

GRIND

BREAKFAST SERVED EVERY DAY UNTIL 12.

FRUIT & GRAINS

Toast, housemade jam	3.-
Granola smoothie bowl	6.-
Açaí bowl, seeds, berries	6.-
Gluten-free porridge, blood orange, streusel	5.-

EGGS

One-pan eggs, chorizo, spinach, yoghurt	8.-
Beetroot smoked salmon, eggs on toast	10.-
Sweet potato harissa cakes, poached egg	9.-
Raw breakfast salad, avocado, grains, egg	8.-

SIDES

Eggs / toast	1.50
Sweet potato cake	2.50
Avocado / sausage / bacon	2.50
Beetroot smoked salmon	4.-

SMASHED	Smashed avocado, poached eggs, chilli on toast	8.-	AVOCADO
	add Feta cheese	2.-	
	Bacon	2.-	
	Beetroot smoked salmon	4.-	

BREAKFAST

Pancakes, blueberries, whipped coconut	7.-
Full English breakfast, eggs as you like	10.-
Full vegetarian breakfast	10.-
Breakfast burrito, eggs, sausage, bacon	9.-
French banana toast, coconut cream	9.-

SMOOTHIES

Green Spinach, banana, almond milk, coffee, cocoa nibs	5.-
Amber Mango, natural yoghurt, vanilla, agave, almond milk	5.-
Red Berries, prunes, avocado, coconut, almond milk	5.-
Add Protein	1.-

GRIND HOUSE BLEND

50% Brazilian Chapada
25% Colombian San Sebastian
25% Brazilian Sitio Nossa

From the Grind Roastery in Shoreditch, two Brazilian coffees lend an almond and strawberry sweetness, balanced with the dark chocolates of the Colombian San Sebastian. 12oz tins of the Grind House Blend are available for £11 in store, and online at grind.co.uk