

May 1, 2016

Evangelical Free Church
of Bloomington/Normal

Message-Based Questions

Our Spiritual Disciplines: Feeding Yourself on the Word
Romans 15:4; Psalm 1:1-3; Psalm 139:23-24; Hebrews 4:12-13

Share

What delights you?

Reflect Read the passages above.

1. How is a person who delights in the Word of God like a tree planted by water?
2. Discuss several ways God uses the Scriptures in our lives. (See also Romans 12:1-2)
3. What is the difference between studying the Bible and meditating on it?
4. Why is it so important that we have daily/regular time in the Scriptures?
5. What does it look like to have the word of God dwell in you richly? Colossians 3:16-17
6. Hebrews 4:12-13 describes the Word of God as “living and active.” How can paper and ink be alive?

Apply

1. There are many good ways to spend time in the Bible. What ways have you found to be most beneficial? Is what you are doing now productive? If not, ask God what he wants you to change.
2. Pastor Rick shared a phrase in his message “Better in one year to have 10 good verses transferred into substance in our lives than to have every word of the Bible flash before our eyes!” What does this mean and how can this play out in your life this week? This month and this year?
3. Try the following ways to meditate on Scripture: visualize the verse, say it aloud, write it and say it in your own words, put yourself in the verse, change the verse into a prayer and pray it back to God. Ask God how he wants you to apply the verse to your life.

Care/Prayer

For Further Study

1. Do a word study of the term “mind.” Compare with the uses of “heart,” “soul,” and “spirit.”
2. How are eastern meditation and Christian meditation different?
3. Books: Bible Study Methods, Rick Warren; How to Read the Bible for All It’s Worth, Gordon D. Fee, Douglas K. Stuart; How to Get the Most from God’s Word, John MacArthur. These are just a few. There are many other good books.