



NORTH PATCHOGUE FIRE DEPARTMENT

1st Annual Road Race

All proceeds will be donated to
Veterans, Scholarships and Fire Department Benevolent
SATURDAY NOVEMBER 5, 2016 AT 9:00AM

RAIN OR SHINE



General Information: Starts and ends at the North Patchogue Fire house. Times will be recorded using timing chips. Results and photos for 5K race will be posted on www.just-in-time-racing.com/

Kids 1 Mile Run – 9:00AM: For kids 12 years old and under. Participants may run in this race OR the 5K but not both! *All participants must finish the 1 mile course within 15 minutes.*

1500M Fun Walk Information – 9:00AM: 1500 meter walk starting and finishing at the firehouse.*Walkers must enter 1500M only.*

5K Race – 9:30AM: Course is 3.1 miles, fast and flat. USATF certified.

Awards: Cash awards to the first three overall finishers (\$200, \$100, \$50). Medals to the first three finishers in each category. Male and Female: 13-19, 20-29, 30-49, 40-49, 50-59, 60-69, 70-79, 80+

***All participants must finish the course within 45 minutes* NO WALKERS ALLOWED ON 5K COURSE.**

Timing chips will be used for those participating in the 5k race only.*

REGISTRATION INFORMATION:

Pre-Registration - \$20.00 if POSTMARKED by **November 1st 2016**, or www.just-in-time-racing.com/ by **Friday November 4th at 7PM**

Special Pricing – Kids 15 and under - \$15.00

Registration forms available at www.just-in-time-racing.com/ and on Facebook at NorthPatchogue FD

Race Day Registration - \$25.00 Saturday November 5th 2016: 7:00AM – 8:30 AM at North Patchogue Fire House.

NO REGISTRATIONS AFTER 8:30AM!!!!!! STRICTLY ENFORCED!!!!!!

Please fill out all information

First Name										Last Name									
Street															Month	Day	Year		
City										State		Zip Code							
Phone Number										Male	Female	Age on Race Day							
e-mail:										5k Race		1500m Walk		Kid's Run					

In consideration of accepting this entry, I, the undersigned, intending to be legally bound hereby, for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I may have against any and all sponsors and their representatives, successors, persons and organizations involved or affiliated with this race. I attest and verify that I will participate in this event as a foot race entrant, that I am physically fit and have sufficiently trained for the competition of this event, and that a licensed medical doctor has verified my physical condition. Further, I hereby grant full permission to any and all the foregoing to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any legitimate purpose.

Please make checks payable to: **North Patchogue Fire Department** Amount Paid \$ _____
Mail to: **North Patchogue Fire Department Box #20 33 Davidson Avenue, Patchogue N.Y. 11772**

RUNNERS/WALKERS SIGNATURE: _____

PARENT'S SIGNATURE IF UNDER 18 YEARS _____

✓ Please indicate T-Shirt size needed: Small _____ Medium _____ Large _____ X-Large _____ XX-Large _____

Certified and Sanctioned USA Track & Field Event. Any questions, contact
(Race Coordinator Gino Cruz 631-839-5658)—Dan Doscher-(631)-831-8329--Neil Bontempi- (631)-721-5882
OR REGISTER ONLINE AT WWW.JUST-IN-TIME-RACING.COM/