

2018 Swimmer Certificate of Competency

As part of the safety and management requirements for swimmers entering *The Sydney Morning Herald Cole Classic* 5km swim, all swimmers without recent ocean swimming experience who wish to enter the event must complete the following swimmer safety certificate and submit it to the event management committee at sunrun.coleclassic@fairfaxmedia.com.au for approval.

Without completing this certificate, swimmers will not be permitted to enter into this event.

Swimmers Name: _____ Contact number: _____

Swimmers DOB: ____/____/____ Swimmers Email: _____

Do you have any medical conditions that will affect your ability to complete this swim? YES/NO

If yes, please specify:

Have you ever been advised to get a medical clearance due to a medical condition you have? YES/NO

If yes, please specify:

If you have not completed an organised or sanctioned long distance swim within the last two years, please have your coach complete the section below. Each swimmer is required to complete a 5km pool, open water or ocean swim, timed and recorded by a registered swim coach **before 5pm Monday, January 29, 2018.**

Coach Name: _____ Swim Club: _____

Contact number: _____ Email: _____

Pool location: _____ Date of timed swim: _____

Time that the 5km swim was completed in:

In signing this form, I declare that, I _____ (coach) have accurately timed the above named swimmer, who has successfully completed a 5km pool swim, open water swim or ocean swim and that all information recorded by myself is true and accurate.

Coach Signature: _____

Please return this form to: sunrun.coleclassic@fairfaxmedia.com.au

Sighted and checked by (Office use ONLY): _____

(Office Use Only) Notes: _____