

# **The Boonie Breakdown Podcast**

## **Episode 254 - Exploring the Psychology of Kink with Goddess Rue**

### **Transcript**

#### **Introduction to At Home STI Kits**

[0:01] Support for today's episode comes from Dane Products. My friends over at Dane are excited to announce their latest product, At Home STI Kits.

And each kit is discreetly packaged for a safe experience.

All of your orders will be reviewed by a licensed provider at certified labs.

And your results are shared with you via a secure and private portal.

And if there happens to be an abnormal or a positive result, a medical professional will reach out to you.

So, you know what we're doing over here at the Boonie Breakdown. we're prioritizing our sexual health and well-being because knowing your status is sexy as fuck and as a boonie breakdown listener you can receive 10 off your purchase by using the code boonie 10 that's boonie 10 all cap letters head on over to dame.com to get you one now hey y'all it's your girl boonie and you're listening to the boonie breakdown podcast your source for all things responsible and ratchet.

[0:55] All right, all right, all right. Welcome to this week's episode.

It is definitely gloriously responsible and ratchet because I was excited.

#### **CIAA Weekend in Baltimore**

[1:04] I'm getting to finish and complete having the Holy Trinity on the Boonie Breakdown because this week our guest is goddess rue uh i love it she is a multi-faceted entrepreneur and an educator we talk about her work as being a dom being a fin dom being an educator how she got into this space and how she navigates being a sex worker with being a mother and providing for her kids and what are her motivating factors this was a bomb conversation so you're going to want to stick around

all right up next pick of the week now I got a shout out pick of the week because it was it was a good moment for my city y'all know I'm from Baltimore and I love my city and CIAA which is the HBCU basketball tournament was here in Baltimore this past weekend and it was my first time going to one I was part of a planning committee that hosted a party for my Delta chapter and it was an amazing great time the city was amazing it was great meeting people who came from Jersey from Charlotte from Detroit from Atlanta who came all over to see what Charm City could offer and so that's my pick of the week we had a ball my ass is too old to be partying like this but I had a good time And I look forward to CIAA next year in Baltimore.

[2:33] And if you're listening and you're not here, then I encourage you to put it on your calendar and get your ass to Baltimore next year. All right?

It was a good, good, good time.

Because you know what I had been saying? I was just so impressed.

[2:45] Ladies, you know, when you're going out these days, it's usually an overwhelming majority of women at these things.

And so to be in a nigga fest, to be in a sausage fest was a delight.

So, yeah, pick of the week. See you at Double A Weekend. Housekeeping.

[3:05] Housekeeping. Come back later, please. Housekeeping. Not now. All right.

## **Navigating Reproductive Health Feedback**

[3:11] So feedback from episode 253, Navigating Reproductive Health with Lisa Hendrickson-Jack.

I got so many messages from women who were saying how this conversation was timely for them for some issues that they were dealing with, with their reproductive health, women's health issues, especially evolving fertility, menstrual cycles.

And so it was a very responsible, timely episode. episode I encourage you to go back and listen to it and I'm also encouraging all the fellas to listen to it as well because there is a woman in your life who was dealing with some of these issues and so I think it only makes sense for you to uh listen get some understanding to develop compassion and figure out how you can support you know the women in your life going through with those issues so uh go back and run episode 253 also there's a bonus episode on uh patreon gang you can head on over to patreon.com backslash the boonie breakdown uh patreon gang right now is currently reading for book club the pussy uh prayers book that is our book club selection.

## Goddess Rue's Journey into BDSM

[4:12] Uh we will be i'm gonna drop the date for our book club meeting it will probably be the end of this month um so i'm gonna drop that over in patreon world this week so head on over join the gang if you are new uh to patreon go ahead um and make sure you sign up for the discord i know there were a lot of people who signed up this week so i'm going to do shout outs next week and you know why because that is the season finale next week is the last episode of season 13 okay so just one more episode left uh so be sure to mark your calendars because it's gonna be i think we have two back-to-back hitters with goddess rue and next week's guest back-to-back hitters all right uh so if this is your first time listening welcome thank you for listening to the boonie breakdown um i ask that you follow us on social media at the boonie breakdown on instagram facebook tiktok uh twitter you can find us just at boonie breakdown we're on youtube as well at the boonie breakdown so uh that is it for me so let's get ready to break it down.

[5:15] Music.

[5:23] Hey y'all so look this podcast this episode is a little while in the making but i'm so happy that goddess brew is joining us this week hey girl hey i'm sorry hey goddess um i'm look i'm excited because you're completing the trifecta i've had mistress marlene i've had bria the goddess i have goddess brew it's like the whole it's like the infinity stones uh.

[5:54] This is a big deal you complete my trifecta so I'm glad to have you here I am glad to be here thank you for having me yeah so I always ask how did you find yourself in this space like how did you get into BDSM how did you know you wanted to be a dom and and be goddess Rue yes so my journey started a few years back now I'd say about seven going on eight years ago um I started my erotic boutique um online erotic boutique pleasurable seductions you know about giving like house parties pleasure parties teaching all about you know self-care through the introduction of toys things of that nature now one of my parties you know a submissive white male approached me and And he was like, hey, have you ever thought about dominating a man and, you know, you get paid?

So me, pick my interest. I'm like, what you talking about?

So, you know, he pretty much explained to me like what he would want and what he was going to pay me for.

And literally at the time, that was like the fastest \$250 I made ever.

So we booked a session and he wanted me to spank him for \$250.

And initially it was for an hour. but of course you can't spank someone for an entire hour physically like.

[7:19] Straining on your body. But that's when I learned humiliation, degradation, things of that nature.

And with my first session, I was like, oh shit, this is it. I could get paid for this.

If he paid me 250 for this, what else could I get paid for?

And so that just took me down Pandora's like took me in Pandora's box. I went in a rabbit hole.

And that's when I discovered like fat life. And that was like the kinky Facebook.

When I got on there, I thought I knew it all. I didn't even have a clue like what I was getting.

[7:58] But what I will say is I realized that it was somewhere that I found a lot of joy and I felt safe and I felt like I was seen and understood.

So it was like, like I was right at home. I'm like, finally, this is what I've been searching for.

So, you know, my journey started, like I said, eight years, seven, eight years ago, and it's been rocking and rolling.

Yeah. I started as just like a, I would say pro dom because, you know, pro means that you're getting paid for, you know, your domination work and things of that nature.

However, it's something that I really enjoy. So after that first session, I did a lot of lifestyle domination where learning journey i wasn't charging for it you know i was taking subs i'll say pro bono whatever you know internship whatever you want to call it for the vanilla so they can understand come on break it down that's not in the lifestyle you know and listen i know they know because i done had this this season they've been like damn i thought I was freaky I'm not freaky but then actually so if we want to be technical they can consider themselves freaky because at one point I was like oh I'm so freaky I'm freaky I I like things like this I like that but then when I'm on my journey I realized that I'm not just freaky I'm kinky.

## Exploring Kinks and Fetishes

[9:21] Oh it's the kink aspect that they're probably missing yeah hold on to that freaky car they all right see there you go y'all got your freaky card but that's the thing yeah i realized like i'm a baby kinkster right like i thought my little and i'm like oh this ain't a damn thing compared to what some people are out here doing it get real deep it does and like the more i talk to people and learn and see stuff i'm like shit oh okay but then some of it i'll be like oh Oh, yes.

I could see how that could work.

[9:57] Exactly. And I went along that, you know, phase myself as a baby Dom or as a baby Kingster.

You know, the intro into BDSM, trying to figure it out. I used to be like, yo, what in the world is happening?

And it wasn't coming from like a judgmental space. Exactly. Yeah. Yeah.

[10:16] Ever seen it's like I couldn't even fathom some of the things that would literally be considered a fetish or kink things that people like and it arouses them it gives them pleasure so it was really interesting to me you know and um yeah I realized that you got freaky you got kinky yeah I think that's a good distinction and it's like yeah when you hop in that kinky spooky rabbit hole I think it is a little I think for some people it's like a little scary to them right because because I think the biggest question I always get or especially I had an episode last week we were talking about knife play and he's like I pull up the machete and it's like what the fuck about a machete it's sexy right and so I think people start to think what were you doing or what happened that you found out that aroused you right that that was a turn on for you so it's like what is happening and I think people start to build these scenarios I think it's um the wildest thing but like just her saying it in the episode I had made the analogy like oh you're gonna drag it across my nipple and I'm like I could feel in my mind like I see how that could work right so So sometimes it might just be the imagination.

[11:31] I'm telling you, it's big. It's a cycle. It starts with your mind first, right? It's very psychological.

So a lot of people, they can't wrap their minds around it because they're like very, it's not that broad as far as they can't think outside of the box.

Like if this doesn't turn me on, I don't understand how it's turning you on.

You understand what I'm saying? A lot of people try to put themselves in a space and say, hmm, I wonder how that'll make me feel rather than just saying like hey that's for you that turns you on that's your thing good for you a lot of people they're like i don't know if i could be sucking on some toes i don't know if i could be sniffing some armpits that's not for me but for other people they love it and it turns them on just as like a known kink you know people are fat asses big breasts you understand understand what I'm saying that's more acceptable in the vanilla world that's normal you know that's a good point yeah yeah you know yeah that's a good point um what is the like craziest thing you've done with a sub like or a crazy request that you get I always ask a dom all of you always have.

[12:44] A different experience of what your sub may make you do or ask you to do request you to do pay you you to do yes so I was requested by a sub to perform what would be equivalent to sounding so sounding is when you use like these metal.

## **Boundaries in BDSM**

[13:07] Or cylinder objects, because it doesn't always have to be metal. Okay. The cylinder, slender objects that range in different sizes and you stick it down, you know, as vanilla people would say, the penis hole. You stick it down the urethra of the penis. Like, yeah. And for me, it's a hard limit. I don't like sounding because you do feel the resistance when you're pushing the tool inside the head. You'll feel like resistant even when you use lube so that was never a thing for me like i can't even watch it honestly right this sub oh no it gets deep this sub wanted me to use a wire hanger.

[13:54] And for each inch that i stick in his penis he was going to pay me a hundred dollars, I said yeah no that's not for me I'm not doing that oh my gosh I'm not doing that a wire hanger a wire hanger and so he was definitely a masochist because pain derives pleasure from pain and even though I'm a sadist which I like to inflict pain on my submission, not like that Yeah, that is next level. I can go so far left, right? And then you're using a wire hanger. I don't know if you got your tetanus shot. You know what I'm saying? I don't know.

[14:44] If I may hit something along, you know, the lines, because the tools that we use there, you know, they're not sharp. You know, they're rounded and they're safe. A wire hanger has edges and it's just not. Yeah, that's making me like, oh, my God. Oh, it was just not for me. Yeah, that was no, that wasn't for me. That was a hard limit for me. So that was one of having your boundaries. mysteries yeah no that was one of the craziest you know requests even to this day I would say that's the craziest because along your journey you know you you get more and more requests you meet different people all the time and I've gotten some other you know crazy requests but this I still feel for me tops all yeah yeah oh I don't even have a penis and I'm like oh that that hurt oh my gosh yeah like it's it's insane it's absolutely insane.

[15:46] I'm still trying to process like first one you said put it down the the hole i'm like a wire hanger that's so thick yeah i'm telling you i'm telling you it was it was just not okay

so do you like do this full time or do you have because i know some of the doms i talked to like they've made this their full-time career they're you know and they're rocking and rolling with it or do you balance this with some other things that you like to do yes so I definitely balance this with a few other things that I do I like to tell people I'm multifaceted so you know I would say I split this up amongst I'm a central dance teacher as well a dance teacher, So I teach like dance classes, things of that nature. And then also I have my online erotic boutique. That was like first and foremost. So that became like my full time job.

Then when I got a hang of that, where everything was flowing and mixing, that's when I, you know, tapped into the dominatrix.

You know, then I'm also teaching online how to get into BDSM, you know, how to step into, you know, what it is that you want to do, what brings you purpose, whether that's a BDSM or outside of that vanilla.

[17:02] Because I teach people, you know, how to become entrepreneurs, because everything for me is not heavily emerged in like BDSM.

Them kings, that nature.

It's a part of my story, but it's not the full spectrum of who I am and what I do.

Then I also host different events. I throw events.

One in particular, which I love to talk about is an erotic pop-up shop where I just bring different business owners that have a hard time pushing their products on social media and online because we all know you can have the best product can't do it yeah knows who you are or what your product is and you don't know how to sell it or push it you don't have money for a pr you all you have is just your perfect products can't sell and that's the thing too that sucks like online platforms they target a lot of the sex brands sex educators and they limit you they shadow ban you they block you they remove your page and so you yeah and so it's hard to even use you can't purchase ads on certain places so oh my gosh.

[18:14] Listen, I've been stuck at the same number and I don't even like, cause I have these conversations and I'm pushing this.

Yeah. I've been at the, I don't even worry about growing. I just try not to get the ding so they don't delete my account.

But listen to me, I literally just had to remake content that I had to recreate content that I posted yesterday because they took it down I'm off the page.

I start, oh, here we go again.

So I try to edit it and make it.

## **Challenges with Social Media**

[18:46] PG, as PG as possible so that they can let my video rock because I'm trying to teach people and show people what are the kinks and fetishes out here so they have an idea.

You know, they see doms, they see us walking the subs on a leash and they think, oh, wow, y'all it gets deep.

What's taboo for y'all is normal for us so I'm trying to just bring awareness to what's going on and it's like social media they don't want me to be great they don't take my before and as you said like at this point I'm not even worrying about growing I feel like now I have more of an organic like audience because they're really following me because they like what I do they're interested in things of that nature rather than I went viral and people are just following because of that that crazy moment, they don't have a clue what's BDSM, what's going on.

They don't know if they're coming or they're going. It's just like, whoa, this is crazy. This is interesting. You know? Yeah.

I get more engagement, organic engagement. People really want to know what's going on. People come out to events I'm having, dance classes, things of that nature.

So I like the steady growth.

I like that. I feel like I have a handle on what's going on.

Before, it was like, whoa. Yeah.

[19:57] These messages. Ooh, what's going on? Where this person came from?

Are you following me? Oh, you're in the lifestyle? I didn't even know.

So I feel like now I kind of have an idea of who's who, what's going on.

You understand what I'm saying? People that I should know, because I want to know about the people that's, you know, in the same community as me.

I want to know what when I want to be able to support, I don't want it to just be like, oh, that's God, it's all about her.

And no, I want to give the same support that people are giving me because Because I know I need it and I needed it and still need it at some point, you know?

So I just want to be able to give back to those that give to me, you know?

No, I love that. And it makes sense, right?

[20:37] Like you said about building the community, that is so important, especially in these spaces. And it's the thing I love, right?

Because I saw, you know, first connected with Mistress Marley and then I found Bria and then I found you.

And so for me, that lends credibility, at least for people I put on my platform, is that I know if they are rocking with a certain group of people, then I know, okay, they're credible.



I'm not out here backing a fuck nigga, right? And then people come to me like, Boonie, you put me on. And I'm like, I ain't know.

[21:08] So I do think building that sense of community is so important, even for me, right?

Like, I'm not dumb, but I have these conversations and introduce people to you all.

## **Trusting Gut in Community Building**

[21:18] It is a thousand percent important so um and we just listen sometimes some of these people would be reaching out i done had a few to reached out and something in my gut was like i don't know so i sent them like oh i'm done booking for this season i'll keep you on the list for the future and then weeks later something a whole community like oh they violated me i'm like see i knew it so that don't make no sense but i it happens i get it yeah but we gotta go with our intuition and our gut feeling you know i'm saying because sometimes we know but we just information and that be the time we done got ourself in trouble because now you done took time out to record a whole episode and now you got this person on it that people are saying that that they violated and you're like, damn, I can't even air this. So I got to set platforms.

I'm like, look, I'm going to trust my gut on that. And two times in particular, I can't say telling them, oh, I'm going to put you on my list.

## **Identifying as a Sex Worker**

[22:20] It's paid out for me. Put them on a list. Listen, they on a list for sure. So, I know this is a conversation I'm excited about having with you because I have not taken this angle yet when I've talked to a dom.

But I'm going to ask you this question first. Do you identify as a sex worker?

Yes, I absolutely do. You do. OK, check, because I know there's stigma around that.

Some people feel a way. No.

So I do always ask that.

[22:51] Yeah, definitely. And I've heard that. And it's definitely, you know, a topic that floats around in the community.

## **Understanding Different Dom Practices**

[22:56] Community um not just bdsm but also other along the entire sex work platform right like some people look at it as there's a plateau or there's like a rank where if you're not engaging in certain sexual acts you're not a sex worker right however as a dominatrix we you know not we because i'm not a part of that but i've heard some say well i'm not having sex with my subs so i'm not like them i'm i'm not a sex worker and i'm like my love you are a sex worker because just because you don't do certain things with your sub doesn't mean that the spectrum of dominatrix don't because you have to also understand being a dom it's it's it's a title it comes with a lot lot of different fetishes and kinks is notches and just because you don't engage in something doesn't mean another dom doesn't and it doesn't mean that you're any more of a dom than they are how you know like if you go to europe it's full service doms there like there's some subs that come you know to the states and they're like um i want a happy ending or i want all these things and i'm like wait hold up now i don't do that like i'm not doing that and i may get offended But then, you know.

[24:19] When you break it down and you have a conversation with these subs and they're like.

[24:22] You know, no disrespect where I'm from, this is a part of their do offer. And so I have to understand that different parts of the world, when you have the title dominatrix, there's different things that come with that. It's just everyone has their soft limits and hard limits, things that you're willing to do and things that you're absolutely not willing to do at all.

## **Pricing and Experience in Pegging**

[24:42] So I just had to understand that and open my brain and my mind up so you know, what's going on around me and what's going on in the world I can't be closed minded you understand what I'm saying so, absolutely a sex worker because guess even me I'll peg the hell out of a motherfucker don't.

[25:01] How much do people pay you to peg them?

Okay. So when I started, you know, when I was a baby Dom, I would charge about \$450.

And that was like, what? They give me \$450?

But now where I am now, I literally charge \$1,200 to peg. And for how long?

[25:22] So I'd book a \$1,200 pegging session for an hour.

Okay. I was pegging for an hour. you know there's things that you build up arm up exactly and we're gonna do some aftercare i'll peg you and then we'll do aftercare oh

you gotta check in on your son you gotta make sure they're okay they gotta come down off that high make sure that they're right to go back into the world you know so yeah twelve hundred dollars and then it's along in that session humiliation and all those things that's an addition money you got additional services add it up you know but yes i'm gonna ask you this have you ever in pegging a man does do you get aroused by that or you just strictly focused on it's about this money and i'm doing a service that someone paid me for yeah so me personally i never got turned on by it yeah for me it's just like I wouldn't say turned on but I would say I get a high often because I feel like, like I'm taking I'm like I'm I'm I'm taking like your manhood you know what I'm saying like, I am like now above you like I'm only okay I'm saying so I feel I get like this chip on my shoulder like yeah yeah I'm gonna tear it up like you're saying like now I'm gonna ask you this.

## **Learning the Stroke**

[26:50] How you learn your stroke like do you have a stroke when you peg it or you just literally be ramming it it depends so in session i'm playing music so sometimes it goes to the beat of the music you know it all depends on what mood i'm in then you have some subs that come in and piss you the hell off and you gotta ram it in them you know you know how but i don't suggest that you you do this to everyone now the subs that i do this to i've sessioned with them before and i know what they can take and what they can't take so when i'm ramming them it's just like you know you're playing with me like we're not gonna play these games you're like are we gonna yeah i'm god this motherfucking room yeah if i feel like i gotta ram it in you we don't need to have a session because you're not you're not following protocol you're not following my direction, but yeah you know i got a nice little stroke yeah because i always think about that i ain't never had no strap on, but I'm just like, how did you learn an ass stroke?

## **Client Diversity**

[27:49] Okay so you got a stroke you bram it sometimes got it that is twelve hundred dollars to be all right then so and i already know i'm gonna ask y'all because i know y'all listening y'all gonna be like boonie you didn't ask her so are your clients and your subs mostly white or black because i always get that question yes so for me my clients are mostly white but i do get black i I get India.

I get everybody, y'all. But the majority is white men.

Yeah. There you guys go. I asked. So you don't have to DM me and say, Boonie, you didn't ask. I asked.

[28:32] Yes. But you can get all kinds of, even women. I take them all.

## Female Subs

[28:37] And I was going to ask that. That was my next question. Do you have subs that are women?

Because I know what the images we're used to seeing, like you said, it's, you know, walking the dogs.

It's the white men or some man bonded up and masked up you know but we never see promotional materials with doms and women exactly so that is the truth you know you don't really see as much female subs um i do get them and then also it depends on people's comfortability everyone one doesn't want to be recorded.

And so a lot of the female subs that I get, they're not comfortable being recorded. It's something that they want to keep private, and I have to respect that.

[29:22] So I have a clip up on Twitter, and it's me and I'm spanking her. And she was also a masochist. She wanted me to beat her. Thank the hell.

[29:34] And, um, I was like really giving it to her. Okay.

But, um, Cause I just realized, I'm like, I've never, like, I know that happens, but you never really see those clips.

It's always, women always show men in the clips.

And do you charge different rates for women or is it the same? Like if someone.

Yep. I charge the same for women. So, um, with the women, I would say I'm just, the only difference with women is I'm more sensual.

So I'm sensually sadistic, but for women, I'm, I'm a lot sensual.

I don't know why. It's like a mother and nurturing type of, you know, sensuality thing coming. I want to make sure my women are good.

I want to make sure you, you know, and I just, I communicate.

So depending on what you want, how you want it, I'm going to deliver. liver.

However, I definitely am a lot more sensual with women.

Look at my ass. Look at that bias right there.

[30:34] Yeah. I'm not... You came to me, you want to... And that's another thing. I haven't had... No, yes, I have.

I've had women out of mass care, so they want me to beat the hell out of them.

And I don't know, I just check in like, you sure? Because I'm about to give it to you.

But yeah, men...

Yeah, when they tell me, I'm going to unleash because I feel like it's only but so much damage I can really do, you know?

Okay. So do you guys have safe words? Like when you're in session, you have a safe word?

So safe words are a thing. I know a lot of people watch like the gray or whatever.

Yeah, the shades of gray.

[31:18] That is a part of BDSM. Yes, you can have a safe word.

It is recommended that you have a safe word. However, for me, I do a lot of stuff that you can't hear a submissive speaking.

So I have to watch body movements. I have to pay attention to things of that nature.

So I'll say like, raise your hand if they're going to be tied up.

You know, Shabai rope tie, then I tell them to like flinch or squeal, something that I can know and hear that they're at their limit or they're getting there.

And even outside of that, I'm always paying attention to body movement.

So if I hit someone extremely hard and it tense up and it like curl up in a ball, they don't have to tell me that's too much.

So I'm already going to do my due diligence to kind of slow down check in make sure that area is okay you know you know there's just things that you have to look out for but yes safe word is definitely a thing, it's a thing a true professional she just knows she can see the body i love that um and so we did this you identify as a sex worker and one conversation i've never had had with, I don't think any sex worker I've talked to on this podcast, where we talked about.

[32:38] Navigating motherhood and being a sex worker.

And so you are a mother.

How do you balance this? Like, does your family know what you do?

Because I know sometimes it's a secret for some people, sometimes like, nope, they're all in, they know what I do, they support it, they got me.

And so So just curious how you balance this.

Yes, definitely. It came with trial and error. My kids don't know that I'm a dominatrix.

Okay. Yeah.

But they do. They are aware that I sell like adult products, toys, you know, pleasure items, things of that nature, because I've had conversations with them.

My two old, the young one, she's only five. She doesn't.

[33:18] So I've had conversations with them about that. So they're aware.

But being a dominatrix, they don't know. And pretty much I just divvy up my time along amongst everything.

Everything so my pleasure business i'm getting packages and all those things together pretty much in the nighttime when my children are asleep that's when i'm making content that's when i'm reaching out to subs my schedule is extremely flexible because i'm i work for myself so i sessions and things of that nature when my kids are in school when i know that i don't have to be readily available to deal with them because when it's mommy time it's mommy time i don't play with my kids.

I don't bring anything into their space to kind of alter their judgment on life.

I want my children to be kids.

I want them to live a stress-free life.

And so I'm going to provide that at any means necessary, right?

So when it's, we're home, when they're in safe space, we're doing homework.

You know, they're doing regular house chores.

[34:19] We're having family time. We're watching movies. We're doing projects together. We're baking, all those things, you know and then um throughout the year i'm making sure that they're traveled really well so i really divvy up my time everything starts and ends with them i make sure that they are filled with everything that they need to succeed in life first and foremost and then i do what i need to do and they know when it's my time it's best time y'all got don't bother me bye.

[34:54] I'm not playing. And then, you know, my support system is is extremely strong and extremely grounded.

And I'm blessed in that area because the weekends, the kids are with, you know, their dad. So the weekend is go time.

[35:08] Whatever it is that I can do during the week, if I had to travel to host, whatever it is that I have to do.

That's what I'm scheduling on the weekends, like my weekends are my time where I can really immerse myself within, you know, my job.

Bdsm you know going to play parties you know in my own you know individual parties things of that nature so yeah yeah that's dope to hear that you're you know you're balancing that i don't know if other sex workers i've had on were parents but um you know i just thought it was dope that you wanted to have that conversation no i take that back i had one um where i've done so many episodes but she was a phone sex operator and she did that like you know part-time in her spare time and so um she was saying like how she navigates that she goes sometimes I'm folding the laundry and I'm taking a call yes I'm telling you I'm absolutely and another reason why I really wanted to talk about this is because as I mentioned earlier I teach and I get a lot of women that's Like, well, I have a family and I don't know how I'm going to be able to balance the two or I have a job.

I don't know how I'm going to be able to balance the two. I was working a nine to five as well.

[36:25] I was working board of education and I had to figure out what is it do I really want to do?

Because, you know, after you finish working a job, yeah, you're empowered. You feel amazing.

It looks great being a dominatrix, but it's like, I'm so drained.

I have nothing else to give. Right.

And in this line of work, content is king. You need content. Right.

Because who's going to know you're there? And it has to be consistent.

So I tell people, when you're along your journey, or if this is something that you feel like you want to get into, take baby steps. You know, film yourself.

[36:57] Everything is content and anything can be content. You do not have to show your face. Absolutely not. Because when I started, I was a faceless dom.

It's not until I left the border that I said, you know what?

I'm out here. This is who it is. God is rude. Hey.

So, yeah, you can definitely make money being a faceless dom where you're not showing your face.

I used to take videos of myself walking down the street, just my feet walking and people are responding to it.

And at first I didn't get any hits. I didn't know people were watching. I didn't get any likes.

I didn't know what was going on. At one point I thought it was a lost cause.

[37:32] But surely, but surely, surely it started to pick up.

And I saw hey just because these people aren't following me doesn't mean that they're not watching I used to get silent tributes I still get silent tributes and sometimes you'll never know who it is once I reached out he was like hey goddess I just sent you this and I'm like okay what's your twitter what's your page and I went he wasn't even following me he said because of my work I'm not able to or because of my family I'm not able to so people that's a good point with others knowing what they're into. And that's absolutely fine.

So I tell people, especially mothers, people that's in a family dynamic, never be ashamed to, you know, step into, you know, being or becoming a dominatrix.

Do the homework, do the work.

It's a lot of things that you have to learn, a lot of terminology, a lot of different relationships that comes with being a a doll?

You know, what type of dynamics do you want to have? You know, what do you want to do? What are your hard limits? What are your soft limits?

You're not going to know that unless you do research to figure out what are these kinks? What are these fetishes?

[38:42] What is required of me as a doll? You know, what do I need to put into this to make it a successful session, whether it's in person or online, you have to find out all these things.

And then, you know, you have dictionary when I tell you the the different terminology listen it is beyond me okay this I just posted one the other day it's called denim matrix and that's when someone gets off and they're aroused by you know a female dominant wearing denim jeans denim tight jeans.

[39:16] I said, you mean to tell me I could have gotten paid for this? And I didn't even know. It's a word and a term for everything.

## Researching Kinks

[39:23] I literally be Googling sometimes. Like, I asked last week on, like, what are your kinks?

And some of the words people were putting in there, I said, I don't know what this is. I'm in there like, oh, oh.

[39:35] Let me do my research. Yeah. I don't, I did not know this one. Okay, I know that one. I don't know this one.

And I love that. And this is why I love that you have that space. Right.

Because you are still in a space where you're willing to learn.

So you're asking and even the things that you're not aware of, you're taking the time out to actually go figure it out. So the next time.

Oh, I know what that is. Yeah. I want to know.

I just have this natural curiosity about things. So when people say stuff, I'm like, what the fuck is that?

But I'm going to go look it up and I may go hop down a rabbit hole.

Right. Right. And so I'll follow back up now. How do you know you were into this or tell me about the time you did this? Because I know I need to see it.

Thankfully, I have an audience where most times they feel free to share.

And then I'm like, well, that's crazy. But I love the shares.

I love it because I'm like, that's how I learn. So, but yeah, I am Lord and amazed at the things that people are into and what's out there.

It's like so many possibilities. And some of it is very niche, right? Like that ain't going to be for everybody.

But like you said earlier, some of it is like you'd like big booties.



All right. That's your thing.

[40:53] So, yeah, that is crazy to me. But I love that you when you're teaching to that, you're telling women like you just have to find the balance or, you know, whoever takes your course, like you have to find the balance of what's important to you and how you build this business, because at the end of the day for you, this is your business.

Like this is how you're making money and providing for your family.

So I love that because I've never really had that conversation around parenthood with sex work. And so I'm going to ask you this, too, like.

Because we talked about content and you are now not faceless, do you think or do you have the conversation prepared that if your kids see a real one day and they're like, oh, my God, that's mommy.

## **Balancing Motherhood**

[41:39] Absolutely. So I'm I'm life loaded and ready. I think honestly, my kids know that mom is a little out there, like she'll look soft.

[41:54] You know, smooth edge type of parents, you know, they look at me as like the fun, crazy, outgoing, like bandish.

So I feel like if they see like one of the content, content that I put, I put out, they would be like, okay, like I didn't know, but it makes sense. It makes sense.

And then also with me, I'm very conscious of the type of content that I make and the type of content that I put out because I have kids so you'll never see content with me ass naked things of that nature like you just won't see it the content I can wear in my house and my kids will see it you understand I'll get dressed in my house they'll see it they'll be like okay, and there's some things that I may have put on you know in between getting dressed and they're looking at me and I'm like yeah it's like a bathing suit don't worry about it and they're like okay it's a bathing suit they don't know what I'm gonna do in this outfit they don't know oh, I might as well be somebody else.

[42:52] Like mommy's going to get the money, honey. I know that's right.

That's where I feel like they'll be like, oh my goodness, that's crazy.

However, different strokes, different folks.

Everyone takes things differently.

I don't know how they would feel, but I am definitely ready to have that conversation with them if it comes up or, you know, if they feel a way about it because I have to be considerate of their feelings, right? Right.

They have their friends and, you know, kids can be mean, whatever.

But my kids are tough like me.

I love it. I love it. I think I'm good on that.

Yeah. Yeah. No, I think I think that's great.

So if somebody who just listened to this conversation with you and they teetered on the edge, like I got some interest.

What would be the first piece of advice you would give somebody before they entered into being a dom and entering into this work.

[43:58] Please do your research. When I start off teaching, I always tell people, the majority of you all that are taking my course right now is not going to see it through actually becoming a dominatrix. And it's not hating.

It's not because I'm trying to put anybody down. I try to be as real as possible.

Yes, it can be something that piques your interest. Yes, it could be something that you feel like it'll empower you, or it could be a hobby, or just an extra source of income.

But it is not easy.

[44:33] You have to put in the work. You have to put in the time and you have to be dedicated because consistency is everything.

So I feel like before you jump right in, do your homework because you may find things that you see like, well, all of this comes with being a dom.

I don't think this is for me.

Or you may say all of this comes with being a dom okay i'm accepting of that like i want to see where this goes but definitely starting your horizon and and you know learn the different kinks and and fetishes that come along with you know being a dom because they are going to be submissives that contact you because they want a session and you may not have a clue what's going on when i first started i thought i was supposed to be just this harsh aggressive sit the fuck down shut up bitch bitch, give me all your money. And it was not like that. The sub got me together and was like, first of all, you're not even my dom.

You don't speak to me like that. I'm a human being. And I was just thrown off like, why are you like this?

And it was real combative back and forth.

But in doing research and in growing, I realized that first and foremost, subs are humans.

And unless they express to you that that's their kink, they did not consent to you to speak to them that that way.

So it doesn't work like that. They have to consent. They have to give you permission.

[45:56] For you to degrade them, for you to humiliate, for you to share content with them in it for people to see.

Like you need to have consent. That's why I tell people the things that you see, it may look crazy and outlandish, but these people said, yes, I am okay with you sharing. I didn't just say, oh, I'm a dominant and I'm God is true and I'm going to share because I want to do, or I'm going to record you unbeknownst to you. And I'm going to share what we did because it's me and it's all about me. Absolutely not. not.

No, these subs are coming to doms and it's a power exchange.

They're entrusting you with their wellbeing.

You understand what I'm saying? So you just can't do whatever you want to do.

So yeah, when I first started, I was on a firing mission, just cursing everybody out, telling everybody about themselves.

And I did not get any hits outside of that one person that walked up to me. And guess what?

Me and that sub had a conversation, a normal conversation.

He seen me working. He was attracted to, you know, how I dominated the room, how I express and explain what I was doing with the toys or what people can do with the toys.

And he said, I think that you'd make a great dom. And guess what?

[47:06] He entrusted me to have that session with him.

And he ended up paying me. But I had to really scale back and figure out like, what am I doing wrong? And that's what it was.

You can't just curse people out and say what you want to do what you want.

No, it doesn't matter what type of content you put out, how you come across to people.

It doesn't work like that. There are steps that you have to take because as a pro dom, this is my job.

And if I'm booked again, I got to make sure that I'm not scaring these people away before I get the money.

Yeah and before we wrap up like how many like how much of your business is like repeats.

[47:50] Like, is it the bulk of your subs or repeat or are you constantly having to like, okay, they fell off and I got to get a new pool to.

Subs are not consistent. Okay. They're not.

Most subs that I've gotten are not consistent, I should say, because family have, you know, life happens or sometimes I've had subs that's like, you know, this isn't for me anymore.

More. They start feeling really bad, which is a sub drop where you're coming down from that space where you need, you know, this attention or, or this communication with a dominant, you know, partner or, you know, figure such as myself.

And they're feeling bad, like, no, I don't want to pay for this.

Why am I paying to feel good?  
Why am I paying the stranger for these things?  
So So those are just some of the things that I've heard.  
But different strokes, different folks, it all ranges and it differs.  
But definitely, I don't have any consistent subs as of right now. Okay.  
No, that's not true. I do have consistent subs. I have some.  
I mean, they come and they help with different events and things of that nature. So  
yeah, I do.  
However, not many.

## **Sub Consistency**

[49:10] Not it's rare they come and go it's a revolving door gotcha okay so look now we're at the part we did the breakdown i'm gonna say a word and you can say the first thing that comes to mind it can be a sound a phrase yeah give me a sound whatever okay first one black women powerful yes, motherhood, nurturing, seduction, could it be a movement there you go, you know some of this oh we should keep going money, power respect the keys to life okay latex, what does come hmm hmm.

[50:20] I don't know. That one stumped me. Oh. Hmm.  
Funny. That one, that's interesting that that's the one that stumped you. Right?  
You know why? It's so many things running.  
Let's just say latex outfit. I don't know.  
Looks like an outfit. Eh. Looks like an outfit.  
Next one, whips.  
Ooh. Ooh, pleasure.  
And last one. I like that. Pegging. Ooh.  
Look how excited she got.

## **Word Association**

[51:04] So, pegging, I think of owning someone.  
Owning someone. All right. Goddess Rue, tell everyone where they can find you on the internet, social media, If you have any upcoming events.

## **Finding Goddess Rue**

[51:20] Yes. Go ahead and go plug anything you want.

Okay. You can find me on [serve goddess rule.com](http://servegoddessrule.com).

If you're on social media, you could go Instagram goddess rule underscore.

[51:36] Unfortunately, I'm a little shadow band. So when you type in the words, my name or my picture may not come up, but you got to type in the whole thing. So it's goddess.

Rue. Are you? E underscore.

And right on the page in the bio, I have the links to like all, everything that I'm doing, all upcoming events.

## **Femdom Bootcamp**

[51:56] March 10th, I have a dance class coming up. Um, in March I'm having, uh, Femdom bootcamp where I'm teaching, you know, not the known kinks, but I'm talking about like the kinks and fetishes that you get paid to do absolutely nothing.

So this is like the lazy girl work, like eight week course. It's amazing.

I'm literally given the gems and the tools on how to get the money with doing literally nothing.

So like ignore sessions, things of that nature. Oh, yeah.

Ignore. You're like, I'm in my house. I'm doing what I'm doing.

I'm eating. I'll just have my FaceTime up and they're just watching me and they like to be ignored.

Of course, fin dom, financial domination is a part of that.

It's paid just for your existence. That is the best thing ever, right? The more you know.

## **Catfish Kink Unveiled**

[52:49] Catfishing. So catfish, a catfish kink is where they're paying you knowing that you are not the person that you're portraying to be.

So you're literally going to pay for nothing. then like let's get into these points you know so y'all ain't know about no damn catfish king, catfish king is a thing when i find out about that i said what what have i been doing but if you go on twitter you put hashtag catfish like you'll see some doms that's promoting that and they're you know putting up other people's pictures and letting you know like.

[53:28] You know thing you know and yeah they get hit for that they get it they make money from that, so my goodness see we learning stuff to the very end of this whole little episode i can tell you that's why you gotta follow me they gotta follow me so follow

goddess rue sign up for the lazy girl bdsm 101 course yeah learn how to make your money i will link it all in the show notes and on the boonie breakdown.com.

So goddess Ruth, thank you so much. This was great.

Thank you. You are amazing. I'm glad we got to double back. This was so good.

Yes, yes. All right. That was it for this week's episode.

I want to thank our guest goddess Ruth for coming on and being amazing and open and sharing her story.

Be sure to support her. Be sure to follow her for more information.

Also be sure to support our sponsor Dane products. You can use the the code boonie10 to save 10% on your purchase over at dame.com. All right.

[54:31] Remember, there's only one more episode left in this season.

Next week is the season finale.

And if you enjoyed this episode, I encourage you to listen and subscribe to the podcast on Apple Podcasts, Spotify, Amazon Music, iHeartRadio, YouTube, or any apps that you listen to your favorites on.

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We appreciate it. Follow us on all social media. Share the episode with those you love, those you don't love, those you fucking hate.

I don't make these reels for nothing. All right. Have a dope-ass week.

Stay healthy, safe, and sane.

And thank you for listening. And remember, the ratchet in me always honors the ratchet in you. Home I stay. Until next time.

[55:03] Music.