



# PACKING LIST

**\*\*Please be sure to label everything\*\***

## LINENS

- \_\_\_ 2 Sets of Sheets (Cot or Twin)
- \_\_\_ 1-2 Blankets
- \_\_\_ 1 Comforter (optional)
- \_\_\_ 1-2 Pillows
- \_\_\_ 2-3 pillow cases
- \_\_\_ 2 Washcloths
- \_\_\_ 2 Hand towels
- \_\_\_ 3-4 Beach Towels
- \_\_\_ 3-4 Bath Towels
- \_\_\_ 1 Laundry Bag (mesh is best)
- \_\_\_ 1 "Husband" Backrest Pillow (optional)
- \_\_\_ 1 Mattress Cover/Mattress Pad
- \_\_\_ Egg crate or foam pad (recommended)
- \_\_\_ Small bath/floor mat (optional)

## CLOTHING

- \_\_\_ 3-4 CYJ Ringer Tees **\*Required**
- \_\_\_ 2-3 pairs of CYJ Blue shorts **\*Required**
- \_\_\_ 2-4 plain white tees
- \_\_\_ 4-6 tank tops/sleeveless
- \_\_\_ 14-18 short-sleeve T-shirts
- \_\_\_ 4 long-sleeve shirts
- \_\_\_ 12-14 shorts
- \_\_\_ 4 sweatshirts
- \_\_\_ 4 sweatpants (can be used for pajamas, too)
- \_\_\_ 1 bathrobe or beach shirt/cover up
- \_\_\_ 1-2 banquet outfits (casual skirt or sundress or khaki shorts/pants & polo shirt/collared shirt (no high heels!))
- \_\_\_ 2-4 jeans/pants/leggings
- \_\_\_ 14-18 pairs of underwear
- \_\_\_ 6-7 bras/sports bras/undershirts
- \_\_\_ 15 pairs of socks (plus one or two slipper socks)
- \_\_\_ 4-6 bathing suits (one 1-piece for females)
- \_\_\_ 1 poncho or rain coat
- \_\_\_ 1 lightweight fleece/warm jacket
- \_\_\_ 4-5 pairs of Pajamas
- \_\_\_ 1-2 baseball cap/hats or head covering

## TOILETRIES

- \_\_\_ 1 Shower Caddy/Carrier
- \_\_\_ 1 Bar of Soap/Body Wash
- \_\_\_ 2 Toothbrushes/1 Toothpaste
- \_\_\_ Tissues
- \_\_\_ 2 sunscreen
- \_\_\_ 2 bug spray
- \_\_\_ 1 Liquid Hand Soap
- \_\_\_ 1 Brush/Comb/hair accessories
- \_\_\_ Shampoo/Conditioner
- \_\_\_ 1 Deodorant
- \_\_\_ Other (floss, lip balm, Vaseline, etc.)

## FOOTWEAR

- \_\_\_ 2 Pairs of Sneakers
- \_\_\_ 1 Pair Waterproof Rain Boots/Shoes
- \_\_\_ 2-3 Pairs Flip-flops
- \_\_\_ Shoe bag (pockets)
- \_\_\_ 1 pair of Sandals (no high heels)
- \_\_\_ Slip-on shoes/Slippers

## MISCELLANEOUS/OPTIONAL

- \_\_\_ 1-2 reusable water bottles (labeled with name)
- \_\_\_ 1 backpack/drawstring pack
- \_\_\_ Books/games/cards/musical instrument
- \_\_\_ Glasses (and an extra pair just in case)
- \_\_\_ Contact Lens/Solution
- \_\_\_ 1 sleeping bag
- \_\_\_ Sports equipment (soccer cleats, tennis racquets, softball/batting gloves, sports or swim goggles, shin guards, mouthguard)
- \_\_\_ Extra kippot
- \_\_\_ Sweatbands/head bands/bandanas/hair ties
- \_\_\_ Stationery and pre-addressed stamped envelopes
- \_\_\_ Bed/wall decorations (photos, extra pillows, stuffed animals)
- \_\_\_ Flashlight or battery-operated clip-on or hand-held light
- \_\_\_ Hand-held, spray or clip-on battery-operated fan
- \_\_\_ Retainer or dental gear
- \_\_\_ CD player and headphones/boombox
- \_\_\_ Extra Batteries
- \_\_\_ Battery-operated alarm clock or watch
- \_\_\_ 1-2 Pair of sunglasses
- \_\_\_ 2-3 plastic storage containers w/lids (shoebox size only)
- \_\_\_ Camera w/extra memory card/charger/2 disposable cameras
- \_\_\_ Shaving supplies (if needed)
- \_\_\_ Costumes, hats or items for dressing up
- \_\_\_ Folding Chair/Stadium Seat (no metal parts, fabric only)

