

# GRIND

## COFFEE

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|  |                                     |
|--|-------------------------------------|
| Espresso, Ristretto, Short Black   | 2. <sup>30</sup>                    |
| Long Black, Filter   | 2. <sup>50</sup>   2. <sup>60</sup> |
| Macchiato, Piccolo   | 2. <sup>50</sup>   2. <sup>60</sup> |
| Flat White, Latte, Cappuccino  | 3.-   3. <sup>30</sup>              |
| Hot Chocolate  | 3.-   3. <sup>30</sup>              |
| Mocha  | 3. <sup>10</sup>   3. <sup>40</sup> |
| Matcha, Beetroot, Turmeric Latte   | 3.-                                 |
| Iced Filter  | 3.-                                 |
| Iced Coffee  | 3. <sup>30</sup>                    |
| Sandows Cold Brew  | 3. <sup>95</sup>                    |
| Baileys Iced Coffee  | 8. <sup>50</sup>                    |
| Iced Tea   | 2. <sup>75</sup>                    |
| Pot of Tea   | 2. <sup>75</sup>                    |
| Breakfast, Earl Grey, Green, Jasmine,<br>Lemongrass & Ginger, Fresh Mint |                                     |

soya, almond, oat, decaf, extra shot .<sup>50</sup>

## JUICES

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|  |                  |
|--|------------------|
| Green                                    | 4. <sup>75</sup> |
| Spinach, broccoli, cucumber, apple, lime |                  |
| Amber                                    | 4. <sup>75</sup> |
| Orange, carrot, ginger, lemon            |                  |
| Red                                      | 4. <sup>75</sup> |
| Banana, berries, beetroot, apple         |                  |
| Orange Juice                             | 3. <sup>50</sup> |

## SMOOTHIES

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|  |     |
|--|-----|
| Green  | 5.- |
| Spinach, banana, almond milk, coffee, cocoa nibs   |     |
| Amber  | 5.- |
| Mango, natural yogurt, vanilla, agave, almond milk |     |
| Red  | 5.- |
| Berries, prunes, avocado, coconut, almond milk     |     |
| Add Protein  | 1.- |

Please alert us to any allergies before ordering.

@grind | grind.co.uk | Now playing - 'Shoreditch Grind' on Spotify | events@grind.co.uk  
WiFi: Grind | After 6pm we swap laptops for cocktails.