

# GRIND

## Fruits & Grains.

Toast, housemade jam <sup>V</sup>	3.—
Granola smoothie bowl <sup>V, GF</sup>	6.—
Açaí bowl, seeds, berries <sup>VG, GF</sup>	6.—
Gluten-free porridge, orange, streusel <sup>VG, GF</sup>	5.—

## Smashed Avocado. 8.<sup>50</sup>

with poached eggs, chilli on toast	
add feta <sup>V</sup>	2. <sup>50</sup>
bacon	2. <sup>50</sup>
beetroot-smoked salmon	4.—

## Breakfast.

One-pan eggs, chorizo, spinach, yoghurt	9.—
Beetroot smoked salmon, eggs on toast	10.—
Sweet potato harissa cakes, poached egg <sup>V</sup>	9. <sup>50</sup>
Raw breakfast salad, avocado, grains, egg <sup>V, GF</sup>	8.—
Full English breakfast, eggs as you like	11.—
Full vegetarian breakfast <sup>V</sup>	10.—
Breakfast burrito, eggs, sausage, bacon	9.—
Wild mushroom hash, fried egg <sup>V</sup>	9.—
Eggs florentine <sup>V</sup>	9.—

## Sides.

Eggs / toast	1. <sup>50</sup>
Sweet potato cake <sup>V</sup> / spinach	2. <sup>50</sup>
Avocado / sausage / bacon	2. <sup>50</sup>
Beetroot-smoked salmon	3.—

## Cold-Pressed Juice.

Green Juice	4. <sup>25</sup>
<i>Cucumber, apple, spinach, mango, ginger</i>	
Amber Juice	4. <sup>25</sup>
<i>Orange, carrot, apple, ginger</i>	
Red Juice	4. <sup>25</sup>
<i>Carrot, beetroot, watermelon, pomegranate</i>	
Fresh Orange Juice	3. <sup>50</sup>

## Smoothies.

Green Smoothie	4. <sup>50</sup>
<i>Spinach, avocado, cucumber, apple, banana</i>	
Amber Smoothie	4. <sup>50</sup>
<i>Lemon, ginger, turmeric, echinacea, apple</i>	
Red Smoothie	4. <sup>50</sup>
<i>Strawberry, raspberry, blueberry, banana</i>	

## Coffee & Tea.

Espresso		2. <sup>30</sup>	
Macchiato		2. <sup>50</sup>	
Long Black		2. <sup>50</sup> / 2. <sup>60</sup>	
Filter		2. <sup>50</sup> / 2. <sup>60</sup>	
Flat White		3.— / 3. <sup>30</sup>	
Latte		3.— / 3. <sup>30</sup>	
Cappuccino		3.— / 3. <sup>30</sup>	
Hot Chocolate		3.— / 3. <sup>30</sup>	
Mocha		3. <sup>10</sup> / 3. <sup>40</sup>	
Iced Coffee		3. <sup>30</sup>	
Breakfast Tea	2. <sup>75</sup>	Matcha Latte	3.—
Earl Grey		Turmeric Latte	
Green Tea		Beetroot Latte	
Fresh Mint Tea		Chai Latte	
<i>Soy / Almond / Oat / Decaf / Extra Shot</i>			—. <sup>50</sup>