

GRIND

BRUNCH COCKTAILS

Grind Bloody Mary.....	8. ⁵⁰
Mimosa Verde.....	8. ⁵⁰
Fresh orange, spinach, Prosecco	

FRESH PRESSED JUICES

Orange.....	3. ⁵⁰
Red.....	4. ⁷⁵
Raspberry, beetroot, banana	
Amber.....	4. ⁷⁵
Orange, carrot, ginger	
Green.....	4. ⁷⁵
Spinach, broccoli, apple, cucumber, lime	

SMOOTHIES

Red.....	5.-
Berries, grapes, prunes, avocado, almond milk, coconut flakes	
Amber.....	5.-
Mango, vanilla yoghurt, agave, vanilla protein powder, almond milk	
Green.....	5.-
Spinach, banana, coffee, agave, cacao nibs, almond milk	

SMALLS / SHARING

Caponata.....	5. ⁵⁰
Roasted sweet potato wedges, aioli.....	5
Croquettes of San Daniele, smoked mozzarella.....	5. ⁵⁰
Barolo beef carpaccio.....	7. ⁵⁰
Wild garlic & mushroom bruschetta.....	7. ⁵⁰
Fresh burrata, roasted peppers, crispy basil.....	8. ⁵⁰
Crayfish, flaked salmon, samphire, tomato salad.....	9

BRUNCH

Smashed avocado, chilli, toast.....	6
with poached egg.....	1. ⁵⁰
feta cheese.....	1. ⁵⁰
prosciutto cotto.....	1. ⁵⁰
smoked salmon.....	3
San Daniele.....	3

Smoked salmon, eggs as you like.....	8
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Breakfast focaccia.....	7. ⁵⁰
Sausage, bacon, smoked mozzarella, egg, aioli	

One-pan eggs.....	8
with bacon or sausage.....2	

Baked eggs, four cheeses, mushroom.....	7. ⁵⁰
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Crispy quinoa eggs, baby plum tomatoes, rocket.....	6. ⁵⁰
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Raw breakfast salad.....	7. ⁵⁰
White cabbage, broccoli, avocado, chilli, duck egg	

Full English.....	10
Eggs as you like, sausages, bacon, tomato, mushrooms, white pudding, beans, sourdough	

MAINS

Seasonal gnocchi, wild mushrooms, purple basil.....	10
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King prawns, pearl barley, winter truffle.....	12. ⁵⁰
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Spatchcock baby chicken, spinach, potatoes.....	13. ⁵⁰
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Pan fried sea bream, cherry tomatoes, samphire, mussels, basil.....	17.
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Aged beef tagliata, rocket, parmigiano reggiano.....	19. ⁵⁰
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SIDES

Green beans, shallots.....	all 5
Burned cauliflower, pickles, anchovies.....	
Pan-fried rosemary baby potatoes.....	
Triple cooked chips.....	

GINS

We've assembled a number of gins for your perusal. Each can be served Pink, Collins or with Tonic, and are listed with their garnish.



Tonic.....Mixed with Fevertree tonic water or quinine syrup, and served over ice. We'd hardly be London Grind without one.

Collins....Named after the head waiter of a famous Conduit St. coffee house, gin with sugar, lemon, bitters & soda.

Pink.....Invented by the Royal Navy as a cure for sea-sickness in the 19th century, a dash of Angostura Bitters for sweeter gins.

Haymans 1820 Ginger.....	8
Hendricks Cucumber.....	8
Jensen's Bermondsey Blackberry.....	8
Bathtub Old Tom Lime.....	8
Sipsmith Sloe Basil.....	8
Portobello Rosemary.....	9
Whitley Neill Grapefruit.....	9
Sipsmith Star Anise.....	9
Monkey 47 Raspberry.....	9
Sipsmith VJOP Tarragon.....	10
Napue Orange Twist.....	10
Silent Pool Lemon.....	10
Ransom Old Tom Orange Twist.....	10

SPARKLING WINE

Prosecco, Ca` di Alte Veneto, IT Extra Brut, NV.....	6. ⁵⁰ / 29
Franciacorta Alma, Bellavista Veneto, IT.....	8. ⁵⁰ / 39
Louis Roederer Brut Premier Champagne, FR NV.....	59

WHITE WINE

Garganega, Tore del Falasco Veneto, IT.....	5.- / 19
Chardonnay, 16 Stops Adelaide Hills, AU.....	21
Pinot Grigio delle Venezie Corte Giara, Veneto, IT.....	6.- / 24
Vermentino di Sardegna, Cantina Mesa, Sardinia, IT.....	7.- / 27
Pinot Gris, Tinpot Hut Marlborough, NZ.....	7. ⁵⁰ / 30
Sauvignon Blanc, Delta Vineyard, Marlborough, NZ.....	8.- / 32
Gavi di Gavi, La Giustiniana Piedmont, IT.....	39

RED WINE

Corvina, Torre del Falasco Veneto, IT.....	5.- / 19
Organic Merlot, Montanar, Castilla La Mancha, SP.....	5. ⁵⁰ / 22
Malbec Clasico, Punto Final Mendoza, AR.....	6.- / 24
Montepulciano d'Abruzzo Bio Abruzzo, IT.....	7.- / 27
Shiraz `Jester` Mitolo, AU.....	7. ⁵⁰ / 32
Pinot Noir, Delta Vineyard Marlborough, NZ.....	9.- / 38
Chianti Classico, Fontodi Tuscany, IT.....	40
Amarone della Valpolicella, Alpha Zeta Veneto, IT.....	48

ROSE WINE

Pinot Grigio Rosato, Ponte Pietra Veneto, IT.....	6.- / 24
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