

GRIND

Fruits & Grains.

Toast, housemade jam ^V	3.—
Granola smoothie bowl ^{V, GF}	6.—
Açaí bowl, seeds, berries ^{VG, GF}	6.—
Gluten-free porridge, orange, streusel ^{VG, GF}	5.—

Breakfast.

One-pan eggs, chorizo, spinach, yoghurt	9.—
Beetroot smoked salmon, eggs on toast	10.—
Sweet potato harissa cakes, poached egg ^V	9. ⁵⁰
Raw breakfast salad, avocado, grains, egg ^{V, GF}	8.—
Wild mushroom hash, fried egg ^V	9.—

Cold-Pressed Juice.

Green Juice <i>Cucumber, apple, spinach, mango, ginger</i>	4. ²⁵
Amber Juice <i>Orange, carrot, apple, ginger</i>	4. ²⁵
Red Juice <i>Carrot, beetroot, watermelon, pomegranate</i>	4. ²⁵
Fresh Orange Juice	3. ⁵⁰

Smoothies.

Green Smoothie <i>Spinach, avocado, cucumber, apple, banana</i>	4. ⁵⁰
Amber Smoothie <i>Lemon, ginger, turmeric, echinacea, apple</i>	4. ⁵⁰
Red Smoothie <i>Strawberry, raspberry, blueberry, banana</i>	4. ⁵⁰

Smashed Avocado.

with poached eggs, chilli on toast	8. ⁵⁰
add <i>feta ^V</i>	2. ⁵⁰
<i>bacon</i>	2. ⁵⁰
<i>beetroot-smoked salmon</i>	4.—

Eggs Florentine.

	9.—
Buttermilk pancakes, syrup, blueberries ^V	8.—
Full English breakfast, eggs as you like	11.—
Full vegetarian breakfast ^V	10.—
Breakfast burrito, eggs, sausage, bacon	9.—
Eggs florentine	9.—

Sides.

Eggs / toast	1. ⁵⁰
Sweet potato cake ^V / spinach	2. ⁵⁰
Avocado / sausage / bacon	2. ⁵⁰
Beetroot-smoked salmon	3.—

Coffee & Tea.

Espresso	2. ³⁰
Macchiato	2. ⁵⁰
Long Black	2. ⁵⁰ / 2. ⁶⁰
Filter	2. ⁵⁰ / 2. ⁶⁰
Flat White	3.— / 3. ³⁰
Latte	3.— / 3. ³⁰
Cappuccino	3.— / 3. ³⁰
Hot Chocolate	3.— / 3. ³⁰
Mocha	3. ¹⁰ / 3. ⁴⁰
Iced Coffee	3. ³⁰
Breakfast Tea	2. ⁷⁵
Earl Grey	
Green Tea	
Fresh Mint Tea	
Matcha Latte	3.—
Turmeric Latte	
Beetroot Latte	
Chai Latte	

Soy / Almond / Oat / Decaf / Extra Shot —.⁵⁰