The mission of Milestone Recovery is to provide the best quality of services to empower individuals with substance use and behavioral health disorders to attain stability, dignity, recovery, and an enhanced quality of life.
I am not just my behavior or my thoughts. My heart is good, and it will always be. I can become something new. That is what Milestone taught me.

Milestone Client
Dear Supporters:

Last year was yet another remarkable year for Milestone. We continued strengthening our programs and services, and our collaborations grew stronger in our community. Every day we established new partnerships with individuals and organizations who are as dedicated as we are to helping our friends and neighbors who are facing homelessness and addiction.

This past September also marked a significant anniversary for the organization - 50 years of serving the people of Maine. With this milestone, we began engaging in discussions about charting the strategic direction for the organization, which included critically evaluating the name of the Milestone Foundation, specifically the "Foundation" part – frequently a cause of confusion for funders and other stakeholders. After a deliberative process involving board members, staff, community members, and others, an easy favorite emerged: **Milestone Recovery.** We believe this name strikes the right note.

Although the world has changed a lot in the past 50 years, and approaches to addressing homelessness and addiction have evolved as well, Milestone's continuum of care today is stronger than ever. As we move forward in 2018 and beyond, we are proud of what Milestone has accomplished in the last 50 years and excited about the future. Together with our expanding community of supporters, we will continue to work toward our shared mission of helping those most in need among us.

Sincerely,

Todd Goodwin  
Board President

Robert Fowler  
Executive Director

The Milestone staff became my family. As a whole, they are what it took to save my life.  
Milestone Client
**OUR SERVICES AND BOARD OF DIRECTORS**

**Emergency Shelter**: 41-bed emergency shelter for individuals experiencing substance use disorders.

**Housing Navigator Program**: Assists Milestone’s long-term shelter stayers transition out of homelessness and into stable housing.

**Homeless Outreach and Mobile Engagement (HOME) Team**: Offers outreach, including medical outreach, to individuals with chronic health, mental health, and substance use disorders.

**Detoxification Program**: Medically managed detoxification program, lasting three to seven days, for men and women struggling with substance use disorders.

**Residential Treatment**: Clinically managed, high intensity, long-term residential program serving men experiencing the last stages of addiction.

**Transitional Housing**: 3/4-way house providing more independent housing to graduates of the Residential Treatment Program.

**Our Board**

- **Todd Goodwin, President**
  Nonprofit Executive/Consultant
- **Tom Ranello, Vice President**
  Broker—Keller Williams Realty
- **John Branson, Secretary**
  President—Branson Law Offices, P.A.
- **Tony DiSotto, Treasurer**
  Vice President—KeyBank
- **Ryan Ciriello**
  Business Intelligence Analyst—Martin’s Point Health Care
- **Sylvia Dion**
  RFP Analyst—Sun Life Financial
- **Barbara Merrill**
  Chief Executive Director—ANCOR
- **Michael Miles**
  Human Resources Consultant—Your Human Resource

**Christopher Poulos**
Executive Director—Washington Statewide Reentry Council

**Thomas Ptacek**
Advocacy Outreach Community Organizer—Preble Street

**Michael Sauschuck**
Chief of Police—Portland Police Department
100% of Residential Treatment clients were employed or in school by the end of the program.

The Housing Navigator Program successfully placed 57 chronically homeless individuals into stable housing.

The HOME Team added a nurse practitioner to its outreach program.

98% of Residential Treatment clients maintained sobriety throughout the course of treatment.

The Emergency Shelter provided over 1,500 bed nights to 530 unduplicated clients.

The HOME Team provided daily street outreach to over 600 clients struggling with mental illness and substance use disorders. (A 40% increase from 2016).

The Residential Treatment Program provided 64 men with high-intensity treatment.

Our Detoxification Program—Maine’s only non-hospital based acute detoxification clinic—provided 1,500 men and women struggling with substance use disorders a safe, medically supervised transition through the acute phase of withdrawal from alcohol and other drugs.

I was on death’s door. As weeks pass after treatment, my life gets better, better than I have ever experienced. I wake up every day looking forward to being a father, a friend, a son, and an overall part of my own life. Milestone Client
We are grateful to our donors, community partners, board of directors, and volunteers. With your support, we were able to continue providing life-saving services to people facing addiction and homelessness in Maine. In FY 2017, we received funding through the following sources:

**Foundations**
- Agnes M. Lindsay Trust
- Atlantic Charitable Fund
- Doree Taylor Charitable Foundation
- Fisher Charitable Foundation
- Francis Hollis Brain Foundation
- John T. Gorman Foundation
- Kirby Family Foundation
- Margaret E. Burnham Charitable Trust
- Narragansett Number One Foundation
- Regina M. O’Hara Charitable Foundation
- Sally Mead Hands Foundation
- Sam L. Cohen Foundation
- Simmons Foundation
- Stephen and Tabitha King Foundation
- Welch Charitable Fund

**Corporations**
- Camden National Bank
- Cross Insurance
- KeyBank
- Machias Savings Bank
- Northeast Bank
- People’s United Bank

**Agencies**
- Atlantic Sportwear/MaineUnites
- Maine Real Estate Network
- Martin’s Point Health Care
- United Way of Greater Portland

**Community Partners**
- ASAP Taxi
- City of Portland
- Coffee by Design
- Portland Downtown
- Moe’s Original Bar B Que
- OTTO Pizza
- DiMillo’s on the Water
- Episcopal Church of Saint Mary—Falmouth
- Westbrook Eagles

Saco & Biddeford Savings Institution
Saco Valley Credit Union

Thank you to Altrusa, Bombas, CCI, Inc., OOB365, and Twill, and all the businesses and individuals who have donated **in-kind gifts** to our programs.
STATEMENT OF ACTIVITIES (For the year ended June 30, 2017)

REVENUE
State, Federal and Local Funding $2,473,663
Foundation Grants $155,602
Private Contributions $285,329
Private Insurance $171,925
All Other Funding Sources $221,650
Total Revenue and Support $3,308,168

EXPENSES
Extended Care $510,680
Emergency Shelter $670,958
HOME Team $177,973
Detoxification $1,329,131
Administrative $460,283
Total Expenses $3,149,325

*Revenue excludes $154,000 unexpended private contribution
MILESTONE RECOVERY

ADMINISTRATIVE OFFICES, EMERGENCY SHELTER, HOME TEAM, DETOXIFICATION PROGRAM
65 India Street, Portland, ME 04101
Tel: 207-775-4790
Info@milestone-recovery.org

EXTENDED CARE PROGRAM
28 Portland Avenue, Old Orchard Beach, ME 04064
Tel: 207-934-5231
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