

NC TRIAD

INDOOR .X. FIELD HOCKEY

Eligibility All Skill Levels
New players welcomed.

Dates Sundays:

December 3, 10, 17

January 7, 21, 28

February 4, 11, 25

March 4, 11, 18, 25

Location Summit School Eagles Nest Gym (2100 Reynolda Road, Winston-Salem, NC)



Time Indicated by grades below. If you are at a higher or lower level than your grade, you may move up or down after approval. Reach out for approval or questions to nctriadfieldhockey@gmail.com or 336-448-9019.

Grades 6 & Below: 5:00-6:00p.m. (Only dates December-February)

Grades 7-9: 6:00-7:00p.m. (All dates)

Grades 10-12: 7:00-8:00p.m. (All dates)

Cost Includes NC Triad long-sleeve warm-up pictured (size options: Adult XS-2XL, Youth S-L) *oversized fit*

\$250 all sessions Grades 7-12 OR

\$200 all sessions Grades 6 & below OR

\$20 per session + \$35 for long-sleeve warm-up (send in order before 1st session)

Indoor Field Hockey is a dynamic sport that develops skill and finesse in a fast-paced game. Players will sharpen their individual ball handling skills and develop close team play tactics. We play true indoor on a gym surface with boards.

Coach Melissa Martin is a Level II USA Field Hockey coach, former Director of the Wake Forest University Futures site, NCAA All-American, All-Region, All-ACC, NCAA and ACC All-Tournament teams recipient from Wake Forest University, and a high school multiple-year recipient for NFHCA All-American, MidEast All-Region, and PA All-State team awards. Each clinic she will be accompanied by assistant coaches and will have guest head coaches join throughout the season.

Payment Options:

1) Return the below form and payment to: NC Triad FHC, 411 S. Marshall St. #110, Winston-Salem, NC 27101. Checks made payable to NC Triad Field Hockey Club with Indoor FH on the memo line OR

2) Email below info and Venmo payment to @melissawmartin or Paypal nctriadfieldhockey@gmail.com

Name: _____ DOB: _____ Age: _____

School: _____ Grade: _____

Warm-Up: Name: _____ Size: _____ #: _____

Time Sign-up (circle): 6&Below 7-9 10-12

Parent Name: _____ Phone: _____

Emails: _____