

The Boonie Breakdown Podcast

Episode 245 - Favorite Albums of 2023

with KG

Transcript

[0:00] Music.

[0:06] Your source for all things responsible and ratchet.

Birthday Weekend Recap and Favorite Albums of 2023

[0:11] All right, all right, all right. Welcome to this week's episode.

I am back. I am feeling better.

I am a little congested, but we had an amazing birthday weekend in Houston.

And then I came back with a cold and then it was the holidays.

And I just did not get a chance to record this episode, which is one of my favorite episode of the year that I do with the homie, the BFF, our responsible fave, KG. Yes, KG is here.

And you know what we do? Our favorite albums of 2023.

So you want to stick around for that conversation.

All right. I am going to go ahead and do another pick of the week.

And this is probably the first time I've done this, but I'm going to go ahead and do it again.

The color Color Purple. I just saw it for the second time.

[1:01] Literally, right before I recorded this, I saw it for the second time and it really, really is good. So it's Boonie approved.

And seeing it the second time, I want to go back and I want to give more credit to Taraji because she really held her own with Fantasia when singing.

And like I saw it on Broadway, I told you guys this already.

And she, it's a, Suge has this big song, Push the Button.

And seen it the second time Taraji really delivered on that song and so Danielle Brooks, scene stealer Fantasia did great it's her first time ever like acting in a movie and so if you haven't seen it you were skeptical because you know it's a musical and you don't think the color purple should be remade but you should go check it out what the best way to describe this movie.

[1:50] Is Dreamgirls you know how Dreamgirls was on Broadway and then it became a movie it's the the same thing this is not a complete remake of the original it is just a movie adaptation

of the Broadway musical so Boone and Pick of the Week go check it out for the second time I don't think I've ever done that back-to-back pick of the weeks The Color Purple Housekeeping.

[2:11] Housekeeping come back later please housekeeping not now all right first I want to say after this week's episode I'm going to take a little break for the holidays so there will not be a new Boonie Breakdown episode until January 8th we'll be back Monday January 8th we're taking next week off so Monday January 8th all right so do you want to give some feedback for episode 244 we had with Sam Smith, redefining your personal style.

And I got a message that said, love this episode. Boone, your last two episodes have me ready to change some things in the new year.

You guys know I love messages like that when I can give you guys fodder or something to consider or to make changes in your life.

And so I was happy to hear that you received this episode well. All All right.

And just remember, we have a Patreon and I will be announcing our next book club reading for Patreon.

I'm also working on scheduling a new guest just specifically for our Patreon gang.

So if you would like to sign up, you can head on over and support for as low as three dollars a month.

That is Patreon dot com backslash the Boonie Breakdown. Breakdown.

[3:32] Also, you know what to do if you guys are new here. But if you are new here, then you can follow us on social media.

We're on Instagram, TikTok, YouTube, Facebook at the Boonie Breakdown.

We're over on Twitter just at Boonie Breakdown. All right. You can share the episode with your friends. You can put in your Insta story.

You can DM me how much you like it. You can shoot me an email at thebooniebreakdown at gmail.com.

I love, love, love getting and And seeing all your messages and watching you share the show. All right. So that is it for me. Very short and sweet.

I know this episode was late, but thank you so much for the grace to deliver the episode late.

But I just love doing this episode with KG and so I could not not put it out.

So I hope you all enjoy and let's get ready to break it down.

[4:20] Music.

Introduction and Setting the Expectations

[4:29] Hey guys, it's my favorite episode of the year. It's a lie. It is. KG's here.

Year it's the only time I can literally count on you to come the only time that I get invited the entire year I get to make it I told you I was like I don't even know how to talk no more so I'm here I'm here hopefully it works um you know for the four people that listen to this episode.

[4:59] Hopefully it works out for you so modest he's so modest uh yeah you know i'm excited for this one And I will be honest right off the bat.

Well, let's do our disclaimer first.

Okay. We are not saying these are the best albums. No.

We're saying these are our favorite albums. That is literally the title of the episode.

Favorite albums, not best albums. So we welcome discussion.

We want to know what your favorites are, too. Do you agree with us?

Did we overlook something?

Yeah, because listen, this year was difficult. Catch you on the music.

It was. was I I was curious to see because I'm like Kenny listens to way more genres than I do I kind of stick in the R&B I'm an R&B girl right every now and then people that I like like the Tylers and those people can get me to listen to those albums but I'm not listening to a Benny the Butcher album that's just me right so I'm okay with that I accept that but I struggled with it was three Three albums for sure.

[6:06] Two of them i was kind of like i liked them but i couldn't think of anything that was i liked more so that's kind of how they made the list yeah it was it was i mean so yeah i mean i definitely had albums that were like that i listened to multiple times this year and i did enjoy but this wasn't a year like i feel like we've had years where it was like okay there it was hard to narrow yeah yeah yeah this was this was one of the the tougher ones and man especially especially for like hip hop like this was a this was i know you're not a but it's funny because that that lets me know it was a tough year because normally i may have one or one that you say that i've at least listened to when i went back and i was like i don't think i i don't i can't think of a rap album that i listened to this year yeah yeah like i have one i have you know i have one on my list and like a, a blend of one um but yeah like there it was it was a i think at least from my perspective like from the top i'm gonna agree because what was it like it was like a record of like how long it had been since like a number one hip-hop album came out so yeah it was like hey y'all y'all i mean I mean, the music, you know, sometimes we feel like we're old. We're like, oh, this music is trash, blah, blah, blah, blah.

Lack of Standout Rap Albums in the Year

[7:28] But no, I think. I mean, we are old, though. Yeah.

[7:32] Well, yes, yes. But the what do they call it?

The the frequency of the music is not what people need right now.

So I don't think it's really.

[7:43] You're gonna have the sales um yes i imagine but here's the thing though even though there were no really standout well a lot of standout albums for me i did like a lot of songs so what i started doing a practice and i can't remember who i stole this from i stole this from somebody but on spotify i started a couple years back that i just have a a playlist and it's just titled the year so So it's 2023.

I just add songs that I like throughout the year to that playlist.
And I like going back, even though Spotify does a rap. I think I started it before Spotify started doing that. But now they have the rap.
My playlist is different than, because I do feel like Spotify rap be lying sometimes.
Because I'd be like, I know I listened to that song, but I know I didn't listen to it enough. That much, yeah. Like, okay, y'all playing me.
So that's one thing I like to do. So we're going to hop into it.
I had a couple favorite songs though okay so first this may shock people.

[8:45] But one of my favorite songs this year and it's on my 2023 playlist at the top because it came out earlier in the year, Tyrese's Don't Think You Ever Loved Me oh yeah I remember when that joint when he gave a snippet with Tank that joint was like oh this is fire it's such a great song like it is so good like even though Tyrese has these moments on social media where you're like, damn, he's a dummy.
This was a song that was like, but he still made good music.
So that was one of mine. I have three favorite songs. How many do you have?

[9:21] He's like, I can go forever. So that was one.
Two, I can't deny it. I can't run from it.
Even though I just found out recently what the fuck she was saying in the song, Snooze. SZA. okay I could that song that's the only song I'll say Spotify got right because I wore that song into the ground, I just learned what she was saying, though. But I wore it into the ground. Oh, yeah.
Because I feel like there were a couple TikToks that were saying what she was saying. Because I didn't know either. I'm like, I testify.
I make it very clear. I'm not no ride or die bitch. So that song is the ride or die anthem. Yeah. And she's ready.
But I fuck with it. And my number three was Moments.
Justin Bieber on that Diddy album. album that those are like my top three that i just ran all the time it's a few more some indie people but those three i would have to say were were it for me yeah so moments is my five um, so that is my number five for my year um my number four was the mario and uh Oh, that was a good one. Like her too. That was a good one.
That's on my playlist too. There you go.
I have at number three, I have Cleo soul when I'm in, when I'm in arms.

Yabba's waterfall and Anais Cordeaux's beautiful song

[10:50] Number two, I have a Yabba's waterfall.
She didn't bring out an album, but she dropped that track. And then we talked about this song. No idea what she said. Oh, the first song, yes. Most beautiful song I've heard in a very long time.
Colors. I don't even know how to pronounce this girl's name.
Anais Cordeaux? That's how I say it. I'm going to go Anais Cordeaux.

[11:18] Colors. If you have not, listened to this track i've kind of held it in the pocket i have too actually i have not told a lot of people about it yeah and it's funny i had to go look it's right above moments on my 2023 playlist yeah it like i don't know how and why it makes you feel the way it does but it is an absolutely beautiful song it is a good song it's so light-hearted and it makes you happy and smile it's a good one but it's a completely in french i have no idea what to i need to do who translate on it because it could be talking some wild shit and oh my god i'm gonna look it up right now um because i have no idea but i'm imagining that it isn't and i watched the video just because like i went down a rabbit hole like about her but they made this song and she wrote it with like like people that did not speak French at all.

[12:12] Really? Yeah, it was weird. Yeah. So it starts, a storm of sweetness arrives in the dark night.

So much fear runs through me and dizzies me every night.

Here are 13 sounds full of passion in a song for me.

Okay, it fits. Okay. Yeah, the light burns, the sun falls when I'm near you, feeling a little too much, feeling in your voice when you speak.

And I know that I could never get closer to your arms with the sky.

With you, the sky is empty. of a thousand colors oh this is a sweet song I'm going to keep listening so it is it matches if y'all get an opportunity it really is a beautiful song she has a little EP on the EP I liked the song Purple yeah.

[12:59] All right. So take a listen. We'll probably have to spell out her name somewhere when we win this episode. I'll put it in the show notes.

Because, yeah, I'm assuming that's how you say it. Hopefully we are not wrong.

So I guess you guys know that'll be one of our top ten lists that we'll share our playlist.

But, yeah, no, that was a good song.

All right. Let's just go right into it. All right. I'm with you. Dave albums.

We're going to start at five, go down to one like we always do.

And i'm gonna let you go first okay all right let's hit it um choice uh an artist by the name of no name and she had an album this year called sundial um so like i said i don't i don't know if i like really put her in like a full like she is hip-hop but it's like it doesn't feel like it but But no, like the album is just like a good like you drop it on.

You feel good. You listen to it. She's talking to shit.

This is a really good vibe. I enjoyed it.

I read it once. I did run it a couple of times when I saw it on like it popped up on my Spotify does.

But you know what I didn't like about the album? The fucking album cover.

All of her joints are weird.

Yeah, that was. Yeah, they're scary. always freaked me out. Because you know how you have your phone playing, you pick it up, I was like, oh. Oh, no.

[14:26] Dang, you ugly. You ugly.

So my number five...

And I don't know if it counts. It's an EP. Oh, EPs count. You know, based off what we're getting these days.

All right, cool. So Summer Walker, Clear 2. Okay.

Pull Up, Hard Life. I really did enjoy it. It's short to the point, but it was cohesive.

I love that our guy, because a lot of people don't probably know this, but Jay Versace, who is the meme guy, the meme y'all share of eating the plate and all these funny memes but he's a really good producer too and so he produced pull up um so yeah no i summer walker maybe you know a little bat shit in real life but, yeah i was about to say you know you know you like that i'm not gonna say it's you know i'm not gonna say it's a reflection of you but um you know hey you know yeah the music hits.

[15:27] All right um all right my four i am with mr killer mike mike the only hip i knew that was gonna be on yours i am like you know obviously i am approaching a what they call the monumental age and i need i need hip-hop to be like grown hip-hop at this point in time um like i can put put some other stuff on and just like run it.

But like for me to listen to an album, I need quality.

I need to talk about like substance. I need things that matter.

And yeah, like this is probably, I mean, he's had pretty amped up music with, you know, you know with the group and then the old school like adidas joints and whatnot but this was like probably his most grown hip-hop album at the age that we are approaching that is uh something that that fits more for me so killer mike mike number four number four okay so my number four is, when i hear your name by meta also thinking um am i pronouncing it correct oh no i don't i'm like Like, I don't know any of these people.

[16:42] It's funny. These people like this, I don't even know. I think I found her because the algorithm on Spotify, on my Discover Weekly one day, put a song and I was like, who is this? And I hopped on the map. I was like, oh, it's the album.

And I listened to it and I came back to it. But it has all the great people.

James Fauntleroy, Lucky Day, Free National. So I fucked with it.

But it also has some of that toxic R&B, similar to Summer Walker.

Girl like this all um can't spell sex without x right like oh yeah so um but i liked it i had to go look up recently what does she look like because i was just curious like i don't know who these people are i don't think i know what she looks like either yeah i'm assuming she's a little white girl or at the very least a white presenting hispanic not quite sure honestly but uh did go on her instagram because i was like what does she look like, she's like a sabrina accadio type of uh like i can't tell like she reminds me of like a a little and i'm not saying darker in the sense of skin tone but she reminds me of like a darker snow allegra okay okay like because i honestly don't really know what snow allegra is either but it's like those ambiguous looking people.

[17:59] Okay all right where are we at all right so we are at three we're at three now

Victoria Monet's Jaguar: a blend of good work

[18:04] i don't know if if you have this or if this made your list, but, uh, I enjoyed it.

Uh, Victoria Monet's Jaguar too.

Um, I think most people know about this album, so I don't need to talk a decent amount about it.

Um, but she's made a good blend of work.

Um, She has, and she's been working for a long time.

Yeah. And I don't think people, people know that.

And I, you know, I didn't, i didn't find out about her until shoot what was the track she did the um the track with lucky day yeah that popped up on spotify and i was like i was like you found out about her okay i probably ran that track into the that was the ground too yeah i was like why is this only like a minute and a half um but yeah i ran that into the ground so um.

Discovering Victoria Monet's Music Journey

[18:57] I like Victoria Monet I've been following her for a little minute so it is I think I probably hopped on her right around like 2018 or 2019 she had that song like ass like that so, it's not mine so I was like ooh who's this and then that's when I kind of hopped down that rabbit hole so it is nice to see that she's getting her due, All right. My number three. All right. This might be a shock.

Some people might be like, he still makes music.

He had an album out in 2023.

Music and Hit Boy. Oh, you know what? You know what?

I, the other day, I don't know what I was looking at. And I was like, I never got the chance to listen to that album. Really? Was it good?

It's number three for me. So it was really nice because, you know, music has started to deviate for a second.

Yeah. Yeah. Because I will argue down that music probably had one of the best five album R&B runs for a lot of R&B artists, especially from 2000 and beyond.

The first five albums, especially the first three, four, maybe the loosey-goosey, but five hit again. And so then he started to deviate away and was trying to do some other things.

But I really did enjoy this album with Hip Boy.

[20:23] Not too many features on it, but it's some good beats.

I think my one favorite song that could have made, because I did one, two, and three for my favorite song, number four or five could have been, they have a song called White Rice Deja Vu. Okay. I read it in the ground. I'm going to have to listen to it, because I completely forgot about it.

I knew it was coming, and then it slipped my mind.

If I don't listen to it right away, I'm gonna yeah because so much stuff comes at us but yeah I enjoyed this project I think they're supposed to be doing something another collab about this one I mean he does I don't know how, he is on the run that he is like hit boy hit boy is on like even outside of like I guess this album the Nas joints that like the run with Nas is just like, incredible like he just produced the album for his father that was locked up in a pen for a while he came out and produced like I just don't, he's just on a run and I'm very curious to see but

yeah I enjoyed check out the one with music it was okay alright um okay number two alright um, so um Um.

[21:43] It's a person that I have, you know, obviously she, I can't put any Taylor version albums on, on here.

Um, so you can't put, I can't put, you know, any of her newer versions just because the albums have already come out.

So we're not going to give it to Taylor, but this is another white artist.

Um, um, So this person, in my opinion, has not put on a bad body of work in her entire time.

I think this is her best album that she's put out.

Miley Cyrus. Ah!

[22:21] Amazing album. Amazing album from, you know, obviously Flowers was like.

That was a hit. That was a mega hit. Might have been, you know, track of the year.

Yeah. um like you're gonna see that on lists all the way around but you know the track thousand miles with brandy carlisle um what do you have on there that's the other song was it like um, used to be young or something used to be young yep used to be young um muddy i think she has a track with sia um you know what now you're gonna be running because i have not ran the album but i i know some songs on it, but I've never read the album. And the thing is, I like Miley Cyrus.

Because now that you bring it up, it's a couple of her albums that I'm looking at now.

And I'm like, oh, yeah, I did rock with those, actually. Yeah. Yeah.

Yeah. No. So take a listen. She's also a Sagittarius, too. So. Nah.

Yeah. So is your girl, Taylor. So is your girl, Taylor. I didn't know Taylor Swift was.

She's like the day before me, December 13th. Oh, yeah, she is.

You're right. You are absolutely right.

Look at your white queens. Yeah, listen, listen.

So my number two, Victoria Monet.

Recognition for a talented artist with a viral moment

[23:47] She hit it out the park. I was just so happy to see her finally blow up because she's really been putting in work.

The On My Mama song.

She had her viral social media moment, right? The video everybody was talking about.

The people who had never heard her mention her ever before were talking about her.

I think my favorite song. Actually, and it's funny. Oh My Mama is not even my favorite song from that album.

[24:14] I liked How Does It Make You Feel and All Right.

I'm the One. So those are some of my favorites. So I'm with you.

One thing that I didn't say about this and what I noticed, which is very unique and what I don't see.

Which is why i was like kind of proud of this is that they actually did like a kind of a rollout for her as like an artist like you like they did like they did not rely just on social media yeah they did radio promotion they did like radio giveaways and i was just like they don't and she was on like she did the late night show she yeah she did everything yeah and i'm just so happy too because she made mtvb like look like dicks because they wouldn't let her perform because they said said she was too new but then she has she's nominated for the most grammys of everybody this go around or something so i was like mtv looks like dummies but i am happy to see her um get her due i will say for the grammys though she in a tough motherfucking category because the one i think it's like traditional r&b song okay okay like well my mama is nominated but i'm like i need to see rapper glasper win actually sorry i have not um i normally make make my predictions based off the categories.

I have not. I have not done that yet. You slipping.

I'm sorry. Well, we got time. We got the, I got to get, listen, listen. The ratings on the run. I'm occupied.

[25:38] I did see, I did see they had the best record in the NFL. There you go.

There you go. You ain't knowing things about sports.

You know, so we got some important things kind of going on. But no, I'll spend some time on that.

I'll be ready by the time Grammys is here. Wonderful.

So what's your number one?

[25:58] Number one so again if you all do not know me personally i am um i'm a very old soul and um i enjoy um 70s soul 60s soul um music um so my number one album of the year is mr october london rebirth of ah that's a good one um yeah you can't no i couldn't go wrong with this i just saw the title i knew nothing about this gentleman it's like hold on yeah and the album cover gave it to me i was like all right yeah this is probably gonna be for me and i played it and you know he's coming to baltimore i think on valentine's day yeah yeah i can't stand for concerts no more me either he gotta have a chair yeah he's at uh he's either soundstage or i think it's yeah and i was just like i think that's all standing and um yeah i can't do that um Um, no, that's a good one.

And y'all know, I just did like a little Instagram reel about his Christmas album.

Cause that was sex by the fireplace Christmas. I did the Christmas tree.

Yeah, see, I saw, I saw you post that and I was like, I don't think that's the type of Christmas music that I'm looking for.

[27:14] Um, I wasn't going to play that at Christmas. I want to have another set of twins.

[27:21] That's done. So yeah, I was like, nah, I'm not going to.

No, he's a great voice. he's a great voice yeah i was um you know a lot of people they try to emulate people or whatever but i think from a sound from a vibe to production on the album the sound the smoothness of his voice um yeah no he's a good one yeah i hope that he goes far too i just discovered him too recently not not the christmas album but like right before the christmas album again spotify doing what it does, their algorithm.

And I was like, who's this guy? And I went and listened to the album. So, yeah. I'm not shocked at all that that's your number one now that you said it.

Number one album: Janelle Monet's "The Age of Pleasure"

[28:04] Okay. So, my number one. What do we got here?

Another Sagittarius sister of mine. Oh, Jesus. Janelle Monet, The Age of Pleasure. That was my sixth. I could...

[28:20] It was so good. And again, another person who did a rollout to like the build up.

Yeah. Yeah. Hers. Yeah. That was definitely. Yeah. That was illustrated.

So much of it. And what I will say, it was stunning because it was like for so long, her persona was this modest.

I'm wearing black and white suits as a nod to my parents and da da da da da.

And it's like, look at my titties.

Yeah. And I was like, I got scared, honestly, when.

That rollout was happening because i was like a lot of music is gonna be garbage me too like you i was like ma'am you don't have to do this like it's okay i totally was too i said damn it they got her it's a wrap the music is gonna go to shit but i loved it i loved what she did on it i think um my favorite songs also can we just talk about to another person featuring grace jones like, grace jones i know which was great but it was also a nice surprise to have nia long like i I love what she did with that. Random, yeah.

But my favorite song was Only Have Eyes for Two. Yes.

[29:28] Oh, I mean, just. That's a great song. Yeah. Bravo. Like, bravo, because that was such a good song.

Yeah, that saved all my list. Yeah.

Janelle Monae, that was my favorite album. And it's funny, because that is the one.

Janelle and Victoria are the two that I did not struggle with.

Like as soon as i wrote this i said one janelle to victoria but the other three like i had a list of like six or seven more albums and i was like tough yeah it was tough this year it was not a lot and i do think coming off of last year we both picked obviously renaissance was the favorite right um i do want to ask you how do you feel like renaissance has aged it's been a year so it's not a lot of time I can still listen to it but I don't I'm still angry oh that's forgot Beyonce cancelled, KG's show in Pittsburgh and did not reschedule did not reschedule at all did not make any amends or anything and this was his first time going to see her, so and here's this is what I will say and I don't know if I've publicly said this on the podcast, I couldn't have because I haven't even been recording.

Beyonce's Show: Not My Favorite, but Still Beyonce

[30:49] I've seen Beyonce a few times. This was not my favorite show of hers. Okay. And not because it was a bad show, because it's a Beyonce. Like, it's Beyonce, so it wasn't bad. But now having seen the movie, the film, the concert, and the movie theater, and seeing the film, that's the show I did not get in Toronto.

And so now my gripe my gripe was and that was my gripe as i was watching everyone else go after me and post to social media was that i did not get everyone did not get the same show she did not move as much at my show uh the the mic was on now she she sounded amazing but she did not move and a lot and you see it when you watch the film she performed to the camera a lot okay and even at her show because it is a stadium.

[31:49] You can see how she's performing for the camera because most of the time you're watching the screens you're rarely looking at her so it's really weird because you're at a live show but you're watching the screen and the artist is performing for the screen gotcha okay and it was was i don't i don't know the word for me so when i'm watching everyone saw oh this was life-changing like i'm like okay i i did not have that experience i don't think it was a bad show but it was not my favorite show so i say all that to say if you go see it in a movie theater you'll probably have a better viewing experience than a lot of people who saw it i'm gonna have to i mean i'm gonna have to to compare now from what i've read and obviously what i've seen with taylor's so like taylor's is.

[32:39] Just a concert yeah it's like a concert so you're just watching the concert from what i've heard about beyonce's it's more of like a documentary yeah you know she gotta talk to it and so that's the thing too and not discrediting i love beyonce i understand she is an icon i respect that but.

[33:00] A lot of the stuff we get is wash, rinse, repeat in the sense that, the choreography right it's classic choreography so we we've been getting the same choreography for diva with a twist for the last 15 years okay like so it's like not much is changing um because you know diva is going to go into a dance break and so this time she just did the little uzi vert hips right that's all you got that's all you got okay the same thing now with these films we already all knew before we even went into a theater we knew oh she gonna do them costume color changes like she did at homecoming right on netflix and that's exactly what she did so even though it is great it is predictable you know exactly what you're getting with beyond like we know what it is so at this point i it's not groundbreaking or the shock and awe for me is gone with her yeah i do i just wish homecoming is the peak of her performance career we're on on the downtown downturn now and i think this tour was the setup for that what the next act of beyonce looks like yeah i just really i mean obviously i feel like i may have said this before with the amount that concerts cost i wish that artists because they're all taping this stuff like Like, just put the thing out.

Beyonce's Performances: Predictable but Still Enjoyable

[34:24] Just put the show out.

[34:27] Like, I would pay, like, for most of these shows, I'd pay \$25. I'd sit home. I'd watch the show. You could stream it if you wanted to. A thousand percent. But, like, you're still going to sell out.

[34:44] Going out on tour but like there are going to be people that either one can't afford can't afford to resale whatever the case may be that are like okay i'll sit home and i will still watch you and i feel like that has to be and maybe that's what they're trying to do seeing what maybe maybe this is a test with taylor and beyonce yeah but i'm like there's a market there it is and i also think for me too i don't think i enjoy stadium concerts okay i think now um i did see formation but i I went to a smaller stadium because when I saw Formation, I saw her at Hershey Park. Okay.

[35:19] So a lot smaller outdoor experience. And we had amazing seats. I think that's the other part that affected my experience. I was so far away, right? Like, so going to a concert, I don't give a fuck about these people sitting next to me.

I paid to see you, right? And so I was talking about the community. Like, it was cool to see people in their outfits. but like i just i was watching this like yeah when i was there i remember walking out of there like yeah i don't think i like stadium concerts like and yeah and i know for her she gets more bang for her buck to go to a stadium yeah because she did six well you know she did three nights at la right so she was in the arena she would have to perform for like 10 nights to see the same amount people so i get it but you know she couldn't do eight to ten like taylor did but you know it is.

Taylor Swift's Impressive Tour Numbers and Attendance Records

[36:15] I'm with i don't know i didn't know much about taylor but when i was like the heiress tour i'm looking at this when i googled and i was like god damn like i couldn't even try to go like it wasn't like i couldn't even fathom paying that much money i didn't know that taylor was doing like i didn't know taylor was doing those numbers like it was like because i look it was like toronto beyonce did two shows in toronto and taylor did seven and i was like god damn beyonce did three in la taylor did six and i'm like that's a lot of motherfuckers yeah yeah a lot of a lot of cities she was doing like bernasares and um um rio she was two three nights and they were saying like Like almost every stadium she's been to, if you look it up, Taylor Swift has the record for attendance. Yeah.

I'm like, damn. I just didn't know. So at some point, you got to put respect on it, whether it's your kind of music or not. And I will let people into a secret.

On my 2023 playlist, the very first song.

Taylor Swift and the Midnights

[37:18] Lavender Haze Taylor Swift look at you with the midnights look at you I will admit it for all I am so proud, I did before I don't think I know I have not listened to a Taylor Swift album I can unequivocally but I did I was in the I was in Tucson and I was in the car and I said what's this song and I shazammed it and I was like Taylor Swift well I'll be damn and I had to add it was the first song i added to my 2023 playlist yeah like i'm i'm sure you have heard oh no i know taylor swift song yeah no but i'm saying like you would probably be like you would listen to midnights, as an album itself and you would be like oh i know this song you know anti-hero i'm no yeah she's so big that i probably know way more of her songs than i just don't know the names the names of them yeah yeah yeah um so i gotta ask you this too what was your thoughts on three stacks did you listen to the flute i i mean i had to listen to it um i don't think that i will, listen to it again.

I haven't. I think there's a whole lot more.

[38:44] Quality music in those genres than what I heard on that album.

Oh, that's a fair assessment. So I think that maybe people that do not listen to that kind of music on a regular basis might have been like...

What is that genre called? I don't even know what I would call it. Um...

[39:06] I mean, my thing was, it was the frequencies. Like, I know, you know, I do like the sound baths and stuff and I love those things.

And so it reminded me of that.

Um, and I was just like, oh, okay. This is like spa music, relaxation.

Like I put it on and I think I got like halfway into the third song and I, I was out.

Like I had, I had to stop it. I went to sleep.

Like it was so calming. I went to sleep. yeah like i'm not um like my background music is like either like traditional jazz or like lo-fi beats if i'm gonna do it so okay um like it was okay but like i've not thought about it again.

[39:57] Like i thought about it when it came out but it was so much chatter but i'm

Hope for Rihanna's Music and Future Plans

[40:01] just curious the replay value on that anyone else has replayed yeah um but yeah okay i was just curious i never asked you that and yes for those wondering i am still holding out hope for rihanna um one day, i don't even need to say that about that no more that shit is over one day one day one day somebody is gonna one one day somebody's gonna break into the vaults release something i i i wholehearted like I still believe, like the kids believe in a miracle from Santa I believe we're gonna get it I do I do I do she may have one more kid.

[40:46] Is that her plan well she was just talking recently at that puma drop and somebody had asked her something like what can you what was something that you can't do or something and she was like obviously have a girl i can't have a girl or something like that so i from that gleam

okay she wants to have a daughter she okay but then she did say like and the guy was like well you know i gotta ask for the navy about the music and he was like she She was like, oh, it's coming.

She did say it, but she didn't say when. But she's like, it's coming.

Okay. She was excited because she said about music and tours.

She's excited to get back to that.

Now, obviously, I don't know if we're going to get real gossipy on here or whatever, but is Asa going to jail?

Well, that's what the streets are saying. Because, I mean, based off of everything that I've read now, obviously, you know, innocent until proven guilty.

[41:47] But it seems like he's going to jail he would go to jail well if he's going to jail then he'll get the fuck up off her so she won't have a baby so then he would get music, but the problem is it's going to be a different sounding music than what you would be wanting I'm okay with that because, here's my thing if she had not dropped anti before she took this hiatus I think it would be jarring but anti was probably the boldest step she did in her music career.

So, I am open and waiting for R9.

Waiting for R9 and Trolling Tactics

[42:24] I will never I don't even think it will be called that. It won't.

I'm curious what she's going to be called.

But like, we've had all the people confirmed they've worked on music with her.

Questlove confirmed it in an interview.

[42:34] Pharrell has confirmed it. So, we know the girl. That's been for like seven years. I know she's sitting on bangers, but she's, And we've seen her in the studios and she's trolled us for years.

And I think maybe now she's over trolling. She's a, she said, I'm gonna give you this black Panther song and y'all can get the hell out of my face.

You know, I just will not settle for that again.

Nothing I need to listen to ever again. It worked in the context of that movie.

Yeah. Yeah. Like, I mean, it's not a bad song, but it's not a single, if that makes sense.

Right. Like it's a movie song. It's a movie song.

So it worked in there. I never even listened to the second song that came out with it it was alright I don't need to hear it and I was proud of her performances on her little Oscar run that she had to do she did the Super Bowl which is weird because it's like Usher's planning on his album after Super Bowl I would have expected I think if she wasn't pregnant that would have happened I think what got hijacked was I gotta make it a baby announcement instead of an album announcement. That's honestly what I think happened.

Second Child was like, fuck, we didn't plan this.

Fuck, I'm pregnant. So we'll just make the announcement.

That's what I gather, but I'm with you. Because normally, you're gonna take advantage of all this free press that Pepsi and Apple Music and the NFL are gonna give you.

[43:59] Usher joint's gonna drop immediately. Oh, I'm so excited for Usher.

And this is it may be an unpopular opinion i did not see usher in 2023 i saw usher in 2022 and the usher vegas residency was way more enjoyable than renaissance the tour but i can i can imagine that and i know size and spacing and theater versus stadium but overall i just was far more entertained at usher than i was at beyonce okay and i will stand on it because Cause I've been in love with Usher Raymond since I was 13 years old and the man still look good.

So before we wrap up, Are you two going to join, like, everyone else in 2023? Are you going to get on the Olympic train?

[44:55] You're out of your mind. Out of your mind.

Listen, I've changed my thoughts on it to, I understand.

The potential of Ozempic as a miracle drug

[45:07] So, you know me, I'd be, like, going in the deep, like, rabbit holes with shit.

But, like, it seems like, obviously, it's literally a miracle drug.

Which is cool but i don't i'm like one i could never take it but anyway but for people that may need it like it was like it changes your like the cravings so it's not even just like you're losing weight it's like you're the thought pattern of like i want like you think like you randomly like like for me i may be driving out and i'll be like oh i can stop and get something i don't need anything that's literally what i was trying to explain to somebody.

[45:49] It it's not so much a weight loss drug as it is a addiction drug right like so they they were saying like they can they they are going to try to use it for other things not just not just from a weight perspective it's not attacking anything in your belly or how your fat burns yeah it's it it goes to your brain and it plays with your pleasure receptors.

So you can experience, it changes how you experience pleasure with the way dopamine is released.

Exactly. Yeah. So, I mean, I feel like they're going to manipulate this one into a lot of different things.

So, I mean, it's scary and it's promising.

[46:37] Let's cure cancer and do some other things first.

They can't do that. I know it's not the thing to say, but Big Pharma is never going to cure cancer. And that's why I don't trust it. Because I'm like, Big Pharma is not trying to cure obesity.

Because it's like, what does this replace it? You know what I'm saying?

Big Pharma is not creating a drug to cure obesity.

Yeah, and I think, what was it? One of the podcasts that I was listening to about this, they were saying, like, That, like, if this becomes as big and takes over as large of a market share as

they're hoping and planning, like, say, if it gets picked up by government health insurance or, like, large employer health insurance and they cover it and a lot of people have taken it.

The potential impact of Ozempic on the food industry

[47:29] If that becomes the case then not only is that going to change like you know people physically but it's also going to have to change what these large like pepsico and coke mcdonald's all these places are selling because it mentally changes the things that you want and it changes the cravings and i can't believe they would let that happen right because.

[47:54] All this time though you know said this the other day this is so like not politically correct maybe i shouldn't say on the podcast but i was talking to my other best friend and i was like fuck nancy reagan because they were telling us the same note of drugs but the real drug was food right like that's it industry has killed us and makes us sick and it's so far gone that we can't reel it back in so it's impossible i can't see these companies that make a lot of money off of us craving oh i i want some mcdonald's french fries oh i want an oreo cookie oh i want this to let this drug come in to change how people literally will crave your food so it's gonna be interesting to watch this whole ozempic thing but yeah now that saint oprah has endorsed it i mean she she like she looks fucking she like i'm i'm like i take it like a taste here taste there i'm like god dang yeah i i mean, now that, and so clearly now that i'm like, okay, that makes sense.

Cause Gayle King looks good too. So i'm sure Gayle is on it too.

Like anybody who's gotten skinny recently in Hollywood.

Now that i look back at like, who is it? Like Adele slimmed down.

Like i look at her and i'm like, oh, Ozempic.

Yabba. I don't know if you knew Yabba. Yeah. She's like, i'm like, okay.

I was like, first i thought it was drugs, but now i'm like, everybody is on the opal.

[49:20] Everybody's on ozempic the kardashians all like everybody's on it and i'm just like damn so is that going to be the new push okay yep your bmi the doctor is like you're fat get on ozempic like you gotta get on it yeah like it's gonna be mandated by your insurance up you're you're overweight get on ozempic they're gonna they're gonna see well if your doctor sees that you have a type of insurance that covers ozempic they're gonna push it and it's funny because i i was just joking with my doctor when i went to, i love my doctor, but i was joking with her and i was like, okay, great. We fixed one thing.

The increasing popularity and controversy surrounding Ozempic

[49:54] i'm good. i got a five-star physical. Great.

Give me Ozempic. And she was like, absolutely not. And i was like, what? She's like, i'm not prescribing you Ozempic. You're not diabetic.

You're not pre-diabetic. And i'm like, but i just, i just want to be skinny like everybody else.

And she was like get out of my office but it would be interesting to see in two years it's gonna be a whole different that's like it'll be interesting to see because she's like no she's one of those doctors like i'm not prescribing things you don't need so i'm like can i get this and she's like no because i asked to go to i don't know people know the difference between a dietitian and a nutritionist like anybody can say they're a nutritionist but dietitian has gone to school they have studied all this stuff i was like i would like a referral to a dietitian.

[50:43] And she's like, you're not diabetic. And I'm like, but I have to have diabetes.

I'm fat, right? Y'all keep saying I'm fat. Can I go to a dietician?

She won't even prescribe for a dietician. She's like, just eat right and exercise.

Like the scale is already going down. Just keep doing what you're doing.

And I'm like, I just want to do it faster. Yeah, I would be curious.

I'm going to remember this. Next year when we do this pod, I'm going to say, after your physical, what did your doctor say?

I'm gonna see when i'll be like i've lost okay hopefully by then i can be like i lost 60 more pounds okay yeah and then she'll see if she'll be like well take this shot and it'll make you but i mean the crazy i mean you know the crazy part is like you can go to like any of these like yeah like you can go to online pharmacy and get it now like and they're not they don't care they don't want it literally the place i go to get my facials and my eyebrows done it's a nurse practitioner who does like b12 shots and like iv drip you know everybody likes those iv yeah she gives them in there too 150 a shot dang that's crazy and where i get my eyebrows done.

[51:53] Yeah that's so crazy though okay any um crazy things from 20 this year was just so long from from 2023 that it's like you can't believe happened man this year so long i don't even remember things that happened six weeks ago yeah i mean obviously like somebody had to remind me that the whole submarine thing happened this year that was this year that was this year and it was like the middle of the year it feels like five years ago but no that was this like june yeah it It was like June.

Damn. That shit was some wild shit, though. Like, we were all, listen, we were all deep-sea diving experts.

Like, their bodies compressed within two seconds.

[52:41] Like, I ain't know shit about no deep-sea diving, but I was on it. I was.

The jokes, though. The jokes that went off. Yeah, like that was this year.

Well, I have no idea. Yeah.

I have no idea well you know what you'll have to come back next year oh you know I'm ready I'll be okay you know what I was gonna say see this is what happens when you've been friends for decades I need to finish my thought because it's election season I'm here I'm ready this is our political pundit I'm gonna be interesting next year what's gonna happen okay we're gonna call it here it all right is and we're gonna wrap up is Biden gonna run he's gonna stay the ticket he's gonna stay the nominee he doesn't have no choice it's too late now it's too late wow okay so the ticket is gonna be trump haley i would say so i would say so and if trump wins he's not leaving office this next time he's unless he dies i don't think he's gonna leave.

Uncertainty Surrounding the Potential President

[53:46] He may win and never see the office so he could his arrest and stuff could happen very possible interesting well this is all which is why you see the push right now for somebody that people would be okay with because they know that it's likely that he could win and go to jail he could win this is just so asinine that someone who has four or five, cases open in could even run. Yeah.

So they have to make sure that they sell the person that's going to be next in line because it's very likely that.

Isn't it so crazy that the two choices, so you have one side of old guy who has done a pretty decent job.

He did what he was supposed to do, come in and restore order, right? And I know people look at the economy, but somehow the economy is doing well even though. The economy is doing well.

Inflation is down. Yeah. And so you look at somebody like that who is old and could die in office and then you have Kamala or you have someone who is old, completely unfit and could win and go to jail. And then you have Nikki Haley as president.

Yes. Ladies and gentlemen.

Profiting from War: The Dark Side of Politics

[55:05] Fantastic choices. But hey, listen, all that matters is that all of them will keep us in war. And really at the end of the day the powers that be that's really all they care about well that's when the money's flowing yeah money gotta flow that way so, people get rich when we are in conflict, that's gross peace don't bring no dollars damn there you go that's your political this is my political person I go to because I I, it's terrible to say out loud, but like sometimes ignorance is bliss.

And so sometimes like some of the stuff that's happening currently in the world, I'm aware that it's happening.

I think it's, some of it is gross, but I can't ingest it all the time because it's too much.

It's too much. And so I tap in on occasions and I hit Kenny, like, what does this mean?

I mean, it's, it's a lot going on. Next year is going to be...

Absurd it's gonna be absurd I'm not yeah it it could rival 20 the last time Kenny said this shit okay.

[56:27] He had tweeted it was in the end of 2019 or early 2020 and he had tweeted some shit like buckle up we about to see something we ain't never seen before and literally in March of 2020 we know what happened so the fact that he's saying this now yeah I don't I can't even like fathom the ridiculousness that is gonna happen next year, yeah I I just I'm just gonna let y'all know like don't be getting upset, when some of your faves are out there talking bad about old Joe and hopping on the jump train.

So, um, you're going to see some people that normally you have this left crowd that is fully behind a Democratic candidate.

You're going to have some flips this rotation, and.

[57:31] Y'all gonna have to make peace with that because yeah the the the workings are there they they're already working on it so um have fun enjoy save some money save money well friend.

[57:50] Thanks as always happy new year happy new year i'll talk to you in real life all right that is it for this week's episode i want to thank the homie the bff the responsible fave cave g for dropping in i will hold him to him coming back so we could talk some political shit because we need to know what's happening in the world because he's my source so i'm going to share my source with y'all all right also just a reminder there's no new episode next week we are taking the week off and we'll be back with a new episode on Monday, January 8th. All right.

So if you enjoyed this episode, I encourage you to listen and subscribe to the podcast on Apple Podcasts, Spotify, Amazon Music, iHeartRadio, YouTube, or any apps that you listen to your favorites on.

I really hope that you had a great Christmas with your families, your friends.

I hope that you have been able to take this week off and rest because I have been resting.

All right. I just want to thank you all for your support in 2023.

[58:50] I want to thank you all for letting me have the space and grace and time to walk away, to step away and take care of me.

And so I hope that you have found the space to do the same for yourself.

All right. And so I want you all to have a dope rest of your week.

Stay healthy, safe and sane. I want to thank you for listening.

And remember that the ratchet in me always honors the ratchet in you.

How must i stay until next time until next time until next time in 2024 happy new year and have a great great great end of your week bye.

[59:29] Music.