Discover Natural Connection
May 2020

Nairn's Gluten Free Flatbreads Rosemary & Sea Salt 5.29 OZ
$3.49

Back To Nature Organic Crackers Stoneground Wheat 6 OZ Selected Varieties
$3.29

Jovial 100% Organic Gluten Free Pasta Brown Rice Farfalle 12 OZ Selected Varieties
$3.49

Hope Organic Guacamole Mild Green Chile 8 OZ
$4.29

Simply Organic Organic Simmer Sauce Southwest Taco 8 OZ Selected Varieties
$2.49

Annie's Naturals Organic Ketchup 24 OZ
$3.29

Brianna’s Organic Salad Dressing Rich Poppy Seed 10 FL OZ Selected Varieties
$4.29

Taste Nirvana Real Coconut Water 23.6 FL OZ
$4.49

Some items may not be available. See store for details. Printed with soy ink on recycled paper. Not responsible for typographical errors.
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Add Sweet To Your BBQ

The slightly sweet taste of the Bakerly's brioche hot dog buns makes for the perfect companion to any barbecued meat, but that’s only the beginning of many options.

Food For Life
Tortillas Brown Rice
12 OZ
$3.79

Bakerly
Bun Buns The Brioche
7.95 OZ
$3.49

Maria And Ricardo's
Cauliflower
Tortillas
Made with Avocado Oil
6 CT
Selected Varieties
$5.29

O'doughs
Bagel Thins Original
10.8 OZ
Selected Varieties
$3.99

Bakerly
Hot Dog Buns The Brioche
9.50 OZ
$3.79

Ozery's Bakery
Snacking Rounds Blueberry
10.8 OZ
Selected Varieties
$3.29

Wholly Wholesome
Gluten Free Pizza Dough Ball
14 OZ
$6.49

Amy's
Vegan Bake Bowl Broccoli & Cheese
9.5 OZ
Selected Varieties
$4.79

Caulipower
Cauliflower Pizza Margherita
11.6 OZ
Selected Varieties
$7.79

Van's Natural Foods
Gluten Free Waffles Blueberry
5 OZ
Selected Varieties
$2.79

Brazi Bites
Gluten Free Brazilian Cheese Bread Cheddar & Parmesan
10 OZ
Selected Varieties
$5.29

Cedarlane
Protein Bowl Chicken Fajita
10 OZ
Selected Varieties
$4.29

Tres Latin Foods
Pupusas Black Bean & Sweet Corn
4/2.5 OZ
Selected Varieties
$4.99
Lightlife™ and Field Roast® are offering up all the bold flavor you love. Fire up the grill, top your burgers and hot dogs with your favorite condiments, and enjoy the summertime classics.

www.lightlife.com  |  www.fieldroast.com

Lightlife
Smart Dogs
12 OZ
$3.49

Field Roast
Vegan
FieldBurger
Hand-Formed
13 OZ
$6.79
Simply Organic
Organic Guacamole Mix Sauce
4 OZ
$1.99

Riega Foods
Organic Seasoning
Taco
28 OZ
Selected Varieties
$1.49

Agalima
Organic Drink Mix
Authentic Margarita
1 LTR
Selected Varieties
$7.79

Muir Glen
Organic Crushed Tomatoes
Fire Roasted
28 OZ
Selected Varieties
2/$5

Muir Glen
Organic Diced Tomatoes
14.5 OZ
Selected Varieties
2/$3

Food Should Taste Good
Tortilla Chips
Multigrain
5.5 OZ
Selected Varieties
2/$5

Epic
Pork Rinds
Sea Salt & Pepper
2.5 OZ
Selected Varieties
2/$7

SkinnyPop Popcorn
Microwave Popcorn
Sea Salt
3/2.8 OZ
$3.49

G.H. Cretors
Popcorn
Sea Salt
7.5 OZ
Selected Varieties
$3.49

Hippeas
Organic Chickpea Puffs
Vegan White Cheddar
4 OZ
Selected Varieties
2/$6

Pirate Brands
Pirate’s Booty
Lunch Packs
Aged White Cheddar
4 OZ
$5.29

Saffron Road
Organic Crunchy Chickpeas
Sea Salt
5 OZ
Selected Varieties
$3.79

Snikiddy Snacks
Organic Baked Puffs
Mac N’ Cheese
4 OZ
Selected Varieties
$2.79

Barbara’s Bakery
Baked Cheese Puffs
Original
7 OZ
Selected Varieties
2/$5
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High Protein Snack

Go ahead, take your nut butter with you. RX Nut Butter packs are a perfect pick-me-up for those on the move. Squeeze into your smoothie, spread onto rice cakes, or stir into oatmeal for a wholesome, high-quality protein snack. You can also enjoy straight from the pack.
Happy Tot
Organic Super Bellies Pouch
Bananas, Carrots & Strawberries
4 OZ
Selected Varieties

$1.49

Got a picky eater? You’re not alone. Happy Tot here with trusted, organic snacks & meals for your little one’s budding palate.

Creative Snacks
Organic Coconut Snacks
Chia, Sunflower, Pumpkin Seeds
4 OZ
Selected Varieties

$2.79

Supernola
Organic Nut Crunch Clusters
Dark Chocolate
1.85 OZ
Selected Varieties

$2.79

Made In Nature
Organic Dried Mangoes
3 OZ
Selected Varieties

$3.99

Hot Kid
Organic Baby Mum-Mum Rice Rusks
Sweet Potato & Carrot
1.76 OZ
Selected Varieties

$3.29

Sweet Leaf
Sweet Drops
Liquid Stevia
Vanilla Creme
2 FL OZ
Selected Varieties

$6.99

The Maple Guild
Organic Maple Syrup
Original
375 ML

$8.49

Bulk
100% Organic Dates Pitted

$4.69/lb

Organic Raisins
Thompson Seedless

$2.89/lb

Organic Steel Cut Oats

$0.99/lb

Organic Popcorn
Yellow

$1.49/lb

100% Organic Quinoa Tri-Color

$2.79/lb

100% Organic Black Turtle Beans
USA

$1.89/lb

Organic Split Lentils
Red

$1.19/lb

100% Organic Flax Seed
Brown

$1.69/lb

100% Organic Flax Seed
Golden

$1.89/lb

Golden Temple Granola
Granola
Blueberry Limoncello

Premium Ingredients, Toasted to Perfection

Try Golden Temple Granola’s new Blueberry Limoncello granola! This light and refreshing granola combines rice crisps, granola clusters and dried blueberries with hints of lemon. Enjoy it for breakfast, mixed in yogurt, topped on ice-cream or by the handful for a satisfying snack.

$4.69/lb
Drew’s Organics
Organic Dressing & Marinade
Chipotle Ranch
12 FL OZ
Selected Varieties
$3.79

Spice things up with Drew’s Chipotle Ranch. Great for dipping fresh veggies or try on your favorite tacos for added excitement this Cinco De Mayo!

Colavita
Balsamic Vinegar of Modena
17 FL OZ
$4.79

Kuhne
Dressing Yoghurt & Garden Herbs
8.46 FL OZ
Selected Varieties
$2.99

North Coast
Organic Apple Cider Vinegar
Unfiltered
32 FL OZ
$4.99

De Nigris
Balsamic Vinegar
Bronze Eagle
18.3 FL OZ
$3.79

Lucini Italia
Extra Virgin Olive Oil
Everyday
19 FL OZ
$9.79

Natierra
Himalania Pink Salt Flakes
4.4 oz
$7.49

Goodbye Gluten, Hello
Udi’s
Gluten Free Pizza
Uncured Pepperoni
10.1 oz
$6.49
Selected Varieties

Udi’s
Gluten Free Muffins
Blueberry
12 oz
Selected Varieties
$4.99

Udi’s
Gluten Free Granola
Almond Butter with Clusters
11 oz
Selected Varieties
$4.79

Udi’s
Gluten Free Granola
Cranberry
12 oz
Selected Varieties
$4.79

Udi’s
Gluten Free Bagels
Cinnamon Raisin
13.9 oz
Selected Varieties
$4.99

Udi’s
Gluten Free Mug Cake Mixes
Brownie
8.4 oz
Selected Varieties
$4.79

Glutino
Gluten Free Pizza
Spinach & Feta
6.2 oz
$5.29
Selected Varieties

Glutino
Gluten Free Breakfast Bars
Strawberry
7.05 oz
Selected Varieties
$3.99

Glutino
Gluten Free English Muffins
Original
18.9 oz
$5.99

Glutino
Gluten Free Crackers
Original
4.4 oz
$3.29
Selected Varieties

Glutino
Gluten Free Cookies
Super Stuffed Chocolate Vanilla
11.1 oz
$3.99
Selected Varieties

Butter Me Up
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**Sipping into Summer**

**Strawberry Coconut Mocktail**

Coconuts and strawberries might as well be best friends. They're both so refreshing, and they taste wonderful together.

**Ingredients**

- 1 cup Vita Coco Coconut Water
- 1 cup sliced strawberries
- 3 Tbsp. agave nectar
- Optional: 1 shot (as much as you like) of white rum

**Directions**

Combine coconut water, strawberries, agave, and rum into a blender and blend until combined. Serve over ice and enjoy!

Find recipe here: www.vitacoco.com/get-inspired/strawberry-coconut-mocktail
Better Nutrition For Your Best Friend

Wellness grain-free, protein rich dry dog food is packed with premium protein along with nutrient-rich superfoods and nutritional supplements to ensure your dog has everything they need to thrive from the CORE.

Wellness Pet Products
Grain Free Dry Dog Food
CORE Original
4 LB
$18.99

Wellness Pet Products
Grain Free Canned Cat Food
Complete Health Sliced Chicken
3 OZ
Selected Varieties
$1.49

I And Love And You
Canned Cat Food
Oh My God! Feline
5 OZ
Selected Varieties
$1.29 GF

Okocat
Clumping Litter
Natural Wood
3.5 LB
$7.99

Ark Naturals
Joint Rescue Dog
Jerky Strips
Chicken
9 OZ
$9.29

Cloud Star
Crunchy Dog Treats
Bacon & Cheese
16 OZ
$3.99

Fruitables
Skinny Minis Dog Treats
Apple Bacon Flavor
5 OZ
$3.99

PetGuard
Organic Canned Dog Food
Vegan Entree
12.7 oz
$2.99
Selected Varieties

Canned Cat Food
Savory Seafood Dinner
5.5 oz
$1.79
Selected Varieties

Canned Cat Food
Weight Management
Chicken Stew Dinner
3 oz
2/$3
Selected Varieties

Lifespan Dog & Puppy Dry Food
Chicken & Brown Rice
4 lb

OR

Premium Cat & Kitten Dry Food
Chicken & Brown Rice
3 lb
$12.99

Providing the highest quality wholesome and all-natural food for your pet’s lifelong health and wellness.
Moisturize Your Skin

- Paraben Petroleum Free
- No Synthetic Fragrances
- No Animal Testing
- Pure Botanical Ingredients

**Aura Cacia**
Skin Care Oil
Sweet Almond
4 FL OZ

$3.99

**Dr. Bronner’s**
Biodegradable Cleaner
Sals Suds
32 FL OZ

$10.79

**Citrus Magic**
Auto Air Freshener
Fragrant Bouquet
5 OZ
Selected Varieties

$3.29

**Thayers**
Witch Hazel Spray Deodorant
Cucumber, Unscented or Rose Petal
4 FL OZ
Selected Varieties

$6.49

**Kiss My Face**
Olive Oil Soap Bar
Fragrance Free
5/4 OZ

$4.49

**Crystal Deodorants**
Mineral Roll-On
Lavender & White Tea
2.25 FL OZ
Selected Varieties

$3.49

**Andalu Naturals**
CannaCell
Herbal Shampoo
Moisture Hit
8.5 FL OZ
Selected Varieties

$6.99

**Herbatint**
Permanent Herbal Haircolor Gel
4N Chestnut
4 FL OZ
Selected Varieties

$12.99

**Babo Botanicals**
Sheer Zinc Spray Sunscreen
SPF 30
8 FL OZ

$12.99

**Aura Cacia**
Essential Oil
Relaxing Lavender
.5 FL OZ

$8.99

**Lavender** is the most popular essential oil and is mostly known for the calming and relaxing effects of its aroma. But did you know you can also use lavender to clean and deodorize your home?

Visit www.auracacia.com for tips.

MOVING LIVES FORWARD — Together, Aura Cacia is helping transform lives. In communities everywhere, women of courage and determination are working hard to better their lives in the face of seemingly overwhelming difficulties. Aura Cacia created the Positive Change Project, an annual grant program, to support organizations helping these resilient women. These supported programs help them overcome barriers to become more stable, self-sufficient and confident.
**Ancient Secrets**
Nasal Cleansing Pot
Ceramic CT
$11.49

**Himalayan Chandra**
Neti Pot Porcelain Starter Kit CT
$22.99

**Dynamic Health**
Organic Juice Concentrate
Tart Cherry 16 FL OZ
$12.49

**Swiss Kriss**
Herbal Laxative Tabs 250 TAB
$11.49

**Nutrition Now**
PB8 Digestive Health 120 CAP
$15.49

**Ultima Replenisher**
Electrolyte Hydration Powder Blue Raspberry 20 CT Selected Varieties
$12.49

**Traditional Medicinals**
Smooth Move Laxative Capsules Senna 50 CAP
$9.49

**Yerba Prima**
Psyllium Whole Husks Colon Cleanser 12 OZ Selected Varieties
$9.99

**Kyolic**
Aged Garlic Extract Circulation Formula 106 100 CAP
$13.49

**CBD Unlimited**
CBD BalmX Topical Analgesic 2 OZ
$49.99

*CBD Unlimited Premium Blue* line has been designed to enhance your well-being and unlock a new frontier in natural healing. Try *Balm X Topical Analgesic* to recover muscles, relax and restore range of motion post work-out. Visit www.cbdlimited.com for more information.
Snack Attack

Kettle Brand
Potato Chips
Sea Salt, 5 OZ
OR
Potato Chips
Chili Lime And Avocado Oil, 4.2 OZ
$2.49
Selected Varieties

Late July Snacks
Organic Tortilla Chips
Blue Corn, 11 OZ
OR
Organic Thick and Chunky Salsa
Medium, 15.5 OZ
$2.99
Selected Varieties

Pretzel Crisp
Deli Style Pretzel Crisps
Original, 7.2 OZ
OR
Gluten Free Deli Style Pretzel Crisps
Original, 5 OZ
$2.79
Selected Varieties