clinic number at home	<b>SCHOOL MEDICATION CONSENT AND PROVIDER ORDER FOR CHILDREN/YOUTH:</b> <i>Possible side effects of quick-relief medicines (e.g., albuterol) include tachycardia, tremor, and nervousness.</i> <b>Healthcare Provider Initials:</b> _____ This student is capable and approved to self-administer the medicine(s) named above. This student is <u>not</u> approved to self-medicate. This authorization is valid for one calendar year. <b>As the RESPONSIBLE PERSON:</b> <input type="checkbox"/> I hereby authorize a trained school employee, if available, to administer medication to the student. <input type="checkbox"/> I hereby authorize the student to possess and self-administer medication. <input type="checkbox"/> I hereby acknowledge that the District and its schools, employees and agents shall be immune from civil liability for acts or omissions under D.C. Law 17-107 except for criminal acts, intentional wrongdoing, gross negligence, or willful misconduct.
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# Asthma Action Plan


Name	School	DOB / /
Health Care Provider	Provider's Phone	
Parent/Responsible Person	Parent's Phone	
Additional Emergency Contact	Contact Phone	

*DO NOT WRITE IN THIS SPACE*

*Place Patient Label Here*

<b>Asthma Severity</b> (see reverse side) <input type="checkbox"/> Intermittent <i>or</i> Persistent: <input type="checkbox"/> Mild <input type="checkbox"/> Moderate <input type="checkbox"/> Severe <b>Asthma Control</b> <input type="checkbox"/> Well-controlled <input type="checkbox"/> Needs better control	<b>Asthma Triggers Identified</b> (Things that make your asthma worse): <input type="checkbox"/> Colds <input type="checkbox"/> Smoke (tobacco, incense) <input type="checkbox"/> Pollen <input type="checkbox"/> Dust <input type="checkbox"/> Animals <input type="checkbox"/> Strong odors <input type="checkbox"/> Mold/moisture <input type="checkbox"/> Pests (rodents, cockroaches) <input type="checkbox"/> Stress/emotions <input type="checkbox"/> Gastroesophageal reflux <input type="checkbox"/> Exercise <input type="checkbox"/> Season: Fall, Winter, Spring, Summer <input type="checkbox"/> Other: _____	<b>Date of Last Flu Shot:</b> ___ / ___ / ___
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### Green Zone: Go!—Take these CONTROL (PREVENTION) Medicines EVERY Day



You have **ALL** of these:

- Breathing is easy
- No cough or wheeze
- Can work and play
- Can sleep all night

**Peak flow in this area:**  
 \_\_\_\_\_ to \_\_\_\_\_  
 (More than 80% of Personal Best)

**Personal best peak flow:** \_\_\_\_\_

No control medicines required. **Always rinse mouth after using your daily inhaled medicine.**

\_\_\_\_\_, \_\_\_\_\_ puff(s) inhaler with spacer \_\_\_\_\_ times a day  
Inhaled corticosteroid or inhaled corticosteroid/long-acting β-agonist

\_\_\_\_\_, \_\_\_\_\_ nebulizer treatment(s) \_\_\_\_\_ times a day  
Inhaled corticosteroid

\_\_\_\_\_, take \_\_\_\_\_ by mouth once daily at bedtime  
Leukotriene antagonist


For asthma with exercise, **ADD:**

\_\_\_\_\_, \_\_\_\_\_ puff(s) inhaler with spacer 15 minutes before exercise  
Fast-acting inhaled β-agonist

For nasal/environmental allergy, **ADD:**

\_\_\_\_\_

### Yellow Zone: Caution!—Continue CONTROL Medicines and ADD QUICK-RELIEF Medicines



You have **ANY** of these:

- First sign of a cold
- Cough or mild wheeze
- Tight chest
- Problems sleeping, working, or playing

**Peak flow in this area:**  
 \_\_\_\_\_ to \_\_\_\_\_  
 (50%-80% of Personal Best)


\_\_\_\_\_, \_\_\_\_\_ puff(s) inhaler with spacer every \_\_\_\_\_ hours as needed  
Fast-acting inhaled β-agonist

**OR**


\_\_\_\_\_, \_\_\_\_\_ nebulizer treatment(s) every \_\_\_\_\_ hours as needed  
Fast-acting inhaled β-agonist

Other \_\_\_\_\_

**Call your DOCTOR if you have these signs more than two times a week, or if your quick-relief medicine doesn't work!**



### Red Zone: EMERGENCY!—Continue CONTROL & QUICK-RELIEF Medicines and GET HELP!



You have **ANY** of these:

- Can't talk, eat, or walk well
- Medicine is not helping
- Breathing hard and fast
- Blue lips and fingernails
- Tired or lethargic
- Ribs show

**Peak flow in this area:**  
 Less than \_\_\_\_\_  
 (Less than 50% of Personal Best)

\_\_\_\_\_, \_\_\_\_\_ puff(s) inhaler with spacer **every 15 minutes**, for **3** treatments  
Fast-acting inhaled β-agonist

**OR**

\_\_\_\_\_, \_\_\_\_\_ nebulizer treatment **every 15 minutes**, for **3** treatments  
Fast-acting inhaled β-agonist

**Call your doctor while giving the treatments.**

Other \_\_\_\_\_

**IF YOU CANNOT CONTACT YOUR DOCTOR: Call 911 for an ambulance or go directly to the Emergency Department!**

**REQUIRED Healthcare Provider Signature:**  
 \_\_\_\_\_ Date: \_\_\_\_\_

**REQUIRED Responsible Person Signature:**  
 \_\_\_\_\_ Date: \_\_\_\_\_

Follow up with primary doctor in 1 week or:  
 \_\_\_\_\_ Phone: \_\_\_\_\_

Patient/parent has doctor/clinic number at home

**SCHOOL MEDICATION CONSENT AND PROVIDER ORDER FOR CHILDREN/YOUTH:**  
*Possible side effects of quick-relief medicines (e.g., albuterol) include tachycardia, tremor, and nervousness.*

**Healthcare Provider Initials:**  
 \_\_\_\_\_  
 This student is capable and approved to self-administer the medicine(s) named above.  
 \_\_\_\_\_ This student is not approved to self-medicate.  
 This authorization is valid for one calendar year.



**As the RESPONSIBLE PERSON:**

I hereby authorize a trained school employee, if available, to administer medication to the student.

I hereby authorize the student to possess and self-administer medication.

I hereby acknowledge that the District and its schools, employees and agents shall be immune from civil liability for acts or omissions under D.C. Law 17-107 except for criminal acts, intentional wrongdoing, gross negligence, or willful misconduct.

# Stepwise Approach for Managing Asthma in Children and Adults (from 2007 NAEPP Guidelines)

Criteria apply to all ages unless otherwise indicated	IMPAIRMENT					RISK	Step
	Daytime Symptoms 	Nighttime Awakenings 	Interference with normal activity	Short-acting beta-agonist use	FEV <sub>1</sub> % predicted (n/a in age <5)	Exacerbations requiring oral systemic corticosteroids	
<b>Classification of Asthma SEVERITY: TO DETERMINE INITIATION OF LONG-TERM CONTROL THERAPY</b> Consider severity and interval since last exacerbation when assessing risk.							
<b>Severe Persistent</b>	Throughout the day	>1x/week Often 7x/week	Extremely limited	Several x/day	<60%	<5: ≥2 in 6 months OR ≥4 wheezing episodes in 1 year lasting >1 day AND risk factors for persistent asthma  <b>5-adult:</b> ≥2/year	<5: <b>Step 3</b> 5-11: <b>Step 3 Medium-dose ICS option or Step 4</b> 12-adult: <b>Step 4 or 5</b> All ages: Consider short course OCS
<b>Moderate Persistent</b>	Daily	3-4x/month >1x/week but not nightly	Some	Daily	60-80%		<5: <b>Step 3</b> 5-11: <b>Step 3 Medium-dose ICS option</b> 12-adult: <b>Step 3</b> All ages: Consider short course OCS
<b>Mild Persistent</b>	>2 days/week but not daily	1-2x/month 3-4x/month	Minor	>2 days/week but not daily	>80%		<b>Step 2</b>
<b>Intermittent</b>	≤2 days/week	0 ≤2x/month	None	≤2 days/week	>80%	0-1/year	<b>Step 1</b>

<b>Classification of Asthma CONTROL: TO DETERMINE ADJUSTMENTS TO CURRENT CONTROL MEDICATIONS</b> Consider severity and interval since last exacerbation and possible medication side effects when assessing risk.								<b>Action:</b> In children <5, consider alternate diagnosis or adjusting therapy if no benefit seen in 4-6 weeks.
<b>&lt;12 years    12-adult</b>								
<b>Very Poorly Controlled</b>	Throughout the day	≥2x/week	≥4x/week	Extremely limited	Several times/day	<60%	<5: >3/year <b>5-adult:</b> ≥2/year	<b>Step up 1-2 steps.</b> Consider short course OCS. Reevaluate in 2 weeks. For side effects, consider alternate treatment.
<b>Not Well Controlled</b>	>2 days/week	≥2x/month	1-3x/week	Some	>2 days/week	60-80%	<5: 2-3/year <b>5-adult:</b> ≥2/year	<b>Step up at least 1 step.</b> Reevaluate in 2-6 weeks. For side effects, consider alternate treatment.
<b>Well Controlled</b>	≤2 days/week	≤1x/month	≤2x/month	None	≤2 days/week	>80%	0-1/year	<b>Maintain current treatment.</b> Follow-up every 1-6 months. Consider step down if well controlled for at least 3 months.

Daily Doses of common inhaled corticosteroids	Fluticasone MDI (mcg)			Budesonide Respules (mg)			Beclomethasone MDI (mcg)			Fluticasone/Salmeterol DPI	Budesonide/Formoterol MDI
	Low	Medium	High	Low	Medium	High	Low	Medium	High		
<b>&lt;5 years</b>	176	>176-352	>352	0.25-0.5	>0.5-1	>1	n/a	n/a	n/a	n/a	n/a
<b>5-11 years</b>	88-176	>176-352	>352	0.5	1	2	80-160	>160-320	>320	100/50 mcg 1 inhalation BID	80 mcg/4.5 mcg 2 puffs BID
<b>12 years-adult</b>	88-264	>264-440	>440	n/a	n/a	n/a	80-240	>240-480	>480	Dose depends on patient	Dose depends on patient

Abbreviations:  
 SABA: Short-acting beta-agonist  
 LABA: Long-acting beta-agonist  
 LTRA: Leukotriene-receptor antagonist  
 ICS: Inhaled corticosteroids  
 LD-ICS: Low-dose ICS  
 MD-ICS: Medium-dose ICS  
 HD-ICS: High-dose ICS  
 OCS: Oral corticosteroids  
 CRM: Cromolyn  
 NCM: Nedocromil  
 THE: Theophylline  
 MLK: Montelukast  
 ALT: Alternative

**Step 1**  
**Preferred**  
 SABA prn

**Step 2**  
**Preferred**  
 LD-ICS  
**Alternative**  
 <5: CRM or MLK  
**5-adult:** CRM, LTRA, NCM, or THE

**Step 3**  
**Preferred**  
 <5: MD-ICS  
**5-11: EITHER** LD-ICS plus LABA, LTRA or THE **OR** MD-ICS  
**12-adult:** LD-ICS plus LABA **OR** MD-ICS  
**Alternative**  
**12-adult:** LD-ICS plus either LTRA, THE or Zileuton

**Step 4**  
**Preferred**  
 <5: Medium-dose ICS plus either LABA or MLK  
**5-adult:** MD-ICS plus LABA  
**Alternative**  
**5-11:** MD-ICS plus either LTRA or THE  
**12-adult:** MD-ICS plus either LTRA, THE or Zileuton

**Step 5**  
**Preferred**  
 <5: HD-ICS plus either LABA or MLK  
**5-11:** HD-ICS plus LABA  
**12-adult:** High-dose ICS plus LABA **AND** consider Omalizumab for patients who have allergies  
**Alternative**  
**5-11:** HD-ICS plus either LTRA or THE

**Step 6**  
**Preferred**  
 <5: HD-ICS plus either LABA or MLK plus OCS  
**5-11:** HD-ICS plus LABA plus OCS  
**12-adult:** HD-ICS plus LABA plus OCS **AND** consider Omalizumab for patients who have allergies  
**Alternative**  
**5-11:** HD-ICS plus either LTRA or THE plus OCS

← **Step down if possible** (asthma well-controlled at least 3 months) / **Step up if needed** (check adherence, technique, environment, co-morbidities) →

## Allergy History Form

Dear Families,

Please provide us with more information about your child's health needs by responding to the following questions and returning this form to the school office.

- 1) Does your child have an allergy?
  
- 2) Does your child have a food sensitivity?
  
- 3) When and how did you first become aware of the allergy or sensitivity?
  
- 4) When was the last time your child had a reaction?
  
- 5) Please describe the signs and symptoms of the reaction.
  
- 6) What medical treatment was provided and by whom?
  
- 7) If medication is required while your child is at school, a Medication Authorization Form must be completed by a licensed medical provider and parent/guardian.
  
- 8) Please describe the steps you would like us to take if your child is exposed to this allergen while at school.

Child's name: \_\_\_\_\_

Parent or Guardian: \_\_\_\_\_

Date: \_\_\_\_\_

Print name: \_\_\_\_\_



# DISTRICT OF COLUMBIA UNIVERSAL HEALTH CERTIFICATE

## Part 1: Child's Personal Information

Parent/Guardian: Please complete Part 1 clearly and completely & sign Part 5 below.

Child's Last Name:	Child's First & Middle Name:	Date of Birth:	Gender: <input type="checkbox"/> M <input type="checkbox"/> F	Race/Ethnicity: <input type="checkbox"/> White Non Hispanic <input type="checkbox"/> Black Non Hispanic <input type="checkbox"/> Hispanic <input type="checkbox"/> Asian or Pacific Islander <input type="checkbox"/> Other _____
Parent or Guardian Name:	Telephone: <input type="checkbox"/> Home <input type="checkbox"/> Cell <input type="checkbox"/> Work	Home Address:		Ward:
Emergency Contact Person:	Emergency Number: <input type="checkbox"/> Home <input type="checkbox"/> Cell <input type="checkbox"/> Work	City/State (if other than D.C.)		Zip code:
School or Child Care Facility:	<input type="checkbox"/> Medicaid <input type="checkbox"/> Private Insurance <input type="checkbox"/> None <input type="checkbox"/> Other _____		Primary Care Provider (PCP):	

## Part 2: Child's Health History, Examination & Recommendations

Health Provider: Form must be fully completed.

DATE OF HEALTH EXAM:	WT <input type="checkbox"/> LBS <input type="checkbox"/> KG	HT <input type="checkbox"/> IN <input type="checkbox"/> CM	BP: _____ <small>(≥3 yrs)</small> <input type="checkbox"/> NML <input type="checkbox"/> ABNL	Body Mass Index (BMI) % _____ <small>(≥2 yrs)</small>
HGB / HCT <small>(Required for Head Start)</small>	Vision Screening Right 20/____ Left 20/____	<input type="checkbox"/> Glasses <input type="checkbox"/> Referred	Hearing Screening Pass _____ Fail _____ <input type="checkbox"/> Referred	
<b>HEALTH CONCERNS:</b>	<b>REFERRED or TREATED</b>	<b>HEALTH CONCERNS:</b>		<b>REFERRED or TREATED</b>
Asthma <input type="checkbox"/> NO <input type="checkbox"/> YES	<input type="checkbox"/> Referred <input type="checkbox"/> Under Rx	Language/Speech <input type="checkbox"/> NONE <input type="checkbox"/> YES	<input type="checkbox"/> Referred <input type="checkbox"/> Under Rx	
Seizure <input type="checkbox"/> NO <input type="checkbox"/> YES	<input type="checkbox"/> Referred <input type="checkbox"/> Under Rx	Development/Behavioral <input type="checkbox"/> NONE <input type="checkbox"/> YES	<input type="checkbox"/> Referred <input type="checkbox"/> Under Rx	
Diabetes <input type="checkbox"/> NO <input type="checkbox"/> YES	<input type="checkbox"/> Referred <input type="checkbox"/> Under Rx	Other _____ <input type="checkbox"/> NONE <input type="checkbox"/> YES	<input type="checkbox"/> Referred <input type="checkbox"/> Under Rx	
ANNUAL DENTIST VISIT: (Age 3 and older): Has the child seen a Dentist/Dental Provider within the last year? <input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Referred				

**A. Significant health history, conditions, communicable illness, or restrictions that may affect school, child care, sports, or camp.**  
 NONE  YES, please detail: \_\_\_\_\_

**B. Significant food/medication/environmental allergies that may require emergency medical care at school, child care, camp, or sports activity.**  
 NONE  YES, please detail: \_\_\_\_\_

**C. Long-term medications, over-the-counter-drugs (OTC) or special care requirements.**  
 NONE  YES, please detail (For any medications or treatment required during school hours, a Physician's Medication Authorization Order should be submitted with this form)

## Part 3: Tuberculosis & Lead Exposure Risk Assessment & Testing:

TB RISK ASSESSMENTS <input type="checkbox"/> HIGH → <input type="checkbox"/> LOW	Tuberculin Skin Test (TST) DATE:	<input type="checkbox"/> NEGATIVE <input type="checkbox"/> POSITIVE	If TST Positive <input type="checkbox"/> CXR NEGATIVE <input type="checkbox"/> CXR POSITIVE <input type="checkbox"/> TREATED	Health Provider: POSITIVE TST should be referred to PCP for evaluation. For questions, call T.B. Control: 202-698-4040
LEAD EXPOSURE RISKS <input type="checkbox"/> YES → <input type="checkbox"/> NO	LEAD TEST DATE:	RESULT:	Health Provider: ALL lead levels must be reported to DC Childhood Lead Poisoning Prevention Program: Fax: 202-481-3770	

## Part 4: Required Provider Certification and Signature

<input type="checkbox"/> YES <input type="checkbox"/> NO This child has been appropriately examined & health history reviewed. At time of exam, this child is in satisfactory health to participate in all school, camp or child care activities except as noted above.			
<input type="checkbox"/> YES <input type="checkbox"/> NO This athlete is cleared for competitive sports.			
<input type="checkbox"/> YES <input type="checkbox"/> NO Age-appropriate health screening requirements performed within current year. If no, please explain: _____ _____			
Print Name	MD/NP Signature	Date	
Address	Phone	Fax	

## Part 5: Required Parental/Guardian Signatures. (Release of Health Information)

I give permission to the signing health examiner/facility to share the health information on this form with my child's school, child care, camp, or appropriate DC Government Agency.		
Print Name	Signature	Date

# DISTRICT OF COLUMBIA UNIVERSAL HEALTH CERTIFICATE

Student's Name: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Date of Birth: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Last First Middle Mo. /Day/ Yr.

Sex:  Male  Female School or Child Care Facility: \_\_\_\_\_

**Section 1: Immunization: Please fill in or attach equivalent copy with provider signature and date.**

IMMUNIZATIONS	RECORD COMPLETE DATES (month, day, year) OF VACCINE DOSES GIVEN						
	1	2	3	4	5		
Diphtheria, Tetanus, Pertussis (DTP, DTaP)							
DT (<7 yrs.)/ Td (>7 yrs.)							
Tdap Booster							
Haemophilus influenza Type b (Hib)							
Hepatitis B (HepB)							
Polio (IPV, OPV)							
Measles, Mumps, Rubella (MMR)							
Measles							
Mumps							
Rubella							
Varicella							
Chicken Pox Disease History: Yes <input type="checkbox"/> When: Month _____ Year _____ Verified by: _____ (Health Care Provider) <small style="margin-left: 150px;">Name &amp; Title</small>							
Pneumococcal Conjugate							
Hepatitis A (HepA) (Born on or after 01/01/2005)							
Meningococcal Vaccine							
Human Papillomavirus (HPV)							
Influenza (Recommended)							
Rotavirus (Recommended)							
Other							

Signature of Medical Provider \_\_\_\_\_ Print Name or Stamp \_\_\_\_\_ Date \_\_\_\_\_

**Section 2: MEDICAL EXEMPTION. For Health Care Provider Use Only.**

I certify that the above student has a valid medical contraindication to being immunized at the time against: (check all that apply)  
 Diphtheria: ( ) Tetanus: ( ) Pertussis: ( ) Hib: ( ) HepB: ( ) Polio: ( ) Measles: ( ) Mumps: ( ) Rubella: ( ) Varicella: ( ) Pneumococcal: ( )  
 HepA: ( ) Meningococcal: ( ) HPV: ( )  
 Reason: \_\_\_\_\_  
 This is a permanent condition ( ) or temporary condition ( ) until \_\_\_\_/\_\_\_\_/\_\_\_\_.

Signature of Medical Provider \_\_\_\_\_ Print Name or Stamp \_\_\_\_\_ Date \_\_\_\_\_

**Section 3: Alternative Proof of Immunity. To be completed by Health Care Provider or Health Official.**

I certify that the student named above has laboratory evidence of immunity: (Check all that apply & attach a copy of titer results)  
 Diphtheria: ( ) Tetanus: ( ) Pertussis: ( ) Hib: ( ) HepB: ( ) Polio: ( ) Measles: ( ) Mumps: ( ) Rubella: ( ) Varicella: ( ) Pneumococcal: ( )  
 HepA: ( ) Meningococcal: ( ) HPV: ( )

Signature of Medical Provider \_\_\_\_\_ Print Name or Stamp \_\_\_\_\_ Date \_\_\_\_\_





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## Emergency Information Form

Child's Name \_\_\_\_\_ Birth Date: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Phone: (w) \_\_\_\_\_

(c) \_\_\_\_\_

Father's Name: \_\_\_\_\_ Phone: (w) \_\_\_\_\_

(c) \_\_\_\_\_

Primary Contact: Mother \_\_\_ Father \_\_\_

Authorization for Pick-up other than Parents:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Parent'(s)/Guardian'(s) Signature \_\_\_\_\_ Date \_\_\_\_\_



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#### **FAMILY PROFILE AND DEVELOPMENTAL CHECKLIST**

*The purpose of this questionnaire is to assist The Hill Preschool with familiarization of you family. Please feel free to elaborate on any responses to the questions below.*

#### **Personal History**

Child's name to be used at school \_\_\_\_\_

Parent's Name \_\_\_\_\_ Occupation \_\_\_\_\_

Parent's Name \_\_\_\_\_ Occupation \_\_\_\_\_

Are there any other children in your family? Yes \_\_\_ No \_\_\_

Name \_\_\_\_\_ Age \_\_\_ Male \_\_\_ Female \_\_\_

Name \_\_\_\_\_ Age \_\_\_ Male \_\_\_ Female \_\_\_

Is your child adopted? Yes \_\_\_ No \_\_\_ Does he/she know? Yes \_\_\_ No \_\_\_

If the subject arises how do you want us to respond?

\_\_\_\_\_  
\_\_\_\_\_

Languages (s) spoken at home \_\_\_\_\_

Who speaks this language(s)? \_\_\_\_\_

Primary Caretaker \_\_\_\_\_

Has your child previously been with a nanny/in day care/or preschool? Yes \_\_\_ No \_\_\_

If Yes, Indicate name and date(s) \_\_\_\_\_

**Health Information**

Please indicate below with a check-mark if your child has had any of the diseases listed.

Measles (Big Red) \_\_\_ Whooping Cough \_\_\_ Mumps \_\_\_ Measles (3-day) \_\_\_

Chicken Pox \_\_\_ Other (Please Name) \_\_\_\_\_

Has you child had any serious illness or operation? Yes \_\_\_ No \_\_\_

If yes, please explain.

\_\_\_\_\_

Please indicate any other medical conditions.

Frequent Nausea \_\_\_ Vomiting \_\_\_ Asthma \_\_\_ Nose Bleeds \_\_\_

History of Seizures \_\_\_ Frequent Ear Infections \_\_\_ Sinus Problems \_\_\_

For any of the conditions checked, what course of action, if the need arises, should be taken?

\_\_\_\_\_

\_\_\_\_\_

Does you child have any allergies? Yes \_\_\_ No \_\_\_

If yes, please explain.

\_\_\_\_\_

\_\_\_\_\_

State any special, physical, developmental needs you child has.

\_\_\_\_\_

\_\_\_\_\_

Is he/she receiving any specialized therapy? Yes \_\_\_ No \_\_\_

If yes, please explain. \_\_\_\_\_

**Toilet Habits**

Is your child toilet trained? Yes \_\_\_ No \_\_\_

If no, has it been attempted? Yes \_\_\_ No \_\_\_

If yes, can your child indicate when he/she needs to use the bathroom? Yes \_\_\_ No \_\_\_

Word used for urination \_\_\_\_\_

Word used for bowel movement \_\_\_\_\_

**Sleeping**

What time does your child go to bed? \_\_\_\_\_ Awaken? \_\_\_\_\_

**Social Relationships**

Has your child had experiences playing with other children? Yes \_\_\_ No \_\_\_

By nature is your child (please circle): Friendly \_\_\_ Aggressive \_\_\_ Shy \_\_\_ Withdrawn \_\_\_

**Comments**

Is there anything else that we need to know in order to better care for your child?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Parent Signature** \_\_\_\_\_

**Date** \_\_\_\_\_



*The Hill Preschool is a non-profit corporation that provides high quality education and nurturing care for young children. The Hill Preschool also provides parent support to facilitate the growth of healthy families.*

I/We received a copy of the revised The Hill Preschool (THP) Parent Handbook. I/We read and understand the policies and procedures outlined and stated in the Handbook. I/We understand that the Handbook may be amended and is subject to change with or without notice. I/We agree to be bound by all the terms and conditions in the Handbook throughout the term of my/our child (ren)'s enrollment.

**Child's/Children's Name(s)** \_\_\_\_\_

**Parent(s)/Guardian(s)** \_\_\_\_\_

**Parent(s)/Guardian(s) Signatures** \_\_\_\_\_  
\_\_\_\_\_

**Date** \_\_\_\_\_



# DIVISION OF EARLY LEARNING

Licensing and Compliance Unit

PHONE: (202) 727-1839•FAX: (202) 741-5304

MAILING ADDRESS: 810 FIRST STREET, NE•4th FLOOR•WASHINGTON DC 20002

PLEASE TYPE OR PRINT

## Medication Authorization Form

*Pursuant to Title 29 of the District of Columbia Municipal Regulations (DCMR), Section 377.1: "No Child Development Facility may provide medicine or treatment, with the exception of emergency first aid, to any child, unless the Facility has obtained a written medical order or prescription from the child's licensed health care practitioner and the written consent of the child's parent (s) or guardian (s)."*

*Pursuant to Title 29 of the District of Columbia Municipal Regulations (DCMR), Section 377.4: "The Facility shall maintain a medication log, on a form approved by the Director, on which the Facility shall record the date, time of day, medication, medication dosage, method of administration, and the name of the person administering the medication, each time any medication is administered to a child."*

### Part I: To be completed by the parent/guardian and child's physician:

I do hereby give permission to \_\_\_\_\_ to administer the  
Name of Facility  
below noted prescribed medication to my child \_\_\_\_\_ born on \_\_\_\_\_.

Name of Medication	Time/Frequency	Dosage	Effective Dates	
			From:	To:
			From:	
			To:	
			From:	
			To:	

\_\_\_\_\_  
Signature of Physician Date

\_\_\_\_\_  
Signature of Parent/Guardian Date

### Part II: To be completed by the Center Director or designee:

Name of Medication	Date	Time Given	Reactions	Staff Initials

PLEASE PLACE A COPY IN THE CHILD'S FILE



Office of the



State Superintendent of Education

PLEASE TYPE OR PRINT

**AUTHORIZATION FOR CHILD'S EMERGENCY MEDICAL TREATMENT**

If my child \_\_\_\_\_, born on \_\_\_\_\_, becomes ill or involved in an accident and I cannot be contacted, I authorize the following hospital or physician to give the emergency medical treatment required:

Hospital: \_\_\_\_\_

Address: \_\_\_\_\_

or:

Physician: \_\_\_\_\_ M.D. Telephone No: \_\_\_\_\_  
(Area Code)

Address: \_\_\_\_\_

I give permission to \_\_\_\_\_, located at  
Name of Facility or Caretaker

\_\_\_\_\_, to take my child for treatment.

I accept responsibility for any necessary expense incurred in the medical treatment of my child, which is not covered by the following:

Health Insurance Company: \_\_\_\_\_

Name of Policy Holder: \_\_\_\_\_ Relationship to Child: \_\_\_\_\_

Policy Number: \_\_\_\_\_ Coverage: \_\_\_\_\_

Medicaid Number: \_\_\_\_\_ State:  DC  MD  VA

Child's Known Allergies or Physical Conditions: \_\_\_\_\_

Signature: \_\_\_\_\_ Relationship to Child: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone No: \_\_\_\_\_  
Home Business Pager/Cell Phone

Date: \_\_\_\_\_ Date Updated: \_\_\_\_\_  
Month/Day/Year Month/Day/Year



Office of the



State Superintendent of Education

REGISTRATION RECORD FOR CHILD RECEIVING CARE AWAY FROM HOME

**Child:** \_\_\_\_\_ Sex:  Male  Female  
Last First M.I.  
 Date of Birth: \_\_\_\_\_ Home #: \_\_\_\_\_ Language Spoken At Home \_\_\_\_\_  
 Home Address: \_\_\_\_\_  
Number Street Apt. # State ZIP

**Father:** \_\_\_\_\_ Home # \_\_\_\_\_  
Last First M.I. Business # \_\_\_\_\_  
 Home Address: \_\_\_\_\_  
Number Street Apt. # State ZIP  
 Business Address: \_\_\_\_\_  
Number Street Apt. # State ZIP

**Mother:** \_\_\_\_\_ Home # \_\_\_\_\_  
Last First M.I. Business # \_\_\_\_\_  
 Home Address: \_\_\_\_\_  
Number Street Apt. # State ZIP  
 Business Address: \_\_\_\_\_  
Number Street Apt. # State ZIP

**Relative or Guardian:** \_\_\_\_\_ Home # \_\_\_\_\_  
Last First M.I. Business # \_\_\_\_\_  
 Home Address: \_\_\_\_\_  
Number Street Apt. # State ZIP  
 Business Address: \_\_\_\_\_  
Number Street Apt. # State ZIP

**Person to be contacted in case of an emergency (other than parent/guardian):**  
 \_\_\_\_\_ Relationship to child: \_\_\_\_\_  
Last First M.I.  
 Address: \_\_\_\_\_  
Number Street Apt. # State ZIP Phone #

**Designated individual authorized to receive child at end of session:**  
 \_\_\_\_\_  
Last First M.I.  
 \_\_\_\_\_  
Last First M.I.  
 \_\_\_\_\_  
Last First M.I.

**Signature:** \_\_\_\_\_ **Relationship to child:** \_\_\_\_\_ **Date:** \_\_\_\_\_

TO BE COMPLETED BY THE FACILITY

**Date of Admission:** \_\_\_\_\_  
**Date of Withdrawal:** \_\_\_\_\_ **Reason:** \_\_\_\_\_



Office of the



State Superintendent of Education

PLEASE TYPE OR PRINT

## TRAVEL AND ACTIVITY AUTHORIZATION

Special 1-time permission for this activity only

Blanket permission for all given activities

I, \_\_\_\_\_ parent/guardian of  
Name of Parent/Guardian

\_\_\_\_\_ give my permission to  
Name of Child

\_\_\_\_\_ for my child to participate in  
the following activities:

**Trips in the van/automobile** (facility or parent -owned)

\_\_\_\_\_  
Explain planned activity — where and when

**Field trips away from the facility**

\_\_\_\_\_  
Explain planned activity — where and when

I understand that the facility will use the appropriate child restraint devices and abide by all District of Columbia safety rules when my child is transported in a vehicle. The facility will also notify me each time that my child is to participate in an activity that would involve transportation.

In addition, if the facility has planned activities outside the fenced area of the facility,

I will allow my child to play outside the fenced area; or \_\_\_\_\_

I will not allow my child to play outside the fenced area.

This authorization is valid from \_\_\_\_/\_\_\_\_/\_\_\_\_ to \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date Signed

**NOTE: Place on file in child's folder/record**





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## Photographic Authorization Form

**Child's Name** \_\_\_\_\_ **Date** \_\_\_\_\_

**Address** \_\_\_\_\_

The Hill Preschool has permission to photograph my child, \_\_\_\_\_, during school hours by Hill Preschool staff member or parent volunteer. I understand that photographs will be used in the classrooms and in marketing materials for school fairs and/or advertising in local newspapers. At no time will my child's last name be attached to a photograph, nor will photographs be sold.

**Parent's/Guardian's Name** \_\_\_\_\_

**Parent's/Guardian's Signature** \_\_\_\_\_

**Date** \_\_\_\_\_



## The Hill Preschool 2017-2018 School Supply List

### **Caterpillar Class**

2 complete sets of clothing (seasonably appropriate)  
Diapers, labeled with your child's name  
Baby wipes (1 box)  
Sleeping mat (for nappers only)  
1 box of zip lock bags (gallon size)  
1 box of Kleenex  
Comforting toy for naptime  
Reusable cup (with closeable/sealable lid)  
Reusable lunch box  
Storage container for lunch foods with compartments for easy eating  
Reusable utensils for lunch items  
School t-shirt (for field trips)  
Diaper Cream (with a filled out Medication Authorization Form)  
Sunscreen (with a filled out Medication Authorization Form)

### **Bumblebee Class**

2 complete sets of clothing (seasonably appropriate)  
Diapers, if needed, labeled with your child's name  
Baby wipes (1 box)  
Sleeping mat (for nappers only)  
1 box of zip lock bags (gallon size)  
1 box of Kleenex  
Comforting toy for naptime  
Reusable cup (with closeable/sealable lid)  
Reusable lunch box  
Storage container for lunch foods with compartments for easy eating  
Reusable utensils for lunch items  
School t-shirt (for field trips)  
Diaper Cream (with a filled out Medication Authorization Form)  
Sunscreen (with a filled out Medication Authorization Form)

### **Butterfly Class**

2 complete sets of clothing (seasonably appropriate)  
Diapers, if needed, labeled with your child's name  
Baby wipes (1 box)  
Sleeping mat (for nappers only)  
1 box of zip lock bags (gallon size)  
1 box of Kleenex  
Reusable cup (with closeable/sealable lid)  
Reusable lunch box  
Storage container for lunch foods with compartments for easy eating  
Reusable utensils for lunch items  
School t-shirt (for field trips)  
Diaper Cream (with a filled out Medication Authorization Form)  
Sunscreen (with a filled out Medication Authorization Form)

### **Grasshopper Class**

2 complete sets of clothing (seasonably appropriate)  
Baby wipes (1 box)  
Sleeping mat (for nappers only)  
1 box of zip lock bags (gallon size)  
1 box of Kleenex  
Reusable cup (with closeable/sealable lid)  
Reusable lunch box  
Storage container for lunch foods with compartments for easy eating  
Reusable utensils for lunch items  
School t-shirt (for field trips)  
Sunscreen (with a filled out Medication Authorization Form)

*Please make sure that all clothing is clearly labeled.  
If your child does not own a sleeping mat, one can be purchased at school.*

**The Hill Preschool**

**Health and Safety Handbook**

**May 2017**

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## **THE HILL PRESCHOOL'S GUIDELINES FOR OUTDOOR PLAY**

- HPS believes in the value of outdoor play in helping children to develop and to maintain healthy bodies.
- The HPS playground is safely enclosed , protected from the street, and offers a variety of materials as well as shady areas.
- The Hill Preschool offers a minimum of 1hour outdoor play in the morning and 1 hour outdoor play in the afternoon, weather permitting.
- Children should come dressed in weather appropriate clothing for days with light rain, snow, ice, heat, wind, and sun.
- On days with heat or air quality warnings (Code Orange) , children will play outside as long as is comfortably possible, at least a minimum of 30 minutes in the morning and 30 minutes in the afternoon.
- On days with extreme heat or air quality (Code Red),children will remain indoors.
- Helmets must be worn when children are riding bikes both outdoors and indoors (during inclement weather). HPS will provide helmets and ensure proper sanitation.

## **THE HILL PRESCHOOL'S HAND WASHING POLICY**

All staff members will wash their hands throughout the day. We will periodically review our hand-washing procedures to monitor them for effectiveness. Staff assist children until they can wash their hands independently. Children in the twos and threes rooms are always supervised by sight and sound when hand-washing. Children in the Grasshopper room may occasionally wash hands without direct visual and auditory supervision.

### **Children and adults are required to:**

- Wash hands upon arrival for the day
- After diapering and toileting
- After touching bodily fluids
- Before and after meals and snacks, food prep, or handling raw food
- Before and after water play
- Before and after handling pets, animals, or surfaces where animals contact
- When moving from one classroom to another
- Before and after assisting with feeding children
- Before and after administering medication
- Before and after assisting with toileting and diapering
- Before and after handling garbage or cleaning

### **Proper hand-washing procedure includes:**

- Using liquid soap and running water
- Rubbing hands for at least 10 seconds, including all parts of hand
- Rinsing well
- Drying hands with a paper towel
- Avoiding touching the faucet with just-washed hands
- Hand-washing and food prep should occur in separate sinks
- Hand-washing sinks should not be used to bathe children or remove fecal matter

### **A note on gloves:**

- Wearing gloves is required when handling blood or bloody fluids that might contain blood.
- Wearing gloves is an optional supplement , but not a replacement for hand washing.

## **THE HILL PRESCHOOL'S SENSORY PLAY GUIDELINES**

- Children wash hands before and after playing.
- Fill the sensory table with fresh potable water only .
- Children should not drink the water.
- Children should not sit in the water.
- Children with sores on hands should not play in sensory table.
- Water should be changed before a new group plays.
- Water should be drained immediately when the group is finished.

## **THE HILL PRESCHOOL'S SANITATION POLICY**

- Soiled/ mouthed toys are placed within a bucket labeled “dirty toys”.
- Toys within the “dirty toys” bucket are cleaned daily with a bleach and water solution.
- Solution bottles (bleach and water, soap and water, and plain water) are prepared daily and labeled with current date.
- Toys and surfaces are cleaned daily as needed as well as on a weekly basis.
- Items that need to be laundered such as dramatic play clothes are sent with families on a weekly basis; additional items like pillows and rugs are sent with families monthly or as needed.



## **THE HILL PRESCHOOL'S POLICY ON CUPS, WATER BOTTLES, AND PACIFIERS**

- No water bottles are allowed on cots
- Children may not use water bottles or pacifiers while walking, crawling, running, etc.
- Water bottles and pacifiers must be taken home on a daily basis to be sterilized
- Parents must replace damaged water bottles and pacifiers in a timely manner ; students will be provided Dixie cups for beverages until a new cup or water bottle has been provided

I \_\_\_\_\_ certify that I have read and understand the Health and Safety guidelines and policies of The Hill Preschool.

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**