

GRIND

SERVED UNTIL 12pm WEEKDAYS, 3pm SATURDAYS, ALL DAY SUNDAY.

TABLE SERVICE IF YOU'RE EATING IN.

SMALLS

Toasted sourdough, jam ^V	3.-
Granola smoothie bowl ^{V, GF}	6.-
Acai bowl, seeds, berries ^{VG, GF}	6.-
Gluten-free porridge, orange, streusel ^{VG, GF}	5.-

BREAKFAST

French banana toast, coconut cream ^V	9.-
Raw breakfast salad, avocado, grains, egg ^{V, GF}	8.-
Breakfast burrito, eggs, sausage, bacon	9.-
Full English breakfast, eggs as you like	11.-
Full vegetarian breakfast	10.-
Beetroot smoked salmon, eggs on toast	10.-
One-pan eggs, chorizo, spinach, yoghurt	9.-
Sweet potato harissa cakes, poached egg ^V	9. ⁵⁰
add Bacon / Sausage / Avocado	2.-

JUICES

Green Spinach, broccoli, cucumber, apple, lime	4. ⁷⁵
Amber Orange, carrot, ginger, lemon	4. ⁷⁵
Red Banana, berries, beetroot, apple	4. ⁷⁵
Orange Juice	3. ⁵⁰

PASTRIES

Croissant	1. ⁸⁰
Pastel del Nata	1. ⁸⁰
Pain au Chocolat	2. ²⁰
Pain au Raisin	2. ²⁰
Almond Croissant	2. ⁸⁰

SMASHED

Smashed avocado, poached eggs, chilli on toast ^V	8. ⁵⁰
add Feta cheese	2.-
Bacon	2.-
Beetroot smoked salmon	4.-

AVOCADO

SIDES

Eggs / toast	1. ⁵⁰
Sweet potato cake ^V	2. ⁵⁰
Avocado / sausage / bacon	2. ⁵⁰
Beetroot smoked salmon	4.-

SMOOTHIES

Green Spinach, banana, almond milk, coffee, cacao nibs	5.-
Amber Mango, natural yoghurt, vanilla, agave, almond milk	5.-
Red Berries, prunes, avocado, coconut, almond milk	5.-
Add Protein	1.-

V - Vegetarian | GF - Gluten free | VG - Vegan

Shoreditch | Soho | Holborn | London Bridge | Covent Garden | Royal Exchange | Clerkenwell | Exmouth Market | Whitechapel
Please alert us of any allergies before ordering | Discretionary service of 12.5% will be added to your bill.

At 6pm we swap laptops for cocktails | Now playing - 'Shoreditch Grind' on Spotify
@grind | grind.co.uk