

GRIND

BREAKFAST

served until 3pm weekdays / 5pm saturday /
til close sunday

Toasted sourdough, house made jam.....	2. ⁵⁰
Banana bread, creme fraiche, honeycomb.....	5. –
Porridge, coconut milk, summer berries.....	4. ⁵⁰
Seeds, yoghurt, berries, coconut, agave.....	4. ⁵⁰
Granola smoothie bowl.....	6. ⁵⁰
with red - mixed berries, coconut, chia seeds	
amber - orange, carrot, papaya	
green - spinach, kiwi, goji	
Smashed avocado with chilli on toast.....	5. ⁵⁰
with smoked salmon.....	2 ⁵⁰
poached egg.....	1 ⁵⁰
prosciutto cotto.....	2
feta.....	1 ⁵⁰
Raw breakfast salad.....	7. ⁵⁰
Red cabbage, broccoli, avocado, chilli, duck egg or poached eggs on sourdough	
Smoked salmon, eggs.....	8. –
Oak-smoked salmon, free range scrambled or poached eggs on sourdough	
Crispy quinoa eggs.....	6. ⁵⁰
Poached eggs rolled in quinoa, tomatoes, rocket, toast	
The Grind.....	10. –
Eggs as you like, sausages, bacon, tomato, mushrooms, white pudding, beans, sourdough	
Breakfast focaccia.....	7. –
Sausage, back bacon, smoked mozzarella, fried egg, aioli	

FRESH PRESSED JUICE

Green.....	4. ⁷⁵
Spinach, broccoli, apple, lime, cucumber	
Red.....	4. ⁷⁵
Beetroot, blackberry, banana, apple	
Amber.....	4. ⁷⁵
Orange, carrot, lemon, ginger	
Orange.....	3. ⁵⁰

Please alert your waiter to any allergies before ordering.

Shoreditch Grind | Soho Grind | Holborn Grind | London Grind | Covent Garden Grind