

# GRIND

BRUNCH SERVED WEEKENDS UNTIL 5PM

## FRUIT & GRAINS

Toast, housemade jam	3.-
Granola smoothie bowl	6.-
Açaí bowl, seeds, berries	6.-
Gluten-free porridge, orange, streusel	5.-

SMASHED

Smashed avocado, poached eggs, chilli on toast	8.-
add Feta cheese	2.-
Bacon	2.-
Beetroot smoked salmon	4.-

AVOCADO

## BRUNCH

One-pan eggs, chorizo, spinach, yoghurt	8.-	Full vegetarian breakfast	10.-
Beetroot smoked salmon, eggs on toast	10.-	Buttermilk pancakes, syrup, blueberries	7.-
Sweet potato harissa cakes, poached egg	9.-	French banana toast, coconut cream	9.-
Raw breakfast salad, avocado, grains, egg	8.-	Breakfast burrito, eggs, sausage, bacon	9.-
Full English breakfast, eggs as you like	10.-	Flat iron chicken, broccoli, baby potatoes	13.-
Flat iron steak (180g), bearnaise	10.-	Grind cheeseburger, skin on fries	12.-
add Skin on fries 4.- / broccoli 4. <sup>50</sup>		add Avocado / fried egg / bacon	2.-

## BOWLS

Sweet potato, lime yoghurt, nuts	6.-
Chorizo, smoked cheese croquettes	6.-
Salt & pepper squid, jalapeno aioli	7.-
Pancetta, date, chorizo meatballs	7.-
Green goddess, gem hearts, pangritata	7.-

## SIDES

Eggs / toast	1. <sup>50</sup>
Sweet potato cake / spinach	2. <sup>50</sup>
Avocado / sausage / bacon	2. <sup>50</sup>
Mushrooms	3.-
Skin on fries / sweet potato wedges	4.-
Crushed baby potatoes, onion jus	4. <sup>50</sup>

## DESSERTS

Burnt vanilla cream	3. <sup>50</sup>
Grind house espresso affogato, amaretti	4.-
Chocolate parfait, streusel, hazelnut	6.-
Hot apple crumble sundae	6.-
Ice cream (per scoop)	2.-

## BOOZE

Grind Espresso Martini	8. <sup>50</sup>
Bloody Mary (not vegetarian)	8. <sup>50</sup>
Hot Flat White Russian	8. <sup>50</sup>
Mimosa	7.-
Bottomless prosecco, seriously.	13.-

Shoreditch | Soho | Holborn | London Bridge | Covent Garden | Royal Exchange | Clerkenwell | Exmouth Market | Whitechapel  
Please alert us of any allergies before ordering | Discretionary service of 12.5% will be added to your bill.

WiFi: Grind | At 6pm we swap laptops for cocktails | At busy times we may ask you to move to the bar once you've eaten.  
@grind | grind.co.uk | Now playing - 'Shoreditch Grind' on Spotify | events@grind.co.uk